

# Taking Baby Steps



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1. Set up a timer for certain interval.
2. Write exactly one test
  - If the timer rings and the **test is red** then **revert**.
  - If the **test is green** before timer rings then **commit**.
3. Restart timer (no discussions in between timers)
4. Refactor
  - If timer rings and the **refactoring is not complete** then **revert**.
  - If the **refactoring is complete** before timer rings then **commit**.
5. Restart the timer (no discussions in between timers)
6. Go to 2 (next test) or 4 (continue refactoring)

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