

Middle School OBPE Worksheet

Target Audience	0-2* 3-5* Gr. K-3* Gr.4-5 * Gr. 6-8* Gr. 9-10* Gr. 11-12* Parents* Teachers* Others
Program	Teen Exploration Program
Library Goal	To help build an understanding of teens and “to provide equal opportunities in such settings to learn...and take part in extended conversations with adults [and other teens] who share their interests.” (Campana and Mills, 2019, p.205)
Other Goal	Teens will “develop strengths, acquire skills to cope, recover from hardships, and be prepared for future challenges.” (Healthy Children Magazine, 2014)
Parent OUTCOMES	INDICATORS (how measured)
1. Competence: Parents will empower the children to make decisions.	<ul style="list-style-type: none"> 100% of the parents will praise and support their child in his or her decisions 95% of the parents smiling when their children are fascinated in a club that is interesting for them 90% of the parents are sharing ideas to their children.
2. Confidence: Parents will understand that the library is a safe “third space” for their child to sponsor their clubs.	<ul style="list-style-type: none"> 100% of parents will trust the library and their staff 100% of parents will bond with the librarians to make the library more welcoming for the club sponsors. 100% of parents will trust their children and “not pushing [them] to take on more than he or she can realistically handle.” (Healthy Children Magazine, 2014)
3. Connection: Parents will build positive relationships with their children and other parents.	<ul style="list-style-type: none"> 100% of parents encouraging their children to make their own decisions 95% of parents will have positive behaviors and collaborate with other parents in sharing ways to inspire their children in being independent.
4. Character: Parents will demonstrate good character throughout the event.	<ul style="list-style-type: none"> 100% of parents observing their child’s behavior while sponsoring their clubs. 100% of parents observing themselves among others.
5. Contribution: Parents will contribute by being servants to the library community.	<ul style="list-style-type: none"> 100% of parents will volunteer with their child in setting up and cleaning up their clubs. 100% of participation in serving others with explicit behaviors.
Student OUTCOMES	INDICATORS (how measured)
1. Teens will develop new strengths in making decisions.	<ul style="list-style-type: none"> 100% of teens observing each club table with sparks of interest and curiosity 95% of teens avoiding conflict with others in making decisions
2. Teens will use their critical thinking and creativity skills to improve confidence and leadership.	<ul style="list-style-type: none"> 100% of teens extending conversation of ideas with other teens for their clubs 90% of teens communicating with parents about their ideas for their clubs. 95% of teens observing others to develop leadership roles for the future.

3. Teens will acquire coping skills to control their stress.	<ul style="list-style-type: none"> • 90% of teens breathing in slowly as they learn new things • 90% of teens encouraging others when being involved in new situations • 100% of teens expressing their emotions and ideas in a confident manner.
4 Teens will develop strongly close ties with other teens and adults.	<ul style="list-style-type: none"> • 100% of teens smiling and expressing fascinating attitudes when clubs are introduced and explained • 100% of teens extending conversations with other adults about each club • 100% of teen groups compromising which club(s) to join based on strengths and interest.
5. Teens will be able to use their creative knowledge to contribute their club sources to the community.	<ul style="list-style-type: none"> • 100% of teens distributing flyers to create interest for the community • 100% of teens reaching out to the community with props and resources • 100% of teens surveying the community about the clubs • 100% of teens demonstrating an activity from each club to show what each club does.

DESCRIPTION OF SERVICE, PROGRAM, ACTIVITY

This is a program where teens (Grades 6-8) come to the library and reveal various clubs to explore and be a part of. Each club will be sponsored in different sections of the library. Displaying these clubs will not only spark teen interests but it will also help the teens to be more independent and explore their strengths in helping them to know their true identities for the future. It will also help them build their confidence in communication and leadership. This program is also for the parents to participate in as well as being involved in exploring their teens' interests. This event occurs once a week on Saturday afternoons at 12:00 pm. It is a 1 hour program. Here are the list of clubs being sponsored at the library along with their destination in the library:

- Teen Volunteer Club- Circulation Desk
- Student Advisory Board- Front Entrance of the Library
- Kids Club- Children's Department
- Science Fiction Club- YA Department
- History Explorers Club- Reference Department
- Beta Club- Front Entrance of the Library
- National Honors Society- Reference Department
- Book Club – One at every department
- Young Librarians of the Future Club- Circulation Desk
- Music Club- Children's Department
- Drama Club- YA Department
- Art Club- Reference Department
- Computer Game Club- Computer Room
- STEAM Club- Conference Room
- Movie Club- Children's Department

Here is the outline of how the program works:

- Welcome and Set-up: 11:00 am- 12:00 pm

- “Good afternoon everyone. Welcome to our library. We are so excited to have you all here for this wonderful exploring journey with us. And yes, I know it is a Saturday but this day is spectacular because we will all have the chance to explore ourselves in what the world of teens has to offer in our “Teen Exploration Program.” As we look around, I see teens from many schools or after-school activities who are involved in book clubs, honor societies, and educational clubs. Well, today marks a day for everyone to get to know the true you. Who is ready to explore and know the true you?” (Everyone raises their hands)
- “Parents, are you ready for your child to explore what he or she wants to be in this world in your library? I know it can be a challenge but you still love them and will support them and they may even come to you for new ideas. You are also going to help these kids know the means of being a true leader to your community but to also have fun. If you need anything, please feel free to come to me for any questions or concerns.
- “Before we get started, we need to set up. So, me and my volunteer librarians here have set up tables for each one of your clubs. Parents, you get to help set-up as well. My volunteers will also be at each table representing each club with your children as well as being a sponsor to the library. Adults, you are also free to walk around and explore as well. If you brought props and resources, that is fantastic. You have until 12 pm. to set up and then I will open the doors for all your peers and yourselves to explore. I have the list of the clubs being sponsored and their locations. So, if you are ready as I am, then let’s go set-up!”
- Everyone comes to me for their locations and they go set-up.
- 11:40: “I forgot one more thing. Teens, when you present your clubs, each one of you is going to be the speaker. At your tables, I have set up a timer for 15 minutes. Each teen has 15 minutes to present one or more things about your club while the others get to distribute flyers, go and have conversations with others as they walk by, and do a demonstration of what each of your clubs gets to do. After the 15 minutes are up, everyone switches roles. So, as you are doing your finishing touches, figure out who will be going first to present and who will be assigned to the other duties.
- 11:45- Welcome other teens and parents!
 - “Welcome all explorers to our ‘Teen Exploration Program’ here at the library. I ask that you all will respect the library and its policies. Now, behind these doors, there are teens and parents, like yourselves, that are ready to explore with you as well. You will have the chance to join the journey of finding your true self by joining clubs. These clubs will give you the chance to explore varieties of choices and you are free to make decisions as well as your parents helping you. We have many clubs: Teen Volunteers, Student Advisory Board, Kid’s Club, Science Fiction Club, and many more. Each club is found in different sections of the library. There are tables when you first enter the library, one in the Children’s Department, in reference, in circulation and at your very own Teen Section. We will also be having a Young Librarians Club to welcome anyone who would love to be part of the library and in all of its wonderful events. Please, do not be afraid to ask questions. Questions are important! So, are you ready to explore? If you are, then let us open these doors and go find your true selves!
- 12:00-12:15 pm: Teen Exploration Program Begins

- Everyone is at their assigned tables and locations and all the kids have been assigned to be a leader, flyer distributor, conversationalist, and event/project demonstrator. Kids and parents are observing as well as bringing up conversations about what to choose
- Me and my library volunteers are also telling the kids and parents about the library and distributing information sheets about events coming up for the upcoming week at the tables.
- My library volunteers are quietly doing surveys about teen and parent reactions for this club.
- 12:15 pm: Timer goes off and everyone switches roles.
 - By this time, people are starting to build confidence in speaking to others as well as bonding friendships
 - Programs are pretty much explained
- 12:30 pm: Timer goes off again and roles are switched
 - By now, every program has been introduced in clear explanations and the teens are finishing up.
 - Parents are still observing and library volunteers are finished with their surveys.
 - Volunteers are handing me their surveys for the ending results
- 12:45 pm: Parent Meeting
 - This is when I pull the parents aside and ask them how they felt when seeing their children be independent.
 - Parents will give their answers and I say to them: “The library is a great place for teens to know who and what they want to be and I believe that these clubs are a great start because this shows them how to be leaders for the future and also knows what they want to be when they grow up. I guarantee you that the library is a safe place for them to do these events and I promise you that you, as their parents, will be able to trust us as we trust you.”
 - I hand them brochures titled “How Your Child Can Become a Successful Leader.” This brochure offers good parenting tips and leadership tips to help them inspire their kids to become great leaders someday. The brochures say:
 1. “You are there to love, support, and encourage them. Do not ‘mistakenly send a message that you don’t think he or she is competent to handle things.’
 2. Focus on what is best for your child so that they understand that as well, “praising honestly about specific achievements (or decisions),” and no pushing the child to take more than what he or she can handle.
 3. Let your child speak about his or her thoughts and help them to build the confidence in talking to you. Let them know you are there.
 4. Be with your children in their clubs and help contribute to their events. Be the help when they most need it.
 5. When your child is stressed about something, hear them out and give them some helpful advice and possibly do yoga together or some other meditation strategy so that they can cope in understanding about life. (For 1-5, Healthy Children Magazine, 2014)
 6. As for leadership, your children are the next leaders in your community. Help them to stay connected to their community. Pick up trash, have garage sales, donate things to charity funds, go to soup kitchens, etc. Help them to understand that when they lead, change happens. When they are working together in group,

learn how to work together and come up with strategies that makes everyone feel at ease. (<https://www.ccl.org/articles/leading-effectively-articles/10-leadership-resolutions-successful-year/>, 2019)

7. If they are in a conflict, tell them to be good listeners and hear each other out. If no resolve, then they should take it to an adult. (9 Ways to Develop Your Leadership Skills, <https://www.wrike.com/blog/9-ways-develop-leadership-skills/>, 2017)
8. Parents are leaders to their children. When you lead, they follow. Help them to become the disciplined leader by telling them that “learning discipline is about teaching, not punishing or controlling; [it will help them] to understand that his [or her] actions produce certain consequences.” (Healthy Children Magazine, 2019)

- 1:00 pm: End of the Program; Clean-Up

- “Everybody, gather around. How was your exploration? Did you guys sign up for any clubs? (Teens raise hands) That is great. How did you feel about being leaders to sponsor clubs? (Teens raise hands) OK, just a few but that is alright because you kids will be a part of this world someday. Isn’t that exciting? Well I have heard from my library volunteers and parents that many of you loved doing this event and you felt inspired to join these clubs. You guys even asked questions! I told you that asking questions is important. Your minds are probably filled with tons of decisions. We are going to have more clubs come in next week and hopefully there will be more decision-making. Parents, I am so glad that you brought your teens down here today to explore more opportunities for them as they progress in life. I hope to see you all again next week and it will be the same process as it was today. There are cookies and lemonade on the table as you leave. But, before you leave, we need to clean up our tables. Parents and my volunteers, you can help by carrying props to the right vehicles and putting tables back in the conference room. Do not forget about your sign-up sheets and have a great day.”

INPUTS

OUTPUTS

15 Tables, 15 Library Volunteers, props and resources for each table including a decorative sign, brochures, 2-4 kids with 1 parent at each table, 7 rooms from the library, 1 survey sheet for each volunteer

45 minutes of set-up, 1 hour of program time, 1 sign-up sheet per table with at least 10-15 signatures, 10-20 leadership and library brochures handed out to the parents, 60 kids did their roles successfully.

EVALUATION OF OUTCOMES BY INDICATORS

1. 100% of the parents smiled and praised their child with their decisions and 90% shared ideas with their children.

100% of the teens had sparks of interest when observing and signing up at each table and 100% avoided conflict when making decisions.

2. 100% of the parents trusted the librarians and their children in making the library a safe space and letting their child make decisions on their own.

100% of the teens built confidence when distributing flyers, extended conversations with other adults and 90% observed others about leadership qualities.

3. 100% of both parents and teens building connections with others as clubs are introduced, 100% of compromises were made, and 100% of positivity was in the library.

4. 90% of the teens expressed their emotions to others, 95% of the teens encouraged others, and 95% of teens were breathing slowly when in stress mode.

5. 100% of observations were made between parents and teens

6. 100% of contribution was made when setting up and cleaning up, 100% participation from each role such as distributing flyers, extending conversations to others, and demonstrating a certain activity from each club.

SHARE EVALUATION WITH	HOW & WHY
Middle School Teachers and Library Staff	To demonstrate how leadership is taught to middle-schoolers when doing after-school activities such as clubs.
Parents	To show how their teens can build the confidence of becoming a true leader just by identifying oneself in clubs.

References

Camapana, K. and Mills, E. *Create, Innovate, and Serve: A Radical Approach to Children's and Youth Programming*. Chicago: ALA Neal-Schuman. 2019. Pgs. 201-207.

Healthy Children Magazine, *Building Resilience in Children*, 2014.

<https://www.healthychildren.org/English/healthy-living/emotional-wellness/Building-Resilience/Pages/Building-Resilience-in-Children.aspx>

“9 Ways to Develop Your Leadership Skills,” <https://www.wrike.com/blog/9-ways-develop-leadership-skills/>. 2017.

“10 Leadership Resolutions for a Successful 2019,” <https://www.ccl.org/articles/leading-effectively-articles/10-leadership-resolutions-successful-year/>. 2019.