

Fetal Health Classification

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Overview

"Fetal mortality is a major, but often overlooked, public health problem." According to the National Center for Health Statistics, about 1 million fetal deaths occur in the United States each year, with almost 26,000 being over the age of 20 weeks gestation. After decades of decline, the US fetal mortality rate has plateaued at this shockingly high number. With fetal mortality comes greater risk of adverse maternal health outcomes, as well as maternal mortality risk increase. Cardiotocograms (CTGs) measure values such as fetal heart rate, fetal movement, and uterine contractions. "CTGs are a simple and cost-accessible option to assess fetal health, allowing healthcare professionals to take action in order to prevent child and maternal mortality."

Using data from actual patients' CTG exams and their accomponaying fetal health outcomes assigned by expert obstetricians, I have determined that automated assessment of fetal health is possible using CTG data.

Business Problem

Since fetal risk and mortality is such a devastating problem, what can be done to decrease these numbers and preserve maternal and fetal health? I will be answering the question of how to predict fetal health outcomes based on CTG data. This information can be used by medical professionals, specifically in the field of obstetrics, to minimize the occurrence of fetal mortality. While this is arguably more of a health problem than a business problem, medical practices can benefit greatly from these findings by ensuring the best possible patient health.

I will be working towards answering the following questions:

- 1. Can performing CTGs as preventative care help predict fetal health outcomes?
- 2. If so, which measures on a CTG exam are most significant when predicting fetal health outcomes?
- 3. What can an individual healthcare provider do to help the global cause of decreasing fetal mortality? What exactly should be prioritized?

Hypotheses

Null hypothesis (H0): There is no relationship between automated CTG data and fetal health outcome. Alternative hypothesis (Ha): There is a relationship between automated CTG data and fetal health outcome.

Data Understanding

"Reduction of child mortality is reflected in several of the United Nations' Sustainable Development Goals and is a key indicator of human progress. The UN expects that by 2030, countries end preventable deaths of newborns and children under 5 years of age, with all countries aiming to reduce under-5 mortality to at least as low as 25 per 1,000 live births.

Parallel to notion of child mortality is of course maternal mortality, which accounts for 295 000 deaths during and following pregnancy and childbirth (as of 2017). The vast majority of these deaths (94%) occurred in low-resource settings, and most could have been prevented.

In light of what was mentioned above, Cardiotocograms (CTGs) are a simple and cost accessible option to assess fetal health, allowing healthcare professionals to take action in order to prevent child and maternal mortality. The equipment itself works by sending ultrasound pulses and reading its response, thus shedding light on fetal heart rate (FHR), fetal movements, uterine contractions and more."

The dataset used for this project can be found at https://www.kaggle.com/andrewmvd/fetal-health-classification (https://www.kaggle.com/andrewmvd/fetal-health-classification). It contains 2,126 rows of 22 features extracted from Cardiotocogram (CTG) exams, which were then classified by three expert obstetritians into 3 classes:

- Normal
- Suspect
- · Pathological

Citation: Ayres de Campos et al. (2000) SisPorto 2.0 A Program for Automated Analysis of Cardiotocograms. J Matern Fetal Med 5:311-318. The original study can be found at https://onlinelibrary.wiley.com/doi/10.1002/1520-6661(200009/10)9:5%3C311::AID-MFM12%3E3.0.CO;2-9).

```
In [678]: # importing the packages we will be using for this project
          import pandas as pd
          # setting pandas display to avoid scientific notation in my dataframes
          pd.options.display.float format = '{:.3f}'.format
          import numpy as np
          import matplotlib.pyplot as plt
          import seaborn as sns
          import pickle
          from sklearn.model selection import train test split
          from sklearn.preprocessing import StandardScaler, RobustScaler
          from sklearn.preprocessing import LabelEncoder, OneHotEncoder, PolynomialFeatures, Binarizer
          from sklearn.decomposition import PCA
          from sklearn.pipeline import Pipeline, make_pipeline
          from sklearn.model_selection import GridSearchCV
          from sklearn.metrics import accuracy score, recall score, f1 score, confusion matrix, classification r
          eport, precision_recall_curve
          from sklearn.linear model import LogisticRegression
          from sklearn.ensemble import RandomForestClassifier, ExtraTreesClassifier
          from sklearn import svm
          from sklearn.tree import DecisionTreeClassifier
          from sklearn.metrics import plot_confusion_matrix, auc
          from sklearn.naive_bayes import BernoulliNB
          from sklearn.svm import SVC, LinearSVC
          from sklearn.feature_selection import SelectPercentile
          from tpot import TPOTClassifier
          from tpot.export utils import set param recursive
          import xgboost
          import eli5
          %matplotlib inline
```

```
In [679]: # reading the csv file
df = pd.read_csv('data/fetal_health.csv')
# previewing the DataFrame
df.head()
```

Out[679]:

	baseline value	accelerations	fetal_movement	uterine_contractions	light_decelerations	severe_decelerations	prolongued_decelerations	abno
_	120.000	0.000	0.000	0.000	0.000	0.000	0.000	
	132.000	0.006	0.000	0.006	0.003	0.000	0.000	
	133.000	0.003	0.000	0.008	0.003	0.000	0.000	
;	134.000	0.003	0.000	0.008	0.003	0.000	0.000	
	1 132.000	0.007	0.000	0.008	0.000	0.000	0.000	

5 rows × 22 columns

```
In [680]: # getting info for DataFrame
df.info()
```

<class 'pandas.core.frame.DataFrame'>
RangeIndex: 2126 entries, 0 to 2125
Data columns (total 22 columns):

#	Column	Non-Null Count	Dtype
0	baseline value	2126 non-null	float64
1	accelerations	2126 non-null	float64
2	fetal_movement	2126 non-null	float64
3	uterine_contractions	2126 non-null	float64
4	light_decelerations	2126 non-null	float64
5	severe_decelerations	2126 non-null	float64
6	<pre>prolongued_decelerations</pre>	2126 non-null	float64
7	abnormal_short_term_variability	2126 non-null	float64
8	mean_value_of_short_term_variability	2126 non-null	float64
9	<pre>percentage_of_time_with_abnormal_long_term_variability</pre>	2126 non-null	float64
10	mean_value_of_long_term_variability	2126 non-null	float64
11	histogram_width	2126 non-null	float64
12	histogram_min	2126 non-null	float64
13	histogram_max	2126 non-null	float64
14	histogram_number_of_peaks	2126 non-null	float64
15	histogram_number_of_zeroes	2126 non-null	float64
16	histogram_mode	2126 non-null	float64
17	histogram_mean	2126 non-null	float64
18	histogram_median	2126 non-null	float64
19	histogram_variance	2126 non-null	float64
20	histogram_tendency	2126 non-null	float64
21	fetal_health	2126 non-null	float64
dtyp	es: float64(22)		
memo	ry usage: 365.5 KB		

```
In [681]: df.shape
```

Out[681]: (2126, 22)

In [682]: df.describe()

Out[682]:

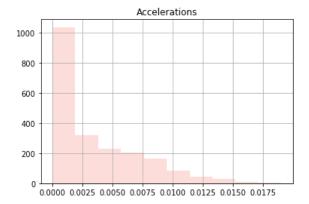
	baseline value	accelerations	fetal_movement	uterine_contractions	light_decelerations	severe_decelerations	prolongued_decelerations
count	2126.000	2126.000	2126.000	2126.000	2126.000	2126.000	2126.000
mean	133.304	0.003	0.009	0.004	0.002	0.000	0.000
std	9.841	0.004	0.047	0.003	0.003	0.000	0.001
min	106.000	0.000	0.000	0.000	0.000	0.000	0.000
25%	126.000	0.000	0.000	0.002	0.000	0.000	0.000
50%	133.000	0.002	0.000	0.004	0.000	0.000	0.000
75%	140.000	0.006	0.003	0.007	0.003	0.000	0.000
max	160.000	0.019	0.481	0.015	0.015	0.001	0.005

8 rows × 22 columns

The columns are described from the data source as follows:

- baseline value Baseline Fetal Heart Rate (FHR) (beats per minute)
- accelerations Number of accelerations per second
- fetal_movement Number of fetal movements per second
- · uterine_contractions Number of uterine contractions per second
- light_decelerations Number of light decelerations per second
- severe_decelerations Number of severe decelerations per second
- prolongued_decelerations Number of prolonged decelerations per second
- abnormal_short_term_variability Percentage of time with abnormal short-term variability
- mean_value_of_short_term_variability Mean value of short-term variability
- percentage_of_time_with_abnormal_long_term_variability Percentage of time with abnormal long-term variability
- mean_value_of_long_term_variability Mean value of long-term variability
- histogram_width Width of FHR histogram (generated from exam)
- histogram_min Minimum of FHR histogram (generated from exam)
- histogram_max Maximum of FHR histogram (generated from exam)
- histogram_number_of_peaks Number of FHR histogram peaks (generated from exam)
- histogram_number_of_zeroes Number of FHR histogram zeroes (generated from exam)
- histogram_mode Mode of FHR histogram (generated from exam)
- histogram_mean Mean of FHR histogram (generated from exam)
- histogram_median Median of FHR histogram (generated from exam)
- histogram_variance Variance of FHR histogram (generated from exam)
- histogram_tendency Tendency of FHR histogram (generated from exam)
- fetal_health Fetal health as assessed by expert obstetrician. 1 Normal, 2 Suspect, 3 Pathological

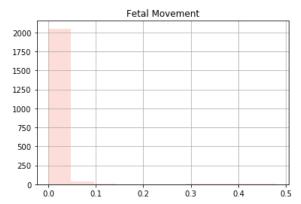
```
In [684]: # getting value counts for fetal accelerations column
          df.accelerations.value_counts()
Out[684]: 0.000
          0.003
          0.002
                   160
          0.001
                   143
          0.004
                   117
          0.006
                   112
          0.005
                   110
          0.008
                   103
          0.007
                    91
          0.009
                    60
          0.010
                    50
          0.011
                    36
          0.012
                    24
          0.013
                    22
          0.014
                    20
          0.015
                     9
          0.016
                     7
          0.017
                     4
          0.018
                     2
          0.019
                     1
          Name: accelerations, dtype: int64
In [685]: # plotting acceleration frequencies
          sns.set_palette(palette='RdPu')
          df.accelerations.hist()
          plt.title('Accelerations');
```



The majority of observed fetal heart rate accelerations were 0.00.

```
In [686]: # getting value counts for fetal movement column
          df.fetal_movement.value_counts()
Out[686]: 0.000
                   1311
          0.001
                    164
          0.002
                    112
          0.003
                     88
          0.004
                     49
          0.340
                     1
          0.383
                      1
          0.092
                      1
          0.032
                      1
          0.306
          Name: fetal_movement, Length: 102, dtype: int64
```

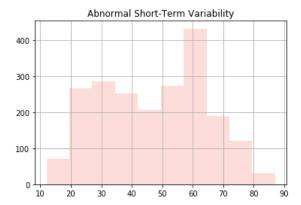
```
In [687]: # plotting fetal movement frequencies
    df.fetal_movement.hist()
    plt.title('Fetal Movement');
```



The fetal movement value with the highest frequency is once again 0.00.

There were only 7 observed severe decelerations in the dataset.

```
In [689]: df.abnormal_short_term_variability.hist()
   plt.title('Abnormal Short-Term Variability');
```



This column is a measure of the percentage of time with abnormal short-term variability. According to the American Academy of Family Physicians (AAFP.org), short-term variability of the fetal heart rate is defined as "the oscillation of the FHR around the baseline in amplitude of 5 to 10 bpm." In other words, it is normal and expected to have some variability of the fetal heart rate around the baseline. However, this column is a measure of the percentage of time that an abnormal variability was observed. Considering that most of the fetal health outcomes were normal, I found it surprising that there were quite a few records with high abnormal percentages of short-term variability.

```
In [690]: df.histogram width.describe()
Out[690]: count
                 2126.000
                    70.446
          mean
          std
                    38.956
                     3.000
          min
                    37.000
          25%
                    67.500
          50%
                   100.000
          75%
                   180.000
          Name: histogram_width, dtype: float64
```

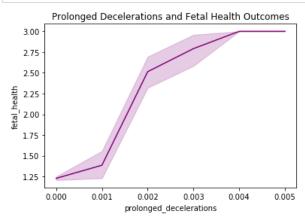
```
In [691]: df.histogram_min.describe()
Out[691]: count 2126.000
                  93.579
         mean
                  29.560
         std
                  50.000
         min
         25%
                   67.000
         50%
                   93.000
         75%
                  120.000
         max
                 159.000
         Name: histogram_min, dtype: float64
In [692]: df.histogram_max.describe()
Out[692]: count 2126.000
         mean
                 164.025
                  17.944
         std
                 122.000
         min
                  152.000
         25%
         50%
                  162.000
         75%
                  174.000
                 238.000
         max
         Name: histogram_max, dtype: float64
In [693]: df.corr()
Out[693]:
```

	baseline_value	accelerations	fetal_movement	uterine_contractions	light_decelerati
baseline_value	1.000	-0.081	-0.033	-0.146	-0
accelerations	-0.081	1.000	0.048	0.090	-0
fetal_movement	-0.033	0.048	1.000	-0.069	0
uterine_contractions	-0.146	0.090	-0.069	1.000	0
light_decelerations	-0.159	-0.109	0.049	0.285	1
severe_decelerations	-0.054	-0.043	-0.011	0.007	0
prolonged_decelerations	-0.105	-0.128	0.266	0.077	0
abnormal_short_term_variability	0.306	-0.280	-0.104	-0.233	-0
mean_value_of_short_term_variability	-0.280	0.207	0.121	0.290	0
percentage_of_time_with_abnormal_long_term_variability	0.286	-0.374	-0.074	-0.307	-0
mean_value_of_long_term_variability	-0.032	-0.142	0.011	-0.066	-0
histogram_width	-0.148	0.299	0.163	0.143	0
histogram_min	0.362	-0.154	-0.154	-0.113	-0
histogram_max	0.275	0.394	0.100	0.123	0
histogram_number_of_peaks	-0.114	0.190	0.165	0.083	0
histogram_number_of_zeroes	-0.005	-0.006	-0.018	0.058	0
histogram_mode	0.709	0.244	-0.061	-0.105	-0
histogram_mean	0.723	0.270	-0.090	-0.188	-0
histogram_median	0.789	0.273	-0.072	-0.140	-0
histogram_variance	-0.134	0.126	0.179	0.239	0
histogram_tendency	0.294	0.028	-0.002	-0.072	0
fetal_health	0.148	-0.364	0.088	-0.205	0

```
In [694]: # generate heatmap to display correlations in data
                    corr = df.corr()
                    fig, ax = plt.subplots(figsize=(12, 8))
                    sns.heatmap(corr, annot=True, cmap="RdPu");
                                                                                                    0.15-0.16
                                                                                                                                                                                                                   1.00
                                                                   baseline value
                                                                                                  480.09-0.110.0430.13-0.28-0.21<mark>-0.37-</mark>0.14-0.3-0.15-0.39-0.190.006-D.24-0.27-0.27-0.130.028<mark>0.36</mark>
                                                                                                1 -0.069.0490.0110.27 -0.1 0.120.074.0110.16-0.15 0.1 0.160.018.0610.090.0720.180.0016.00
                                                                                                                                                                                                                   0.75
                                                                                                     1 0.290.0068.077-0.23 0.29-0.310.0660.14-0.11 0.120.0830.058-0.1-0.19-0.14 0.24
                                                                                                 0490.29 1 0.11 0.23 0.12 <mark>0.56 0.27 0.24 0.52 0.55</mark> 0.22 0.4 0.24 <mark>0.35 0.53 0.39 0.56</mark>
                                                                                                              1 0.0120
                                                                                                                                                                                                                   0.50
                                                        prolonged_decelerations - -0.1 -0.13 0.27 0.0770.230.01
                                                                                                                   2 1 0.0460.27 0.140.23 0.27 0.28 0.12 0.220.05¢0.44-0.49-0.44 0.5 <mark>-</mark>0.22
                                                 abnormal_short_term_variability -0.31-0.28-0.1-0.23-0.120.0340.046-1 -0.43-0.46-0.32-0.26-0.28-0.11-0.17-0.150
                                           mean_value_of_short_term_variability -0.28 0.21 0.12 0.29 0.560.0340.27-0.43 1 -0.470.07
                                                                                                                                            4<mark>0.66-</mark>0.6<mark>2</mark>0.41 0.5 0.27-0.31-0.45-0.34<mark>0.56-</mark>
                                                                                                                                                                                                                   0.25
                     .0320.140.0110.0660.240.0380.23-0.320.0
                                            mean_value_of_long_term_variability
                                                                                                                                  4-0.17 1 0.11-0.140.0
                                                                 histogram_width -0.15 0.3 0.16 0.14 0.520.0450.27 0.26 0.66 0.45 0.11 1 -0.9 0.69 0.75 0.32 0.16 0.28 0.17 0.62 0.12
                                                                                                                                                                                                                   0.00
                                                                                     0.36<mark>-0.15-0.15-0.11</mark>-0.55</mark>0.07
                                                                                                                   20.28<mark>0.28</mark>-0.62<mark>0.42</mark>-0.14-0.9
                                                                                                                                                   1 -0.3-0.67-0.31 0.35 0.49 0.4 -0.55-0.240
                                                                                     0.28 0.39 0.1 0.12 0.220.0210.12 0.11 0.41 0.280.0
                                                    histogram_number_of_peaks -0.11 0.19 0.160.083 0.4 0.0070.22-0.17 0.5 -0.280 056 0.75 -0.67 0.52 1 0.29
                                                                                                                                                                                                                   -0.25
                                                                                                                                                                        -0.1 -0.22-0.12 0.45
                                                                                              61.01&0580.240.0430.056<mark>0.15</mark>0.27<mark>-0.12</mark>0.120.32<mark>-0.31</mark>0.180.29 1 -
                                                                                                 061-0.1 <mark>-0.35-0.22-0.44</mark>0.058-0.31 0.170.072-0.16 0.35 0.24 -0.1-
                                                                 histogram_mode
                                                                                                                                                                                                                   -0.50
                                                                                     histogram_median -0.79 0.270.0720.140.39-0.16-0.44 0.12-0.34 0.190.063-0.17 0.4 0.29-0.120
                                                                                                                                                                       30.93 0.95 1
                                                             histogram_variance -0.13 0.13 0.18 0.24 0.56 0.14 0.5 -0.15 0.56-0.28-0.16 0.62-0.55 0.44 0.45 0.
                                                                                                                                                                                                                   -0.75
                                                                                                                   -0.22
                                                             histogram_tendency
                                                                      fetal_health
                                                                                                fetal movement
                                                                                                                                                                                        histogram_variance
                                                                                                                                                                                             histogram_tendency
                                                                                           accelerations
                                                                                                     terine_contractions
                                                                                                          light_decelerations
                                                                                                                     prolonged_decelerations
                                                                                                                          abnormal short term variability
                                                                                                                               mean_value_of_short_term_variability
                                                                                                                                    percentage of time with abnormal long term variability
                                                                                                                                         mean_value_of_long_term_variability
                                                                                                                                                    histogram_min
                                                                                                                                                         histogram_max
                                                                                                                                                              histogram_number_of_peaks
                                                                                                                                                                    istogram_number_of_zeroes
                                                                                                                                                                         histogram_mode
                                                                                                                                                                                   histogram_mediar
                                                                                                                                                                              histogram
```

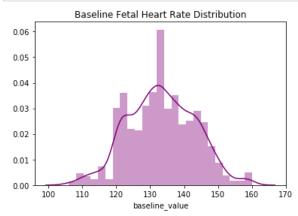
The feature showing the strongest correlation with fetal health is prolonged decelerations, with a correlation of 0.485. There are moderate correlations also observed between fetal health and abnormal short term variability, as well as fetal health and percentage of time with abnormal long term variability.

```
In [695]: sns.set_palette(palette='RdPu_r')
    sns.lineplot('prolonged_decelerations','fetal_health', data=df, alpha=1.0)
    plt.title('Prolonged Decelerations and Fetal Health Outcomes')
    plt.savefig('./images/figl.png');
```



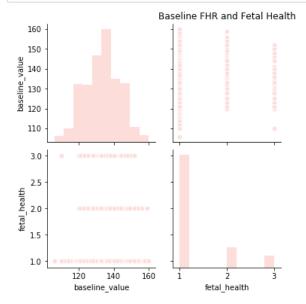
This lineplot clearly shows the relationship between prolonged decelerations of fetal heart rate and fetal health outcome. The longer amount of time observed with prolonged decelerations, the more at-risk the health outcome was likely to be.

```
In [696]: sns.set_palette(palette='RdPu_r')
sns.distplot(df['baseline_value'])
plt.title('Baseline Fetal Heart Rate Distribution');
```

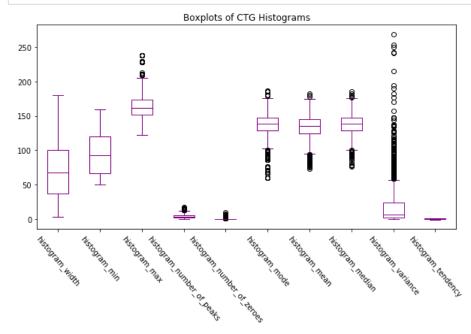


The vast majority of the baseline values for fetal heart rate were 0.06.

```
In [697]: sns.set_palette(palette='RdPu')
sns.pairplot(df[['baseline_value', 'fetal_health']])
plt.title('Baseline FHR and Fetal Health');
```



There was no obvious relationship between baseline fetal heart rate and fetal health outcome.



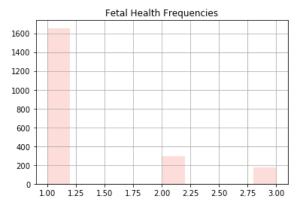
A lot of the features in this dataset pertained to the actual histogram that is printed out during the duration of the CTG. They aren't particularly intuitive, and it seems that the significance of the CTG histogram measurements was somewhat ambiguous. But before I got rid of these columns, I was curious how these measurements would impact the prediction of fetal health outcomes.

Data Preparation

```
In [701]: # checking for null values
          df.isnull().sum()
Out[701]: baseline_value
                                                                        0
          accelerations
                                                                        0
          fetal_movement
                                                                        0
          uterine contractions
                                                                        0
          light_decelerations
                                                                        0
          severe_decelerations
                                                                        0
          prolonged_decelerations
          abnormal_short_term_variability
                                                                        0
          mean_value_of_short_term_variability
                                                                        0
          percentage_of_time_with_abnormal_long_term_variability
          mean_value_of_long_term_variability
                                                                        0
          histogram_width
                                                                        0
          histogram_min
                                                                        0
          {\tt histogram\_max}
                                                                        0
          histogram_number_of_peaks
                                                                        0
          histogram_number_of_zeroes
                                                                        0
          histogram mode
                                                                        0
          histogram mean
                                                                        0
          histogram_median
          histogram_variance
                                                                        0
          histogram_tendency
                                                                        0
                                                                        0
          fetal health
          dtype: int64
```

This dataset had no null values to be dealt with.

```
In [702]: # checking value counts for target variable
          df.fetal_health.value_counts()
Out[702]: 1.000
                   1655
                    295
          2.000
          3.000
                    176
          Name: fetal_health, dtype: int64
In [703]: # plotting target variable frequencies
          df.fetal_health.hist()
          plt.title('Fetal Health Frequencies');
```



Feature Engineering

The target class, fetal health, is very unbalanced. The majority of the fetal health outcomes observed in this dataset are 1.00, which is the designation for Normal fetal health. The class with the second-highest frequency is the 2.00 or Suspect fetal health class. The class with the lowest frequency in this dataset is 3.00 or Pathological fetal health.

To make the data slightly easier to work with and understand, and turn this into a binary classification problem, I combined the 2.00 and 3.00 classes of Suspect and Pathological fetal health into a category called At Risk. I designated all the values of 1.00 as Normal.

```
In [704]: # engineering new categorical target column for Normal and At Risk fetal health
             df.loc[df['fetal_health']==1.000, 'fh_outcome'] = 'Normal'
df.loc[df['fetal_health']==2.000, 'fh_outcome'] = 'At Risk'
             df.loc[df['fetal_health']==3.000, 'fh_outcome'] = 'At Risk'
```

I then removed the original fetal_health column from the dataframe.

```
In [705]: df = df.drop(columns='fetal health', axis=1)
In [706]: df.head()
```

Out[706]:

	baseline_value	accelerations	fetal_movement	uterine_contractions	light_decelerations	severe_decelerations	prolonged_decelerations
0	120.000	0.000	0.000	0.000	0.000	0.000	0.000
1	132.000	0.006	0.000	0.006	0.003	0.000	0.000
2	133.000	0.003	0.000	0.008	0.003	0.000	0.000
3	134.000	0.003	0.000	0.008	0.003	0.000	0.000
4	132.000	0.007	0.000	0.008	0.000	0.000	0.000

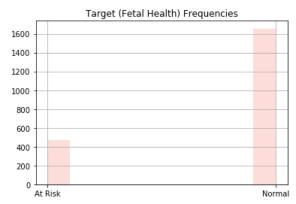
5 rows × 22 columns

At Risk

```
In [707]: df.fh outcome.value counts()
Out[707]: Normal
                     1655
```

471 Name: fh_outcome, dtype: int64

```
In [708]: # plotting target frequencies
df.fh_outcome.hist()
plt.title('Target (Fetal Health) Frequencies');
```



This is still very unbalanced, but is somewhat more straightforward as a binary classification problem. And if we are working to maximize fetal health, then any member of an at-risk category should be treated with seriousness and urgency.

Encoding

```
In [710]: df.dtypes
Out[710]: baseline_value
                                                                       float64
          accelerations
                                                                       float64
                                                                       float64
          fetal_movement
          uterine contractions
                                                                       float64
          light_decelerations
                                                                       float64
          severe_decelerations
                                                                       float64
          prolonged_decelerations
                                                                       float64
          abnormal_short_term_variability
                                                                       float64
          mean value of short term variability
                                                                       float64
          percentage_of_time_with_abnormal_long_term_variability
                                                                       float64
          mean_value_of_long_term_variability
                                                                       float64
          histogram_width
                                                                       float64
          histogram_min
                                                                       float64
          histogram_max
                                                                       float.64
          histogram_number_of_peaks
                                                                       float64
          histogram_number_of_zeroes
                                                                       float64
          histogram_mode
                                                                       float64
          histogram_mean
                                                                       float64
          {\tt histogram\_median}
                                                                       float64
          histogram variance
                                                                       float64
          histogram_tendency
                                                                       float64
                                                                        object
          fh_outcome
          dtype: object
```

Every feature in the CTG data was already numerical (float) so there was not much encoding necessary, aside from the target variable. With that being said, I opted to tackle the encoding of the target variable using pd.get_dummies.

```
In [711]: df = pd.get dummies(df, columns=['fh outcome'])
Out[711]:
                baseline value accelerations fetal movement uterine contractions light decelerations severe decelerations prolonged decelerations
                     120.000
                                                   0.000
                                                                                                           0.000
             0
                                    0.000
                                                                      0.000
                                                                                       0.000
                                                                                                                                0.000
                     132 000
                                    0.006
                                                   0.000
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                0.000
             1
                                                                      0.006
             2
                     133.000
                                    0.003
                                                   0.000
                                                                      0.008
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                0.000
             3
                      134.000
                                     0.003
                                                   0.000
                                                                      0.008
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                 0.000
                     132,000
                                    0.007
                                                   0.000
                                                                      0.008
                                                                                       0.000
                                                                                                           0.000
                                                                                                                                 0.000
            5 rows × 23 columns
In [712]: df.columns
Out[712]: Index(['baseline_value', 'accelerations', 'fetal_movement',
                     'uterine_contractions', 'light_decelerations', 'severe_decelerations', 'prolonged_decelerations', 'abnormal_short_term_variability',
                     'mean_value_of_short_term_variability',
                     'percentage_of_time_with_abnormal_long_term_variability',
                     'mean_value_of_long_term_variability', 'histogram_width',
                     'histogram_min', 'histogram_max', 'histogram_number_of_peaks',
                     'histogram_number_of_zeroes', 'histogram_mode', 'histogram_mean',
                     'histogram_median', 'histogram_variance', 'histogram_tendency',
                     'fh_outcome_At Risk', 'fh_outcome_Normal'],
                   dtype='object')
In [713]: | df = df.drop(columns=['fh_outcome_Normal'], axis=1)
            df.head()
Out[713]:
                baseline_value accelerations fetal_movement uterine_contractions light_decelerations severe_decelerations prolonged_decelerations
             0
                     120.000
                                    0.000
                                                   0.000
                                                                      0.000
                                                                                       0.000
                                                                                                           0.000
                                                                                                                                0.000
                      132.000
                                    0.006
                                                   0.000
                                                                      0.006
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                 0.000
             1
                                                   0.000
             2
                     133.000
                                    0.003
                                                                      0.008
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                0.000
                                                   0.000
             3
                     134.000
                                    0.003
                                                                      0.008
                                                                                       0.003
                                                                                                           0.000
                                                                                                                                0.000
                                                   0.000
                     132.000
                                    0.007
                                                                      0.008
                                                                                       0.000
                                                                                                           0.000
                                                                                                                                 0.000
            5 rows × 22 columns
In [714]: df['fh outcome At Risk'].value counts()
Out[714]: 0
                  1655
            1
                   471
            Name: fh outcome At Risk, dtype: int64
In [715]: | df = df.rename(columns={'fh_outcome_At Risk':'target'})
            df.target.value_counts()
```

Out[715]: 0

1

1655

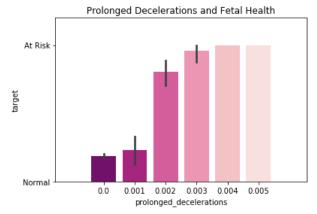
471

Name: target, dtype: int64

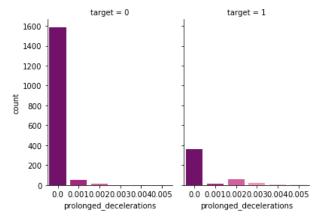
```
In [721]: sns.set_palette(palette='RdPu_r')
    sns.lineplot('prolonged_decelerations','target', data=df, alpha=1.0)
    y = [0,1]
    labels = ['Normal', 'At Risk']
    plt.yticks(y, labels)
    plt.margins(0.2)
    plt.title('Prolonged Decelerations and Fetal Health')
    plt.show()
```

At Risk - Normal - -0.001 0.000 0.001 0.002 0.003 0.004 0.005 0.006 prolonged_decelerations

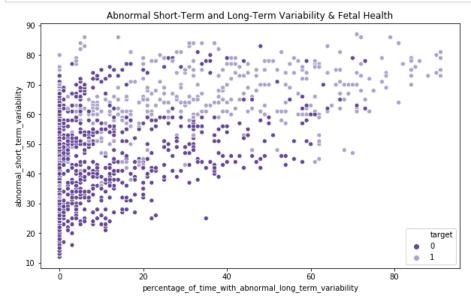
```
In [722]: sns.set_palette(palette='RdPu_r')
sns.barplot('prolonged_decelerations','target', data=df)
y = [0,1]
labels = ['Normal', 'At Risk']
plt.yticks(y, labels)
plt.margins(0.2)
plt.title('Prolonged Decelerations and Fetal Health')
plt.show()
```



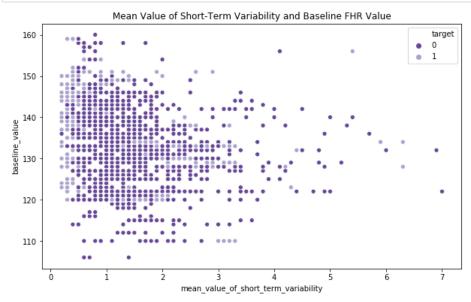
There is a visible relationship between prolonged fetal heart rate decelerations and fetal health.



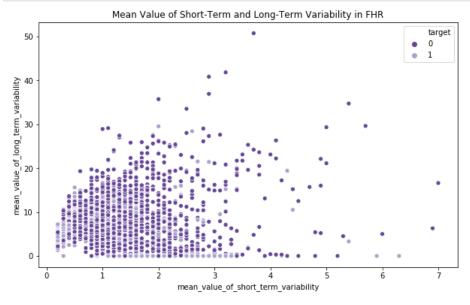
There are many more instances of no decelerations in the Normal class, and many more instances of longer decelerations in the At Risk class.



The light purple points represent the At Risk class and the dark purple points represent the Normal class. From this scatter plot, it can be seen that the points with higher values for percentage of time with short- and long- term variability are predominantly of the At Risk class, with only a few Normals peppered in there.



When comparing baseline FHR value and mean value of short term variability, it is not as easy to distinguish a clear relationship between the classes.



It is again difficult to distinguish the pattern here. It is notable that there is no clear way to discern the two classes based on these features alone. I am very curious how well a model will perform on these dispersed features.

Modeling

```
In [422]: # setting target and features
    y = df['target']
    X = df.drop(columns='target')

# splitting the data into train and test sets
# using stratify parameter to make sure class ratios
# are distributed evenly across train and test sets
    X_train, X_test, y_train, y_test = train_test_split(X, y, test_size=0.3, stratify=y, random_state=42)
```

Model #1 - Baseline Model

32

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Predicted label

1

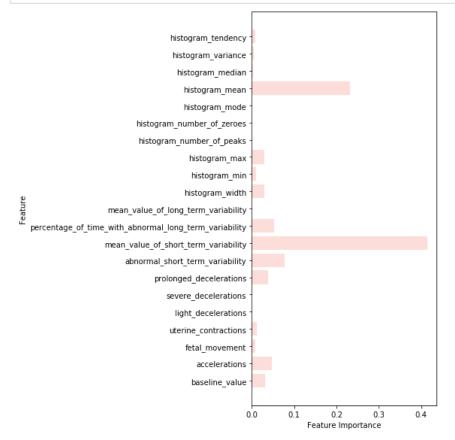
109

100

I began with a baseline "vanilla" model. I used a Decision Tree since they are known to work well with imbalanced data, such as my target fetal health variable.

```
In [423]: # instantiating and fitting decision tree model
          tree_clf = DecisionTreeClassifier(criterion='gini', max_depth=5, random_state=42)
          tree_clf.fit(X_train, y_train)
Out[423]: DecisionTreeClassifier(max depth=5, random state=42)
In [424]: y_pred = tree_clf.predict(X_test)
           # confusion matrix and classification report
          print(confusion_matrix(y_test, y_pred))
          print(classification_report(y_test, y_pred))
          print('Recall score: ',recall_score(y_test, y_pred))
          [[484 13]
           [ 32 109]]
                         precision
                                      recall f1-score
                                                          support
                      0
                              0.94
                                        0.97
                                                   0.96
                                                              497
                              0.89
                                        0.77
                                                   0.83
                                                              141
                                                   0.93
                                                              638
               accuracy
                              0.92
                                        0.87
                                                   0.89
             macro avg
                                                              638
                                                              638
          weighted avg
                              0.93
                                        0.93
                                                   0.93
          Recall score: 0.7730496453900709
In [425]: # plotting confusion matrix
          plot_confusion_matrix(tree_clf, X_test, y_test,cmap="RdPu")
          plt.show()
                                              400
                    484
                                  13
             0
                                              300
           Frue label
                                              200
```

While an accuracy of 93% sounds like a good metric, it is important to note that this model missed 32 members of the at-risk fetal health class. Since we are dealing with the health outcomes and lives of babies, this is simply not acceptable. I will be evaluating my models with a focus on recall/sensitivity in order to minimize false negatives or Type II errors. In this case, the baseline recall value is 77%.



The baseline decision tree model has allotted the most importance to abnormal short-term and long-term variability of fetal heart rate, as well as CTG histogram mean. Given the strong correlations noted earlier, it is not surprising that the classifier prioritized these particular features.

Dealing With Imbalanced Classes

As explored previously, the fetal health outcome classes are quite imbalanced, with the majority being the negative (normal health) class. To address this, I once again ran the baseline decision tree model, but with the class_weight parameter set to "balanced". This adjusts so total weights are equal accross classes; in other words, members of the negative (normal health) class will be given less weight than members of the positive (at-risk) class. I opted to address this imbalance in this way so as not to sacrifice any data (as occurs in undersampling) or overfit to any duplicates from oversampling.

Model #2 - Decision Tree w/ Balanced Class Weight

```
In [427]: # instantiating and fitting decision tree model
tree_clf = DecisionTreeClassifier(criterion='gini', max_depth=5, class_weight='balanced', random_state
=42)
tree_clf.fit(X_train, y_train)
```

Out[427]: DecisionTreeClassifier(class_weight='balanced', max_depth=5, random_state=42)

```
In [428]: y_pred = tree_clf.predict(X_test)
           # confusion matrix and classification report
           print(confusion_matrix(y_test, y_pred))
           print(classification_report(y_test, y_pred))
           print('Recall score: ',recall_score(y_test, y_pred))
           [[463 34]
            [ 23 118]]
                          precision
                                        recall f1-score
                                                             support
                       0
                               0.95
                                           0.93
                                                     0.94
                                                                 497
                       1
                                0.78
                                           0.84
                                                     0.81
                                                                 141
                                                      0.91
                                                                 638
               accuracy
                                0.86
                                           0.88
                                                     0.87
                                                                 638
              macro avg
           weighted avg
                               0.91
                                           0.91
                                                      0.91
                                                                 638
           Recall score: 0.8368794326241135
In [429]: # plotting confusion matrix
           plot_confusion_matrix(tree_clf, X_test, y_test,cmap="RdPu")
           plt.show()
                                                450
                                                400
              0
                     463
                                    34
                                                350
                                                300
            Frue labe
                                                - 250
                                                200
                                                150
              1
                      23
                                   118
                                                - 100
                                                - 50
                      ò
                         Predicted label
```

After balancing the class weights, the model has been improved to a recall value of 84%. But it still missed 23 of the at-risk class, so it requires further improvement.

Exploring Models With Pipelines & Grid Search

Preparing Functions and Generic Parameters

Now that I had my baseline model with which to compare future iterations, I opted to streamline the modeling process with sklearn pipelines and GridSearchCV to help choose the best hyperparamters for optimized recall. I began by writing a function to create a pipeline given a classifier.

I then wrote a function to create a grid search using a pipeline and predetermined paramaters.

```
In [225]: # setting generic grid search parameters
    param_range = [1, 2, 3, 4, 5, 6, 7, 8, 9, 10]
    param_range_small = [1.0, 0.5, 0.1]
```

I then wrote a function to find the best hyperparameters to optimize recall for a given model, print the classification report for the model with the best parameters, and print the confusion matrix for this model as well.

```
In [226]: def find best recall(gridsearch):
              Runs a grid search iterating through predefined grid params and returns best params to optimize re
          call score.
              Fits classifier to X_train and y_train.
              Determines and prints best params for recall.
              Determines and prints best training set recall.
              Predicts on test data using best params.
              Prints best test set recall.
              Prints classification report for best model.
              Plots confusion matrix for best model.
              gridsearch: Predefined instance of GridsearchCV with parameters and estimator/pipeline already se
          t.
              Returns:
              Best parameters for particular grid search, based on recall score.
              Best training set recall.
              Best test set recall.
              Classification report for best model.
              Confusion matrix for best model.
              \# fitting the grid search objects
              best recall = 0.0
              # fitting grid search
              gridsearch.fit(X_train, y_train)
              # best params
              print('Best params: %s' % gridsearch.best_params_)
              # best training data recall
              print('Best training recall: %.3f' % gridsearch.best_score_)
              # predict on test data with best params
              y_pred = gridsearch.predict(X_test)
              # test data recall with best params
              print('Test set recall score for best params: %.3f ' % recall_score(y_test, y_pred))
              # confusion matrix and classification report
              print(confusion_matrix(y_test, y_pred))
              print(classification_report(y_test, y_pred))
              print('Recall score: ',recall_score(y_test, y_pred))
              # plotting confusion matrix
              plot_confusion_matrix(gridsearch, X_test, y_test,cmap="RdPu")
              plt.show()
```

Model #3 - Logistic Regression w/ Pipeline and Grid Search

I began with fitting a logistic regression model, optimized with a pipeline and grid search.

```
In [227]: # fitting Logistic Regression pipeline
          pipe_lr = pipe_maker(LogisticRegression)
           # setting grid search parameters
          grid_params_lr = [{'clf__penalty': ['l1', 'l2'],
                               'clf__C': param_range_small,
                              'clf__solver': ['liblinear']}]
           # creating grid search object
          gs_lr = gridsearch_maker(pipe_lr, grid_params_lr)
           # finding best parameters for recall
          find_best_recall(gs_lr)
          Best params: {'clf__C': 0.1, 'clf__penalty': 'l1', 'clf__solver': 'liblinear'}
          Best training recall: 0.927
          Test set recall score for best params: 0.922
          [[419 78]
           [ 11 130]]
                                      recall f1-score
                         precision
                                                          support
                              0.97
                                        0.84
                                                   0.90
                      0
                                                              497
                              0.62
                                        0.92
                                                   0.74
                                                              141
                                                   0.86
                                                              638
              accuracy
             macro avg
                              0.80
                                         0.88
                                                   0.82
                                                              638
          weighted avg
                              0.90
                                        0.86
                                                   0.87
                                                              638
          Recall score: 0.9219858156028369
                                              350
             0 -
                                  78
                                              300
                                              250
           True label
                                              - 200
                                              - 150
```

According to my grid search, a logistic regression model with best parameters was pretty good, but not as good as my Decision Tree, with a best recall score of 92%.

Model #4 - Random Forest w/ Pipeline and Grid Search

11

0

Predicted label

1

130

- 100 - 50

```
In [260]: # fitting Random Forest pipeline
          pipe_rf = pipe_maker(RandomForestClassifier)
           # setting grid search parameters
           grid_params_rf = [{'clf__criterion': ['gini', 'entropy'],
                               clf__min_samples_leaf': param_range,
                               'clf__max_depth': param_range,
                               'clf__min_samples_split': param_range[1:]}]
           # creating grid search object
          gs_rf = gridsearch_maker(pipe_rf, grid_params_rf)
           # finding best parameters for recall
          find_best_recall(gs_rf)
          Best params: {'clf__criterion': 'gini', 'clf__max_depth': 6, 'clf__min_samples_leaf': 9, 'clf__min_s
          amples_split': 2}
          Best training recall: 0.918
          Test set recall score for best params: 0.936
          [[458 39]
           [ 9 132]]
                         precision
                                       recall f1-score
                                                           support
                      0
                              0.98
                                         0.92
                                                    0.95
                                                               497
                              0.77
                                         0.94
                                                   0.85
                                                               141
                      1
                                                    0.92
                                                               638
               accuracy
             macro avg
                              0.88
                                         0.93
                                                   0.90
                                                               638
          weighted avg
                              0.93
                                         0.92
                                                   0.93
                                                               638
          Recall score: 0.9361702127659575
                                               450
                                               400
                                              350
                    458
                                  39
             0 -
                                              300
           True label
                                              250
                                              - 200
                                              - 150
                                  132
             1
                                              100
```

- 50

My Random Forest model was better, with a recall score of 93.6%.

Predicted label

1

Ó

Model #5 - Support Vector Machine w/ Pipeline and Grid Search

```
In [228]: # fitting Support Vector Machine pipeline
          pipe_svm = pipe_maker(svm.SVC)
           # setting grid search parameters
           grid_params_svm = [{'clf__kernel': ['linear', 'rbf'],
                                'clf__C': param_range}]
           # creating grid search object
           gs_svm = gridsearch_maker(pipe_svm, grid_params_svm)
           # finding best parameters for recall
           find_best_recall(gs_svm)
          Best params: {'clf__C': 1, 'clf__kernel': 'rbf'}
          Best training recall: 0.955
          Test set recall score for best params: 0.943
           [[438 59]
           [ 8 133]]
                         precision
                                       recall f1-score
                                                           support
                      0
                               0.98
                                         0.88
                                                    0.93
                                                               497
                               0.69
                                         0.94
                                                    0.80
                                                               141
                      1
               accuracy
                                                    0.89
                                                               638
                               0.84
                                         0.91
                                                    0.86
                                                               638
             macro avg
          weighted avg
                               0.92
                                         0.89
                                                    0.90
                                                               638
          Recall score:
                          0.9432624113475178
                                               400
                                               350
                     438
             0
                                   59
                                               300
           True label
                                               250
```

Better still was my SVM model with RBF (radial basis function) kernel, with a recall of 94.3%.

133

200 - 150

100 50

Model #6 - Extra Trees w/ Pipeline and Grid Search

8

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Predicted label

1

When I read about the Extra Trees classifier, I had a feeling it might work well for this data. "This fits a number of randomized decision trees (a.k.a. extra-trees) on various sub-samples of the dataset and uses averaging to improve the predictive accuracy and control over-fitting." While this ensemble method is similar to Random Forest in that it uses a group of decision trees, it is different in that it randomly chooses the split point and does not calculate the optimal one. This also makes it a faster algorithm to work with than Random Forest.

```
In [229]: # fitting Extra Trees pipeline
           pipe_et = pipe_maker(ExtraTreesClassifier)
           # setting grid search parameters
           grid_params_et = [{'clf__criterion': ['gini', 'entropy'],
                               clf__min_samples_leaf': param_range,
                               'clf__max_depth': param_range,
                               'clf__min_samples_split': param_range[1:]}]
           # creating grid search object
           gs_et = gridsearch_maker(pipe_et, grid_params_et)
           # finding best parameters for recall
           find_best_recall(gs_et)
          Best params: {'clf__criterion': 'entropy', 'clf__max_depth': 10, 'clf__min_samples_leaf': 6, 'clf__m
          in_samples_split': 2}
          Best training recall: 0.933
          Test set recall score for best params: 0.972
           [[444 53]
            [ 4 137]]
                         precision
                                       recall f1-score
                                                           support
                      0
                               0.99
                                         0.89
                                                    0.94
                                                               497
                      1
                              0.72
                                         0.97
                                                    0.83
                                                               141
               accuracy
                                                    0.91
                                                               638
                               0.86
                                         0.93
                                                    0.88
                                                               638
              macro avg
          weighted avg
                               0.93
                                         0.91
                                                    0.91
                                                               638
          Recall score:
                          0.9716312056737588
                                               400
                                               350
                    444
                                  53
             0
                                               300
           True labe
                                              250
                                              200
                                              150
```

This model using the Extra Trees Classifier was my best model, with a recall score of 97.2%.

137

i

Predicted label

- 100 - 50

Model #7 - AutoML with TPOT

1

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While I was pretty happy with the 97% recall, I was hoping to increase it still. So my final iteration utilized TPOT for automated model selection and hyperparameter tuning. "TPOT is a Python tool which automatically creates and optimizes machine learning pipelines using genetic programming. TPOT works in tandem with Scikit-learn, describing itself as a Scikit-learn wrapper. TPOT is open source, written in Python, and aimed at simplifying a machine learning process by way of an AutoML approach based on genetic programming. The end result is automated hyperparameter selection, modeling with a variety of algorithms, and exploration of numerous feature representations, all leading to iterative model building and model evaluation."

```
In [241]: # constructing and fitting TPOT classifier
                    tpot = TPOTClassifier(template ='Selector-Transformer-Classifier',
                                                                verbosity=1,
                                                               scoring='recall',
                                                               n_{jobs=-1},
                                                               random state=42)
                    tpot.fit(X train, y train)
                    # saving best pipeline as Python script file
                    tpot.export('tpot_best_pipeline.py')
                    # predict on test data with best params
                    y_pred = tpot.predict(X_test)
                    # test data recall with best params
                    print('Test set recall score for best params: %.3f ' % recall score(y test, y pred))
                     # confusion matrix and classification report
                    print(confusion_matrix(y_test, y_pred))
                    print(classification_report(y_test, y_pred))
                    print('Recall score: ',recall_score(y_test, y_pred))
                    Best pipeline: GaussianNB(Nystroem(RFE(input matrix, criterion=gini, max features=0.45, n estimators
                    =100, step=0.1), gamma=0.70000000000001, kernel=rbf, n_components=3))
                    Test set recall score for best params: 1.000
                    [[ 0 497]
[ 0 141]]
                                               precision
                                                                        recall f1-score
                                                                                                              support
                                                         0.00
                                          0
                                                                             0.00
                                                                                                 0.00
                                                                                                                      497
                                                         0.22
                                                                             1.00
                                                                                                 0.36
                                                                                                                      141
                                                                                                 0.22
                                                                                                                      638
                            accuracy
                                                         0.11
                                                                             0.50
                                                                                                 0.18
                                                                                                                      638
                          macro avq
                    weighted avg
                                                         0.05
                                                                             0.22
                                                                                                 0.08
                                                                                                                      638
                    Recall score: 1.0
                    /Users/dtunnicliffe/anaconda3/envs/learn-env/lib/python3.6/site-packages/sklearn/metrics/_classifica
                    tion.py:1245: UndefinedMetricWarning: Precision and F-score are ill-defined and being set to 0.0 in
                    labels with no predicted samples. Use `zero_division` parameter to control this behavior.
                        warn prf(average, modifier, msg start, len(result))
                    /Users/dtunnicliffe/anaconda3/envs/learn-env/lib/python3.6/site-packages/sklearn/metrics/_classifica
                    tion.py:1245: UndefinedMetricWarning: Precision and F-score are ill-defined and being set to 0.0 in
                    labels with no predicted samples. Use `zero_division` parameter to control this behavior.
                        warn prf(average, modifier, msg start, len(result))
                    /Users/dtunnic liffe/anaconda 3/envs/learn-env/lib/python 3.6/site-packages/sklearn/metrics/\_classificallife anacond and all of the control of the control
                    tion.py:1245: UndefinedMetricWarning: Precision and F-score are ill-defined and being set to 0.0 in
                    labels with no predicted samples. Use `zero_division` parameter to control this behavior.
```

After taking almost 12 hours to finish optimizing, TPOT provided me with this "best" model. While the model has 100% recall, which is the metric I told it to prioritize, it has terrible scores for everything else. Upon inspection, it seems that it built a model to say that every single case is of the positive class, or at-risk fetal health outcome. That is how it is able to get such a high recall number; because it isn't actually predicting much of anything at all! While this was an interesting experience, I do not think I'd use TPOT to optimize recall in the future.

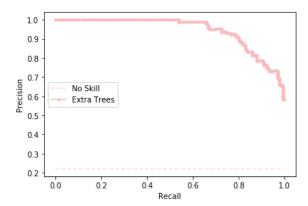
warn prf(average, modifier, msg start, len(result))

Evaluation and Results

The positive class for fetal health is 'At Risk' and the negative class is 'Normal'. The objective is to minimize false negatives and err on the side of caution. Better safe than sorry! Being overly cautious is the ethical course of action when dealing with maternal-fetal health. Misclassifying a member of the 'Normal' class as 'At Risk' is a minor inconvenience (and likely a scare for the mother), but misclassifying a member of the 'At Risk' class as 'Normal' has far more serious consequences. I want to make sure that we catch every single baby that is in distress so that decisions can be made accordingly. Therefore, I have prioritized Recall/Sensitivity as the metric by which to evaluate the models. This will ensure that we capture all instances of the positive class, which makes this the most important metric for the problem at hand. By doing this, we avoid false negatives or Type II errors. That being said, my best model was the one using the Extra Trees Classifier. This model achieved a recall score of 97%, meaning that 97% of the atrisk class was captured by the model. It has an accuracy score of 91%, meaning that 91% of the total predictions made by the model were correct. It is important to note that while there is a trade-off between recall and precision, which affects accuracy, you simply cannot put a price on a human life. So I have chosen to prioritize recall at the expense of other metrics for this particular problem.

```
In [335]: # plotting precision-recall curve
           pipe_et.fit(X_train, y_train)
           # predict probabilities
           probs = pipe et.predict proba(X test)
           # keep probabilities for the positive outcome only
           probs = probs[:, 1]
           # predict class values
           y_pred = pipe_et.predict(X_test)
           precision, recall, _ = precision_recall_curve(y_test, probs)
           f1, auc = f1_score(y_test, y_pred), auc(recall, precision)
           # summarize scores
           print('F1=%.3f, AUC=%.3f' % (f1, auc))
           # plot the precision-recall curves
           no_skill = len(y_test[y_test==1]) / len(y_test)
           plt.plot([0, 1], [no_skill, no_skill], linestyle='--', label='No Skill')
plt.plot(recall, precision, marker='.', label='Extra Trees')
           # axis labels
           plt.xlabel('Recall')
           plt.ylabel('Precision')
           # show the legend
           plt.legend()
           # show the plot
           plt.show()
```

F1=0.828, AUC=0.945



The precision-recall curve above shows that while recall was prioritized, the model still did pretty well with precision too. This is also demonstrated by the model's F1 score of 83%. I would have expected a much lower F1 with recall being heavily prioritized, but this indicates that the model is performing quite well. The AUC or Area Under the Curve of 94.5% also confirms that this model is working well. Based on the performance of the model, especially the recall/sensitivity rate of 97%, I reject the null hypothesis that there is no relationship between automated CTG data and fetal health outcome.

I imported a library called ELI5 (Explain It Like I'm 5) to see feature importances for the Extra Trees pipeline model.

 0.0773 ± 0.1538 mean_value_of_short_term_variability 0.0604 ± 0.0715 histogram_mean 0.0597 ± 0.0817 prolonged_decelerations 0.0484 ± 0.0659 uterine_contractions 0.0463 ± 0.0596 histogram_mode 0.0423 ± 0.0493 histogram_median 0.0414 ± 0.0658 histogram_min 0.0347 ± 0.0437 baseline value 0.0326 ± 0.0411 histogram_variance 0.0290 ± 0.0454 histogram_width 0.0265 ± 0.0236 histogram_max mean_value_of_long_term_variability 0.0260 ± 0.0246 0.0212 ± 0.0258 histogram_tendency 0.0192 ± 0.0198 fetal_movement 0.0185 ± 0.0157 histogram_number_of_peaks 0.0159 ± 0.0185 light_decelerations 0.0104 ± 0.0114 histogram_number_of_zeroes 0.0020 ± 0.0068 severe_decelerations

According to this breakdown, the most impactful features were accelerations, percentage of time with abnormal short term variability, percentage of time with abnormal long term variability, prolonged decelerations, and mean value of short term variability.

Conclusion

In conclusion, cardiotocogram data provides easily accessible and interpretable insight into fetal health outcomes. ML models are able to predict if a fetus is in distress, using CTG data, with a high level of recall/sensitivity. Between the high predictive power of these models and the expert knowledge of obstetricians, fetal and maternal health could and should be prioritized. By doing this, yearly fetal mortality rates can be effectively reduced.

Recommendations

- 1. Since I have shown that automated CTG data provides an ability to predict if a fetus in-utero is in distress with a recall/sensitivity rate of 97%, my main recommendation is that CTGs be performed as often as possible on expectant mothers. This is an easy and highly interpretable way to maintain the necessary level of care to preserve maternal and fetal health. It has been posed by obstetricians as a cost-effective option for achieving the goal of reducing maternal and fetal mortality, and based on my findings, cardiotocogram readings are able to predict fetal health outcome.
- I recommend that healthcare providers pay close attention to all measures of fetal heart rate, as these are the strongest predictors of at-risk fetal health outcomes. These measures include percentage of time with abnormal short-term variability, percentage of time with abnormal long-term variability, and prolonged decelerations.
- 3. My final recommendation appeals to the morals of healthcare providers. While we are all in the business of making money, we need to place an emphasis on prioritizing fetal health and accepting that there will be false alarms that come with this. I recommend that you treat all at-risk indicators with urgency and a better-safe-than-sorry approach. By having a lower threshold for a higher level of care, and accepting the slight cost increase that may go along with that, you will benefit in the long run by having a greater track record of saving babies and mothers, and be able to improve your practice's fetal mortality stats -- while also saving lives and contributing to this global cause.

In the future...

As mainstreamed CTG use is implemented for all pregnant patients, we would use these new observations and fetal health outcomes to further improve the data and modeling capabilities. While the model is already very efficient, we could improve the sensitivity rate even further by adding more data, in an effort to never miss a single instance of at-risk fetal health. By adding more patients' CTG metrics to our dataset, and adding new features such as self-reported answers to a patient questionnaire, we could find new trends and have more information with which to make predictions. With the data we have already, there are many features pertaining to the fetal heart rate histograms generated by the CTG exam. While we have gone over the impact of heart rate variability and prolonged deceleration, we have not yet explored the impact of these CTG-generated histograms and what their values may mean for fetal health predictions.