



Experience Your Y, Your Way

You're not the same as you were before COVID-19 – and neither are we.

At the YMCA of Three Rivers, your health and wellness goals are our priority.

Our new membership options are geared to help you get the most out of your membership AND reach your goals.

Adult Memberships (18+ years)

CLASSIC	CUSTOMIZED	COMPLETE
What's included: <ul style="list-style-type: none"> ✓ Fitness Centre ✓ Track ✓ Adult Swim Lesson ✓ Open and Family Swim ✓ Open Gym ✓ Lane Swim ✓ General Changeroom ✓ All Rec Sports ✓ Discounted Guest Passes ✓ Access to 6 Locations ✓ Virtual Y 	What's included: <ul style="list-style-type: none"> ✓ Fitness Centre ✓ Track ✓ Adult Swim Lesson ✓ Open and Family Swim ✓ Open Gym ✓ Lane Swim ✓ General Changeroom ✓ All Rec Sports ✓ Discounted Guest Passes ✓ Access to 6 Locations ✓ Virtual Y What you can add: <ul style="list-style-type: none"> + All Group Fitness (includes Aquafit) + Towel Service + Racquetball and Squash Courts + Health Management (application required) + Y Thrive (coming soon) 	What's included: <ul style="list-style-type: none"> ✓ Fitness Centre ✓ Track ✓ Adult Swim Lesson ✓ Open and Family Swim ✓ Open Gym ✓ Lane Swim ✓ Plus Changeroom ✓ All Rec Sports ✓ Complimentary Guest Passes ✓ Access to 6 Locations ✓ Virtual Y <ul style="list-style-type: none"> ✓ All Group Fitness (includes Aquafit) ✓ Towel Service ✓ Racquetball and Squash Courts ✓ Health Management (application required) ✓ Y Thrive (coming soon)
\$26 bi-weekly + tax	\$26 + \$3⁵⁰ <small>per value add</small> bi-weekly + tax	\$36 bi-weekly + tax

ADDITIONAL SERVICES

Prices vary, connect with us to learn more. Member discounts apply.

MOSSA on Demand (13+) | Personal Training | Specialty Classes | Workshops and Courses | Private Swim Lessons

See other side for Youth Memberships and Group Discounts

Youth Memberships (0 – 17 years)

CLASSIC

What's included:

- ✓ One Weekly Swim Lesson
- ✓ One Weekly Skill-Based Program (6 – 12 years)
- ✓ Unlimited Recreational Programs
- ✓ Unlimited Open Swim
- ✓ Track (10+)
- ✓ Fitness Centre (13+)
- ✓ Youth Leadership Development (10+)
- ✓ Youth Basketball (13+)
- ✓ Lane Swim (13+)
- ✓ General and Family Changerooms
- ✓ Virtual Y

What you can add:

- + Play Care (0 – 5 years)
- + All Group Fitness (13+ includes Aquafit)
- + Racquetball and Squash Courts (13+)
- + Towel Service
- + Y Thrive (13+ coming soon)

\$20 + \$3⁵⁰ per
value
add
bi-weekly + tax (where applicable)

ADDITIONAL SERVICES

Prices vary, connect with us to learn more. Member discounts apply.

MOSSA on Demand (13+) | Private Swim Lessons | Personal Training | Workshops and Courses (Discounts Available)

COME TOGETHER, SAVE MORE

Discounts for groups of two or more

Coming to the YMCA of Three Rivers with family or friends? That's great - not only will it help motivate you, but it also unlocks savings. And, the more people you bring, the more savings you each unlock.* Connect with us to learn more.

**Savings and discount linked to grouping numbers. Cannot be used with other discounts.*

HELPING EVERYONE ACCESS THE Y

There's a place for EVERYONE at the YMCA of Three Rivers. As a charity, we're committed to helping remove barriers and increase access to our programming. If you are in financial need, please connect with us to learn more.

SIX LOCATIONS TO SERVE YOU

A.R. Kaufman Family YMCA (Kitchener)
Chaplin Family YMCA (Cambridge)
Stork Family YMCA (Waterloo)

St. Marys YMCA (St. Marys)
YMCA of Stratford-Perth (Stratford)
YMCA-YWCA of Guelph (Guelph)

Connect with us: 1-833-259-9622 | info@ytr.ymca.ca | thisisy.ca/membership