#### Summary

Experienced IT, cybersecurity, and education professional with a background in assessment, validation, and controls. Seeking cybersecurity audit, security awareness, and GRC roles.

#### **Professional Experience**

## Cybersecurity Consultant | SecAud

Apr 2009 - Present

- Provide small and medium businesses audit, assessment, and policy services.
- Guide and educate clients on understanding frameworks and standards that are required as downstream entities, provided assessment for key suppliers of SOX covered entities.
- Support organizations maintaining compliance with DFAR CUI supplier requirements utilizing NIST 800-171 and CMMC frameworks.
- Aid in the preparation of artifacts and creation of policies for SOC, SOC 2, and PCI-DSS auditor attestation.
- Help organizations understand strategies to manage IT risk profiles and build a program and response appropriate to their risk appetite and requirements.

#### **Corporate Trainer | Involta**

Nov 2022 - May 2024

- Documented artifacts validating training controls for PCI, HITRUST (HIPAA), SOX, SOC 2, and CMMC programs.
- Administered Proofpoint and built automation within LMS for new hire, quarterly security awareness training, and remediation assignments, achieving over 97% compliance.
- Maintained confidentiality when supporting HR investigations or employee coaching.
- Administered and reported on trends related to company wide employee performance and feedback, identified concerns to be addressed via executive leadership or training.
- Integrated O'Reilly Learning into the organization, built a culture where choice-based learning activities were embraced and engaged in on a daily basis by employees at all levels. Increased voluntary employee learning by over 1300%.

#### IT Cyber Security Instructor | NewBoCo

Nov 2020 - Oct 2022

- Developed cybersecurity and system administration programming for underemployed individuals serving over 85 students.
- Developed, monitored, and reported assessment instruments to measure learning and program success, ensuring learning was aligned with workforce need.
- Performed outreach education and training initiatives, including interviewing with five media outlets on cybersecurity stories.

### Adjunct and Contract Faculty | Kirkwood Community College

May 2017 - Present

- Core instructor in two corporate training certificates for industry professionals and experienced leaders, teaching Project Management, Visioning, and Strategic Planning.
- Teach Business, Management, Computer Repair, Networking, and Linux courses to undergraduate associates degree students.

### Associate Dean | Kirkwood Community College

Jul 2016 – Nov 2020

- Led a team of 30 direct report faculty teaching undergraduate Business and IT courses.
- Aided in the development of curriculum through validation of industry standards,
   employer focus groups, and through consultation with faculty and peer institutions.
- Served on a State of Iowa committee to identify credentialing, engagement, and standards for all K-12 and community college students in the state.
- Resolved over 90% of student complaints as the first point of contact for issues originating
  within the department. Mediated between parties and provided resources and overview of
  student and employee rights processes.
- Responsible for ensuring that departmental, institution, and legal mandates were properly followed and executed.

## Faculty Computer Information Technology | Ferris State University Aug 2011 – Aug 2016

- Taught Security, System Administration, Network, and Security Courses.
- Was an early adopter in moving all student coursework to AWS & Azure beginning FY 2012.
- Co-led a \$150,000 blue-sky think tank initiative for cross campus innovation which established new curriculum such as additive engineering and genetics.

### Faculty, Network Administration | Alpena Community College

Aug 2008 – Aug 2011

- Instructed students in computer networking, cybersecurity, server administration, and public cloud courses.
- Responsible for student advising, curriculum development, creating articulation agreements, and aiding in career placement activities.
- Responsible for managing assessment data, program budget, and outcomes reporting.

## IT Manager and Consultant | Various Organizations

Aug 1998 – Jan 2008

- Was an IT Manager in the financial sector and at a government funded non-profit.
- Built a technology consulting company to over 200 clients with four full-time employees.
- Reconciled and consolidated Microsoft Licensing for a Fortune 1000 organization which had acquired three different organizations, brought this under one master license, improving cost and ease of administration.

#### Education

**Dakota State University**, Master's, Cyber Defense **Ferris State University,** Master's, Information Systems Management **Davenport University,** Bachelor of Business Administration

Anticipated Aug 2025

Valid: Jan 2008 - Jan 2026

Valid: May 2011 - Dec 2024

Valid: Aug 2024 - Aug 2027

Valid: Dec 2010 | Dec 2025

Valid: Jun 2024 - Aug 2027

Valid: Aug 2023

**Professional Certifications** 

ISC(2), CISSP #121421
ISACA, CISA #1192512
GIAC, SSAP
PMI, PMP #1377690
Prosci, Certified Change Practitioner
SHRM, SHRM-CP

# **Publications**

Provisional Patent: Detection of Computer Encryption Processes	Filed: Jun 2024
Microsoft Press Network+ Training Kit, Technical Editor	Dec 2012
Confidential, PMP Exam Prep, Exam Bank Author	Dec 2019
Sybex PMP Review Guide, Technical Editor	Apr 2016
Microsoft Press PMP Rapid Review, Technical Editor	Aug 2013
Microsoft Press PMP Training Kit, Technical Editor	Jul 2013

# **Selected as SANS Institute facilitator:**

LDR433: Managing Human Risk with Lance Spitzner, Norfolk, VA	Jul 2024
SANS Security Awareness: Managing Human Risk Summit, Norfolk, VA	Aug 2024

# Membership:

FBI Infragard Program, Member	Aug 2012- Current
ISC(2), Member	Sep 2007 - Current
ISACA, Member	Aug 2010 - Current
AICPA, Member	Aug 2024 – Current
SecMidwest, Member	Oct 2020 – Current