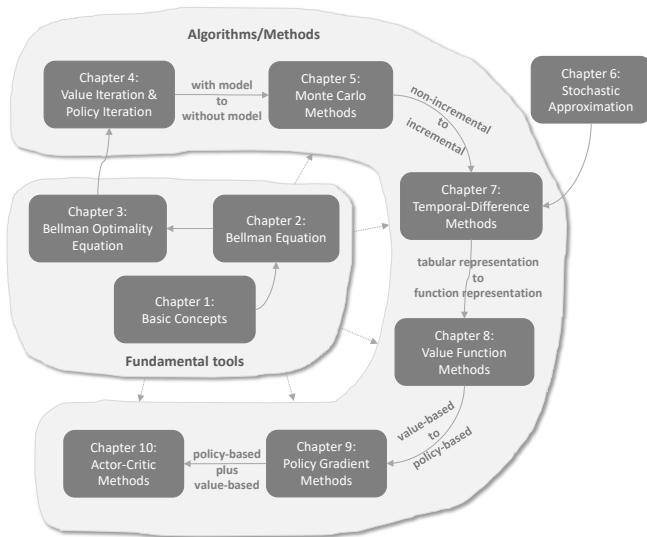


## Lecture 9: Policy Gradient Methods

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# Outline



In this lecture, we will move

- from value-based methods to policy-based methods
- from value function methods to policy function methods (or called policy gradient methods)

- 1 Basic idea of policy gradient
- 2 Metrics to define optimal policies
  - Metric 1: Average value
  - Metric 2: Average reward
  - Summary of the two metrics
- 3 Gradients of the metrics
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# Basic idea of policy gradient

Previously, policies have been represented by tables:

- The action probabilities of all states are stored in a table  $\pi(a|s)$ . Each entry of the table is indexed by a state and an action.

|          | $a_1$          | $a_2$          | $a_3$          | $a_4$          | $a_5$          |
|----------|----------------|----------------|----------------|----------------|----------------|
| $s_1$    | $\pi(a_1 s_1)$ | $\pi(a_2 s_1)$ | $\pi(a_3 s_1)$ | $\pi(a_4 s_1)$ | $\pi(a_5 s_1)$ |
| $\vdots$ | $\vdots$       | $\vdots$       | $\vdots$       | $\vdots$       | $\vdots$       |
| $s_9$    | $\pi(a_1 s_9)$ | $\pi(a_2 s_9)$ | $\pi(a_3 s_9)$ | $\pi(a_4 s_9)$ | $\pi(a_5 s_9)$ |

Now, policies can be represented by parameterized functions:

$$\pi(a|s, \theta)$$

where  $\theta \in \mathbb{R}^m$  is a parameter vector.

- The function can be, for example, a neural network, whose input is  $s$ , output is the probability to take each action, and parameter is  $\theta$ .
- **Advantage:** when the state space is large, the tabular representation will be of low efficiency in terms of storage and generalization.
- The function representation is also sometimes written as  $\pi(a, s, \theta)$ ,  $\pi_\theta(a|s)$ , or  $\pi_\theta(a, s)$ .

## Differences between tabular and function representations:

- First, how to define optimal policies?
  - In the tabular case, a policy  $\pi$  is optimal *if it can maximize every state value.*
  - In the function case, a policy  $\pi$  is optimal *if it can maximize certain scalar metrics.*



## Differences between tabular and function representations:

- Second, how to access the probability of an action?
  - In the tabular case, the probability of taking  $a$  at  $s$  can be directly accessed by looking up the tabular policy.
  - In the function case, we need to calculate the value of  $\pi(a|s, \theta)$  given the function structure and the parameter.

## Differences between tabular and function representations:

- Third, how to update policies?
  - In the tabular case, a policy  $\pi$  can be updated by directly changing the entries in the table.
  - In the function case, a policy  $\pi$  cannot be updated in this way anymore. Instead, it can only be updated by changing *the parameter  $\theta$* .

# Basic idea of policy gradient

The basic idea of the policy gradient is simple:

- First, metrics (or objective functions) to define optimal policies:  $J(\theta)$ , which can define optimal policies.
- Second, gradient-based optimization algorithms to search for optimal policies:

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} J(\theta_t)$$

Although the idea is simple, the complication emerges when we try to answer the following questions.

- What appropriate metrics should be used?
- How to calculate the gradients of the metrics?

These questions will be answered in detail in this lecture.

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## Metric 1: average value

The first metric is the **average state value** or simply called **average value**:

$$\bar{v}_\pi = \sum_{s \in \mathcal{S}} d(s) v_\pi(s)$$

- $\bar{v}_\pi$  is a weighted average of the state values.
- $d(s) \geq 0$  is the weight for state  $s$ .

Since  $\sum_{s \in \mathcal{S}} d(s) = 1$ , we can interpret  $d(s)$  as a **probability distribution**. Then, the metric can be written as

$$\bar{v}_\pi = \mathbb{E}_{S \sim d}[v_\pi(S)]$$

# Metric 1: average value

**How to select the distribution  $d$ ? There are two cases.**

**Case 1:  $d$  is independent of the policy  $\pi$ .**

- This case is relatively simple because the gradient of the metric is easier to calculate:  $\nabla_{\theta} \bar{v}_{\pi} = d^T \nabla_{\theta} v_{\pi}$
- In this case, we specifically denote  $d$  as  $d_0$  and  $\bar{v}_{\pi}$  as  $\bar{v}_{\pi}^0$ .

How to select  $d_0$ ?

- One trivial way is to treat all the states **equally important** and hence select  $d_0(s) = 1/|\mathcal{S}|$ .
- Another important case is that we are only interested in **a specific state**  $s_0$ . For example, the episodes in some tasks always start from the same state  $s_0$ . Then, we only care about the long-term return starting from  $s_0$ . In this case,

$$d_0(s_0) = 1, \quad d_0(s \neq s_0) = 0$$

In this case,  $\bar{v}_{\pi} = v_{\pi}(s_0)$

**How to select the distribution  $d$ ? There are two cases.**

Case 2:  $d$  depends on the policy  $\pi$ .

- A common way is to select  $d$  as  $d_\pi(s)$ , which is the stationary distribution under  $\pi$ . Details of stationary distribution can be found in the last lecture and the book.
- The interpretation of selecting  $d_\pi$  is as follows.
  - $d_\pi$  reflects the long-run behavior of the Markov decision process under a given policy  $\pi$ .
  - If one state is frequently visited in the long run, it is more important and deserves more weight.
  - If a state is hardly visited, then we give it less weight.



## Metric 1: average value

### An important equivalent expression:

You will see the following metric often in the literature:

$$J(\theta) = \lim_{n \rightarrow \infty} \mathbb{E} \left[ \sum_{t=0}^n \gamma^t R_{t+1} \right] = \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t R_{t+1} \right].$$

Question: What is its relationship to the metric we introduced just now?

Answer: **They are the same.** That is because

$$\begin{aligned} J(\theta) &= \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t R_{t+1} \right] = \sum_{s \in \mathcal{S}} d(s) \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t R_{t+1} | S_0 = s \right] \\ &= \sum_{s \in \mathcal{S}} d(s) v_{\pi}(s) \\ &= \bar{v}_{\pi} \end{aligned}$$

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## Metric 2: average reward

The second metric is **average one-step reward** or simply **average reward**:

$$\bar{r}_\pi \doteq \sum_{s \in \mathcal{S}} d_\pi(s) r_\pi(s) = \mathbb{E}[r_\pi(S)],$$

where  $S \sim d_\pi$ ,

$$r_\pi(s) = \sum_{a \in \mathcal{A}} \pi(a|s) r(s, a)$$

$$r(s, a) = \mathbb{E}[R|s, a] = \sum_r rp(r|s, a)$$

Remarks:

- $\bar{r}_\pi$  is simply a weighted average of immediate rewards.
- $r_\pi(s)$  is the average immediate reward that can be obtained from  $s$ .
- $d_\pi$  is the stationary distribution.

### An important equivalent expression:

- Suppose an agent follows a given policy and generate a trajectory with the rewards as  $(R_1, R_2, \dots)$ .
- The average single-step reward along this trajectory is

$$\begin{aligned} & \lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E} [R_1 + R_2 + \dots + R_n | S_0 = s_0] \\ &= \lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right] \end{aligned}$$

where  $s_0$  is the starting state of the trajectory.

An important fact is that

$$\begin{aligned}\lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} | S_0 = s_0 \right] &= \lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E} \left[ \sum_{t=0}^{n-1} R_{t+1} \right] \\ &= \sum_s d_\pi(s) r_\pi(s) \\ &= \bar{r}_\pi\end{aligned}$$

Remarks:

- Highlight: the starting state  $s_0$  does not matter.
- The derivation of the equation is nontrivial and can be found in my book.

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## Summary of the two metrics

| Metric        | Expression 1                                 | Expression 2                          | Expression 3   |
|---------------|--|---------------------------------------|--|
| $\bar{v}_\pi$ | $\sum_{s \in \mathcal{S}} d(s) v_\pi(s)$     | $\mathbb{E}_{S \sim d}[v_\pi(S)]$     | $\lim_{n \rightarrow \infty} \mathbb{E}[\sum_{t=0}^n \gamma^t R_{t+1}]$        |
| $\bar{r}_\pi$ | $\sum_{s \in \mathcal{S}} d_\pi(s) r_\pi(s)$ | $\mathbb{E}_{S \sim d_\pi}[r_\pi(S)]$ | $\lim_{n \rightarrow \infty} \frac{1}{n} \mathbb{E}[\sum_{t=0}^{n-1} R_{t+1}]$ |

**Table:** Summary of the different but equivalent expressions of  $\bar{v}_\pi$  and  $\bar{r}_\pi$ .

## Remark 1 about the metrics:

- All these metrics are functions of  $\pi$ .
- Since  $\pi$  is parameterized by  $\theta$ , these metrics are functions of  $\theta$ .
- In other words, different values of  $\theta$  can generate different metric values.

Therefore, we can search for the optimal values of  $\theta$  to maximize these metrics.  
This is the basic idea of policy gradient methods.



### Remark 2 about the metrics:

- One complication is that the metrics can be defined in either the **discounted case** where  $\gamma \in (0, 1)$  or the **undiscounted case** where  $\gamma = 1$ .
- The undiscounted case is nontrivial.
- We only consider the discounted case so far in this book. For details about the undiscounted case, see the book.

### Remark 3 about the metrics:

- What is the relationship between  $\bar{r}_\pi$  and  $\bar{v}_\pi$ ?
- The two metrics are **equivalent** (not equal) to each other. Specifically, in the discounted case where  $\gamma < 1$ , it holds that

$$\bar{r}_\pi = (1 - \gamma)\bar{v}_\pi.$$

Therefore, they can be **maximized simultaneously**. See the proof in the book.

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Given a metric, we next

- derive its gradient
- and then, apply gradient-based methods to optimize the metric.

The gradient calculation is one of **the most complicated parts** of policy gradient methods! That is because

- first, we need to **distinguish different metrics**  $\bar{v}_\pi$ ,  $\bar{r}_\pi$ ,  $\bar{v}_\pi^0$
- second, we need to **distinguish discounted and undiscounted cases**.

I simply give the expression of the gradient without proof:

$$\nabla_{\theta} J(\theta) = \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a)$$

The above is a **unified expression of many cases**:

- $J(\theta)$  can be  $\bar{v}_{\pi}$ ,  $\bar{r}_{\pi}$ , or  $\bar{v}_{\pi}^0$ .
- “=” may denote strict equality, approximation, or proportional to.
- $\eta$  is a distribution or weight of the states.

The derivation of this expression is **very complex**.

Details are not given here. Interested readers can read my book.

For most readers, it is sufficient to know this expression.

**A compact and important expression of the gradient:**

$$\begin{aligned}\nabla_{\theta} J(\theta) &= \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a) \\ &= \mathbb{E}_{S \sim \eta, A \sim \pi} [\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A)]\end{aligned}$$

---

**First, why is this expression useful?**

- Because we can use samples to approximate the gradient:

$$\nabla_{\theta} J \approx \nabla_{\theta} \ln \pi(a|s, \theta) q_{\pi}(s, a)$$

where  $s, a$  are samples. This is the idea of stochastic gradient descent.

**A compact and important expression of the gradient:**

$$\begin{aligned}\nabla_{\theta} J(\theta) &= \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a) \\ &= \mathbb{E}_{S \sim \eta, A \sim \pi} [\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A)]\end{aligned}$$

---

**Second, how to prove the above equation?**

Proof: Consider the function  $\ln \pi$  where  $\ln$  is the natural logarithm. It is easy to see that

$$\nabla_{\theta} \ln \pi(a|s, \theta) = \frac{\nabla_{\theta} \pi(a|s, \theta)}{\pi(a|s, \theta)}$$

and hence

$$\nabla_{\theta} \pi(a|s, \theta) = \pi(a|s, \theta) \nabla_{\theta} \ln \pi(a|s, \theta).$$

**A compact and important expression of the gradient:**

$$\begin{aligned}\nabla_{\theta} J(\theta) &= \sum_{s \in \mathcal{S}} \eta(s) \sum_{a \in \mathcal{A}} \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a) \\ &= \mathbb{E}_{S \sim \eta, A \sim \pi} [\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A)]\end{aligned}$$

---

Proof (continued): Then, we have

$$\begin{aligned}\nabla_{\theta} J &= \sum_s \eta(s) \sum_a \nabla_{\theta} \pi(a|s, \theta) q_{\pi}(s, a) \\ &= \sum_s \eta(s) \sum_a \pi(a|s, \theta) \nabla_{\theta} \ln \pi(a|s, \theta) q_{\pi}(s, a) \\ &= \mathbb{E}_{S \sim \eta} \left[ \sum_a \pi(a|S, \theta) \nabla_{\theta} \ln \pi(a|S, \theta) q_{\pi}(S, a) \right] \\ &= \mathbb{E}_{S \sim \eta, A \sim \pi} [\nabla_{\theta} \ln \pi(A|S, \theta) q_{\pi}(S, A)]\end{aligned}$$



**Remarks:** It is required by  $\ln \pi(a|s, \theta)$  that for any  $s, a, \theta$

$$\pi(a|s, \theta) > 0$$

- This can be achieved by using **softmax functions** that can normalize the entries in a vector from  $(-\infty, +\infty)$  to  $(0, 1)$ .
  - For example, for any vector  $x = [x_1, \dots, x_n]^T$ ,

$$z_i = \frac{e^{x_i}}{\sum_{j=1}^n e^{x_j}}$$

where  $z_i \in (0, 1)$  and  $\sum_{i=1}^n z_i = 1$ .

- Specifically, the policy function has the form of

$$\pi(a|s, \theta) = \frac{e^{h(s, a, \theta)}}{\sum_{a' \in \mathcal{A}} e^{h(s, a', \theta)}}$$

where  $h(s, a, \theta)$  is another function to be learned.

## Remarks:

- Such a form based on the softmax function can be realized by a neural network whose input is  $s$  and parameter is  $\theta$ . The network has  $|\mathcal{A}|$  outputs, each of which corresponds to  $\pi(a|s, \theta)$  for an action  $a$ . The activation function of the output layer should be softmax.
- Since  $\pi(a|s, \theta) > 0$  for all  $a$ , the parameterized policy is **stochastic** and hence **exploratory**.
  - There also exist **deterministic** policy gradient (DPG) methods. We will study in the next lecture.

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Now, we present [the first policy gradient algorithm](#) to find optimal policies!

1) The gradient-ascent algorithm maximizing  $J(\theta)$  is

$$\begin{aligned}\theta_{t+1} &= \theta_t + \alpha \nabla_{\theta} J(\theta_t) \\ &= \theta_t + \alpha \mathbb{E} \left[ \nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \right]\end{aligned}$$

2) Since the true gradient is unknown, we can replace it by a stochastic one:

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t|s_t, \theta_t) q_{\pi}(s_t, a_t)$$

3) Furthermore, since  $q_{\pi}$  is unknown, it can be replaced by an estimate:

$$\theta_{t+1} = \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t|s_t, \theta_t) \hat{q}_t(s_t, a_t)$$

# Gradient-ascent algorithm

- If  $q_\pi(s_t, a_t)$  is estimated by Monte Carlo estimation, the algorithm has a specific name, **REINFORCE**.
- REINFORCE is one of the earliest and simplest policy gradient algorithms.
- Many other policy gradient algorithms such as the actor-critic methods can be obtained by extending REINFORCE (next lecture).

## Pseudocode: Policy Gradient by Monte Carlo (REINFORCE)

**Initialization:** Initial parameter  $\theta$ ;  $\gamma \in (0, 1)$ ;  $\alpha > 0$ .

**Goal:** Learn an optimal policy to maximize  $J(\theta)$ .

For each episode, do

    Generate an episode  $\{s_0, a_0, r_1, \dots, s_{T-1}, a_{T-1}, r_T\}$  following  $\pi(\theta)$ .

    For  $t = 0, 1, \dots, T - 1$ :

*Value update:*  $q_t(s_t, a_t) = \sum_{k=t+1}^T \gamma^{k-t-1} r_k$

*Policy update:*  $\theta \leftarrow \theta + \alpha \nabla_\theta \ln \pi(a_t | s_t, \theta) q_t(s_t, a_t)$

## Remark 1: How to do sampling?

$$\mathbb{E}_{S \sim \eta, A \sim \pi} \left[ \nabla_{\theta} \ln \pi(A|S, \theta_t) q_{\pi}(S, A) \right] \longrightarrow \nabla_{\theta} \ln \pi(a|s, \theta_t) q_{\pi}(s, a)$$

- How to sample  $S$ ?
  - $S \sim \eta$ , where the distribution  $\eta$  is a long-run behavior under  $\pi$ .
  - In practice, people usually do not care about it.
- How to sample  $A$ ?
  - $A \sim \pi(A|S, \theta)$ . Hence,  $a_t$  should be sampled following  $\pi(\theta_t)$  at  $s_t$ .
  - Therefore, **policy gradient methods are on-policy**.

## Remark 2: How to interpret this algorithm?

Since

$$\nabla_{\theta} \ln \pi(a_t | s_t, \theta_t) = \frac{\nabla_{\theta} \pi(a_t | s_t, \theta_t)}{\pi(a_t | s_t, \theta_t)}$$

the algorithm can be rewritten as

$$\begin{aligned}\theta_{t+1} &= \theta_t + \alpha \nabla_{\theta} \ln \pi(a_t | s_t, \theta_t) q_t(s_t, a_t) \\ &= \theta_t + \alpha \underbrace{\left( \frac{q_t(s_t, a_t)}{\pi(a_t | s_t, \theta_t)} \right)}_{\beta_t} \nabla_{\theta} \pi(a_t | s_t, \theta_t).\end{aligned}$$

Therefore, we have the important expression of the algorithm:

$$\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_{\theta} \pi(a_t | s_t, \theta_t)$$

The interpretation of

$$\theta_{t+1} = \theta_t + \alpha \beta_t \nabla_{\theta} \pi(a_t | s_t, \theta_t)$$

is as follows. Suppose that  $\alpha$  is sufficiently small.

**Interpretation:**

- If  $\beta_t > 0$ , the probability of choosing  $(s_t, a_t)$  is increased:

$$\pi(a_t | s_t, \theta_{t+1}) > \pi(a_t | s_t, \theta_t)$$

- If  $\beta_t < 0$ , the probability of choosing  $(s_t, a_t)$  is lower:

$$\pi(a_t | s_t, \theta_{t+1}) < \pi(a_t | s_t, \theta_t)$$

**Math:** When  $\theta_{t+1} - \theta_t$  is sufficiently small, the definition of differential implies

$$\begin{aligned}\pi(a_t | s_t, \theta_{t+1}) &\approx \pi(a_t | s_t, \theta_t) + (\nabla_{\theta} \pi(a_t | s_t, \theta_t))^T (\theta_{t+1} - \theta_t) \\ &= \pi(a_t | s_t, \theta_t) + \alpha \beta_t (\nabla_{\theta} \pi(a_t | s_t, \theta_t))^T (\nabla_{\theta} \pi(a_t | s_t, \theta_t)) \\ &= \pi(a_t | s_t, \theta_t) + \alpha \beta_t \|\nabla_{\theta} \pi(a_t | s_t, \theta_t)\|^2\end{aligned}$$



$$\theta_{t+1} = \theta_t + \alpha \underbrace{\left( \frac{q_t(s_t, a_t)}{\pi(a_t|s_t, \theta_t)} \right)}_{\beta_t} \nabla_{\theta} \pi(a_t|s_t, \theta_t)$$

**Interpretation (continued):**  $\beta_t$  can balance exploration and exploitation.

The reason is as follows.

- First,  $\beta_t$  is proportional to  $q_t(s_t, a_t)$ .

$$\text{greater } q_t(s_t, a_t) \implies \text{greater } \beta_t \implies \text{greater } \pi(a_t|s_t, \theta_{t+1})$$

Therefore, the algorithm intends to exploit actions with greater values.

- Second,  $\beta_t$  is inversely proportional to  $\pi(a_t|s_t, \theta_t)$  (when  $q_t(s_t, a_t) > 0$ ).

$$\text{smaller } \pi(a_t|s_t, \theta_t) \implies \text{greater } \beta_t \implies \text{greater } \pi(a_t|s_t, \theta_{t+1})$$

Therefore, the algorithm intends to explore actions that have low probabilities.

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- A special case: REINFORCE

Next lecture: Actor-critic