

Freedom app is a productivity app that helps you to block distracting websites and other applications so you can work on your activity without distractions while the session is active.

My Blocklists

Distracting Websites

[edit name](#) [delete blacklist](#) 7 blocks

Example: cnn.com

Add site

+ Social

+ News

+ Politics

+ Shopping

+ TV/Video

+ Sports

+ Blogs

+ Games

+ Time Wasters

+ Dating

+ Gambling

+ Adult

+ Amazon

+ Apple News

+ eBay

✓ Facebook

+ Gmail

✓ Instagram

+ LinkedIn

✓ Netflix

+ NY Times

+ OkCupid

✓ Pinterest

+ Reddit

+ Slack

✓ Snapchat

+ Spotify

+ TikTok

+ Tinder

+ Tumblr

✓ Twitter

+ WhatsApp

✓ YouTube

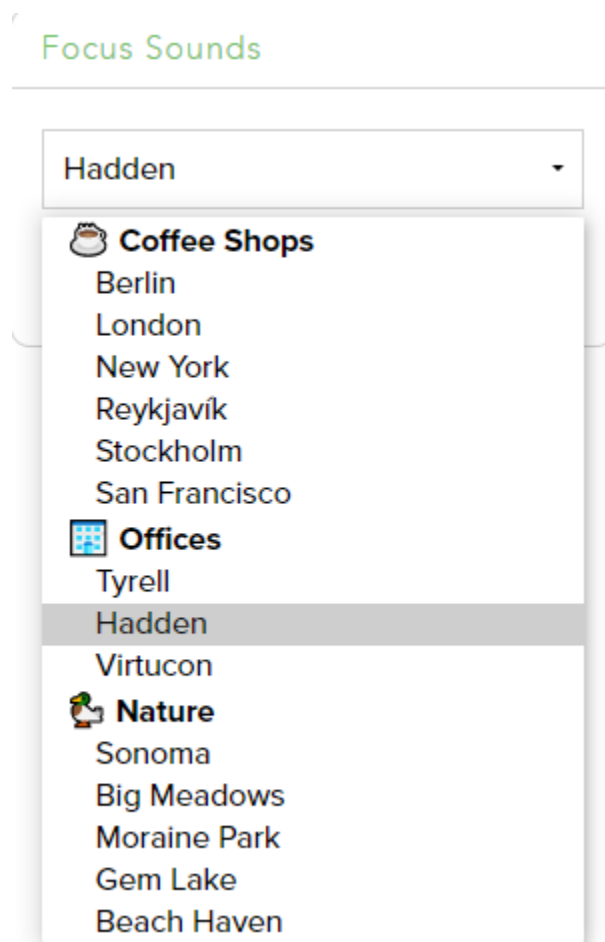
+ Add a blacklist

(Blocking websites)

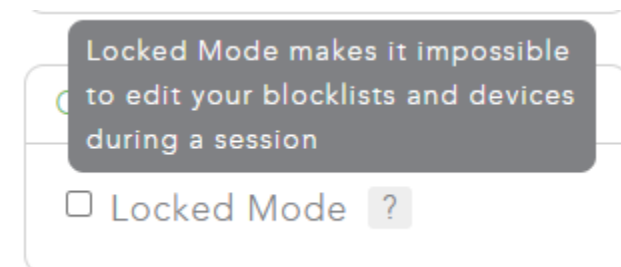
Learn more here.'. The main area contains a list of applications, each with a checkbox and an icon. The applications are arranged in three columns. The first column includes Adobe Acrobat Reader DC, Adobe RdrCEF, AdobeNotificationClient, BlueStacks 4, BlueStacks Android Host, BlueStacks Server Interface, Brother Help Application, Calendar, CCXProcess, Change settings and customize how you use your computer., Component Package Support Server, ControlCenter Main Process, ControlCenter UX System, Document1 - Word, Google Chrome, Groove Music, and InputApp. The second column includes Kaspersky Anti-Virus, Kaspersky Secure Connection, Mail, Mail and Calendar Accounts, Microsoft Edge, Microsoft Teams, Movies & TV, MySQL Notifier, Native Messaging Server for Kaspersky Password Manager browser extension, Node.js: Server-side JavaScript, nvcontainer, NVIDIA Share, NVIDIA Web Helper Service, Pentabilet Service, Photos app, Realtek Audio Console is an application controls Realtek audio settings., and Realtek HD Audio Universal Service. The third column includes Search the Internet, Skype, This is the Internet, Transporter, Volume Mixer, Windows Defender, Windows Firewall, Wondershare PDFElement, Your Phone, and Zoom Meetings. At the bottom of the window, there is a 'Save' button."/>

(Blocking applications)

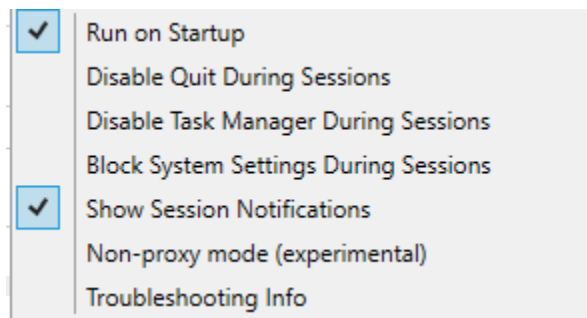
They have a feature where you can play a sound so you can immerse yourself and to help you focus. It's a personal preference. I haven't used it personally, but I think it helps some individuals to focus because it's the environment where they can really concentrate.



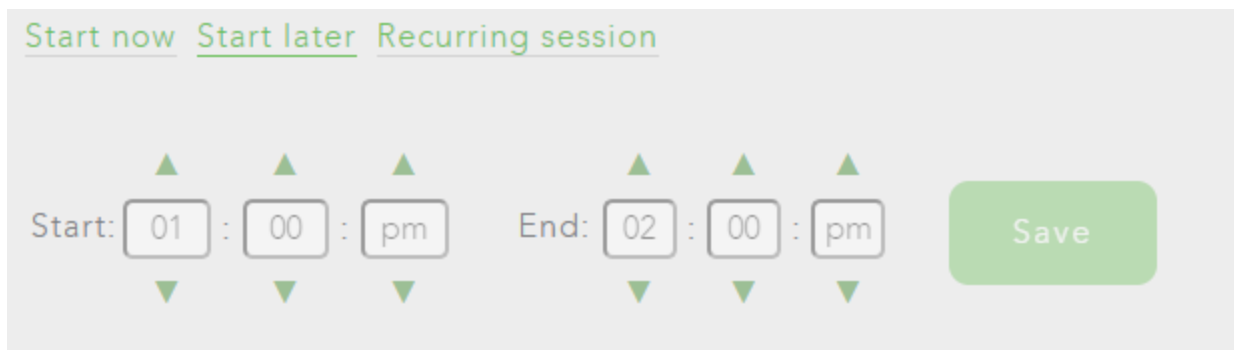
There is also a Locked mode so you can't edit your blocklists during a session. This helps you to commit to the activity you wanted to do.



This is also a good feature, so you won't be able to close Freedom while you are in a session.



This is only a feature for those who subscribed to Freedom. You can set a time when you want to start a session and how long will the session be.



You can exclude websites that are needed to accomplish your activity.

