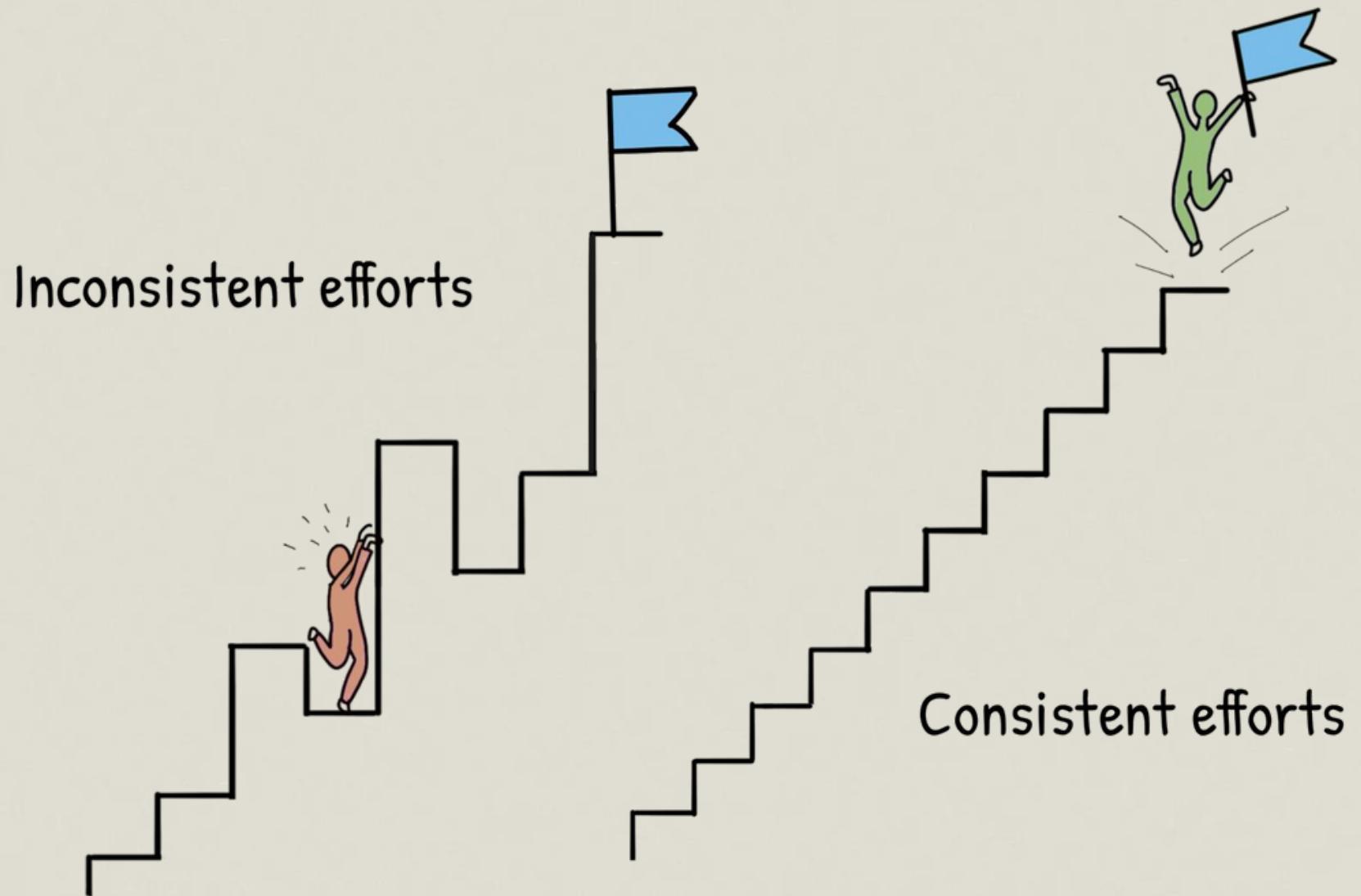


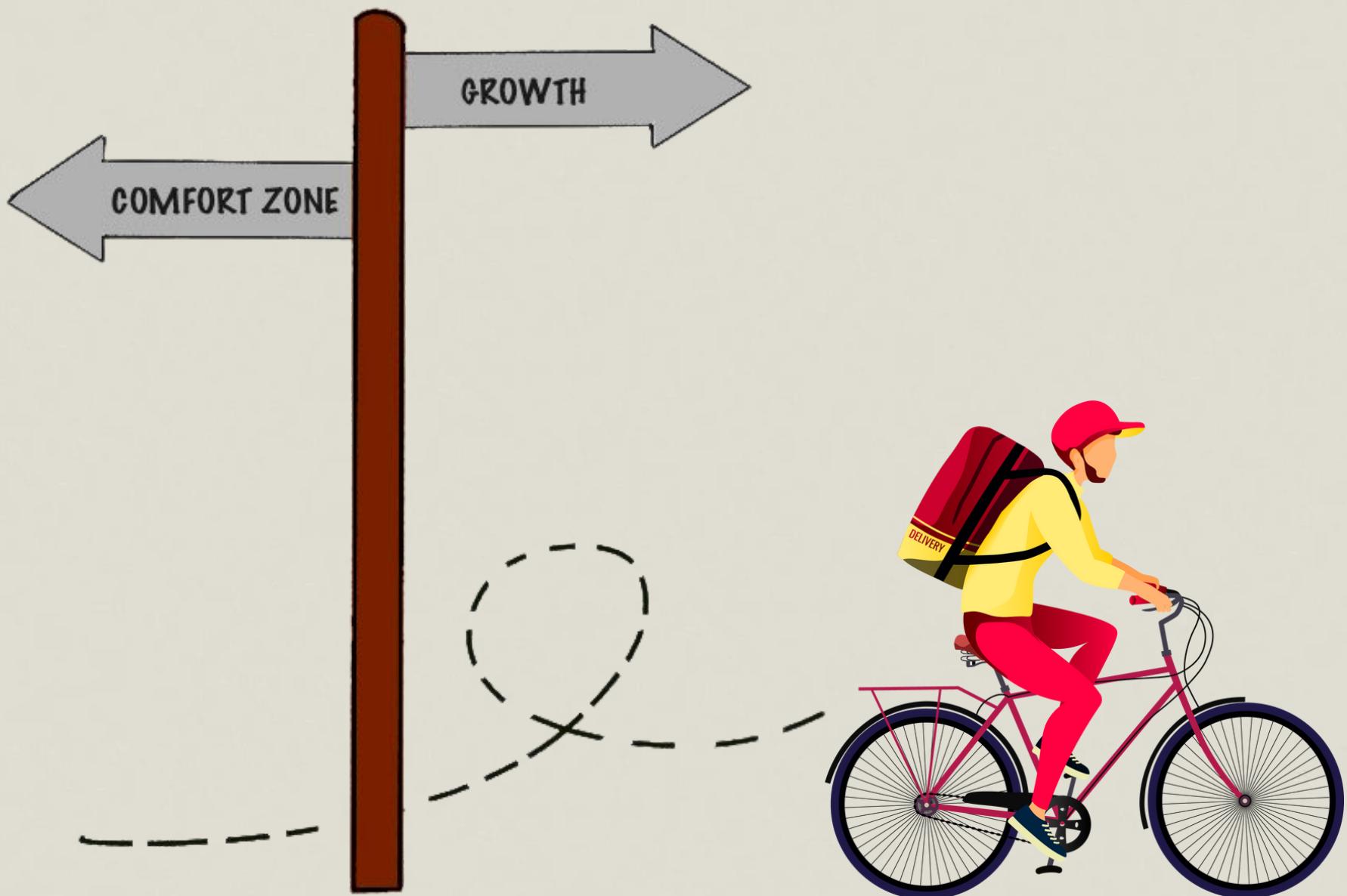
CONSISTENCY IS KEY TO SUCCESS.



Growth Mindset



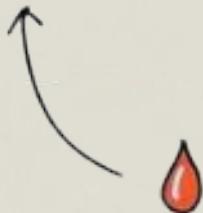
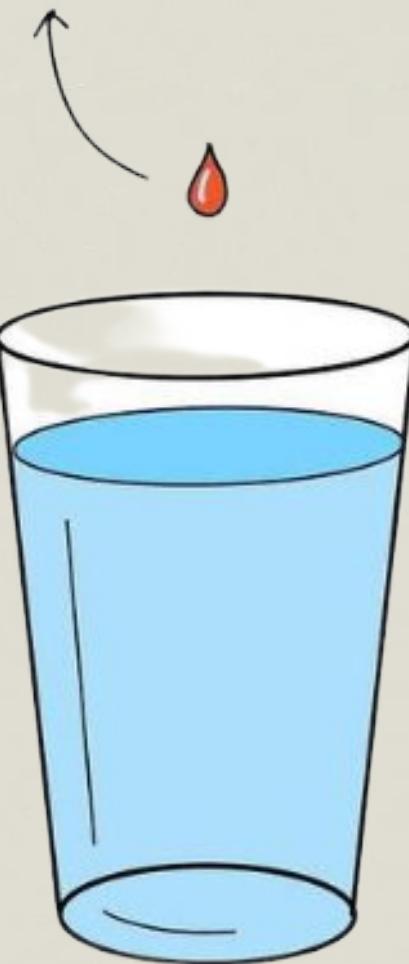
Success never happen in comfort zone.





Attention is your superpower in
this world of distraction

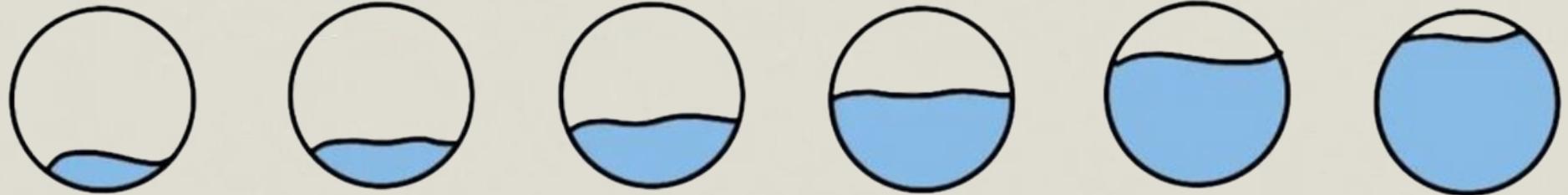
Drop of self doubt



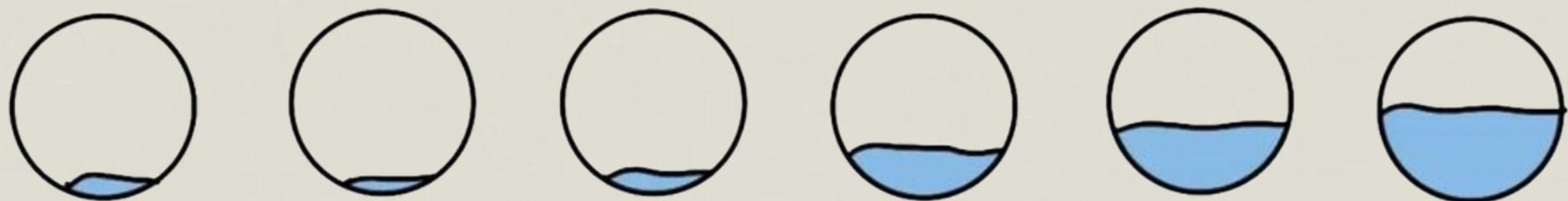
Your Confidence

A drop of ink falls into a clear glass of water and clouds the whole thing.

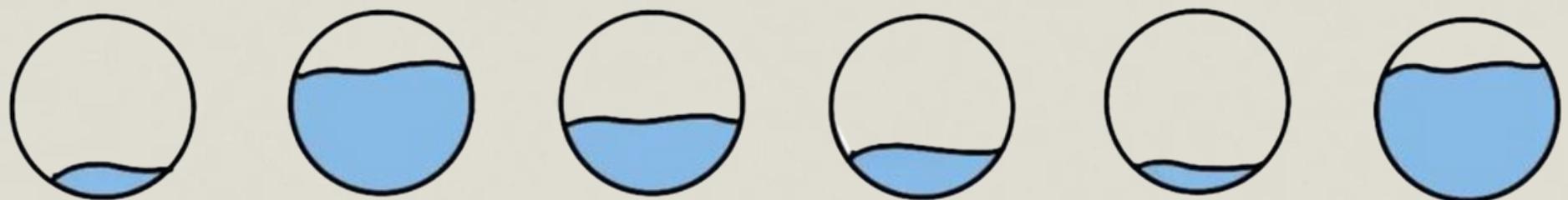
This is progress



This is also progress

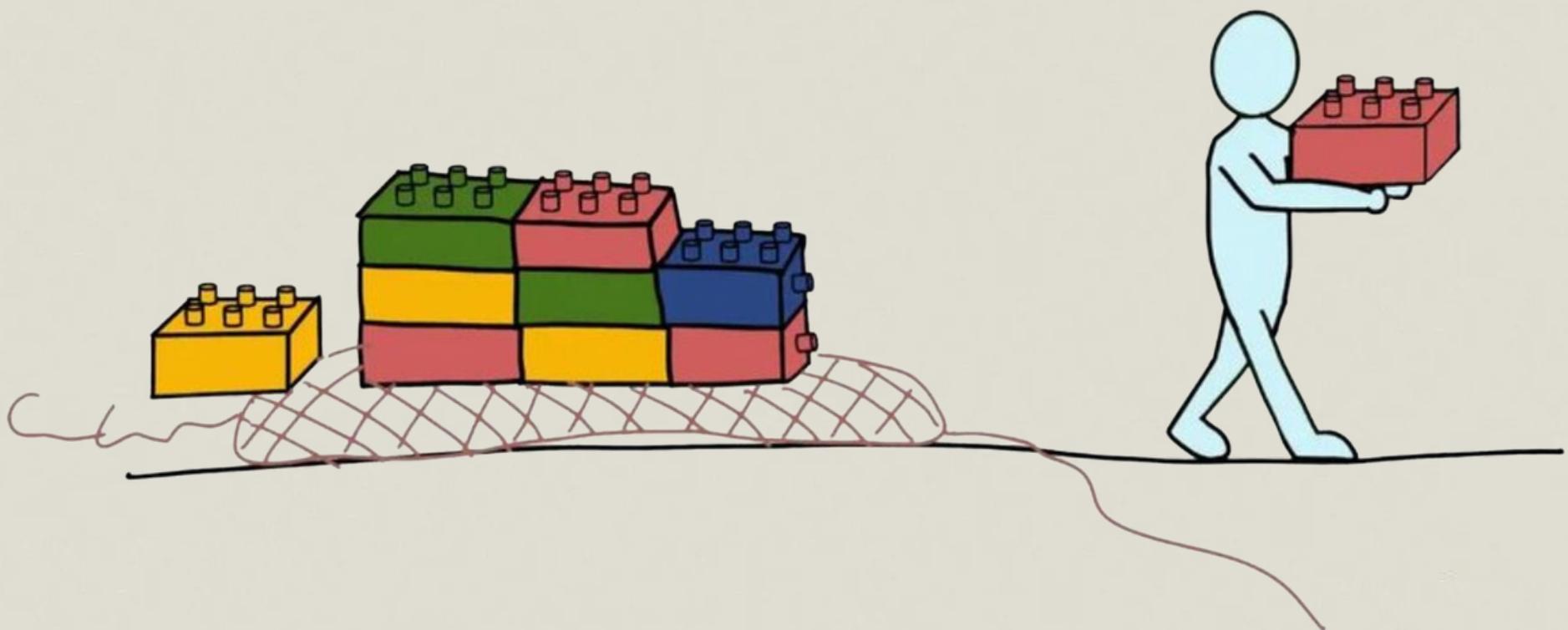


And so is this

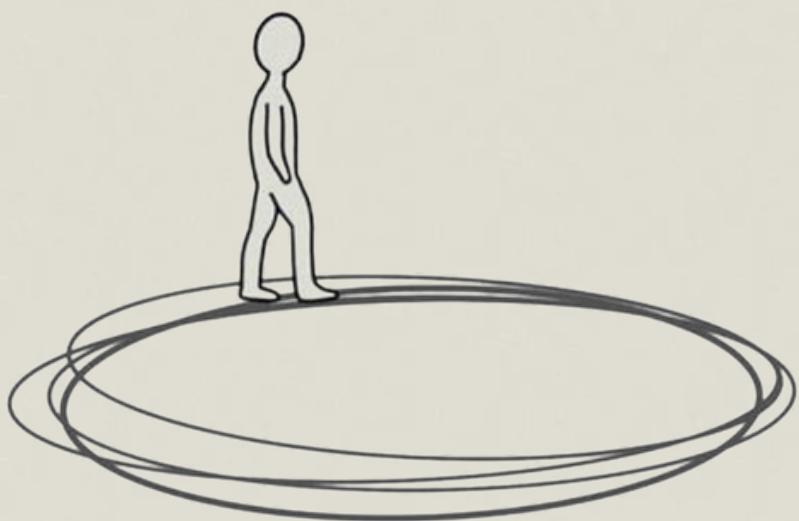




IF YOU CAN'T DO IT ALTOGETHER



IT'S OKAY TO DO ONE STEP AT A TIME

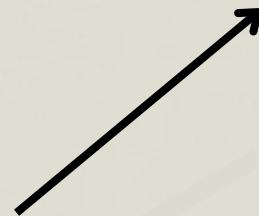
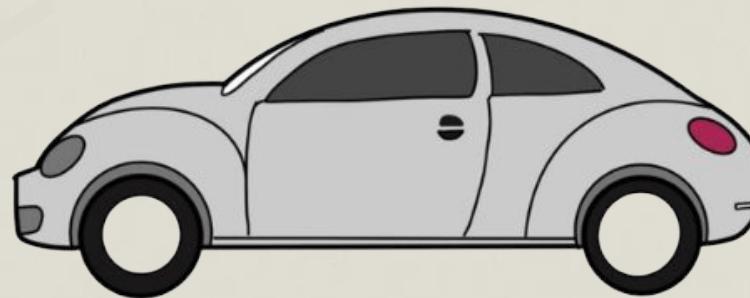
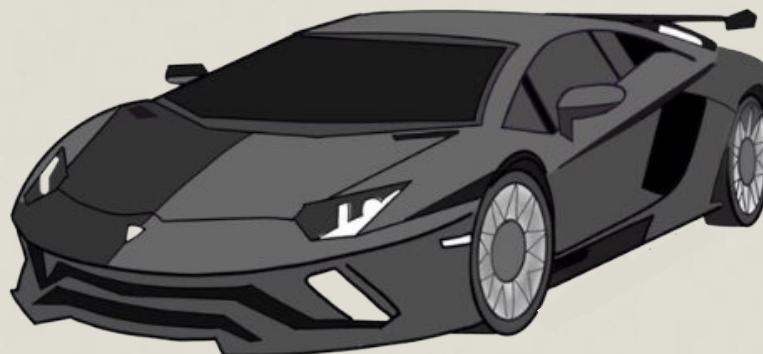
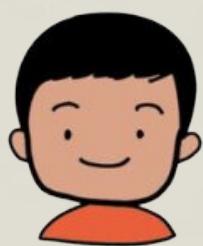
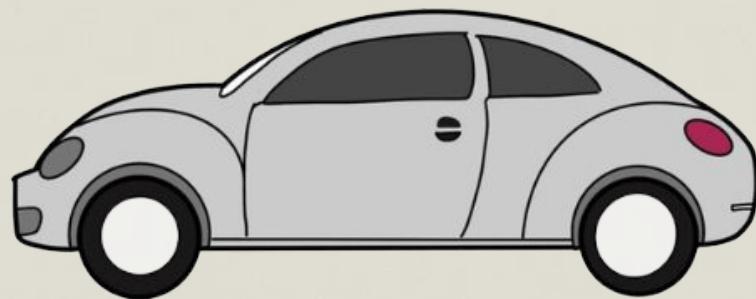
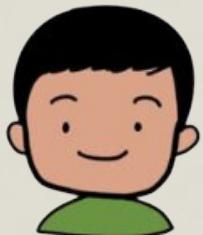


What we think our
progress looks like



How it actually is

Comparison is thief of Joy.

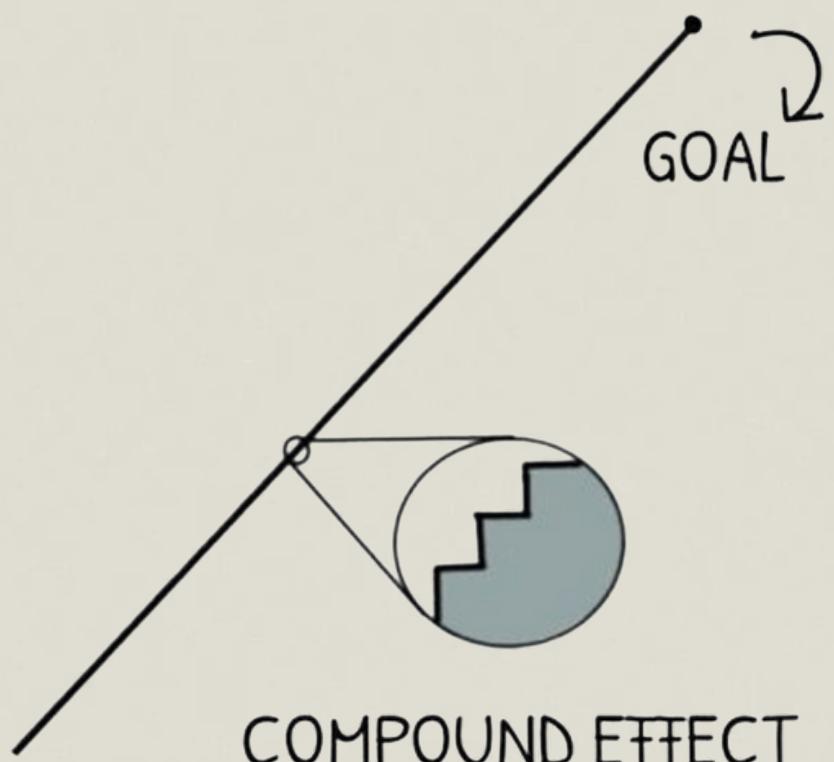


EVERYDAY



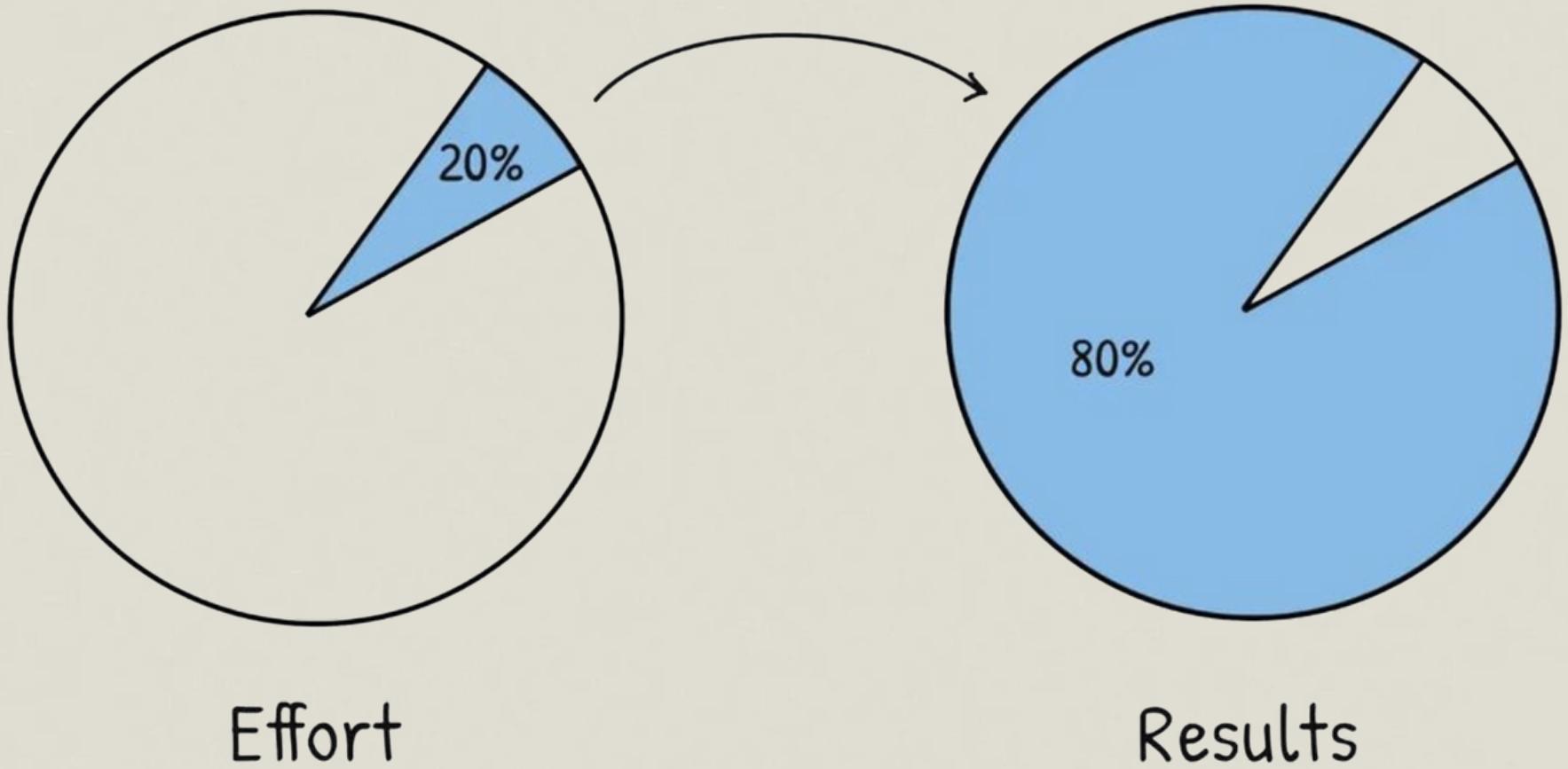
CONSISTENT EFFORT

AFTER 1 YEAR



COMPOUND EFFECT

80% of results stem from 20% of actions, Prioritise and focus on what's important.



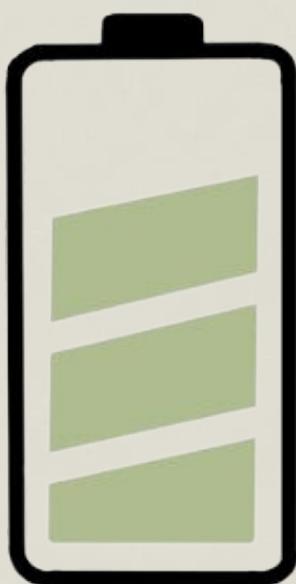


THERE IS NO PROGRESS WITHOUT STRUGGLE

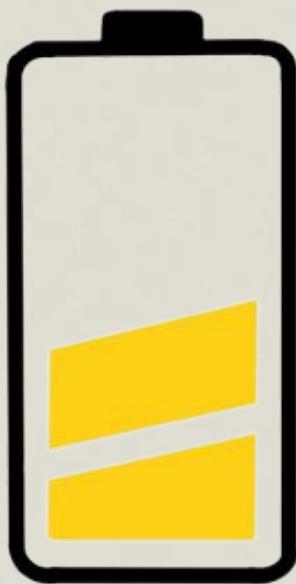
Plan to complete difficult tasks
during early hours of the day and
save the easiest ones for the end.



Morning



Afternoon



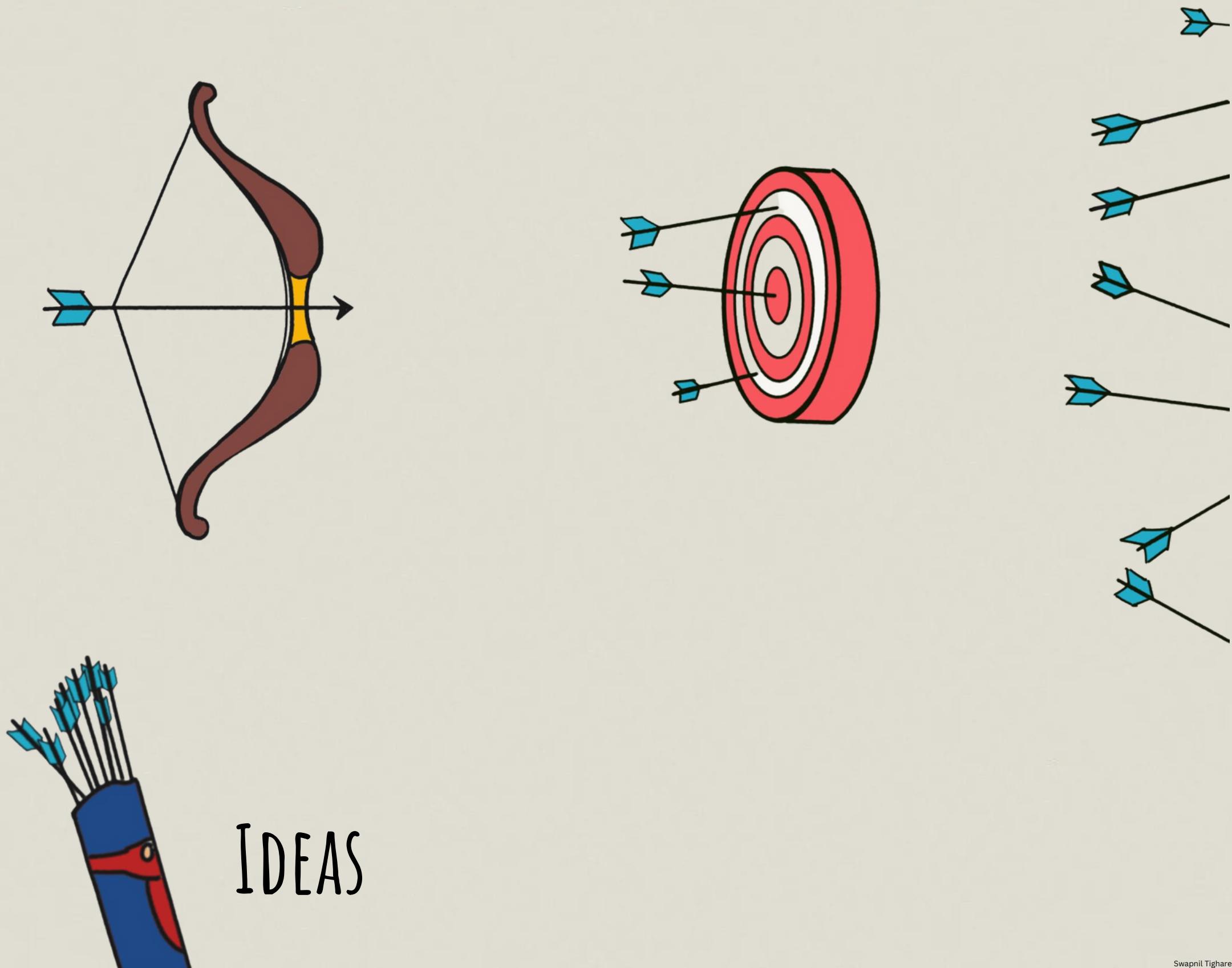
Evening

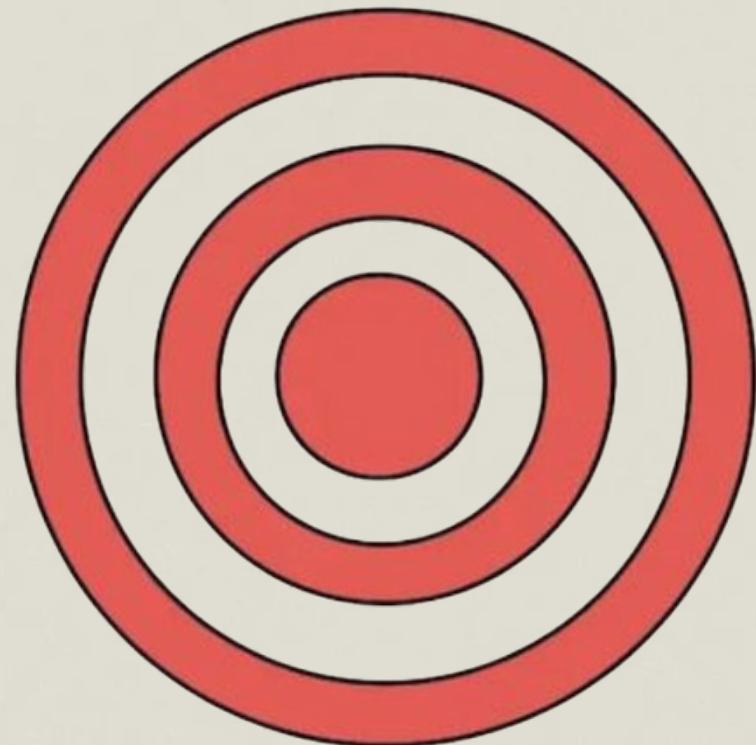


Night

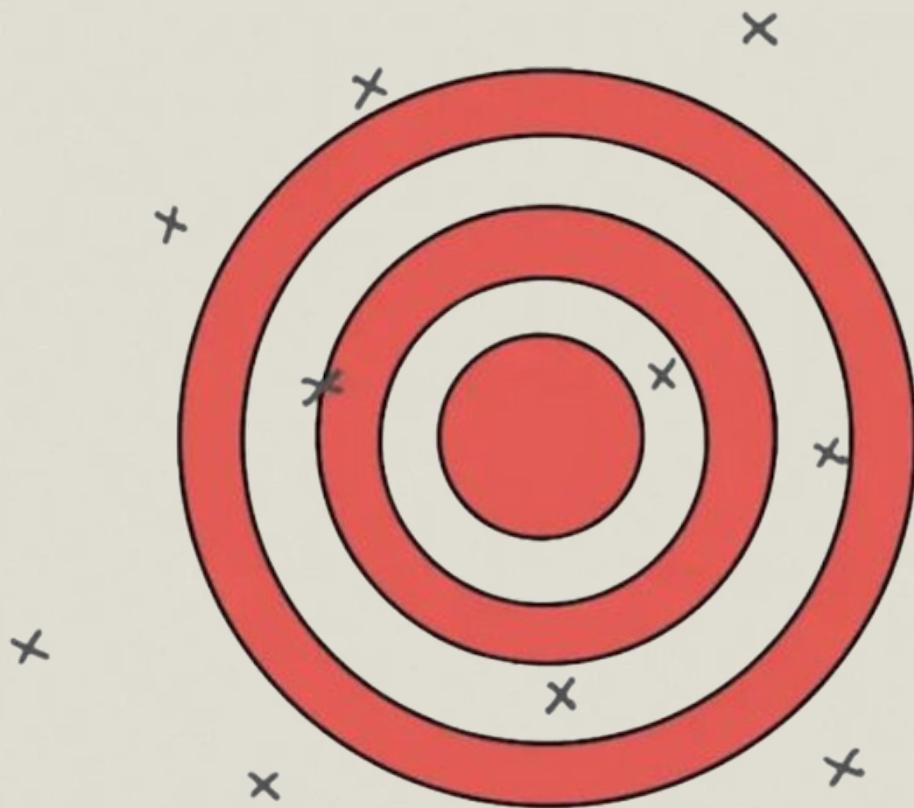
Willpower

Keep Trying





Failure



Experienced