



Secondary 4 and 5 Parent Engagement Session

18 February 2022
5:30pm – 7:00 pm



Programme Outline

Time	Activities
5:30pm	Welcome and address by Principal, Mr Sim How Chong
5:55pm	Sharing by Year Head, Ms Kang Poh Geok and HOD/CCE, Mr Tan Chee Tiong
6:30pm	Interaction with Class Mentors
7.00pm	End of Programme

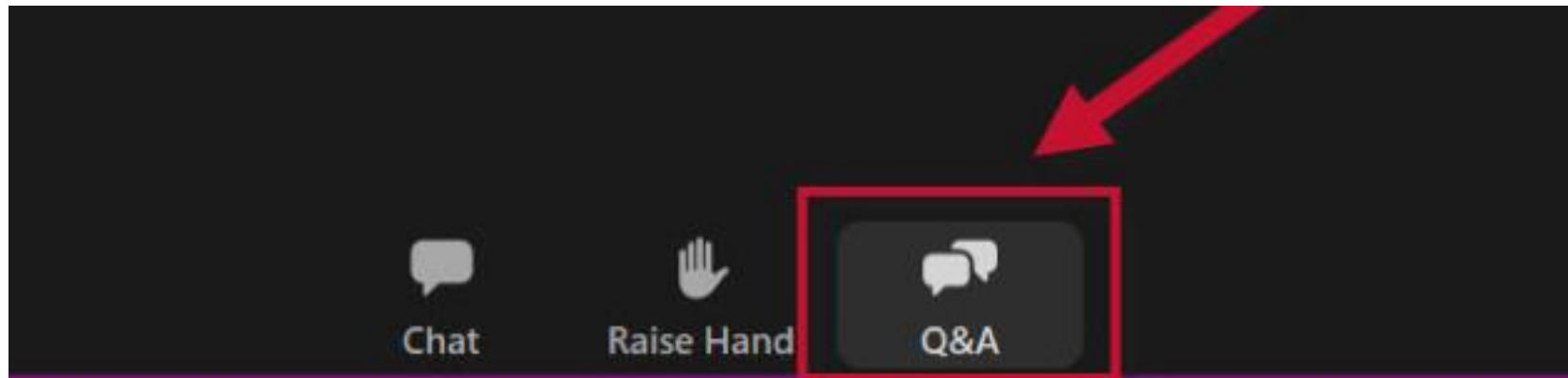


Question and Answer (Q&A)

Parents can pen your questions using the Q&A function.


Questions will be answered during the Q&A segment or via the email used for registration within 3 working days.



Queries related to Class matters can be raised during the Interaction with Class Mentor.




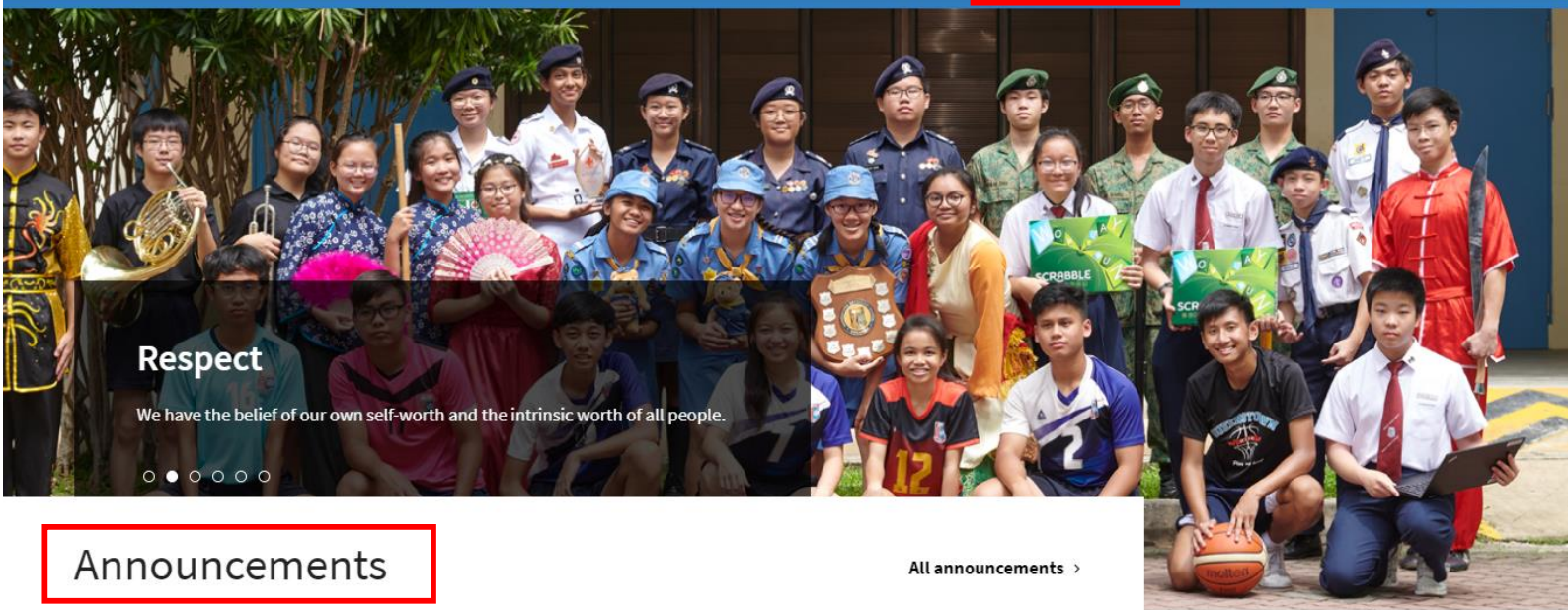
Upload of Slides on School Website

Slides shared during the webinar will be made available on school website on the next day.

**QUEENSTOWN
SECONDARY SCHOOL**

A A A Social Links  

ABOUT US | CCA | SPECIAL PROGRAMS | STUDENTS | **PARENTS** | SCHOOL LINKS 



Respect
We have the belief of our own self-worth and the intrinsic worth of all people.

● ○ ○ ○ ○

Announcements [All announcements >](#)

President's Award for Teachers 2021
Dear all, The President's Award for Teachers (PAT) 2021 gives us the opportunity to honour the achievements of our teachers who demonstrate passion and commitment in teaching their students. Let's ... [Find Out More](#)

Secondary 1 Parent Engagement Zoom Session

Events
No Upcoming Events.



Welcome and address by our Principal



Mr Sim How Chong



School Vision

Leaders for tomorrow, anchored in values,
committed to serve.

Values

Respect. Resilience. Integrity. Service. Excellence

Student Outcomes



**Reflective
Thinker**

**Confident
Advocator**

**Innovative
Creator**

**Adaptable
Collaborator**

Passionate Learner



QTSS Student Well-being Framework



SCHOOL VISION

SCHOOL APPROACH

**4 DOMAINS FOR
STUDENT WELL-BEING**

**4-FACE TIERED
SUPPORT
STRUCTURE OF
PROGRAMME
PROVISION**

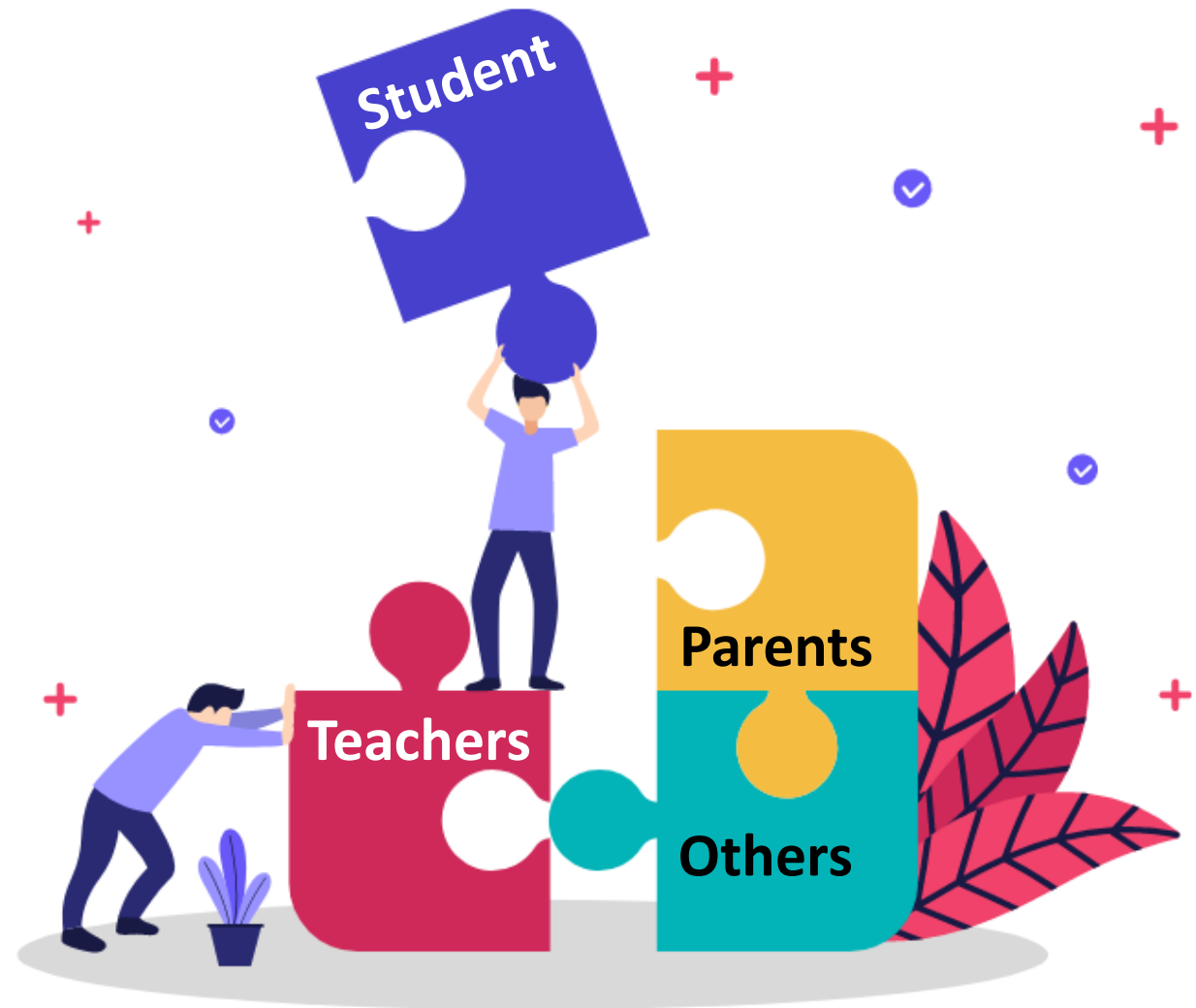
Leaders for Tomorrow. Anchored in Values. Committed to Serve.



2021 GCE N- and O-Level Examination Results

Celebrate Efforts

- Results are a culmination of years of hard work and perseverance
- No matter the outcome, we want to acknowledge and affirm that students have tried and put in their best effort.

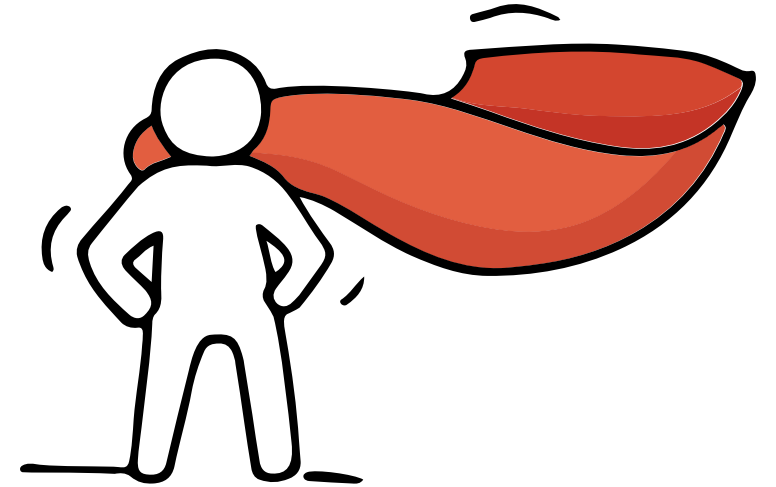


Rethinking Success



- Academic result is not the only measure of success.
- Value your child based on the level of effort put in to achieve his/her goals.
- Encourage them to focus on the learning process rather than outcome.

Many pathways and opportunities!





Our Students' *Hopes & Dreams*

Do well for GCE O or N Level Exams



**Be better version
of self**



**Choice career; financial
independence**



**Acquire new skills
and knowledge**



**Lead, serve and
inspire others**



**Better physical and
mental health**

**Maintain strong
family and social
relationships**



The duo who dared to dream – Chua Jun Hong and Wong Chee Kiat, Class of 2014



Be Mitey Clean

23 January 2022

元购买工业用深层清洁器材，例如可以消除尘螨的吸尘器，并在半年前开始提供价格相当具竞争力的家具清洗服务（一般清洁\$60起；深层清洁\$79.95起）。

创业让他们再度拉近距离，两人现在可说形影不离，友情更进一步。蔡君鎰说：“现在的关系比以前更密切了。每天一般早上8点开工，所以7点就会见面了，下班则是晚上9点左右，我和他在一起的时间比我见到女朋友的时间还多。”

黄启杰半打趣说：“过去几个月来，醒着的每一个小时都在彼此身旁，我猜想这就像结婚的感觉吧？”

最重要是沟通、透明

好友变同事，还是创业伙伴，可想而知会比经营一段友情更复杂，在工作安排上更要小心行事——黄启杰和蔡君鎰的做法是根据各自强项分工合作。

黄启杰说：“我们有个inside joke（只有我们两人知道的笑话），就是Chris是‘肌肉’（muscle），我是‘脑袋’（brains）。不过，会这么说只因他曾上过“8 Days”杂志的‘本周赤膊男’栏目。事实是，我们各有各的强项，所以日常业务多数由Chris负责，我做的主要

是后端工作，例如网站和营销，并且是上门做清洁时支援Chris。”

两人原本创办Be Mitey Clean一切大小事物，包括亲自上门清洁家具，许多顾客看到两人如此年轻都相当惊讶。但年龄和表现好坏没有关系，许多顾客不但非常满意他们的服务，还主动把Be Mitey Clean推荐给其他亲友。



蔡君鎰（左）和黄启杰是从小学到大的童年好友，现在成为并肩作战的创业伙伴，感情更进一步。

创业不到半年就建立了好口碑，两人为300多名顾客清洗了近1000件家具和家居饰品，最近还请了一名全职员工，兼职工也有四、五名，培训工作主要由蔡君鎰负责。

黄启杰说：“Chris比较擅长培训，因为我在讲解时常常会过度关注细节。正因为我们各有各的强项和弱点，所以才可以发挥互补作用，相辅相成。”

他们也达成共识：沟通一定要尽量坦诚、透明，有任何意见或想法都要好好传达给另一方，以免误会。

学习家居清洁知识

关注Be Mitey Clean的社媒账号（包括TikTok和Instagram），可以学习不少和清洗有关的知识，还能看到一些“惊悚片”，例如两年没清洗的沙发究竟藏了哪些害虫；看起来很干净的沙发，清洗后倒出来的水却是难以置信的深灰色……

黄启杰说：“让我们印象深刻的清洗工作很多，例如有一家人一直在睡的床褥已经发霉和发臭，床褥至少有95%的面积已被霉菌覆盖。我们的清洗器具更因此染上异味，即便给配件做了两个小时的消毒，隔天还是发出臭味，我们只好把那些配件丢掉。”



从事这份工作之后，他们对于清洗有了更深的认识，例如各种家具和家居饰品其实藏了不少看不见的细菌、死皮和尘螨，而且会造成皮肤过敏及鼻子不适。此外，即便床褥或沙发标上“dust mite free”（零尘螨），也不一定真的完全没有尘螨。

黄启杰说：“厂商会给家具加上防尘螨的涂层，但涂层不会一辈子都在，因为每天使用会让涂层逐渐消失。一般来说，家具用了一年之后就会累积相当多的尘螨。”

一直都有家务经验的两个男生同意，维持家具干净得耗费不少时间和精力，但这是维持家居环境整洁安全的必要步骤，“就像洗衣服一样是日常必需。”他们建议每周用吸尘器去除家具表面的灰尘，并且尽量每半年做一次深层清洗。

农历新年将至，两人想必会更加忙碌，但他们不时提醒自己：再热爱自己的工作，也要抽空陪伴家人。

黄启杰说：“如何在工作与私人时间之间取得平衡，这是我们面对的最大挑战之一。每周工作七天，每天的工作时间可能超过12小时，所以很容易被工作占据自己的全部，何况我们真的喜欢现在在做的事。不过，我们明白身边人非常重要，他们一直都是我们的精神支柱。”

- Chee Kiat graduated at Secondary 5 Normal (Academic) and went to Ngee Ann Polytechnic for his engineering diploma.
- Jun Hong graduated from 4 Normal (Technical) and went to the ITE West to study business.
- Both are childhood friends and goal driven. Due to their desire to ensure that every family has a clean home environment, they started Mitey Clean and were featured on Zao Bao on 23 January 2022.

Parents can provide high support



- P**rioritise time for our child
- A**ttend to signs of stress
- R**emind about goals and good habits
- E**ncourage our child to practise Growth Mindset
- N**urture his/her interests & holistic development
- T**alk to our child about his/her passion, interests and school
- S**uspend judgement and see from child's perspective

Flip the Self-Talk (Positive Self-Talk)



Instead of

- I'm not good at this.
- I give up.
- It's not good enough.
- I can't make this better.
- This is too hard.
- My mistake is terrible.
- I just can't do this.
- I'll never be that smart.
- Things just don't work out.
- My friends are always better than me.



Try Thinking

- What am I missing?
- I'll use a different strategy.
- Is this really my best work?
- I can always improve.
- This may take some time.
- Mistakes help me to learn.
- I am going to train my brain.
- I will learn how to do this.
- There's always Plan B.
- I will learn from my friends.

How to encourage your child with a Growth Mindset



Not this	Say This
"You are so smart!"	" I can see you worked so hard on this!"
"It's okay. Maybe you're just not cut out for this!"	"It seems like it's time to try a new strategy."
"That's right! You did that so quickly and easily; great job!"	"It looks like that was too easy for you. Let's find you something challenging so your brain can grow."
"That's not right. Are you paying attention in class? It seems like you're not even trying".	" That's not right. You don't understand this yet. What strategies can you try to understand this better?"
"That was really hard. I'm so glad it's over and you don't have to do that again."	That was really hard. Your effort has paid off! Next time you'll be ready for this kind of challenge!"

Home-School Partnership



Phone Calls
& Emails

School
Web
Portal

Termly
Parents
Letters

Parent
Gateway

Parents
Engagement
(PES & PTM)

SC
Mobile
(Attendance)

Social Media
Facebook
Instagram

facebook

Email or Phone Password [Log In](#)

[Forgotten account?](#)



Queenstown
Secondary School
@QueenstownSecondaryS
chool

OPEN HOUSE

25 November 2017
8.30 a.m. to 12.30 p.m.
1 Strathmore Rd 148800

Highlights:
Principal's Address
Academic Programme Showcase
Student Development Programmes Exhibition

*With Heart We Serve,
With Knowledge We Lead.*



Instagram



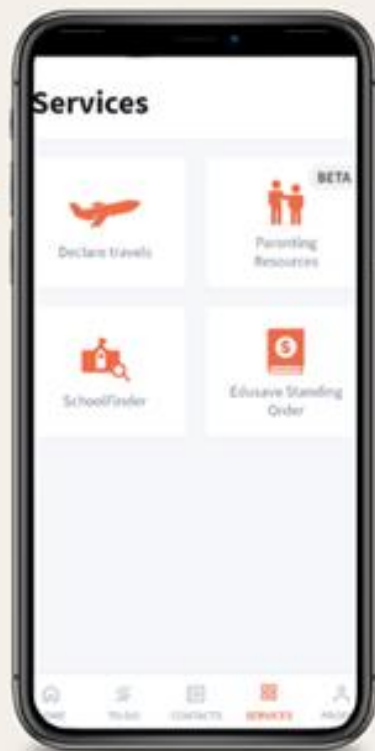
Instagram



qtssinstaquest [Follow](#)

836 posts 1,814 followers

Queenstown Secondary School
Official Instagram account of QTSS.
in 1956. Renamed as Queenstown S
www.queenstownsec.moe.edu.sg



NEW ON PARENTS GATEWAY!

PARENTING RESOURCES^{BETA}

NEW



Parents will be able to view resources and tips in the new 'Parenting Resources' on the 'Services' tab.



Here are 3 key features!

1

MOE RESOURCES AT PARENT'S FINGERTIPS

Find Schoolbag articles and Parent Kit issues specially curated by MOE.

SCHOOLBAG
THE EDUCATION NEWS SITE

Parent Kit

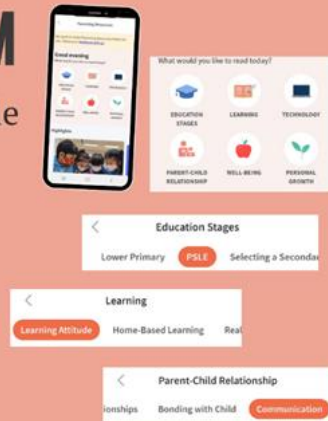


2

6 CATEGORIES TO BROWSE FROM

There are also 27 topics of resources available ranging from 'Learning Attitude', 'Cyber Wellness' to 'School-Home Partnership'.

We will continue to make more useful resources available for parents through this platform.



3

HIGHLIGHTS & LATEST!

This section will highlight recommended reads and the latest resources to parents.



Get onboard Parents Gateway (PG) if you have not done so. If you need help to get onboard, reach out to the respective Class Mentors



Preparing our Queenstownians for the next lap

Sharing by Ms Kang, Year Head and Mr Tan, HOD/CCE

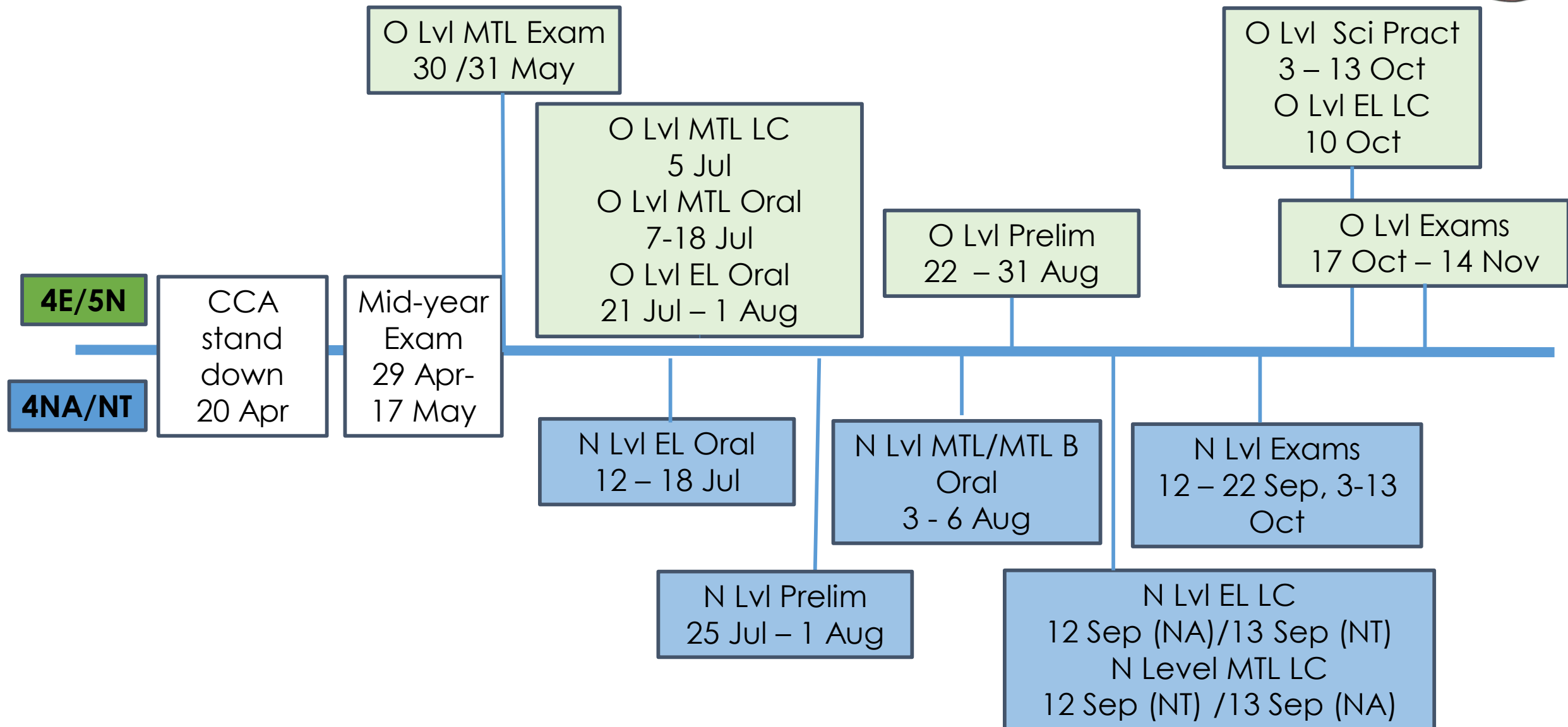


Level Outcome for Secondary 4 and 5

As our graduating cohort, the focus will be on the students

- **exemplifying the values of a Queenstownian**
 - One who endeavours to leave behind a legacy of excellence in the roles they play in school and in their academic pursuits.
 - One who demonstrate **strong personal mastery** when making decisions in matters concerning post-secondary education progression
 - One who is a '**Reflective Thinker**' exhibiting maturity when exploring their roles in the society.

What to expect in 2022?





What are the various Post-Secondary School options available?

3 MAIN TYPES OF OPTIONS

1. Junior Colleges (JCs) or Millennia Institute

Prepares students for the GCE
'A' level examination



3. Institute of Technical Education (ITE)

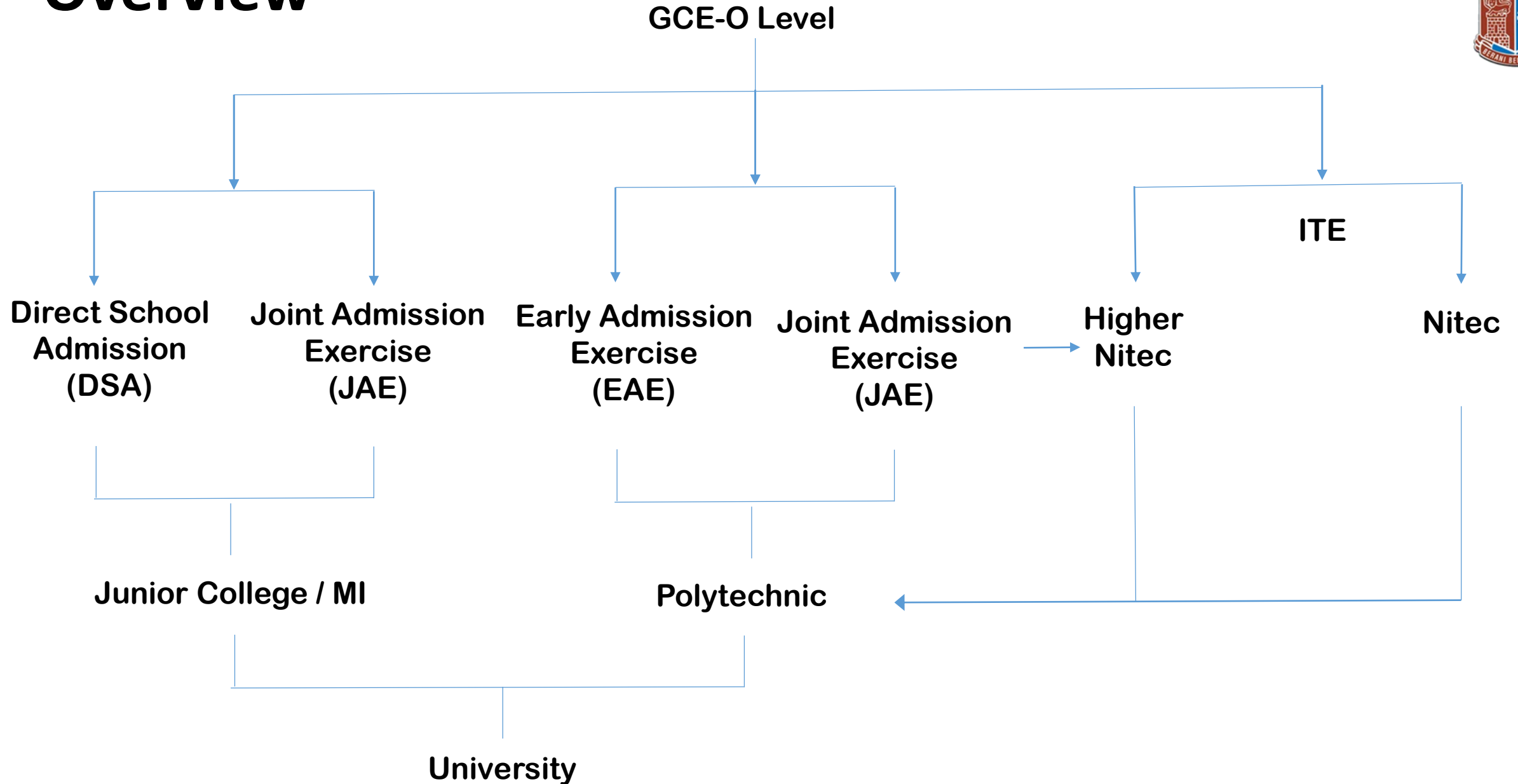
Equips students with technical
knowledge and skills relevant to the
industry.

2. Polytechnics / LaSalle / NAFA

Trains students with relevant skills
for the workplace

Overview

Express Stream



* Dependent on grades

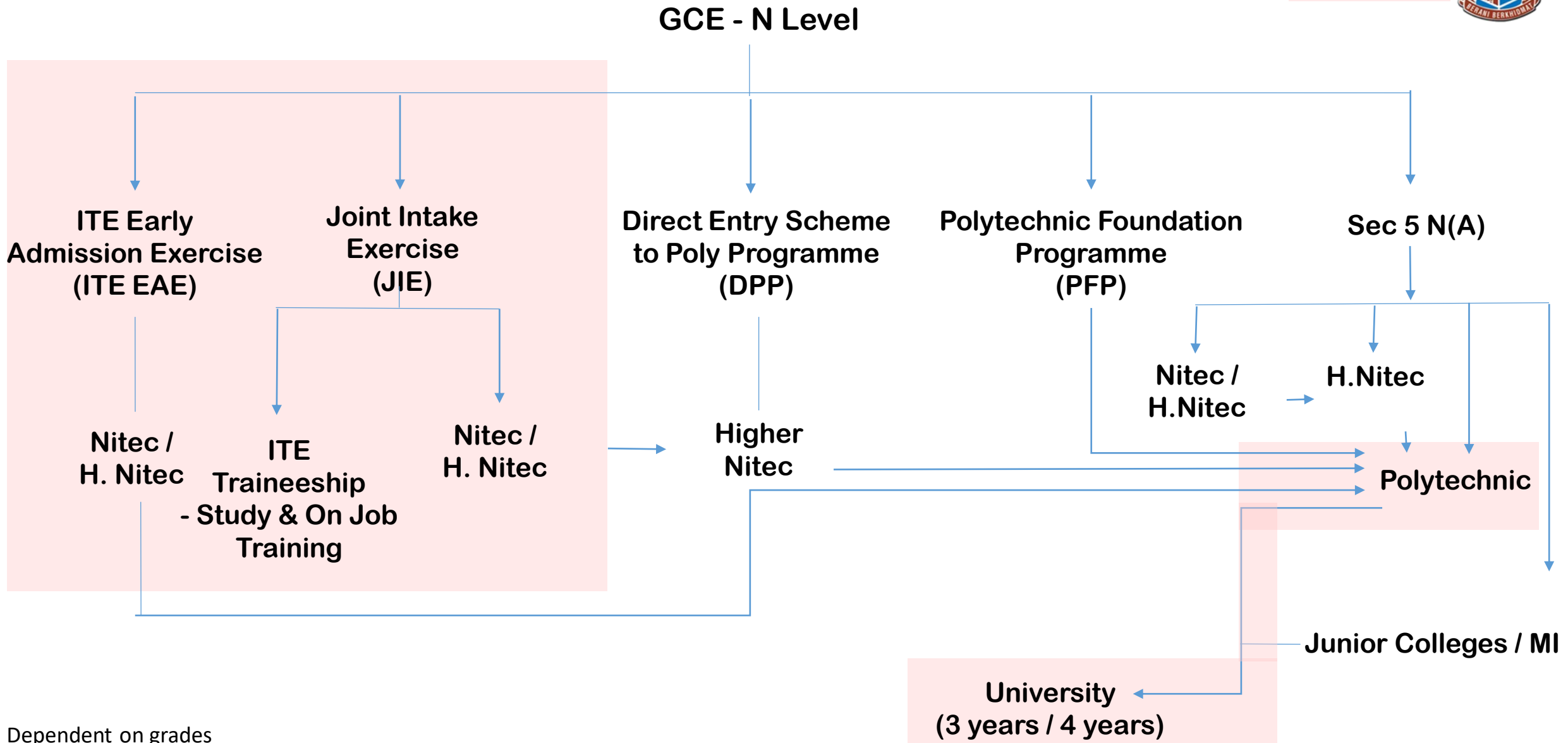


Junior College versus Polytechnic

Junior College $L1R5 \leq 20$	Polytechnic $ELR2B2 \leq 26$
<ul style="list-style-type: none">• 7 subjects• 1 major examination i.e. GCE A-Level Examination• Preparation in 2 years• Academic Driven	<ul style="list-style-type: none">• 25-30 bite-sized modules• Cumulative Grade Point Average (GPA)• Learning is paced out (3 years)• Career Ready

Overview

N(A) and N(T) Stream



* Dependent on grades



How to make the choice?

Personal Strengths
(RIASEC survey on
Skillsfuture Portal)

Personal learning
preference

Long term career goals

Seek advice from
others e.g. parents,
teachers, counsellors



Academic Programme

Structured Remedial
(Term 2)

Intensive MTL
Revision
(after Mid-Year
Exam)

Revision Plan for
Grad classes
(after Prelim Exam)

Completion of
Coursework
(March and June
holidays)

Online Consultations
(during study
break*)

Online resources using
MS Teams e.g.
consultation with subject
teachers, additional
practice papers etc.

* Dependent on Covid-19 situation

Better job prospects and pay for fresh polytechnic graduates last year



PUBLISHED
JAN 13, 2022, 3:00 PM SGT

92.2 % of Polytechnic graduates found jobs within 6 months of graduation in 2021.

ITE graduates to get more opportunities to attain diplomas



PUBLISHED
JAN 20, 2020, 12:46 PM SGT

More work-study diplomas offered



Co-Curriculum Programme

A year of creating legacy, stock taking and taking flight



Co-Curriculum
Attainment based on
LEAPS 2.0

Aptitude and Interest-based
Admission to Post Secondary
Education Institutions

- Direct School Admission
- Early Admission Exercise

Life skills for
Secondary 4 and 5



LEAPS 2.0

- Reinforcement of the holistic education every Singapore student should receive

4 domains with levels of attainment

Leadership

Achievement

Participation

Service



Levels of Attainment

- Level of attainment allows for competitive edge for entry to Post-Secondary Education Institutions (PSEIs)

Level of Attainment	Bonus Points
Excellent	2 bonus points
Good	1 bonus point
Fair	0 point

Note: Student must first be eligible for PSEI / course of study before bonus point(s) can be used.

- Checking of draft CCA certificate in July
(Attendance for CCA will be computed up to 20 April)



Aptitude and Interest-Based Admission to Post Secondary Education Institutions (PSEIs)



DSA-JC

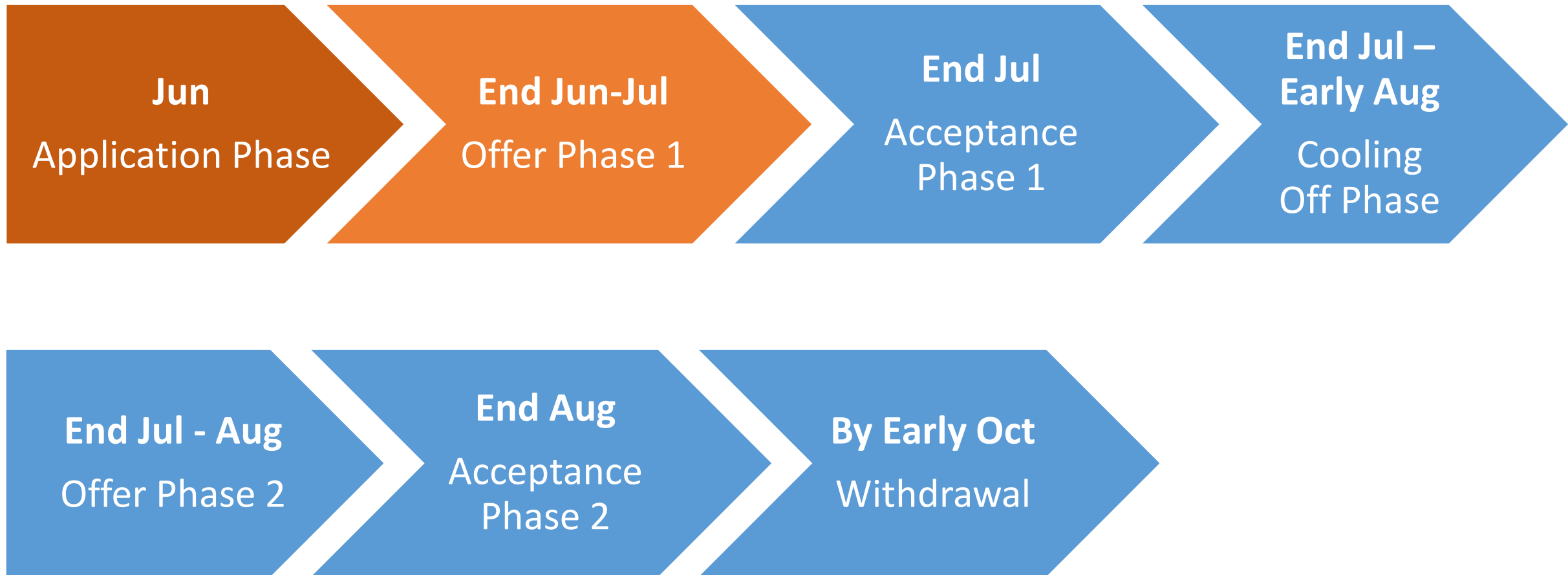
- What is Direct School Admission (DSA)?

DSA-JC allows students to seek admission to a Junior College (JC) on the basis of talents and achievements that may not be demonstrated at the GCE 'O' level examination.

DSA-JC enables students to enter suitable academic and non-academic programmes in JCs that can develop the students in these areas.



DSA-JC Timeline





How to apply for DSA-JC?

- Visit participating DSA-JC school's website to check for
 - application dates
 - areas of focus
 - selection criteria
 - selection process



Other areas to note for DSA-JC

- Required to meet eligibility criteria for admission to JC i.e. $L1R5 \leq 20$ points
- Once offer is accepted, student cannot participate in Joint Admission Exercise (JAE)
- Commit to JC of choice i.e. offer is not transferrable
- Participate actively in the area of sport/performing arts in admitted JC
- Subject combinations offered by accepted JC



What is Early Admission Exercise (EAE)?

1. It's for those who have *aptitudes* and *interests* in specific fields of study
 - Focus on **course-specific aptitudes and interests**
2. **Applicant will be assessed through different modes**
 - E.g. interviews, aptitude tests, showcasing your portfolio, depending on the course you apply for
3. **All this will take place *before* the National exams**
 - If application is successful, the polytechnics and ITEs will give the applicant a **conditional offer** before the O-Level exams and N-Levels exams respectively



What is Early Admission Exercise (EAE)?

4. Still have to meet the polytechnic admissions criteria

- Poly EAE: Net ELR2B2 score of **26 points or better** at O-Levels
- Both Poly and ITE EAE: **Minimum entry requirements** for the applied course

5. Upon success, won't have to compete academically for admission to PSEI

EAE Timeline



ITE



Polytechnic





Other areas to note for EAE

Each course may varied in their requirements depending on the course applying

- Each applicant has up to 3 choices
- Write-up to showcase
 - Polytechnic: 600 characters write-up (Course related) and 1000 characters write-up (Talents and Achievements - Not Course related)
 - ITE: 100 words write-up

Shortlisting for evaluation

Interview

Portfolio

**Aptitude test or
aptitude based
activities**



Support by School

- Sharing on EAE expectations
- Course-based preparation sessions with ECGC
- Provision of venue for interviews (if necessary)

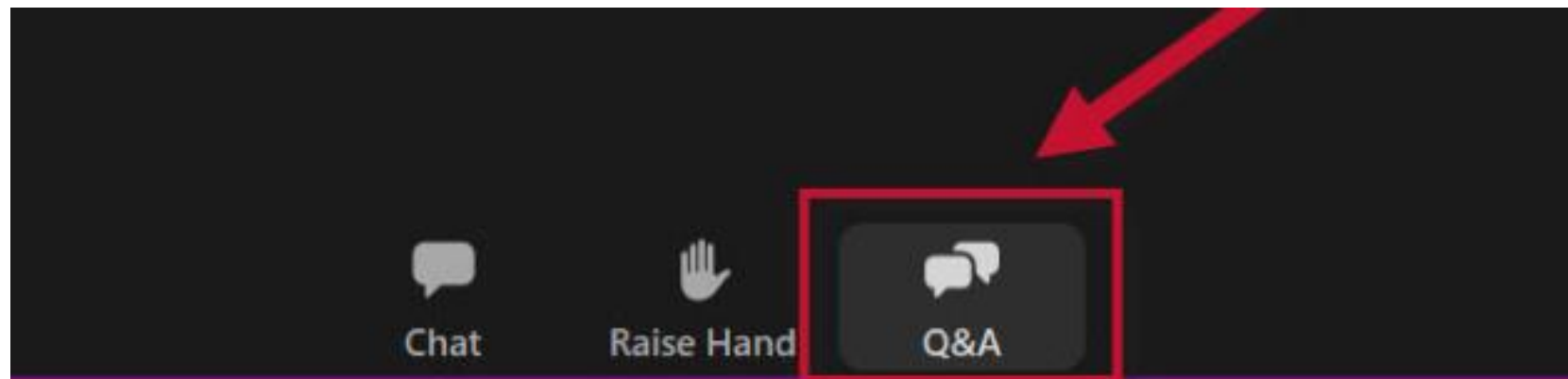


Life Skills Workshop for Secondary 4 and 5

- Date, Day : 14 April 2022, Thursday
- **Objective:**
 - To prepare students for EAE/course application and beyond
- **Components**
 - Preparation of personal statement
 - Personal grooming for interview
 - Interview Skills



Question & Answer





Bringing Family Life Education Closer to You



Mr Daniel Lim
Family Life Educator
daniel-lim@lakeside.org.sg

Please take  of the seminar and sign up details.



**SEMINAR
SERIES**

Positive Parenting Programme

22, 29 Apr and 6 May 2022 (Fri 8:00-9:00 pm)

Seminar 1 – Raising Responsible Teenagers
Seminar 2 – Raising Competent Teenagers
Seminar 3 – Getting Teenagers Connected

REGISTER HERE

<https://uso6web.zoom.us/j/zoom/register/tZMrd-GrpzlsGNJxGCHJsxuHy7YivFNg7FRF>

