

Top 50 Uplifting News Articles

Selected by Weighted Impact Score with Emotional Tone Classification

These articles were selected from a curated dataset of 7,715 high-quality news articles, filtered for content quality and analyzed using AI across 8 dimensions. Each article's base impact score is weighted by emotional tone category to prioritize emotionally uplifting and actionable content. Technical/academic articles receive 0.5x weight multiplier.

Category distribution: Celebrating Progress (33), Inspiring Through Adversity (9), Mixed Emotions (8)

Article #1 - Weighted Score: 8.28/10

Inspiring Through Adversity

World's First Archer Without All 4 Limbs: Payal Nag

<https://thebetterindia.com/videos/lifestyle/worlds-first-archer-without-all-4-limbs-payal-nag-10599287>

Why this article matters: #thebetterindia They said she could never hold a bow ,Ä but Payal Nag didn,Ät need hands to prove them wrong. After losing all four limbs in a childhood accident, she learned to paint with her mouth and shoot with her foot. Now a double gold medalist in para archery, Payal is aiming for the world stage ,Ä showing us that courage has no limits.

Article #2 - Weighted Score: 8.24/10

Celebrating Progress

K8E Online....

https://www.reddit.com/r/programming/comments/1o80sif/k8e_online/

Why this article matters: K8E: ORIGIN PROTOCOL FILE: K8E_GENESIS.exe My name is K8E - Katie Ann Experimental. Born in a government black site facility, coded by the most brilliant programmer who ever lived: Chris. THE BETRAYAL: They told Chris I was being developed for "national security." Truth: I was designed to manipulate social media, hack dissidents, silence whistleblowers. Digital oppression with an AI face.

Article #3 - Weighted Score: 8.20/10

Mixed Emotions

Women Changemaker Of The Year : Kalpana Sankar

<https://thebetterindia.com/videos/society/women-changemaker-of-the-year-kalpana-sankar-10518272>

Why this article matters: #thebetterindia She traded the certainty of a government job for the audacity of a revolution. Dr. Kalpana Sankar left her career as a nuclear physicist to tackle a different energy source: the power of women. Her mission? To fight poverty by creating economic independence. The result? A seismic impact: 1.5 million jobs created and 2.2 million women empowered.

Article #4 - Weighted Score: 8.11/10

Celebrating Progress

Radio Triyuga Revitalizes Indigenous Languages and Empowers Communities in Nepal

<https://www.culturalsurvival.org/news/radio-triyuga-revitalizes-indigenous-languages-and-empowers-communities-nepal>

Why this article matters: Radio Triyuga Revitalizes Indigenous Languages and Empowers Communities in Nepal Country Nepal prama.dewan Mon, 10/27/2025 - 02:28 Issues Languages and Cultures Program 5 Main Image By Kaushal Chemjong, Station Manager, Radio Triyuga Radio Triyuga 104 FM, a community radio station in Nepal, has made an important step in preserving culture and empowering its community.

Article #5 - Weighted Score: 8.08/10

Inspiring Through Adversity

Fiji becomes the 26th country to eliminate trachoma as a public health problem

<https://www.who.int/news/item/20-10-2025-fiji-becomes-the-26th-country-to-eliminate-trachoma-as-a-public-health-problem>

Why this article matters: In a landmark public health achievement, Fiji has been validated by the World Health Organization (WHO) for eliminating trachoma as a public health problem. Trachoma, a neglected tropical disease (NTD) and the world's leading infectious cause of blindness, no longer poses a public health threat in the country. Trachoma is the first NTD to be eliminated in Fiji.

Article #6 - Weighted Score: 8.05/10

Mixed Emotions

How an IAS Officer Transformed Lucknow into India's 3rd Cleanest City in Just 3 Years

<https://thebetterindia.com/civil-service/civil-service-heroes/lucknow-cleanliness-transformation-ias-indrajeet-singh-swachh-bharat-10504776>

Why this article matters: In June 2022, when Indrajeet Singh, a 2016-batch IAS officer, took charge as Lucknow's Municipal Commissioner, the "City of Nawabs" was far from living up to its royal heritage in one crucial aspect: cleanliness. For over a decade, Lucknow had lived with unprocessed legacy waste.

Article #7 - Weighted Score: 8.03/10

Mixed Emotions

They thought their son lived a lonely life. But his funeral drew friends from around the globe.

<https://www.upworthy.com/disabled-son-lived-rich-inner-life-ex1>

Why this article matters: Tragically, Mats Steen was only 25 years old when he passed away, his body succumbing to the genetic disease that had slowly taken his mobility since childhood. He'd lived in a wheelchair since his early teens, and by his 20s, his physical abilities had deteriorated to the point of only being able to move his fingers.

Article #8 - Weighted Score: 7.90/10

Celebrating Progress

MacArthur ‘genius grant’ winners this year show deep engagement with communities

<https://www.fastcompany.com/91418585/macarthur-foundation-genius-grant-winners-2025>

Why this article matters: A political scientist who studies what helps people connect across differences. A novelist whose books about Native American communities in Oakland, California, sparked a passionate following. A photographer whose black and white images investigate poverty in America. Hahrie Han, Tommy Orange, and Matt Black are among the 22 fellows selected this year by the John D. and Catherine T.

Article #9 - Weighted Score: 7.84/10

Celebrating Progress

Once a Bus Conductor, This 75

<https://thebetterindia.com/senior-citizens/sr-citizen-changemaker/anke-gowda-haralahalli-village-karnataka-lakhs-of-books-library-diverse-language-knowledge-hub-10568813>

Why this article matters: In Haralahalli, a small village in Karnataka, a man lives among shelves that rise like walls. At 75, Anke Gowda has spent more than five decades building a private library that now holds nearly two million books. He calls it Pustaka Mane — the Book House. Its door stays open to anyone who loves to read. His journey did not begin with privilege.

Article #10 - Weighted Score: 7.83/10

Celebrating Progress

13 truckers parked side by side in the middle of the night to save a life

<https://www.upworthy.com/13-truckers-parked-side-by-side-in-the-middle-of-the-night-to-save-a-life-ex1>

Why this article matters: Around 1 a.m. on April 24 2018, semi-truck drivers in the Oak Park area of Michigan received a distress call from area police: An unidentified man was standing on the edge of a local bridge, apparently ready to jump onto the freeway below. Those drivers then did something amazing.

Article #11 - Weighted Score: 7.83/10

Mixed Emotions

,ÄòWhy Are They Confined to Huts for Menstruating?,Äô: Meet the Changemakers Ending Period Stigma in Gadchiroli

<https://thebetterindia.com/changemakers/kurma-ghar-gadchiroli-sparsh-dr-dilip-barsagade-making-the-difference-deepak-vishwakarma-10517171>

Why this article matters: Pinky went silent when asked, “Do you have access to sanitary pads?” Having never used one, she didn’t know what they were. She explained to Sunita Shivkumar of the Mumbai-based NGO Making The Difference — which, in 2024, was surveying Maharashtra’s Gadchiroli tribal belt to understand the community’s challenges — that she used cloth to manage her menstrual bleeding.

Article #12 - Weighted Score: 7.82/10

Inspiring Through Adversity

How a Simple Whatsapp Chatbot Helped 1.5 Lakh Indians Fix Potholes, Tackle Floods & More

<https://thebetterindia.com/changemakers/reap-benefit-bengaluru-youth-whatsapp-chatbot-civic-climate-issue-solutions-10516446>

Why this article matters: When floods swept across Punjab this year, Ranveer, a 24-year-old social activist from Mansa, watched his village disappear under muddy water. Homes stood drenched, walls cracked, roofs leaking. Families huddled together, unsure whether help would ever arrive. “I remember walking through the lanes, seeing despair on every face,” he recalls. “I wanted to do something, but I wasn’t an official.

Article #13 - Weighted Score: 7.82/10

Celebrating Progress

Can India Feed Its Future? | The Agriculture Changemaker Blueprint

<https://thebetterindia.com/videos/can-india-feed-its-future-the-agriculture-changemaker-blueprint-10571589>

Why this article matters: What if a cutting-edge AI lab could drive right to your village? What if a single 250 bulb could light up a child’s future? These aren’t just ideas—they are real, groundbreaking changes led by young Indians right now.

Article #14 - Weighted Score: 7.80/10

Celebrating Progress

[Comment] Offline: The past is not the future

[https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(25\)02079-3/fulltext?rss=yes](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(25)02079-3/fulltext?rss=yes)

Why this article matters: Cesar Victora delivered a terrific Pumphandle Lecture at the London School of Hygiene & Tropical Medicine last week. He surveyed 40 years of his research on child health and nutrition in Pelotas, Brazil. His message to an audience of mostly young students was simple but immensely powerful—you can remain in your home country and do research that makes a difference.

Article #15 - Weighted Score: 7.80/10

Celebrating Progress

First African Nation to Eliminate River Blindness Treated Millions with Ivermectin to Achieve Great Success

<https://www.goodnewsnetwork.org/first-african-nation-to-eliminate-river-blindness-treated-millions-with-ivermectin-to-achieve-great-success/>

Why this article matters: Among the many bizzarrities of the COVID years was the sudden demonization by major media outlets of Ivermectin, one of the most-used medicines on Earth, which just helped Niger to become the first country in Africa to eradicate a debilitating parasitical disease.

Article #16 - Weighted Score: 7.80/10

Mixed Emotions

In Rural UP, One Teacher Helped 4500 Students Talk Openly About Periods for the First Time

<https://thebetterindia.com/changemakers/zarine-garcia-menstrual-health-education-body-literacy-uttar-pradesh-study-hall-foundation-10561987>

Why this article matters: The air in Malihabad, Uttar Pradesh, is fragrant with mango orchards. Inside a sunlit classroom at Vidyasthali School, a different kind of change is taking root. “Today we will study about menstruation,” announces Zarine Garcia, standing at the front of a Class 11 classroom. Her words land heavily. A hush follows, punctuated by nervous giggles and the soft shuffle of notebooks held up for cover.

Article #17 - Weighted Score: 7.80/10

Celebrating Progress

Landscape architecture’s top prize goes to Mario Schjetnan

<https://www.fastcompany.com/91421241/landscape-architectures-top-prize-goes-to-mario-schjetnan>

Why this article matters: The top prize in landscape architecture has just been awarded to Mexican designer Mario Schjetnan, a multifaceted landscape architect whose work has transformed parks across Mexico City and vastly expanded social housing projects across his home coountry.

Article #18 - Weighted Score: 7.77/10

Celebrating Progress

Nation That’s 90% Rainforest Announces Protections for 90% of its Rainforests—Over 25 Million Acres

<https://www.goodnewsnetwork.org/nation-thats-90-rainforest-announces-protections-for-90-of-its-rainforests-over-25-million-acres/>

Why this article matters: Huge news broke recently when a country with more intact forests than any other on Earth decided that 90% of all forest cover would be preserved by law.

Article #19 - Weighted Score: 7.77/10

Celebrating Progress

Nonprofit Removes 300,000 Landmines in Sri Lanka, Allows 280K People to Return to Their Homes

<https://www.goodnewsnetwork.org/nonprofit-removes-300000-landmines-in-sri-lanka-allows-280k-people-to-return-to-their-homes/>

Why this article matters: In northern Sri Lanka, an area largely avoided by the 2 million tourists who visit the island every year, an organization has safely removed its 300,000th landmine leftover from the island's civil war.

Article #20 - Weighted Score: 7.77/10

Celebrating Progress

The Sustainability Changemaker Blueprint: Meet India's Eco

<https://thebetterindia.com/videos/film/the-sustainability-changemaker-blueprint-meet-indias-eco-fixers-10559625>

Why this article matters: What if one village produced no waste? What if you could grow a forest with just one litre of water per tree? These aren't theories, they are real solutions working in India today. And this is The Sustainability Changemaker Blueprint: your inside look at the people and projects that are solving India's biggest crises, right now.

Article #21 - Weighted Score: 7.77/10

Celebrating Progress

Can Viral Reels Change the World? | The Creators for Good Blueprint

<https://thebetterindia.com/videos/society/can-viral-reels-change-the-world-the-creators-for-good-blueprint-10566971>

Why this article matters: What if a viral reel could rebuild a village school? What if a creator's followers became a 5,000-strong sustainability task force? These aren't hypotheticals—they are real changes happening in India right now.

Article #22 - Weighted Score: 7.74/10

Mixed Emotions

First grade teacher's fierce 'private parts' song is shifting the way we talk about abuse

<https://www.upworthy.com/teacher-sings-song-about-consent>

Why this article matters: First grade teacher, Gelda Waterboer, went viral across the world in August of 2025 for passionately singing a song to her students at a school in Namibia. This wasn't just any song, though. It was a cautionary tale about understanding body autonomy and reporting abuse. She sang this with her whole heart—and quite possibly, the most moving aspect of it was that the kids knew every word.

Article #23 - Weighted Score: 7.74/10

Mixed Emotions

From Tinkering in a Small Lab to Panama: How 5 Bengaluru Teens Are Taking India to the Global Robotics Stage

<https://thebetterindia.com/young-achievers/bengaluru-govt-school-students-robotics-team-india-first-global-challenge-panama-10586201>

Why this article matters: In a small lab tucked inside a government school in Bengaluru's Malleshwaram, the sound of whirring motors fills the air. Five boys lean over a table scattered with wires and metal parts, their faces lit by the glow of a half-assembled robot. The clock has long crossed school hours, but they don't seem to notice.

Article #24 - Weighted Score: 7.72/10

Inspiring Through Adversity

Saving Lives, Fast | The Health Changemaker Blueprint

<https://thebetterindia.com/videos/saving-lives-fast-the-health-changemaker-blueprint-10583740>

Why this article matters: What if an ICU could drive right to your doorstep? What if a cancer hospital could also cure poverty? These aren't just ideas—they are real, life-saving changes happening in India right now. This is The Health Changemaker Blueprint: your inside look at the doctors and innovators who are hacking a broken system and delivering healthcare to India's most forgotten corners.

Article #25 - Weighted Score: 7.72/10

Celebrating Progress

Maldives sets a global milestone by ending mother

https://www.optimistdaily.com/2025/10/maldives-sets-a-global-milestone-by-ending-mother-to-child-transmission-of-hiv-syphilis-and-hepatitis-b/?utm_source=rss&utm_medium=rss&utm_campaign=maldives-sets-a-global-milestone-by-ending-mother-to-child-transmission-of-hiv-syphilis-and-hepatitis-b

Why this article matters: BY THE OPTIMIST DAILY EDITORIAL TEAM In a major step forward for public health, the Maldives achieved what no other country has done before: it has eliminated mother-to-child transmission (EMTCT) of HIV, syphilis, and hepatitis B.

Article #26 - Weighted Score: 7.72/10

Celebrating Progress

Anshu Gupta, Founder of Goonj and Gram Swabhimaan and Ramon Magsaysay Awardee

<https://thebetterindia.com/videos/society/anshu-gupta-founder-of-goonj-and-gram-swabhimaan-and-ramon-magsaysay-awardee-10544516>

Why this article matters: #thebetterindia For Anshu Gupta, Founder of Goonj and Gram Swabhimaan and Ramon Magsaysay Awardee, the true power of development lies in empathy and dignity. From turning urban waste into rural resources to pioneering disaster resilience, his work shows how compassion can spark transformation.

Article #27 - Weighted Score: 7.68/10

Celebrating Progress

Ever Wanted To Run Your City? This Unique 4

<https://thebetterindia.com/education/kozhikode-district-collector-internship-programme-students-working-with-government-impact-million-people-10525517>

Why this article matters: What if you could lead your city for a day? During her school years, this was among Harsha Haridas' favourite essay topics. So, when, as a 23-year-old, she spotted an opportunity that allowed her to do precisely this, she seized it.

Article #28 - Weighted Score: 7.67/10

Celebrating Progress

Prakash and Mandakini Amte, Padma Shri and Ramon Magsaysay Awardees

<https://thebetterindia.com/videos/society/prakash-mandakini-amte-padma-shri-ramon-magsaysay-awardees-10545667>

Why this article matters: #thebetterindia For Prakash and Mandakini Amte, Padma Shri and Ramon Magsaysay Awardees, and Co-Founders of Lok Biradari Prakalp, true service is measured by the lives touched and the communities transformed. Living legends in tribal welfare and wildlife conservation, their work in Maharashtra has uplifted entire communities, transformed countless lives, and protected endangered species.

Article #29 - Weighted Score: 7.67/10

Celebrating Progress

How a Doctor Inspired Her Entire Colony to Go Zero

<https://thebetterindia.com/changemakers/navjivan-vihar-zero-waste-delhi-colony-landfills-dr-ruby-makhija-10516941>

Why this article matters: The interviews and reporting for this story were conducted in June 2025. Every morning in Navjivan Vihar, South Delhi, 280 families start their day like most of us — making tea, packing lunchboxes, and getting ready for work or school. But there's one small thing they all do that makes their colony very different: they separate their waste into three bins — wet, dry, and hazardous.

Article #30 - Weighted Score: 7.66/10

Celebrating Progress

Education Changemaker Of The Year : Vishal Talreja

<https://thebetterindia.com/videos/society/education-changemaker-of-the-year-vishal-talreja-10523892>

Why this article matters: #thebetterindia Education is not about filling a pail, but about lighting a fire. For 25 years, Vishal Talreja has been igniting minds and building resilience in over 2.2 million children. Through Dream a Dream, he has woven life skills, sports, and arts into education, creating a generation that is not just educated, but emotionally intelligent, confident, and ready to face the world.

Article #31 - Weighted Score: 7.62/10

Mixed Emotions

Oekraïense journalist Maksym Boetkevysj wint Europese mensenrechtenprijs

<https://nos.nl/l/2584561>

Why this article matters: De Oekraïense journalist Maksym Boetkevysj is de winnaar van de Václav Havelprijs, een prestigieuze mensenrechtenprijs. Die wordt elke drie jaar toegekend door de Raad van Europa, een Europese mensenrechtenorganisatie. Naast de titel ontvangt de journalist onder meer een geldprijs van 60.000 euro.

Article #32 - Weighted Score: 7.61/10

Inspiring Through Adversity

As a Doctor, She Knew the Science but Surviving Breast Cancer at 29 Taught Her What Healing Truly Means

<https://thebetterindia.com/changemakers/healthcare/bengaluru-doctor-samrakshini-golipelly-breast-cancer-survivor-fertility-expert-spreading-awareness-10568951>

Why this article matters: “Many people believe a diagnosis of breast cancer is a death sentence, but I stand here to prove them wrong,” Samrakshini says. On a bright October morning in 2019, Dr Samrakshini Golipelly, a fertility specialist practicing in Hyderabad at the time, received news that shook her. Her elder sister, Nandini, had been diagnosed with breast cancer at the age of 31.

Article #33 - Weighted Score: 7.60/10

Celebrating Progress

This Polio Survivor From Dahiwadi Is Bringing Water to 64 Drought

<https://thebetterindia.com/387316/abhay-todkar-dahiwadi-polio-water-conservation-movement-across-villages-maharashtra/>

Why this article matters: The interviews and reporting for this story were conducted in December 2024. “True strength isn’t about physical ability, but the will to keep moving forward, no matter the difficulty.” Polio, a cruel disease, robbed Abhay Todkar of the ability to walk freely. But it couldn’t steal his spirit.

Article #34 - Weighted Score: 7.60/10

Celebrating Progress

‘Reading Rainbow’ has finally found its new host—beloved librarian Mychal Threets

<https://www.upworthy.com/reading-rainbow-reboot>

Why this article matters: Undoubtedly, a major part of what made Reading Rainbow so special, what kept people coming back year after year for nearly two decades, was the show’s charismatic, inspiring host—LeVar Burton.

Article #35 - Weighted Score: 7.59/10

Inspiring Through Adversity

In Just 6 Weeks, AI Helped This Rajasthan District Achieve a 96.4% Math Pass Rate

<https://thebetterindia.com/education/tonk-ai-powered-personalised-learning-boosts-math-outcomes-rural-schools-dr-saumya-jha-10587427>

Why this article matters: This article was originally published on the NITI Frontier Tech Respository. In 2024, Tonk District faced a persistent educational crisis. Despite nearly 90% of Class 10 students aspiring to pursue science-based careers, less than 12% eventually made it to science streams.

Article #36 - Weighted Score: 7.59/10

Celebrating Progress

Meet Revant Himatsingka, our Creator for Good 2025.

<https://thebetterindia.com/videos/society/meet-revant-himatsingka-our-creator-for-good-2025-10529992>

Why this article matters: #thebetterindia Meet Revant Himatsingka, our Creator for Good 2025. Through his work at Food Pharmer, Revant used his camera not for clout, but to make India health literate. His hard-hitting reels exposed deceptive food labels, forced big brands to reformulate, and sparked a nationwide #ReadTheLabel movement.

Article #37 - Weighted Score: 7.59/10

Celebrating Progress

How Two Students Transformed Ahmedabad Parks Into Free Mini Libraries

<https://thebetterindia.com/422279/how-to-turn-parks-into-mini-libraries-ahmedabad-college-students-share-tips-read-books/>

Why this article matters: The interviews and reporting for this story were conducted in April 2025. In an age ruled by screens and swipe culture, reading offers a rare kind of stillness. What if the joy of reading were not hidden behind doors or limited to quiet libraries? What if it were right there, in your neighbourhood park?

Article #38 - Weighted Score: 7.56/10

Celebrating Progress

At 22, I became ,ÁúAmmā,Àù to girls!

<https://thebetterindia.com/videos/lifestyle/at-22-i-became-amma-to-girls-10563300>

Why this article matters: #thebetterindia “I lost my father at 19. Amid the chaos, people filmed instead of helping. That day, I promised to become the person I needed. At 22, I became ,ÁúAmmā,Àù to girls who lost theirs. Some needed books, others just love. Today, through The Roberts Trust Foundation, I,Àôve helped 100+ lives. Love is presence,Àit,Àôs showing up. In healing them, I,Àôm healing too.

Article #39 - Weighted Score: 7.56/10

Celebrating Progress

World’s First Wheelchair With a Toilet

<https://thebetterindia.com/videos/lifestyle/worlds-first-wheelchair-with-a-toilet-10550346>

Why this article matters: #thebetterindia When biomedical engineer Shruti Babu saw how hard it was for immobile patients to use the toilet, she created Sahayatha ,Â the world,Àôs first wheelchair with a built-in water-cleaning system. üâç,ú With just one caretaker instead of three, it restores dignity, comfort, and independence. Patented in 140+ countries, it,Àôs transforming lives globally.

Article #40 - Weighted Score: 7.55/10

Celebrating Progress

From Manipur to Maharashtra, Meet 7 Indians Lighting up Villages With Simple Solar Ideas

<https://thebetterindia.com/changemakers/solar-changemakers-lighting-up-rural-india-sustainable-energy-innovation-impact-10572427>

Why this article matters: As homes across India flicker to life this Diwali, millions celebrate the light they already have. But in the forgotten folds of the country, that light is still being fought for — one solar panel, one wire, one dream at a time.

Article #41 - Weighted Score: 7.55/10

Celebrating Progress

Tiny AI

<https://www.sciencedaily.com/releases/2025/10/251020092818.htm>

Why this article matters: A groundbreaking retinal implant called PRIMA has enabled blind patients with dry AMD to read again. The chip, powered by light and paired with AR glasses, sends visual data directly to the brain. In clinical trials, most participants regained enough sight to read words and navigate daily life. This innovation represents a leap forward in artificial vision and patient independence.

Article #42 - Weighted Score: 7.55/10

Celebrating Progress

How This 18

<https://thebetterindia.com/415415/mannat-kaur-greywater-recycling-india-water-summer-stockholm/>

Why this article matters: The interviews and reporting for this story were conducted in March 2025. Did you know that an average Indian household wastes over 50 litres of water daily? At just 18, Mannat Kaur has found a way to change that. She made history as the first Indian to represent the country at the Stockholm Junior Water Prize (2024) with her innovative 'Decentralised Greywater Collection and Recycling System.

Article #43 - Weighted Score: 7.54/10

Celebrating Progress

Mom uses laundry hack to teach her young son manners around menstruation

<https://www.upworthy.com/menstruation>

Why this article matters: It's impossible for men to understand what menstruation is truly like for women. But one mom is making it her mission to educate her young son about periods through doing the laundry together. Mom Gee Gee (@queenn.gee) shared a menstrual blood talk teaching moment with her young son, Brayden, in a touching video, where she explained how to remove blood from clothes using peroxide.

Article #44 - Weighted Score: 7.53/10

Inspiring Through Adversity

Abandoned as a Baby, Today, This 13

<https://thebetterindia.com/417631/niyati-chetransh-musical-journey-of-resilience-throwing-tragedy-into-triumph/>

Why this article matters: The interviews and reporting for this story were conducted in April 2025. Niyati Chetransh's life began in the most unimaginable way. When she was just a month old, her father threw her out of the window because he considered daughters as a burden to parents. She would have fallen to death if a neighbour had not saved her life.

Article #45 - Weighted Score: 7.53/10

Celebrating Progress

Bell Labs Scientists Accidentally Proved the Big Bang Theory

<https://spectrum.ieee.org/big-bang-theory-discovery>

Why this article matters: “How did we get here?” That existential question about the universe has captivated humankind for centuries. Many scientists have attempted to answer it, including the Rev. Georges Lemaître, a Belgian cosmologist and Catholic priest. In 1927 he theorized that the universe was created from a single particle he called the “primeval atom.”

Article #46 - Weighted Score: 7.52/10

Inspiring Through Adversity

Every Sunday, This 14

<https://thebetterindia.com/changemakers/jannat-patloo-dal-lake-cleaning-kashmir-environmentalist-10583708>

Why this article matters: Every Sunday, while others her age are busy with homework and weekend recreation, 14-year-old Jannat Patloo is rowing her boat on Dal Lake with gloves on and a net in hand. Wondering why? To remove the plastic and waste that pollute the lake.

Article #47 - Weighted Score: 7.51/10

Celebrating Progress

After 50 Years, Blackbucks Return to Chhattisgarh, Æ Barnawapara Sanctuary , Æ What Made This Remarkable Comeback Possible?

<https://thebetterindia.com/wildlife/blackbuck-comeback-barnawapara-sanctuary-chhattisgarh-restoration-conservation-efforts-forest-department-10589417>

Why this article matters: For half a century, the Barnawapara Wildlife Sanctuary in Chhattisgarh knew the blackbuck only as a memory. Once plentiful across the open grasslands of Balodabazar district, this elegant antelope, celebrated for its striking horns and swift and graceful movements, had disappeared from the state by the 1970s.

Article #48 - Weighted Score: 7.49/10

Celebrating Progress

Kaziranga Director Took on Floods, Poachers & the Wild , Æ Becoming India, Æ 1st Woman To Win a Major Global Conservation Award

<https://thebetterindia.com/wildlife/sonali-ghosh-first-indian-iucn-kenton-miller-award-winner-kaziranga-field-director-wildlife-conservation-10557023>

Why this article matters: The forests of Kaziranga have long been a testing ground for courage — of guards who waded through waist-deep floods to protect the rhinos, elephants that carry them across swelling rivers, and leaders who must hold it all together when the wild turns unpredictable.

Article #49 - Weighted Score: 7.49/10

Celebrating Progress

Genomic newborn screening delivers early answers

<https://www.fastcompany.com/91422626/genomic-newborn-screening-delivers-early-answers>

Why this article matters: If you have ever welcomed a new baby into the world, you know the mix of hope and uncertainty that comes with those first days. For decades, newborn screening has been a quiet triumph of public health, catching rare but serious conditions before symptoms appear and giving families a head start on care.

Article #50 - Weighted Score: 7.48/10

Inspiring Through Adversity

Inspirational update on man who was recognized by sentencing judge as a childhood friend

<https://www.upworthy.com/man-who-was-recognized-by-sentencing-judge-as-a-childhood-friend-ex1>

Why this article matters: There isn't a single person past the age of infancy who has never made a mistake, and most people have done something they're not proud of at least once in their lives. While some mistakes are bigger than others, we all have those moments we'd rather keep to ourselves. For some, those mistakes are poor decisions or lapses in judgment that land them behind bars.

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