The Consequences of Bullying Victimization on Health and Psychosocial Outcomes in Young Children

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Motivations

- Bullying victimization is a very common experience among adolescents and a global phenomenon.
- Being bullied has intermediate amd long-lasting negative impacts on physical and mental health, health and social behavior and psychological well-being.
- Litle is known about bullying victimization and its consequences on health and psychosocial outcomes.

Contributions

- Examines the heterogeneous effects of bullying.
- Deals with the endogeneity of bullying by using an instrumental variable approach.
- Contributes to the very limited evidence about the impacts of a variety of types of bullying on health and psychosocial outcomes in developing country settings.

Literature Review

- Use a single-item approach or only a single question to assess overall exposure to bullying.
- Most of existing studies provide limited quantitative evidence due to
 - o do not consider selection and endogeneity issues.
 - Use observable measures and face measurement error problems in measuring bullying.
- Eriksen et al. (2014) use instrumental variables to address the endogeneity issues of victimization, but do not deal properly with measurement errors and unobservable heterogeneity.
- Sarzosa and Urzua (2021) deal with measurement error problems and control for the endogeneity of bullying, but bullying victimization is defined as a single binary variable, focus on physical bullying.
- My approach uses instrumental variables and a structural model with factor analysis to overcome these challenges.

Data, Definition and Measures

- Data from the Older Cohort in Round 3, the Young Lives survey in Vietnam.
- Bullying victimization is defined as repeated and intentional exposure to hostile actions that cause harm or discomfort over time by others.
- Bullying victimization in the Young Lives study were assessed based on the 9-item self-administered questionnaires from the 9-item Social and Health Assessment Peer Victimization Scale.
- I exclude random, one-off incidents of victimization, and individuals are considered being bullied if they experienced each behavior of being bullied twice or more times.

Measures of Bullying Victimization

9 items of victimization

Children were asked the questions: during the last 12 months, I want to know whether other young people did the following bullying behaviors:

- 1. punched, kicked or beat you up
- 2. hurt you physically in some other way
- 3. made fun of you for some reason
- 4. called you names or swore at you
- 5. refused to talk to you or made other people not talk to you
- 6. tried to get you into trouble with your friends
- 7. made you uncomfortable by staring at you for a long time
- 8. took something without permission or stole things from you
- 9. tried to break or damaged something of yours



| Types of victimization | |
|------------------------|--|
| Types of victimization | |
| Physical victimization | Indicates whether a child has been physically |
| | victimized. It takes a value of 1 if any of |
| | items 1 and 2 is 1 and 0 otherwise. |
| Verbal victimization | Indicates whether a child has been verbally |
| | victimized. It takes a value of 1 if any of |
| | items 3 and 4 is 1 and 0 otherwise. |
| Relational victimiza- | Indicates whether a child has been relation- |
| tion | ally victimized. It takes a value of 1 if any of |
| | items 5,6 and 7 is 1 and 0 otherwise. |
| Attacks on property | Indicates whether a child has been victimized |
| | by property attacks. It takes a value of 1 if |
| | any of items 8 and 9 is 1 and 0 otherwise. |

Percentage of Children Experiencing Different Forms of Bullying Two or More Times

| | Full | Male | Female |
|------------------------------|------|------|--------|
| Physical victimization | 6.9 | 9.0 | 4.9 |
| Punched, kicked or beaten up | 5.3 | 7.6 | 3.1 |
| Hurt physically | 3.9 | 4.0 | 3.7 |
| Verbal victimization | 20.1 | 20.2 | 20.0 |
| Made fun of | 17.7 | 17.4 | 17.9 |
| Called or swore | 7.2 | 8.0 | 6.4 |
| Relational victimization | 27.1 | 25.8 | 28.3 |
| Refused to talk | 5.0 | 4.5 | 5.6 |
| Friend trouble | 8.9 | 8.5 | 9.2 |
| stared at | 21.0 | 20.1 | 21.9 |
| Attacks on property | 8.9 | 7.7 | 10.0 |
| Theft | 6.1 | 4.9 | 7.2 |
| Property damage | 5.1 | 4.9 | 5.3 |
| Overall victimization | 37.9 | 35.8 | 39.9 |
| Observations | 971 | 480 | 491 |

Outcomes

- Self-rated health: The question asked the youth to rate their general health. The response is then dichotomized as 0 indicating poor health status and 1 denoting good health based.
- Subjective well-being: Individuals were asked the question 'where on the ladder do you feel you personally stand at present time?'. The responses are recoded as 0 indicating low subjective well-being and 1 denoting high subjective well-being.
- Alcohol consumption: a dummy variable equal to 1 for those who reported alcohol use at least once a month and 0 otherwise.
- Emotional and mental distress: used the five-item Emotional Difficulties subscale of the Strengths and Difficulties Questionnaire (SDQ) to assess distress.

Latent factors

• Bullying victimization factor:

$$B_{ij}^* = \alpha_j + \beta_j \mathcal{B}_i + u_{ij} \tag{1}$$

where:

- B_i is a latent bullying factor. B_{ij}, j = {P, V, R, A} denote a 4x1 vectors of the observable victimization measures.
- Bullying victimization measures are binary and we only observe the measure $B_{ij} = 1$ if $B_{ij}^* > 0$ and $B_{ij} = 0$ otherwise.
- Family background factor:

$$P_{ik}^* = \alpha_k + \beta_k \mathcal{P}_i + v_{ik} \tag{2}$$

where:

- P_{ik} be the observable measures of family background characteristics including wealth index, mother's education, father's education, household size, birth order and whether either parent are alive or not
- $P_{ik}^* = P_{ik}$ if P_{ik} is continuous. If P_{ik} is binary, $P_{ik} = 1$ if $P_{ik}^* > 0$ and $P_{ik} = 0$ otherwise.

Outcomes

• The first stage:

$$\mathcal{B}_i = \beta_x X_i + \beta_p \text{Troubled family }_i + \beta_f \text{Troubled friend }_i + u_{\mathcal{B}_i}$$
 (3)

where:

- Troubledfamily; and Troubledfriends; are the instruments, which are
 the percentage of children in the Young Lives survey clusters being
 physically punished by their parents, the number of the child's
 friends being physically bullied
- Second-stage:

$$Y_{im}^* = \beta_{xm} X_{im} + \beta_{\mathcal{B}m} \widehat{\mathcal{B}}_i + \beta_{\mathcal{P}m} \mathcal{P}_i + u_{Y_{im}}$$
 (4)

Estimation

• First step: Estimate the parameters of the measurement system and distribution of the factors

$$B_{ij}^* = \alpha_j + \beta_j \mathcal{B}_i + u_{ij}$$

$$P_{ik}^* = \alpha_k + \beta_k \mathcal{P}_i + v_{ik}$$
(5)

- The distribution of the latent factors are assumed to follow a mixture of normals.
- Second step: estimate the outcome models by drawing θ (\mathcal{B} and \mathcal{P}) from the conditional distributions of θ and treat them as observable data

$$\mathcal{B}_i = \beta_x X_i + \beta_p \text{Troubled family } i + \beta_f \text{Troubled friend } i + u_{\mathcal{B}_i}$$
 (6)

$$Y_{im}^* = \beta_{xm} X_{im} + \beta_{\mathcal{B}m} \widehat{\mathcal{B}}_i + \beta_{\mathcal{P}m} \mathcal{P}_i + u_{Y_{im}}$$
 (7)

Determinants of Bullying Victimization

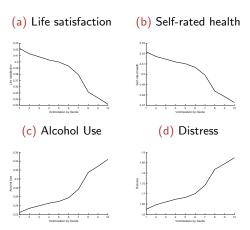
| Variables | Bullied |
|----------------------|-----------|
| Intercept | -2.923*** |
| | (0.890) |
| Female | 0.105** |
| | (0.042) |
| Urban | 0.082 |
| | (0.054) |
| Ethnic group | 0.126* |
| | (0.066) |
| Child age (in years) | 0.049 |
| | (0.060) |
| Troubled family | 0.553*** |
| | (0.198) |
| Troubled friends | 0.200*** |
| | (0.016) |
| No. of obs. | 971 |

Note: Standard errors in parentheses based on 100 bootstrap replications of the entire estimation process; *** p<0.01, ** p<0.05, * p<0.1.

Consequences of Bullying Victimization on Outcomes

| Variables | Life satis- | Self-rated | Alcohol | Distress |
|----------------------|-------------|------------|-----------|-----------|
| | faction | health | use | |
| Female | 0.306*** | 0.045 | -0.956*** | 0.129*** |
| Urban | (0.112) | (0.106) | (0.113) | (0.022) |
| | -0.074 | 0.065 | -0.492*** | -0.088*** |
| Ethnic group | (0.137) | (0.148) | (0.171) | (0.023) |
| | 0.840*** | -0.034 | -0.220 | 0.106*** |
| Child age (in years) | (0.225) | (0.168) | (0.170) | (0.039) |
| | -0.255 | 0.097 | 0.150 | 0.103*** |
| Bully | (0.160) | (0.147) | (0.194) | (0.031) |
| | -0.226** | -0.116 | 0.354*** | 0.149*** |
| Family | (0.096) | (0.083) | (0.103) | (0.019) |
| | 4.343*** | 0.587 | 0.389 | -0.493*** |
| Bully AME | (0.503) | (0.401) | (0.540) | (0.082) |
| | -0.087*** | -0.054 | 0.135*** | 0.284*** |
| Family AME | (0.033) | (0.038) | (0.035) | (0.036) |
| | 0.114*** | 0.018 | 0.009 | -0.060*** |
| Baseline value | (0.012) | (0.012) | (0.012) | (0.010) |
| | 0.400 | 0.502 | 0.296 | 1.728 |
| No. of obs. | 969 | 969 | 960 | 961 |

Outcomes by Deciles of the Victimization Factor Distribution



Conclusions

- Peer victimization strongly affects subjective well-being, alcohol consumption, and emotional and mental distress of children.
- The findings are particularly relevant for prevention efforts to sensitize parents, teachers, and other protective resources to recognize these behaviors and to understand that they are not just a harmless rite of passage.
- The findings highlight the need to mobilize protective resources and efforts and develop adequate education policies to curb modifiable bullying behaviors.

Thank you!