

Health Alert User Documentation

This document is intended to make it easier for you to use the Health Alert app. Simply follow the easy steps below to get up and running!

Requirements

- iPhone or iPad running iOS 8. iOS 8 is required because our app depends on HealthKit, which was only released with that version of the operating system.

Setup Instructions

1. Download the application from the Apple App Store. This can be accessed from your homepage.
2. Launch Health Alert. When you get to the home page, put in your name and press UPDATE.
3. Navigate to settings. Here, you can change the information for the ranges you would like to set for your activity. For example, under Oxygen Saturation, if your doctor advises you that 95% to 100% is the healthy range, make sure to put 95% in the first box and 100% in the second box. Press SAVE after you have edited that information.
4. Navigate to contacts. Here, click ADD in the top left corner of the app. Add the name and mobile number of the contact you want to receive notifications about your activity. Then, click on each metric under “Select Text Notifications” for which you would like this contact to receive notifications about your health via text. Under “Select Call Notifications”, highlight each metric that you would like this contact to receive notifications via call. Click SAVE.
5. Navigate to doctors. Here, add the name, mobile number, and address of all of the doctors you’d like to receive notifications about your health.

Editing and Deleting Physicians/Contacts

1. Simply swipe left on the name of the doctor you’d like to change, and click either EDIT or DELETE depending on what you’d like to do.

Editing Metrics

1. All you need to do in order to edit metrics is change the number of the minimum and maximum, and then click SAVE.