For bootstrap only the main bootstrap.css and main js file is required to invoke, and 3-4 other things…  
then you are all set.  
the zip file of bootstrap is there in work folder.

It contains that css and js files

Among them one is bootstrap.min.js which does not have spaces but is good for server.

There is also one other file bootstrap.js which is the exact same one but in human readable form.

**Best practice: to create a new css file for our custom changes and not to change anything in existing css file.**