

32 . Negative feelings

Expressing negative feelings

- 1. a nasty shock
- 2. a fit of jealousy , anger or rage
- 3. to shatter someone's confidence
- 4. to feel sick worried / to be worried sick
- 5. to take exception to [...] *
- 6. a harebrained scheme **
- 7. to bottle up one's feelings
- 8. to fill someone with dread , anger or sorrow
- 9. to give vent to one's frustration
- 10. to increase someone's stress levels
- 11. to admit defeat

* to object to or get annoyed with something (i.e. opinion or remark)

** foolish , ill-judged plan

International problems

- 1. an outpouring or grief
- 2. a inconsolable grief
- 3. to hasten someone's death
- 4. to be in a state of shock
- 5. a threat hanging over (i.e . a country or society)
- 6. to have intense dislike for [someone]
- 7. disparaging remarks
- 8. to suffer rough treatment at the hands of [someone]
- 9. a lapse of judgement , memory *
- 10. to fuel fears
- 11. a laughable idea
- 12. to hurl insults at [someone]
- 13. to be in for a shock
- 14. to take a sideswipe at [someone] * *
- 15. to be left with little alternative
- 16. to pose a threat , challenge

* a lapse is a temporary failure or mistake that has a continuous nature

** to make a critical remark about someone while talking about a different thing