

## **16 . Travel and adventure**

### **1 . A thirst for adventure**

Longing for adventure

- I'd always had a thirst for adventure . That eventually brought me to Afghanistan

### **2 . Itchy feet**

Wander lust

- My friend Dana has itchy feet . She can't stay at one place for long .

### **3 . To contain excitement**

Not to get overly excited

- I could hardly contain my excitement when my friend's family invited me to visit their home city in Laos .

### **4 . Arduous journey**

difficult , tiring , needing a lot of effort

- It was an arduous journey for the first colonists making advances further and further into unexplored wilderness.

### **5 . To break a journey**

To stop and rest for a couple of days

- I should have broken the journey somewhere but I could wait to get to the place I've been dreaming about .So I did it at one go which was quite reckless .

## **6 . To put someone on standby ( at the airport )**

make somebody wait until some seats become available

- I tried to get a flight to Peru but they were all full , so they put me on standby .

## **7 . To go trekking**

To make an arduous journey ( esp. in the mountains )

- When I got to Peru I went trekking in the Andes .

## **8 . Off the beaten track**

Off a way that most people take

- Our guide took us off the beaten track which we never regretted.

## **9 . An intrepid explorer**

brave , with no fear of dangerous situations

- I felt like an intrepid explorer from another century in some wilderness

## **10 . To send out a search party**

To send a group of local folks to look for lost tourists

- Eventually we got hopelessly lost. We were afraid they'd have to send a search party to look for us .

## **11 . To boost the spirits**

to make feel more cheerful

- This sunny weather boosted the spirits so we decided to set off before the afternoon .

## **12 . A budget doesn't stretch ( to )**

you can't afford

- You can take a train across the country and if your budget doesn't quite stretch to a sleeping compartment , you can always curl up in your seat for the night .

## **13 . To lull to sleep**

Make sleepy as if singing a lullaby

- The rhythmic motion and rumbles of the train will lull you to sleep .

## **14 . A leg of the journey**

a particular part of the journey

- The first leg of the journey indicates very little of what lies ahead