## 3. I'm not in the mood

## #PHR

- 1. I'm not feeling it.
- 2. I'm not up for it.
- 3. I'm not in the right headspace.
- 4. I'm not feeling up to it.
- 5. I'm not in the mood for that.
- 6. I'm just not feeling like it.
- 7. I don't have the energy for it.
- 8. I'm not really in the mood right now.
- 9. It's not really my thing at the moment.
- 10. I'm not really feeling motivated.
- 11. I'm just not into it today.
- 12. I'm not really feeling inspired.
- 13. I'm just not in the mood for that right now.
- 14. I'm not really in the mindset for it.
- 15. I'm just not feeling enthusiastic about it.
- 16. I'm not really in the mood to do that.
- 17. I'm just not in the right frame of mind.
- 18. I'm not really feeling up to that right now.
- 19. I'm just not in the mood to deal with it.
- 20. I'm not really in the mood to engage in that activity.

I awoke *feeling* cold, and I reached *up for* the light switch. Already not being in the *right headspace* I wasn't *feeling up to* doing any exercise. However, I poured myself some coffee to make my *mood like* it was yesterday. I wasn't *feeling like* I had *energy for* winding up my fridge at the *moment*. So I wasn't *motivated* to go *into* the fridge *right now*. My cat got *inspired* by my laziness and pessimistic *mindset*. He looked really *enthusiastic* jump onto the window *frame*. I'd be out *of my mind* to *engage* in the fight with the cat who ,after all, loves this kind of *activity*.