

# Runny stomach 🐛

#PHR

- **to have the runs**

- *I'm really sorry I have to postpone the audition I'm having the runs .*

- **to have diarrhea**

- *Eating fruits without washing them first can give you diarrhea / a bad diarrhea*

- **to have an upset stomach / tummy**

- *I don't think she will go though , she said she was having an upset stomach this morning .*

- **one's stomach is acting up**

- *Yesterday I ate that Turkish delight and today my stomach is acting up .*

- **to have an unsettled stomach**

- *Ellen didn't go to the wedding because she had an unsettled stomach after eating too much the night prior .*

- **to have a case of the trots**

- *Jay came upon a dead horse last evening he was so hungry that he devoured the meat on the spot . Today he is having a bad case of the trots .*

- **to have a tummy bug**

- *I'm ok , just having a tummy bug .But I'll be fasting the whole day today nevertheless.*

- **one's stomach is going haywire**

- *Oh no , my stomach is going haywire I really regret eating so much of her stew .*

- **to have the squirts**

- *Jack had the squirts in the morning he's in no condition to ride horseback with you Arthur.*