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# Capt Amrik Singh

## Subharti Defence Academy

NH-58, Subhartipuram, Delhi-Haridwar Bypass Road, Meerut-250005

Website: [www.subhartidefence.com](http://www.subhartidefence.com) E-mail: director@subhartidefence.com

### PSYCH TEST ANSWER SHEET

CANDIDATE'S NAME: Om Vats.

TAT (4)

1. Ram was a 25 years old student of Dehradun School of Climbers. He decided to scale Kanchenjunga & started preparing for it with his team. They practised various drills under their coach, practised muscle strengthening, toning & endurance exercises. They also practised survival & breathing exercises in extreme conditions to improve stamina, followed proper diet & sleep schedule. The institute cleared their expedition due to their undaunted zeal. They packed oxygen cylinders, food, first aid kit, ropes, harnesses, boots etc. & started the expedition. Notwithstanding the extreme conditions like low temperature & oxygen level, they completed the expedition & hoisted Indian Flag on the top.

2. Varun was a 25 years old engineer at Tcs, Delhi. He decided to plan a trip to Jaisalmer with his colleagues during the Dussehra break. He undertook the planning like booking tickets for Palace on Wheels, visit to Lonavala fort and Sam shifting sand dunes. They packed tentage, clothes, food, camera etc. & left for the trip. The Palace on Wheels took them to Jaisalmer via Jaipur, Jodhpur, Pokhran. They noted historical brief

of the cities they visited. At the <sup>2</sup> sand shifting sand dunes, they also enjoyed camel rides. They saw Pakistani tanks at Loangovala post. They tried different cuisines, took selfies & had fun.

3. Kishan was a 26 years old newly elected Sarpanch of Sikandarpur village near Meerut. He noticed the low productivity of agriculture in his village & decided to improve it. He made a team of volunteers, met the farmers personally & taught them techniques like alternate cropping, multi cropping, organic farming & also introduced contract farming. He also got farmers registered under the PM Fasal Bima Yojana for crop insurance. He introduced storage methods like dry & cold storage. Finally, the productivity of agriculture improved & the farmers were able to produce a surplus of crops. Kishan praised the efforts of his team.

4. Vansh was a 25 years old doctor at Apollo Hospital, Meerut. One day, while on his way to the hospital, he noticed that a bike rider had collided with a car & had sustained injuries. He rushed to the spot, laid the rider on the roadside, called an ambulance, administered him first aid & evacuated him to the hospital by ambulance. On his way to the hospital, he informed his colleagues to make arrangements for urgent treatment. Reaching the hospital, Vansh treated the rider immediately with appropriate medications. Finally,

the rider was out of danger & vanish informed his family.

5. Karan was a 21 years old BSc student at IIMT, Meerut. He decided to participate in the Inter state Horse Race & filled the application form. He hired a coach, made a training schedule, practised muscle strengthening, toning & endurance exercises. He improved his skills by practising drills & recording his timings. He followed strict diet & sleep schedule. Finally, his efforts paid rich dividends as he secured first position at the race. Karan was awarded with a trophy and he appreciated the efforts of other participants.

6. Rahul was a Captain in Indian Army posted in Baku, Azerbaijan as a part of UN Peacekeeping forces. He was tasked to negotiate with a group of people who had gathered outside their office. He gathered his team, made a plan & briefed them. He went to the people, called their leader to negotiate, listened to his demand and peacefully assured the people of bringing some change to their conditions. He put forward the demands of the people before higher officials, got the lawful demands like upholding human rights & promoting freedom

people approved. Finally, the people were satisfied & they gained trust in the government.

7. Raman was a 26 years old newly elected Sarpanch of Sikandarpur village near Meerut. He noticed a decline in women participation in the workforce & decided to improve it. He made a team of female volunteers, made a plan & discussed it with them. He promoted the education of girls under Sukanya Samridhi Yojana & Balika Samridhi Yojana. He provided MUDRA loans to women to promote their businesses & economic independence. He provided employment to women under the MGNREGA as skilled as well as unskilled workers in the fields & offices. Finally, women participation in workforce improved & they also started emerging as leaders. Raman appreciated his team's efforts.

8. Ajay was a 30 years old Headmaster posted in Primary School, Agra. One day, while going to the school, he noticed a girl sitting on the footpath on the roadside. He called her & got to know that she was an orphan. Ajay took the girl with him, got her admitted in Krishna Orphanage and also admitted her in his school. He organised extra classes for her and focused on practical methods of teaching for concept clarification. He also promoted her to take part in extra curricular activities. Finally, the girl did very well in her exam, passed the school & also joined

IT, Delhi for higher studies.

9. Ansh was a 21 years old BA student at CCSU, Meerut. He decided to participate in the Inter State Cycling Competition & filled the form. He hired a coach, made a training schedule and practised muscle strengthening, toning & endurance exercises. He performed various drills to improve his skills. He practised for long hours & also recorded his timings. He followed strict diet, sleep schedule & did altitude running to improve his stamina. Finally, his efforts paid rich dividends as he secured the first position at the race & was awarded with a gold medal.

10. Ram was a 21 years old BA student at CCSU, Meerut. He decided to organise a party with his friends on his birthday. He booked a party hall at Live Food Court from 6PM to 10PM. He asked the manager to make sure that the food to be fresh & decorations & music to be lively. He invited all his friends to the party. On his birthday, all his friends arrived, wished him birthday & gave gifts. They all enjoyed snacks, drinks, ate food, danced together, played games, clicked selfies and also visited their past memories. They all felt

happy & had a lot of fun.

11. Ram was a 26 year old RAW agent posted in Punjab. He was tasked to apprehend a criminal who was to deliver documents of national importance to enemy agent at the nearby fort. Ram gathered his team, made a plan on the basis of aerial photographs & maps of the area and briefed his team. They carried equipments like rope guns, harnesses etc. & left for the mission. They surrounded the fort, waited for the arrival of criminal & enemy agent. On their arrival, they made a rope bridge on the balcony of the fort, laid an ambush, surprised them & apprehended them. Ram collected the documents, IDs, weapons & handed them to local police.

12. Sparsh was a 21 years old BA graduate from CCSU, Meerut. He decided to become Army officer & started preparing for CDS exam. He analysed the exam pattern & syllabus & made a study schedule. He clarified his concepts regarding maths & science. He also read newspaper for current affairs, attempted video lectures as well as mock test. He exercised daily & improved his communication skills. Finally he cleared the written exam and SSB in the first attempt, took the blessings of his parents & joined IMA for training.

WAT

1. Reforms help the society to develop.
2. Indian Army neutralised the terrorists by firing guns.
3. Music calms the mind.
4. Advance plans avoid errors.
5. Sympathy reveals character.
6. Discipline leads to regularity.
7. Laziness causes displeasure.
8. Hard work helps to win.
9. Soldiers protect the nation.
10. Negotiation overcomes war.
11. Fortune favours the brave.
12. Discipline helps to achieve goals.
13. Hard work makes life easy & avoid unfair practices.
14. Fair elections promote democracy & avoid challenges.
15. Courageous people aren't afraid of challenges.
16. Love overcomes hate.
17. Northeastern states are called Seven Sisters.
18. Cautious approach avoids errors.
19. Hard work avoids annoying results.
20. Attempts overcome inability.
21. Health is the real wealth.
22. Sleep gives relief.
23. Likes are opposites of dislikes.
24. Beginning is the hardest step.
25. Humbleness reveals character.
26. Helping others fetches blessings.
27. Nature has immense beauty.
28. Hard work makes task easy.
29. Custom duties are imposed on imports.
30. Discipline promotes success.

WAT -II

31. Cinema gives entertainment.
32. Facts overcome confusion.
33. Reforms are essential for society.
34. Duty towards the nation is the first.
35. Soldiers defend the nation.
36. Peace overcomes chaos.
37. Honesty is the best policy.
38. Sputnik V is a COVID vaccine.
39. Space has no air.
40. Science promotes innovation.
41. Affection promotes love.
42. Money is a medium of exchange.
43. Rest gives relief.
44. Leaders have the quality to persuade people.
45. Childhood is full of innocence.
46. Hard work overcomes failure.
47. Running fast improves stamina.
48. Competing others dispels demarcation.
49. Persistence leads to success.
50. Unity overcomes loneliness.
51. Hard work overcomes difficulties.
52. Efficiency improves quality.
53. Insisting people is a skill.
54. Deciding career options is a big step in life.
55. Using technology saves time.
56. Careful actions avoid errors.
57. Success needs sacrifice.
58. Hard work overcomes impossibility.
59. Running keeps fit.
60. Ghost is a myth.

SRT

1. I informed the invigilator & asked him to stop.
2. He asked them to cooperate & adjusted with them.
3. He convinced everyone of his plans, executed them & brought change.
4. He informed the company about his SSB, attended it & went for interview.
5. He stayed calm, accepted his mistake & improved.
6. I informed the TT, took help from people, searched for it & found it.
7. I negotiated calmly, stopped the argument.
8. I handed him over to the police & took the things he stole.
9. I accepted the mistake, surrendered to police & faced charges.
10. I stopped him immediately, gave clothes to woman & handed him to RPF.
11. He chose an option in which he has interest & he performs well.
12. Spending time with friends & family.
13. He made wrong decisions, didn't get results appropriately.
14. He is not able to perform upto his full potential.
15. A girl who is honest, kind hearted and likes him.
16. Negotiations are promoted, terrorism is curbed.
17. He has read many books, worked hard in the past.
18. He didn't lose hope, prepared well for next election & won it.
19. He worked hard, coordinated with group & gave results.
20. He promoted awareness, worked hard & brought a change.
21. He made a fund, asked people to help & donated the money.
22. He found a kind & honest girl, asked about her decision & married.
23. I got a substitute and motivated him to do well in next match.
24. I asked them to stop, convinced them & fought with everything.
25. I gave him hope, brought him up & moved ahead.
26. I asked them to negotiate & cooperate & followed orders.
27. He took a stick, threw the snake out.
28. He convinced him of his genuine intention & asked him to stay calm.
29. He informed the authorities & asked them to stop.
30. He held his hand, took him back onto train.

31. He asked them to stop & not repeat it.
32. He stayed calm & didn't attack & surrendered.
33. He informed TC, RPF & searched for it & found it.
34. He created awareness & took appropriate measures.
35. He administered first aid & evacuated to hospital.
36. He worked hard, got a job & supported family.
37. He brought him back, administered first aid.
38. He adjusted, learnt the language & settled.
39. He took help from police, friends & family.
40. He took responsibility, made arrangements & organise.
41. He supported others to climb & climbed himself.
42. He convinced them, married the girl.
43. He informed authorities, voted for his choice.
44. He worked hard, got job, became successful.
45. He asked them to negotiate & cooperate, followed orders.
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### SELF DESCRIPTION

#### Parent's Opinion

My parents believe that I am a responsible person. They believe that I strive to uplift the family. They take my opinions in household matters. They believe that I am a kind hearted person. They believe that I respect my elders.

#### Teacher's Opinion / Superior's Opinion

My superiors believe that I am a hard working person. They believe that I have good <sup>problem</sup> solving abilities. They believe that I am a dependable person. They believe that I have good moral values & I am socially adaptive.

### SELF DESCRIPTION-II

#### Classmate's / Colleagues Opinion

My colleagues believe that I am helpful & cheerful. They believe that I have good sense of humour. They believe that I am a trustworthy & truthful person. They like to spend time with me.

#### What Kind of A Person I Am

I am a determined, hard working & well organised person. I love to play outdoor games. I am always keen to learn new things. I believe in an interactive learning process.

#### What Kind of A Person I Would Like to Be

I want to become a respected Army Officer. I want to live my life with dignity & I want to contribute to nation's success.