Day sailin For guidance only, by n	g passage possible or a subs	lan v0.3 by Duncan Malc titute for training & experience.	olm	Date:		From:			To:				
Crew checks Planning Boat checks Post sailing		Sea passa	ıge					Tides	i	Sunset:		Sunrise:	
Colour blindness Tides Medical Ability Pilotage Fadio(s) Radio(s) Currents Engine Fuel		Time	From	Towards	Dist	Est. time atkts	Notes						
 Dietary 		ets • Rinse wet kit							Time	m		Time	Tide
Swirining		s - Notify Shore Contact							-6			-6	
Crew briefing		Other							-5			-5	
Gas drills and how cooker works									-4 -3			-4 -3	
 Basic instructions or 	n how to use the radio	 Restaurant booked 							-2			-2	
 Engine starting and 		Passports in dateMarina booked							-1			-1	
Outline of passage pNominate navigation		Tidal gates at marinasCheck lifejackets											
Lifejacket fitting and	hookup points	 Locate emergency equipment 							1			1	
 One hand for yourse 	elf, one hand for the boat - al- tion and how/when to use	ways							2 3			2	
									4			4	
Key boat data									5			5	
Log:	Generato	r hours	Harbours	of refuge					6			6	
Engine hours:	Fuel:		Name										
Victualling			Pilot (Book/Page)						Weat	her	Forecast		On sailing
Breakfast	Lunch	Dinner	Distance						Wind				
			Tidal gate / Access						Visib	lity			
			Dangers						Seas	tate			
			Shelter from	ı					Gene	ral outlook			
			VHF Ch/ Other										
Recipes/Preferences			Dangers o	on route									
			Danger		Marked by		Clearing line	es	BF	Name	K	s	Sea state (m)
									0	Calm Light air	Und 1-		Calm, glassy: < 0
									2	Light breeze	4-	6	Calm, rippled: < 0
									3 4		eeze 11-	16	mooth, wavelets: < 0 Slight: 0.5 - 1.25
									5 6	-			Moderate: 1.25-2.5 Rough: 2.5-4
									7 8 9	Near gale Gale Strong gale	28- 34- 41-	40	Very rough: 4-6
									10 11	Storm	48-	55	High: 6-9 Very high: >9
										Hurricane	64		Phenomenal: >9

Pilotage

Departure			Departure		
POI	Characteristic (if light)	Notes	POI	Characteristic (if light)	Notes
Mini chart/description					

- Night sailing checklist
 Lifejackets and safety lines
 Working binoculars
 Watch plan (Max 3h/watch)
 Balance experience/ability
 Add any breakages to maintenance log

Watch handover checklist

- · Weather at start of watch
- Changes in weather since start
- Navigational hazards (ships/reefs etc)
 Check fuel if motoring

Navigational log

Departure					
Date/time	Distance run	Wind Dir/Strength	Sea state	Position Lat/Long	Remarks

Other

Safe weather windows

From - To	Comment
e.g. Sat - 2pm - Sun 6pm	Gusts F8-F9

Watch plan

Name	From - To
e.g. Duncan	Sat 08h00 - 10h00

Tidal flows

Port/POI	Time window / Direction / Avg kts	Time window / Direction / Avg kts
e.g. Brighton	00:00-07:00 / East to West	07:00-13:00 / West to East / 1.5kts