

Train timetable

Valid from 21 May 2023

Cambridge and Stansted Airport to
London Liverpool Street



@greateranglia



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Bold*Italic*

Times in bold are direct services operated by Greater Anglia
 Times in italics are connecting train services with one change of train
 Other connections may be available with further changes

0640

For the comfort and safety of all passengers, only folded cycles can be accommodated during busy times. Trains that these conditions apply to are highlighted throughout this timetable. To find out about when you can take a full-sized bike on the train visit greateranglia.co.uk/travel-information/your-journey/cycling



All of our services are now WiFi enabled



First Class accommodation available



Interchange with London Underground



Interchange with Docklands Light Railway



Interchange for airport



PlusBus add-on tickets available from this station



Train continues in later column



Train continued from earlier column



Arrival time



Departure time



Continues to Birmingham New Street



Continues to Norwich



Continues to Ely



Fridays only



Mondays to Thursdays only



Mondays only



Tuesdays to Fridays only



Mondays and Fridays only



Tuesdays, Wednesdays and Thursdays only



Tuesdays and Wednesdays only



Mondays, Thursdays and Fridays only

XC Service operated by CrossCountry.
XC trains are included to show the full service available between Stansted Airport, Audley End and Cambridge. These times are correct at time of going to press but Greater Anglia cannot be held responsible for them

All services are operated by Greater Anglia unless otherwise shown

Whilst every care has been taken in the production of this timetable, Greater Anglia can not be held liable for any errors or omissions contained within.



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For all enquiries about Greater Anglia including season tickets, information and bank holiday services contact the Greater Anglia Customer Contact Centre:

email: contactcentre@greateranglia.co.uk

0345 600 7245 (calls may be recorded)



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0800 028 2878

Or email: assistedtravel@greateranglia.co.uk



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For items left on trains arriving at London Liverpool Street, visit LostProperty.org



Website – greateranglia.co.uk

Visit the website for online ticket bookings, real time train running information, station departure screens, service alterations, bespoke downloadable timetables and much more.



Journey information

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If you believe a fellow customer is deliberately avoiding payment of their fare, you can text the details to: **60006** starting your text with the word **dodger**. All information will be treated in the strictest confidence.



National Rail Enquiries

Website: nationalrail.co.uk

Contact Centre:
















03457 48 49 50 (All calls are charged at the local rate and may be recorded.)



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Mondays to Fridays

			XC 1		MFO	MFx		XC 1
Cambridge North		d						
Cambridge		a						
Cambridge		d	0444	0448				0517
Shelford		d						
Whittlesford Parkway		d		0455				
Great Chesterford		d						
Audley End		d	0459	0503				0534
Newport (Essex)		d						
Elsenham		d						
Stansted Airport		a	0514					0549
Stansted Airport		d			0530			
Stansted Mountfitchet		d						
Bishop's Stortford		d		0517	0530	0539	0539	
Sawbridgeworth		d		0521	0535			
Harlow Mill		d		0525	0538			
Harlow Town		d		0528	0541	0547	0547	
Roydon		d		0531	0545			
Broxbourne		a		0535	0550	0553	0553	0550
Cheshunt		a		0540		0557	0557	0600
Tottenham Hale		a		0549		0606	0606	0619
Seven Sisters		a						
Stratford	DLR 	a						0630
London Liverpool St		a		0603		0623	0623	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d							
Cambridge		a							
Cambridge		d	0520	0531				0550	
Shelford		d		0536				0555	
Whittlesford Parkway		d	0528	0540				0600	
Great Chesterford		d	0532					0604	
Audley End		d	0538	0548				0610	
Newport (Essex)		d	0541					0613	
Elsenham		d	0547					0618	
Stansted Airport		a							
Stansted Airport		d			0600	0615			0628
Stansted Mountfitchet		d	0550		0605		0622		0634
Bishop's Stortford		d	0557	0602	0610	0624	0628	0632	0639
Sawbridgeworth		d	0601	0606			0632	0637	
Harlow Mill		d		0610			0636	0640	
Harlow Town		d	0607	0613	0619	0633	0639		0647
Roydon		d	0610				0643		
Broxbourne		a	0614	0619			0647		
Cheshunt		a	0619			0641	0651		0656
Tottenham Hale		a	0628	0631	0635	0651	0703		0706
Seven Sisters		a							
Stratford	DLR		a	0642		0711			
London Liverpool St		a	0643		0649	0707	0719		0722














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Mondays to Fridays

										XC 1
Cambridge North		d	0607							
Cambridge		a	0612							
Cambridge		d	0615			0620				0634
Shelford		d				0625				
Whittlesford Parkway		d	0622			0630				
Great Chesterford		d				0634				
Audley End		d	0631			0640				0649
Newport (Essex)		d				0643				
Elsenham		d				0648				
Stansted Airport		a								0707
Stansted Airport		d				0645			0658	
Stansted Mountfitchet		d					0652			
Bishop's Stortford		d	0644			0654		0658	0707	
Sawbridgeworth		d		←				0702	0712	
Harlow Mill		d	0640					0706		
Harlow Town		d	0657	0703				0709	0717	
Roydon		d	0701				←	0713		
Broxbourne		a	0656	0706			0706	0717		
Cheshunt		a		↘		0711	0715	0721	0726	
Tottenham Hale		a	0709			0723	0730	0733	0736	
Seven Sisters		a								
Stratford	DLR		a	0723			0741			
London Liverpool St		a	0725			0741		0750	0753	
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d	0638				0705		
Cambridge		a	0644				0710		
Cambridge		d	0645		0650		0715		0720
Shelford		d			0655				0725
Whittlesford Parkway		d	0652		0700		0722		0730
Great Chesterford		d			0704				0734
Audley End		d	0701		0710		0731		0740
Newport (Essex)		d			0713				0743
Elsenham		d			0718				0748
Stansted Airport		a							
Stansted Airport		d		0715		0728		0743	
Stansted Mountfitchet		d			0722			0749	0752
Bishop's Stortford		d	0714	0724	0728	0737	0744	0754	0758
Sawbridgeworth		d			0732	0742			0802
Harlow Mill		d			0736				0806
Harlow Town		d		0733	0739	0747		0803	0809
Roydon		d			0743				0813
Broxbourne		a	0726		0747		0756		0817
Cheshunt		a		0741	0751	0756		0811	0821
Tottenham Hale		a	0739	0753	0803	0806	0809	0823	0833
Seven Sisters		a							
Stratford	DLR		a	0753	0811		0823	0841	
London Liverpool St		a	0755	0810	0819	0823	0825	0840	0850

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays

XC 1									
Cambridge North		d							0741
Cambridge		a							0746
Cambridge		d		0734	0745				0750
Shelford		d							0755
Whittlesford Parkway		d			0752				0800
Great Chesterford		d							0804
Audley End		d		0749	0801				0810
Newport (Essex)		d							0813
Elsenham		d							0818
Stansted Airport		a		0807					
Stansted Airport		d	0758				0815		
Stansted Mountfitchet		d							0822
Bishop's Stortford		d	0807		0814	0818	0824		0828
Sawbridgeworth		d	0812						0832
Harlow Mill		d				0825			0836
Harlow Town		d	0817			0828	0833		0839
Roydon		d				0831			0843
Broxbourne		a			0826	0836		0836	0847
Cheshunt		a	0826				0841	0845	0851
Tottenham Hale		a	0836		0839		0852	0900	0903
Seven Sisters		a							
Stratford	DLR		a	0853				0911	
London Liverpool St		a	0853		0855		0910		0919

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Mondays to Fridays

XC 1									
Cambridge North		d							0814
Cambridge		a							0819
Cambridge		d	0812		0817				0820
Shelford		d							0825
Whittlesford Parkway		d			0826				0830
Great Chesterford		d							0834
Audley End		d			0835				0840
Newport (Essex)		d							0843
Elsenham		d							0849
Stansted Airport		a	0841						
Stansted Airport		d	0830			0845			
Stansted Mountfitchet		d				0850			0853
Bishop's Stortford		d	0839	0842	0849				0859
Sawbridgeworth		d		0847					0903
Harlow Mill		d		0850					0907
Harlow Town		d		0853	0857	0902			0910
Roydon		d							0914
Broxbourne		a		0900	0903			←	0918
Cheshunt		a		0914				0914	0922
Tottenham Hale		a	0906	↗	0918	0921	0930		0933
Seven Sisters		a							
Stratford	DLR		a	0923				0941	
London Liverpool St		a	0923		0935	0938			0950

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

							XC 1	
Cambridge North		d						
Cambridge		a						
Cambridge		d					0849	0912
Shelford		d					0854	
Whittlesford Parkway		d					0859	
Great Chesterford		d					0903	
Audley End		d					0911	
Newport (Essex)		d					0914	
Elsenham		d					0919	
Stansted Airport		a					0942	
Stansted Airport		d	0900		0915			
Stansted Mountfitchet		d			0920		0923	
Bishop's Stortford		d	0909	0915			0929	0947
Sawbridgeworth		d		0920			0933	0952
Harlow Mill		d		0923			0937	↗
Harlow Town		d		0926	0932		0941	
Roydon		d		0930				
Broxbourne		a		0935		←	0947	
Cheshunt		a		0943		0943	0951	
Tottenham Hale		a	0936	↘	0948	0957	1000	
Seven Sisters		a						
Stratford	DLR		a	0953			1010	
London Liverpool St		a	0953		1003		1015	

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









Mondays to Fridays

Cambridge North		d				0913				0944
Cambridge		a				0919				0949
Cambridge		d				0920				0950
Shelford		d				0925				
Whittlesford Parkway		d				0930				0958
Great Chesterford		d				0934				
Audley End		d				0940				1007
Newport (Essex)		d				0943				
Elsenham		d				0948				
Stansted Airport		a								1022
Stansted Airport		d	0944					1013		
Stansted Mountfitchet		d				0952		1018		
Bishop's Stortford		d	0953			0958	1015	1023		
Sawbridgeworth		d			0952	1003	1020			
Harlow Mill		d				1006	1023			
Harlow Town		d	1001	1005		1009	1026	1032		
Roydon		d				1013	1030			
Broxbourne		a			1011	1017	1035			
Cheshunt		a			1016	1021	1044			1044
Tottenham Hale		a	1017	1027		1030		1048		1056
Seven Sisters		a								
Stratford	DLR		a		1040	1053				1110
London Liverpool St		a	1031			1045		1102		

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Mondays to Fridays

Cambridge North		d	0953						1013
Cambridge		a	0959						1019
Cambridge		d	1003						1020
Shelford		d							1025
Whittlesford Parkway		d	1011						1030
Great Chesterford		d							1034
Audley End		d	1019						1040
Newport (Essex)		d							1043
Elsenham		d							1048
Stansted Airport		a							
Stansted Airport		d			1043				1113
Stansted Mountfitchet		d					1052		1118
Bishop's Stortford		d	1033	1047	1052		1058	1115	1123
Sawbridgeworth		d		1052			1052	1103	1120
Harlow Mill		d						1106	1123
Harlow Town		d	1041		1101	1105	1109	1126	1132
Roydon		d					1113	1130	
Broxbourne		a	1047				1111	1117	1135
Cheshunt		a	1051				1116	1121	1144
Tottenham Hale		a	1100		1117	1127	1130		1148
Seven Sisters		a							
Stratford	DLR		a	1123			1140	1153	
London Liverpool St		a	1115		1131		1145		1202














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			XC		1	
Cambridge North		d	1040	1053		
Cambridge		a	1045	1059		
Cambridge		d	1048	1103	1111	
Shelford		d				
Whittlesford Parkway		d	1057	1111		
Great Chesterford		d				
Audley End		d	1107	1119		
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a	1122		1141	
Stansted Airport		d			1143	
Stansted Mountfitchet		d				
Bishop's Stortford		d		1133	1147	1152 ←
Sawbridgeworth		d			1152	1152
Harlow Mill		d			↘	
Harlow Town		d		1141	1201	1205
Roydon		d				
Broxbourne		a	←	1147		1211
Cheshunt		a	1144	1151		1216
Tottenham Hale		a	1156	1200	1217	1227
Seven Sisters		a				
Stratford	DLR		a	1210	1223	1240
London Liverpool St		a		1215	1231	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d	1113			1143	1153
Cambridge		a	1119			1149	1159
Cambridge		d	1120			1150	1203
Shelford		d	1125				
Whittlesford Parkway		d	1130			1158	1211
Great Chesterford		d	1134				
Audley End		d	1140			1207	1219
Newport (Essex)		d	1143				
Elsenham		d	1148				
Stansted Airport		a				1222	
Stansted Airport		d		1213			
Stansted Mountfitchet		d	1152	1218			
Bishop's Stortford		d	1158	1215	1223		1233 1247
Sawbridgeworth		d	1203	1220			1252
Harlow Mill		d	1206	1223			↘
Harlow Town		d	1209	1226	1232		1241
Roydon		d	1213	1230			
Broxbourne		a	1217	1235		←	1247
Cheshunt		a	1221	1244		1244	1251
Tottenham Hale		a	1230	↘	1248	1256	1300
Seven Sisters		a					
Stratford	DLR		a	1253		1310	1323
London Liverpool St		a	1245		1302		1315

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

















Cambridge North		d				1213			1239
Cambridge		a				1219			1244
Cambridge		d				1220			1248
Shelford		d				1225			
Whittlesford Parkway		d				1230			1257
Great Chesterford		d				1234			
Audley End		d				1240			1307
Newport (Essex)		d				1243			
Elsenham		d				1248			
Stansted Airport		a							1322
Stansted Airport		d	1243				1313		
Stansted Mountfitchet		d			1252		1318		
Bishop's Stortford		d	1252		1258	1315	1323		
Sawbridgeworth		d		1252	1303	1320			
Harlow Mill		d			1306	1323			
Harlow Town		d	1301	1305	1309	1326	1332		
Roydon		d			1313	1330			
Broxbourne		a		1311	1317	1335			
Cheshunt		a		1316	1321	1344			1344
Tottenham Hale		a	1317	1327	1330		1348		1356
Seven Sisters		a							
Stratford	DLR	a		1340	1353				1410
London Liverpool St		a	1331		1345		1402		

0640 Cycle restrictions apply. See notes for details

For reference to notes please see pages 2 and 3














Mondays to Fridays

XC
1

Cambridge North		d	1253					1313
Cambridge		a	1259					1319
Cambridge		d	1303	1311				1320
Shelford		d						1325
Whittlesford Parkway		d	1311					1330
Great Chesterford		d						1334
Audley End		d	1319					1340
Newport (Essex)		d						1343
Elsenham		d						1348
Stansted Airport		a		1341				
Stansted Airport		d			1343			
Stansted Mountfitchet		d						1352
Bishop's Stortford		d	1333	1347	1352		1358	1415
Sawbridgeworth		d		1352			1352	1403 1420
Harlow Mill		d						1406 1423
Harlow Town		d	1341		1401	1405	1409	1426
Roydon		d						1413 1430
Broxbourne		a	1347				1411	1417 1435
Cheshunt		a	1351				1416	1421 1444
Tottenham Hale		a	1400		1417	1427	1430	
Seven Sisters		a						
Stratford	DLR		a	1423			1440	1453
London Liverpool St		a	1415		1431			1445














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d		1339	1353		
Cambridge		a		1344	1359		
Cambridge		d		1348	1403		
Shelford		d					
Whittlesford Parkway		d		1357	1411		
Great Chesterford		d					
Audley End		d		1407	1419		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1422			
Stansted Airport		d	1413			1443	
Stansted Mountfitchet		d	1418				
Bishop's Stortford		d	1423		1433	1447	1452
Sawbridgeworth		d				1452	1452
Harlow Mill		d					
Harlow Town		d	1432		1441	1501	1505
Roydon		d					
Broxbourne		a			1447		1511
Cheshunt		a		1444	1451		1516
Tottenham Hale		a	1448	1456	1500	1517	1527
Seven Sisters		a					
Stratford	DLR		a		1510	1523	1540
London Liverpool St		a	1502		1515	1533	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						XC
						1
Cambridge North		d	1413		1439	1453
Cambridge		a	1419		1444	1459
Cambridge		d	1420		1448	1503 1511
Shelford		d	1425			
Whittlesford Parkway		d	1430		1457	1511
Great Chesterford		d	1434			
Audley End		d	1440		1507	1519
Newport (Essex)		d	1443			
Elsenham		d	1448			
Stansted Airport		a			1522	1541
Stansted Airport		d		1513		
Stansted Mountfitchet		d	1452	1518		
Bishop's Stortford		d	1458	1515	1523	1533
Sawbridgeworth		d	1503	1520		
Harlow Mill		d	1506	1523		
Harlow Town		d	1509	1526	1532	1541
Roydon		d	1513	1530		
Broxbourne		a	1517	1535	←	1547
Cheshunt		a	1521	1543	1543	1551
Tottenham Hale		a	1530	↗	1548 1557	1600
Seven Sisters		a				
Stratford	DLR		a	1553	1609	1623
London Liverpool St		a	1545	1602		1615














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d								1513	
Cambridge		a								1519	
Cambridge		d								1520	
Shelford		d								1525	
Whittlesford Parkway		d								1530	
Great Chesterford		d								1534	
Audley End		d								1540	
Newport (Essex)		d								1543	
Elsenham		d								1548	
Stansted Airport		a									
Stansted Airport		d		1543						1611	
Stansted Mountfitchet		d				1552				1616	
Bishop's Stortford		d	1547	1552		←	1558	1615		1622	
Sawbridgeworth		d	1552			1552	1603	1620			
Harlow Mill		d	→				1606	1623			
Harlow Town		d		1601		1604	1609	1626		1632	
Roydon		d					1613	1630			
Broxbourne		a				1610	1617	1635			←
Cheshunt		a				1615	1621	1643			1643
Tottenham Hale		a		1617		1627	1630	→		1648	1657
Seven Sisters		a									
Stratford	DLR	a				1640	1653				1709
London Liverpool St		a		1631			1646			1702	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d	1539	1543			1613	
Cambridge		a	1544	1549			1619	
Cambridge		d	1547	1550			1620	1635
Shelford		d		1555			1625	
Whittlesford Parkway		d	1556	1600			1630	1643
Great Chesterford		d		1604			1634	
Audley End		d	1606	1610			1640	1651
Newport (Essex)		d		1613			1643	
Elsenham		d		1618			1648	
Stansted Airport		a	1622					
Stansted Airport		d			1645			
Stansted Mountfitchet		d		1622			1652	
Bishop's Stortford		d		1629	1643		1658	1705
Sawbridgeworth		d		1648			1703	
Harlow Mill		d		1651				
Harlow Town		d		1638	1654	1700	1708	
Roydon		d		1658				
Broxbourne		a		1644	1703		← 1714	
Cheshunt		a		1648	1712		1712	1718
Tottenham Hale		a		1700	↘	1718	1724	1727 1730
Seven Sisters		a						
Stratford	DLR		a				1736	
London Liverpool St		a		1716		1732	1744	1746














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d								1639	1643
Cambridge		a								1645	1649
Cambridge		d								1647	1650
Shelford		d									1655
Whittlesford Parkway		d								1656	1700
Great Chesterford		d									1704
Audley End		d								1706	1711
Newport (Essex)		d									1714
Elsenham		d									1719
Stansted Airport		a								1724	
Stansted Airport		d	1700			1715					1730
Stansted Mountfitchet		d				1720				1723	
Bishop's Stortford		d	1709	1715						1730	1739
Sawbridgeworth		d			1720					1734	
Harlow Mill		d			1723						
Harlow Town		d			1726	1732				1739	
Roydon		d			1730					1743	
Broxbourne		a			1735			←		1747	
Cheshunt		a			1743			1743		1751	
Tottenham Hale		a	1733	↪	1750	1757				1800	1803
Seven Sisters		a									
Stratford	DLR		a	1751			1809				
London Liverpool St		a	1748		1808					1816	1818

0640 Cycle restrictions apply. See notes for details















Mondays to Fridays

XC 1									
Cambridge North		d							1713
Cambridge		a							1719
Cambridge		d	1712						1720
Shelford		d							1725
Whittlesford Parkway		d							1730
Great Chesterford		d							1734
Audley End		d							1740
Newport (Essex)		d							1743
Elsenham		d							1748
Stansted Airport		a	1741						
Stansted Airport		d		1745				1800	
Stansted Mountfitchet		d					1752		
Bishop's Stortford		d	1743				1800	1809	1815
Sawbridgeworth		d	1748				1804		1820
Harlow Mill		d	1751				1808		1823
Harlow Town		d	1754	1800			1811		1826
Roydon		d	1758						1830
Broxbourne		a	1803			←	1817		1835
Cheshunt		a	1812			1812	1821		1843
Tottenham Hale		a	↗	1819	1824	1830	1833	↗	
Seven Sisters		a							
Stratford	DLR		a			1836		1851	
London Liverpool St		a		1838		1845	1847		

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Mondays to Fridays

Cambridge North		d							
Cambridge		a							
Cambridge		d		1750				1820	
Shelford		d		1755				1825	
Whittlesford Parkway		d		1800				1830	
Great Chesterford		d		1804				1834	
Audley End		d		1811				1840	
Newport (Essex)		d		1814				1843	
Elsenham		d		1819				1848	
Stansted Airport		a							
Stansted Airport		d	1815			1830	1845		1900
Stansted Mountfitchet		d	1820		1823			1852	
Bishop's Stortford		d			1830	1839		1900	1909
Sawbridgeworth		d			1834			1904	
Harlow Mill		d						1908	
Harlow Town		d	1832		1839		1901	1911	
Roydon		d			1843				
Broxbourne		a				1847		1917	
Cheshunt		a			1843	1851		1921	
Tottenham Hale		a	1848	1857	1900	1903	1919	1930	1933
Seven Sisters		a							
Stratford	DLR		a		1909		1938		1951
London Liverpool St		a	1902		1915	1917	1938	1945	1947


















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				XC 1					
Cambridge North		d		1842			1913		
Cambridge		a		1848			1919		
Cambridge		d		1849	1912		1920		
Shelford		d		1854			1925		
Whittlesford Parkway		d		1859			1930		
Great Chesterford		d		1903			1934		
Audley End		d		1911			1940		
Newport (Essex)		d		1914			1943		
Elsenham		d		1919			1948		
Stansted Airport		a			1941				
Stansted Airport		d	1915		1930	1945			
Stansted Mountfitchet		d	1920	1923			1952		
Bishop's Stortford		d	1915	1930	1939		2000		
Sawbridgeworth		d	1920	1934			2004		
Harlow Mill		d	1923				2008		
Harlow Town		d	1926	1932	1939	2001	2011		
Roydon		d	1930		1943				
Broxbourne		a	1935	←	1947		2017		
Cheshunt		a	1943	1943	1951		2021		
Tottenham Hale		a	↗	1948	1957	1959	2003	2017	2030
Seven Sisters		a							
Stratford	DLR		a		2009		2023	2040	
London Liverpool St		a		2003	2015	2017		2033	2045














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

Cambridge North		d						1953			
Cambridge		a						1959			
Cambridge		d						2002			
Shelford		d									
Whittlesford Parkway		d						2010			
Great Chesterford		d									
Audley End		d						2019			
Newport (Essex)		d									
Elsenham		d									
Stansted Airport		a									
Stansted Airport		d	2000			2015				2043	
Stansted Mountfitchet		d				2020					
Bishop's Stortford		d	2009	2015				2033	2047	2052	
Sawbridgeworth		d		2020					2052		2052
Harlow Mill		d		2023							
Harlow Town		d		2026	2032			2041		2101	2105
Roydon		d		2030							
Broxbourne		a		2035				2047			2111
Cheshunt		a		2044			2044	2051			2116
Tottenham Hale		a	2033		2048	2056	2100			2117	2127
Seven Sisters		a									
Stratford	DLR		a	2053			2110	2123			2140
London Liverpool St		a	2047		2103		2115			2131	


















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						XC
						1
Cambridge North		d	2013		2040	2053
Cambridge		a	2019		2045	2059
Cambridge		d	2020		2048	2103 2111
Shelford		d	2025			
Whittlesford Parkway		d	2030		2057	2111
Great Chesterford		d	2034			
Audley End		d	2040		2107	2119
Newport (Essex)		d	2043			
Elsenham		d	2048			
Stansted Airport		a			2122	2141
Stansted Airport		d		2113		
Stansted Mountfitchet		d	2052	2118		
Bishop's Stortford		d	2058	2115	2123	2133
Sawbridgeworth		d	2103	2120		
Harlow Mill		d	2106	2123		
Harlow Town		d	2109	2126	2132	2141
Roydon		d	2113	2130		
Broxbourne		a	2117	2135	←	2147
Cheshunt		a	2121	2144	2144	2151
Tottenham Hale		a	2130	↘	2148 2156	2200
Seven Sisters		a				
Stratford	DLR		a	2153	2210	2223
London Liverpool St		a	2145	2202		2215

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays

Cambridge North		d						2113				
Cambridge		a						2119				
Cambridge		d						2120				
Shelford		d						2125				
Whittlesford Parkway		d						2130				
Great Chesterford		d						2134				
Audley End		d						2140				
Newport (Essex)		d						2143				
Elsenham		d						2148				
Stansted Airport		a										
Stansted Airport		d		2143					2213			
Stansted Mountfitchet		d			2152			2218				
Bishop's Stortford		d	2147	2152		2158	2215	2223				
Sawbridgeworth		d	2152		2152	2203	2220					
Harlow Mill		d				2206	2223					
Harlow Town		d		2201	2205	2209	2226	2232				
Roydon		d				2213	2230					
Broxbourne		a			2211	2217	2235					
Cheshunt		a			2216	2221	2244			2244		
Tottenham Hale		a		2217	2227	2230		2248	2256			
Seven Sisters		a										
Stratford	DLR 	a			2240	2253				2310		
London Liverpool St		a		2231	2245			2302				

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Mondays to Fridays

		XC 1		MO	
Cambridge North	 d	2153		2213	2243
Cambridge	 a	2159		2219	2248
Cambridge	 d	2203	2211	2220	2250
Shelford	d			2225	2255
Whittlesford Parkway	d	2211		2230	2300
Great Chesterford	d			2234	2304
Audley End	d	2219		2240	2310
Newport (Essex)	d			2243	2313
Elsenham	d			2248	2318
Stansted Airport	 a		2241		
Stansted Airport	 d		2243	2313	2345
Stansted Mountfitchet	d			2252	2318
Bishop's Stortford	 d	2233	2252	2258	2323
Sawbridgeworth	d			2303	2332
Harlow Mill	d			2306	2336
Harlow Town	 d	2241	2301	2309	2332
Roydon	d			2313	2343
Broxbourne	 a	2247		2317	2347
Cheshunt	 a	2251		2321	2351
Tottenham Hale	 a	2300	2317	2330	2348
Seven Sisters	 a				0004
Stratford	DLR  a	2323			
London Liverpool St	 a	2315	2331	2347	0002

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays

			MX	FO
Cambridge North		d		
Cambridge		a		
Cambridge		d	2327	
Shelford		d	2332	
Whittlesford Parkway		d	2336	
Great Chesterford		d	2340	
Audley End		d	2345	
Newport (Essex)		d	2348	
Elsenham		d	2354	
Stansted Airport		a		
Stansted Airport		d	2345	0030
Stansted Mountfitchet		d		2358
Bishop's Stortford		d	2354	0004 0039
Sawbridgeworth		d		
Harlow Mill		d		
Harlow Town		d	0002	0047
Roydon		d		
Broxbourne		a		
Cheshunt		a		
Tottenham Hale		a		
Seven Sisters		a	0022	
Stratford	DLR 	a		
London Liverpool St		a	0036	0121

0640 Cycle restrictions apply. See notes for details

Saturdays














XC
1

Cambridge North		d							
Cambridge		a							
Cambridge		d	0438	0451			0520		
Shelford		d					0525		
Whittlesford Parkway		d	0445				0530		
Great Chesterford		d					0534		
Audley End		d	0453				0540		
Newport (Essex)		d					0543		
Elsenham		d					0548		
Stansted Airport		a		0517					
Stansted Airport		d			0530			0558	
Stansted Mountfitchet		d					0552		
Bishop's Stortford		d	0507	0514	0539	0547	0558	0607	
Sawbridgeworth		d	0511	0519		0552	0603		
Harlow Mill		d	0515	0522			0606		
Harlow Town		d	0518	0525	0547	0605	0609	0615	
Roydon		d	0521	0529			0613		
Broxbourne		a	0525	0533		0611	0617		
Cheshunt		a	0530	0537		0616	0621		
Tottenham Hale		a		0554	0603	0627	0629	0633	
Seven Sisters		a	0542						
Stratford	DLR 	a		0605		0640		0653	
London Liverpool St		a	0557	0614	0617		0645	0647	

0640 Cycle restrictions apply. See notes for details














Saturdays

XC
1

Cambridge North		d					
Cambridge		a					
Cambridge		d	0540			0603	0610
Shelford		d					
Whittlesford Parkway		d				0611	0618
Great Chesterford		d					
Audley End		d	0555			0619	0626
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a	0610				0641
Stansted Airport		d		0613			
Stansted Mountfitchet		d		0618			
Bishop's Stortford		d	0615	0623		0633	0647
Sawbridgeworth		d	0620				0652
Harlow Mill		d	0623				↘
Harlow Town		d	0626	0632		0641	
Roydon		d	0630				
Broxbourne		a	0635			← 0647	
Cheshunt		a	0644			0644	0651
Tottenham Hale		a	↘	0648	0656	0700	
Seven Sisters		a					
Stratford	DLR		a			0710	0723
London Liverpool St		a		0702		0715	
















0640 Cycle restrictions apply. See notes for details

Saturdays

		XC 1			
Cambridge North	 d		0613		
Cambridge	 a		0619		
Cambridge	 d		0620	0640	
Shelford	d		0625		
Whittlesford Parkway	d		0630		
Great Chesterford	d		0634		
Audley End	d		0640	0655	
Newport (Essex)	d		0643		
Elsenham	d		0648		
Stansted Airport	 a			0710	
Stansted Airport	 d	0643			0713
Stansted Mountfitchet	d		0652		0718
Bishop's Stortford	 d	0652	←	0658	0715 0723
Sawbridgeworth	d		0652	0703	0720
Harlow Mill	d			0706	0723
Harlow Town	 d	0701	0705	0709	0726 0732
Roydon	d			0713	0730
Broxbourne	 a		0711	0717	0735
Cheshunt	 a		0716	0721	0744
Tottenham Hale	 a	0717	0727	0730	→ 0748 0756
Seven Sisters	 a				
Stratford	DLR  a		0740	0753	
London Liverpool St	 a	0731		0745	0802














0640 Cycle restrictions apply. See notes for details

Saturdays

										XC 1
Cambridge North		d	0639						0713	
Cambridge		a	0647						0719	
Cambridge		d	0649	0703					0720	0736
Shelford		d							0725	
Whittlesford Parkway		d	0658	0711					0730	
Great Chesterford		d							0734	
Audley End		d	0707	0719					0740	0752
Newport (Essex)		d							0743	
Elsenham		d							0748	
Stansted Airport		a	0722							0810
Stansted Airport		d				0743				
Stansted Mountfitchet		d							0752	
Bishop's Stortford		d		0733	0747	0752			0758	
Sawbridgeworth		d			0752			0752	0803	
Harlow Mill		d							0806	
Harlow Town		d		0741		0801		0805	0809	
Roydon		d							0813	
Broxbourne		a		0747				0811	0817	
Cheshunt		a		0751				0816	0821	
Tottenham Hale		a		0800		0817		0827	0830	
Seven Sisters		a								
Stratford	DLR		a		0823			0840	0853	
London Liverpool St		a		0815		0831			0845	

0640 Cycle restrictions apply. See notes for details

Saturdays

					XC	
					1	
Cambridge North		d			0739	0753
Cambridge		a			0744	0759
Cambridge		d			0748	0803 0811
Shelford		d				
Whittlesford Parkway		d			0757	0811
Great Chesterford		d				
Audley End		d			0807	0819
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a			0822	0841
Stansted Airport		d	0813			
Stansted Mountfitchet		d	0818			
Bishop's Stortford		d	0815	0823		0833 0847
Sawbridgeworth		d	0820			0852
Harlow Mill		d	0823			↘
Harlow Town		d	0826	0832		0841
Roydon		d	0830			
Broxbourne		a	0835		←	0847
Cheshunt		a	0844		0844	0851
Tottenham Hale		a	↘	0848	0856	0900
Seven Sisters		a				
Stratford	DLR		a		0910	0923
London Liverpool St		a		0902		0915

0640 Cycle restrictions apply. See notes for details

Saturdays

















Cambridge North		d							0813									0839
Cambridge		a							0819									0844
Cambridge		d							0820									0848
Shelford		d							0825									
Whittlesford Parkway		d							0830									0857
Great Chesterford		d							0834									
Audley End		d							0840									0907
Newport (Essex)		d							0843									
Elsenham		d							0848									
Stansted Airport		a																0922
Stansted Airport		d	0843									0913						
Stansted Mountfitchet		d						0852				0918						
Bishop's Stortford		d	0852				0858	0915		0923								
Sawbridgeworth		d			0852		0903	0920										
Harlow Mill		d					0906	0923										
Harlow Town		d	0901		0905		0909	0926		0932								
Roydon		d					0913	0930										
Broxbourne		a			0911		0917	0935										
Cheshunt		a			0916		0921	0944									0944	
Tottenham Hale		a	0917		0927		0930			0948		0956						
Seven Sisters		a																
Stratford	DLR		a			0940	0953											1010
London Liverpool St		a	0931				0945			1002								

0640 Cycle restrictions apply. See notes for details

For reference to notes please see pages 2 and 3














Saturdays

XC
1

Cambridge North		d	0853					0913
Cambridge		a	0859					0919
Cambridge		d	0903	0911				0920
Shelford		d						0925
Whittlesford Parkway		d	0911					0930
Great Chesterford		d						0934
Audley End		d	0919					0940
Newport (Essex)		d						0943
Elsenham		d						0948
Stansted Airport		a		0941				
Stansted Airport		d			0943			
Stansted Mountfitchet		d						0952
Bishop's Stortford		d	0933	0947	0952		0958	1015
Sawbridgeworth		d		0952			0952	1003 1020
Harlow Mill		d						1006 1023
Harlow Town		d	0941		1001	1005	1009	1026
Roydon		d					1013	1030
Broxbourne		a	0947				1011	1017 1035
Cheshunt		a	0951				1016	1021 1044
Tottenham Hale		a	1000		1017	1027	1030	
Seven Sisters		a						
Stratford	DLR		a	1023			1040	1053
London Liverpool St		a	1015		1031		1045	














0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d		0939	0953		
Cambridge		a		0944	0959		
Cambridge		d		0948	1003		
Shelford		d					
Whittlesford Parkway		d		0957	1011		
Great Chesterford		d					
Audley End		d		1007	1019		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1022			
Stansted Airport		d	1013			1043	
Stansted Mountfitchet		d	1018				
Bishop's Stortford		d	1023		1033	1047	1052
Sawbridgeworth		d				1052	1052
Harlow Mill		d					
Harlow Town		d	1032		1041	1101	1105
Roydon		d					
Broxbourne		a			1047		1111
Cheshunt		a		1044	1051		1116
Tottenham Hale		a	1048	1056	1100	1117	1127
Seven Sisters		a					
Stratford	DLR		a		1110	1123	1140
London Liverpool St		a	1102		1115	1131	


















0640 Cycle restrictions apply. See notes for details

Saturdays

						XC 1
Cambridge North		d	1013		1039	1053
Cambridge		a	1019		1044	1059
Cambridge		d	1020		1048	1103 1111
Shelford		d	1025			
Whittlesford Parkway		d	1030		1057	1111
Great Chesterford		d	1034			
Audley End		d	1040		1107	1119
Newport (Essex)		d	1043			
Elsenham		d	1048			
Stansted Airport		a			1122	1141
Stansted Airport		d		1113		
Stansted Mountfitchet		d	1052	1118		
Bishop's Stortford		d	1058	1115 1123		1133
Sawbridgeworth		d	1103	1120		
Harlow Mill		d	1106	1123		
Harlow Town		d	1109	1126 1132		1141
Roydon		d	1113	1130		
Broxbourne		a	1117	1135	←	1147
Cheshunt		a	1121	1144	1144	1151
Tottenham Hale		a	1130	↪ 1148	1156	1200
Seven Sisters		a				
Stratford	DLR		a	1153	1210	1223
London Liverpool St		a	1145	1202		1215

0640 Cycle restrictions apply. See notes for details

















Saturdays

Cambridge North		d						1113				
Cambridge		a						1119				
Cambridge		d						1120				
Shelford		d						1125				
Whittlesford Parkway		d						1130				
Great Chesterford		d						1134				
Audley End		d						1140				
Newport (Essex)		d						1143				
Elsenham		d						1148				
Stansted Airport		a										
Stansted Airport		d		1143						1213		
Stansted Mountfitchet		d			1152			1218				
Bishop's Stortford		d	1147	1152		1158	1215	1223				
Sawbridgeworth		d	1152		1152	1203	1220					
Harlow Mill		d				1206	1223					
Harlow Town		d		1201	1205	1209	1226	1232				
Roydon		d				1213	1230					
Broxbourne		a			1211	1217	1235					
Cheshunt		a			1216	1221	1244			1244		
Tottenham Hale		a		1217	1227	1230		1248	1256			
Seven Sisters		a										
Stratford	DLR		a			1240	1253			1310		
London Liverpool St		a		1231	1245			1302				

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Saturdays

Cambridge North		d	1139	1153				1213
Cambridge		a	1145	1159				1219
Cambridge		d	1148	1203				1220
Shelford		d						1225
Whittlesford Parkway		d	1157	1211				1230
Great Chesterford		d						1234
Audley End		d	1207	1219				1240
Newport (Essex)		d						1243
Elsenham		d						1248
Stansted Airport		a	1222					
Stansted Airport		d			1243			
Stansted Mountfitchet		d					1252	
Bishop's Stortford		d		1233	1247	1252		1258 1315
Sawbridgeworth		d			1252		1252	1303 1320
Harlow Mill		d						1306 1323
Harlow Town		d		1241		1301	1305	1309 1326
Roydon		d						1313 1330
Broxbourne		a		1247			1311	1317 1335
Cheshunt		a		1251			1316	1321 1344
Tottenham Hale		a		1300		1317	1327	1330 
Seven Sisters		a						
Stratford	DLR		a	1323			1340	1353
London Liverpool St		a		1315		1331		1345














0640 Cycle restrictions apply. See notes for details

Saturdays

				XC 1			
Cambridge North		d		1239	1253		
Cambridge		a		1244	1259		
Cambridge		d		1248	1303	1311	
Shelford		d					
Whittlesford Parkway		d		1257	1311		
Great Chesterford		d					
Audley End		d		1307	1319		
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a		1322		1341	
Stansted Airport		d	1313				1343
Stansted Mountfitchet		d	1318				
Bishop's Stortford		d	1323		1333	1347	1352
Sawbridgeworth		d				1352	
Harlow Mill		d				↘	
Harlow Town		d	1332		1341		1401
Roydon		d					
Broxbourne		a		←	1347		
Cheshunt		a		1344	1351		
Tottenham Hale		a	1348	1356	1400		1417
Seven Sisters		a					
Stratford	DLR		a		1410	1423	
London Liverpool St		a	1402		1415		1431

0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d	1313			1344	1353
Cambridge		a	1319			1349	1359
Cambridge		d	1320			1350	1403
Shelford		d	1325				
Whittlesford Parkway		d	1330			1358	1411
Great Chesterford		d	1334				
Audley End		d	1340			1407	1419
Newport (Essex)		d	1343				
Elsenham		d	1348				
Stansted Airport		a				1422	
Stansted Airport		d		1413			
Stansted Mountfitchet		d	1352	1418			
Bishop's Stortford		d	←	1358	1415	1423	1433
Sawbridgeworth		d	1352	1403	1420		
Harlow Mill		d		1406	1423		
Harlow Town		d	1405	1409	1426	1432	1441
Roydon		d		1413	1430		
Broxbourne		a	1411	1417	1435	←	1447
Cheshunt		a	1416	1421	1444	1444	1451
Tottenham Hale		a	1427	1430	↗	1448	1456
Seven Sisters		a					
Stratford	DLR		a	1440	1453	1510	1523
London Liverpool St		a		1445	1502		1515

0640 Cycle restrictions apply. See notes for details














Saturdays

Cambridge North		d								1413
Cambridge		a								1419
Cambridge		d								1420
Shelford		d								1425
Whittlesford Parkway		d								1430
Great Chesterford		d								1434
Audley End		d								1440
Newport (Essex)		d								1443
Elsenham		d								1448
Stansted Airport		a								
Stansted Airport		d		1443					1513	
Stansted Mountfitchet		d				1452			1518	
Bishop's Stortford		d	1447	1452		1458	1515		1523	
Sawbridgeworth		d	1452		1452	1503	1520			
Harlow Mill		d				1506	1523			
Harlow Town		d		1501	1505	1509	1526		1532	
Roydon		d				1513	1530			
Broxbourne		a			1511	1517	1535			
Cheshunt		a			1516	1521	1544			1544
Tottenham Hale		a		1517	1527	1530			1548	1556
Seven Sisters		a								
Stratford	DLR		a			1540	1553			1610
London Liverpool St		a		1531		1545			1602	

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Saturdays

				XC		1	
Cambridge North		d	1439	1453			1513
Cambridge		a	1444	1459			1519
Cambridge		d	1448	1503	1511		1520
Shelford		d					1525
Whittlesford Parkway		d	1457	1511			1530
Great Chesterford		d					1534
Audley End		d	1507	1519			1540
Newport (Essex)		d					1543
Elsenham		d					1548
Stansted Airport		a	1522		1541		
Stansted Airport		d				1543	
Stansted Mountfitchet		d					1552
Bishop's Stortford		d		1533	1547	1552	← 1558
Sawbridgeworth		d			1552		1552 1603
Harlow Mill		d			↘		1606
Harlow Town		d		1541		1601	1605 1609
Roydon		d					1613
Broxbourne		a		1547			1611 1617
Cheshunt		a		1551			1616 1621
Tottenham Hale		a		1600		1617	1627 1630
Seven Sisters		a					
Stratford	DLR		a		1623		1640 1653
London Liverpool St		a		1615		1631	1645














0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d			1540	1553		
Cambridge		a			1546	1559		
Cambridge		d			1548	1603		
Shelford		d						
Whittlesford Parkway		d			1557	1611		
Great Chesterford		d						
Audley End		d			1607	1619		
Newport (Essex)		d						
Elsenham		d						
Stansted Airport		a			1622			
Stansted Airport		d	1613					1643
Stansted Mountfitchet		d	1618					
Bishop's Stortford		d	1615	1623		1633	1647	1652
Sawbridgeworth		d	1620				1652	
Harlow Mill		d	1623				↘	
Harlow Town		d	1626	1632		1641		1701
Roydon		d	1630					
Broxbourne		a	1635		←	1647		
Cheshunt		a	1644		1644	1651		
Tottenham Hale		a	↘	1648	1656	1700		1717
Seven Sisters		a						
Stratford	DLR		a		1710	1723		
London Liverpool St		a		1702		1715		1731

















0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d	1613			1639	1653
Cambridge		a	1619			1644	1659
Cambridge		d	1620			1648	1703
Shelford		d	1625				
Whittlesford Parkway		d	1630			1657	1711
Great Chesterford		d	1634				
Audley End		d	1640			1707	1719
Newport (Essex)		d	1643				
Elsenham		d	1648				
Stansted Airport		a				1722	
Stansted Airport		d		1713			
Stansted Mountfitchet		d	1652	1718			
Bishop's Stortford		d	←	1658	1715	1723	1733
Sawbridgeworth		d	1652	1703	1720		
Harlow Mill		d		1706	1723		
Harlow Town		d	1705	1709	1726	1732	1741
Roydon		d		1713	1730		
Broxbourne		a	1711	1717	1735	←	1747
Cheshunt		a	1716	1721	1744	1744	1751
Tottenham Hale		a	1727	1730	↗	1748	1756
Seven Sisters		a					
Stratford	DLR		a	1740	1753	1810	1823
London Liverpool St		a		1745	1802		1815

0640 Cycle restrictions apply. See notes for details














Saturdays

XC 1										
Cambridge North		d					1713			
Cambridge		a					1719			
Cambridge		d	1711					1720		
Shelford		d					1725			
Whittlesford Parkway		d					1730			
Great Chesterford		d					1734			
Audley End		d					1740			
Newport (Essex)		d					1743			
Elsenham		d					1748			
Stansted Airport		a	1741							
Stansted Airport		d			1743					1813
Stansted Mountfitchet		d				1752				1818
Bishop's Stortford		d	1747	1752		1758	1815			1823
Sawbridgeworth		d	1752			1752	1803	1820		
Harlow Mill		d					1806	1823		
Harlow Town		d			1801	1805	1809	1826	1832	
Roydon		d					1813	1830		
Broxbourne		a			1811		1817	1835		
Cheshunt		a			1816		1821	1844		
Tottenham Hale		a			1817	1827	1830		1848	
Seven Sisters		a								
Stratford	DLR		a			1840	1853			
London Liverpool St		a			1831	1845				1902

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Saturdays

Cambridge North		d	1739	1753			1813
Cambridge		a	1744	1759			1819
Cambridge		d	1748	1803			1820
Shelford		d					1825
Whittlesford Parkway		d	1757	1811			1830
Great Chesterford		d					1834
Audley End		d	1807	1819			1840
Newport (Essex)		d					1843
Elsenham		d					1848
Stansted Airport		a	1822				
Stansted Airport		d			1843		
Stansted Mountfitchet		d					1852
Bishop's Stortford		d		1833	1847	1852	← 1858
Sawbridgeworth		d			1852		1852 1903
Harlow Mill		d			↘		1906
Harlow Town		d		1841		1901	1905 1909
Roydon		d					1913
Broxbourne		a	←	1847			1911 1917
Cheshunt		a	1844	1851			1916 1921
Tottenham Hale		a	1856	1900		1917	1927 1930
Seven Sisters		a					
Stratford	DLR		a	1910	1923		1940 1953
London Liverpool St		a		1915		1931	1945

0640 Cycle restrictions apply. See notes for details

Saturdays

					XC	
					1	
Cambridge North		d			1839	1853
Cambridge		a			1844	1859
Cambridge		d			1848	1903 1911
Shelford		d				
Whittlesford Parkway		d			1857	1911
Great Chesterford		d				
Audley End		d			1907	1919
Newport (Essex)		d				
Elsenham		d				
Stansted Airport		a			1922	1941
Stansted Airport		d	1913			
Stansted Mountfitchet		d	1918			
Bishop's Stortford		d	1915	1923		1933 1947
Sawbridgeworth		d	1920			1952
Harlow Mill		d	1923			↗
Harlow Town		d	1926	1932		1941
Roydon		d	1930			
Broxbourne		a	1935		←	1947
Cheshunt		a	1944		1944	1951
Tottenham Hale		a	↗	1948	1956	2000
Seven Sisters		a				
Stratford	DLR		a		2010	2023
London Liverpool St		a		2002		2015

0640 Cycle restrictions apply. See notes for details

















Saturdays

Cambridge North		d				1913			1939
Cambridge		a				1919			1944
Cambridge		d				1920			1948
Shelford		d				1925			
Whittlesford Parkway		d				1930			1957
Great Chesterford		d				1934			
Audley End		d				1940			2007
Newport (Essex)		d				1943			
Elsenham		d				1948			
Stansted Airport		a							2022
Stansted Airport		d	1943					2013	
Stansted Mountfitchet		d				1952		2018	
Bishop's Stortford		d	1952	←	1958	2015	2023		
Sawbridgeworth		d			1952	2003	2020		
Harlow Mill		d				2006	2023		
Harlow Town		d	2001	2005	2009	2026	2032		
Roydon		d				2013	2030		
Broxbourne		a			2011	2017	2035		←
Cheshunt		a			2016	2021	2044		2044
Tottenham Hale		a	2017	2027	2030	↪	2048	2056	
Seven Sisters		a							
Stratford	DLR		a		2040	2053			2110
London Liverpool St		a	2031		2045		2102		

0640 Cycle restrictions apply. See notes for details














For reference to notes please see pages 2 and 3

Saturdays

Cambridge North		d	1953						2013
Cambridge		a	1959						2019
Cambridge		d	2003						2020
Shelford		d							2025
Whittlesford Parkway		d	2011						2030
Great Chesterford		d							2034
Audley End		d	2019						2040
Newport (Essex)		d							2043
Elsenham		d							2048
Stansted Airport		a							
Stansted Airport		d			2043				2113
Stansted Mountfitchet		d					2052		2118
Bishop's Stortford		d	2033	2047	2052		2058	2115	2123
Sawbridgeworth		d		2052			2052	2103	2120
Harlow Mill		d						2106	2123
Harlow Town		d	2041		2101	2105	2109	2126	2132
Roydon		d					2113	2130	
Broxbourne		a	2047				2111	2117	2135
Cheshunt		a	2051				2116	2121	2144
Tottenham Hale		a	2100		2117	2127	2130		2148
Seven Sisters		a							
Stratford	DLR		a	2123			2140	2153	
London Liverpool St		a	2115		2131		2145		2202














0640 Cycle restrictions apply. See notes for details

Saturdays

				XC 1			
Cambridge North		d	2039	2053			
Cambridge		a	2044	2100			
Cambridge		d	2048	2103	2111		
Shelford		d					
Whittlesford Parkway		d	2057	2111			
Great Chesterford		d					
Audley End		d	2107	2119			
Newport (Essex)		d					
Elsenham		d					
Stansted Airport		a	2122		2141		
Stansted Airport		d				2143	
Stansted Mountfitchet		d					
Bishop's Stortford		d		2133	2147	2152	←
Sawbridgeworth		d			2152		2152
Harlow Mill		d			↘		
Harlow Town		d		2141		2201	2205
Roydon		d					
Broxbourne		a	←	2147			2211
Cheshunt		a	2144	2151			2216
Tottenham Hale		a	2156	2200		2217	2227
Seven Sisters		a					
Stratford	DLR		a	2210	2223		2240
London Liverpool St		a		2215		2231	














0640 Cycle restrictions apply. See notes for details

Saturdays

										XC 1
Cambridge North		d	2113						2153	
Cambridge		a	2119						2159	
Cambridge		d	2120						2203	2211
Shelford		d	2125							
Whittlesford Parkway		d	2130						2211	
Great Chesterford		d	2134							
Audley End		d	2140						2219	
Newport (Essex)		d	2143							
Elsenham		d	2148							
Stansted Airport		a								2241
Stansted Airport		d			2213					2243
Stansted Mountfitchet		d	2152		2218					
Bishop's Stortford		d	2158	2215	2223			2233		2252
Sawbridgeworth		d	2203	2220						
Harlow Mill		d	2206	2223						
Harlow Town		d	2209	2226	2232			2241		2301
Roydon		d	2213	2230						
Broxbourne		a	2217	2235			←	2247		
Cheshunt		a	2221	2244			2244	2251		
Tottenham Hale		a	2230	↗	2248	2256	2300			2317
Seven Sisters		a								
Stratford	DLR		a				2310	2323		
London Liverpool St		a	2245		2302			2315		2331














0640 Cycle restrictions apply. See notes for details

Saturdays

Cambridge North		d	2213	2243				
Cambridge		a	2219	2249				
Cambridge		d	2220	2250	2325			
Shelford		d	2225	2255	2330			
Whittlesford Parkway		d	2230	2300	2334			
Great Chesterford		d	2234	2304	2338			
Audley End		d	2240	2310	2344			
Newport (Essex)		d	2243	2313	2347			
Elsenham		d	2248	2318	2353			
Stansted Airport		a						
Stansted Airport		d		2313	2345	0030		
Stansted Mountfitchet		d	2252	2318	2322	2357		
Bishop's Stortford		d	2258	2323	2329	2354	0003	0039
Sawbridgeworth		d	2303		2334			
Harlow Mill		d	2306		2337			
Harlow Town		d	2309	2332	2340	0002		0047
Roydon		d	2313		2344			
Broxbourne		a	2317		2348			
Cheshunt		a	2321		2352			
Tottenham Hale		a	2330	2348	0001	0018		
Seven Sisters		a						
Stratford	DLR		a					
London Liverpool St		a	2345	0002	0015	0032		0121














0640 Cycle restrictions apply. See notes for details

Sundays

Cambridge North		d																		
Cambridge		a																		
Cambridge		d																		
Shelford		d																		
Whittlesford Parkway		d																		
Great Chesterford		d																		
Audley End		d																		
Newport (Essex)		d																		
Elsenham		d																		
Stansted Airport		a																		
Stansted Airport		d	0530	0600	0630					0658	0713									
Stansted Mountfitchet		d								0703										
Bishop's Stortford		d	0540	0609	0639	0643				0708	0722	0725								
Sawbridgeworth		d				0648						0730								
Harlow Mill		d										0733								
Harlow Town		d	0548	0617	0647	0653				0717	0731	0736								
Roydon		d										0740								
Broxbourne		a				0659						0744								
Cheshunt		a				0703						0748								
Tottenham Hale		a	0606	0633	0703	0718				0733	0747	0757								
Seven Sisters		a																		
Stratford	DLR		a									0808								
London Liverpool St		a	0620	0647	0717	0732				0747	0801									

0640 Cycle restrictions apply. See notes for details














Sundays

Cambridge North		d							
Cambridge		a							
Cambridge		d	0731	0739		0750		0825	
Shelford		d				0755			
Whittlesford Parkway		d	0739	0746		0800		0834	
Great Chesterford		d				0804			
Audley End		d	0747	0755		0810		0843	
Newport (Essex)		d				0813			
Elsenham		d				0818			
Stansted Airport		a		0809				0900	
Stansted Airport		d	0743			0813		0843	
Stansted Mountfitchet		d	0748				0822	0848	
Bishop's Stortford		d	0753	0800		0822	0828	0853	
Sawbridgeworth		d		0805			0832		
Harlow Mill		d					0836		
Harlow Town		d	0802	0810		0831	0839	0902	
Roydon		d					0842		
Broxbourne		a		0816			0846		
Cheshunt		a		0820			0851		
Tottenham Hale		a	0818	0829		0847	0900	0918	
Seven Sisters		a							
Stratford	DLR		a	0835	0856	0905	0926	0935	
London Liverpool St		a	0832	0843		0901	0914	0932	

0640 Cycle restrictions apply. See notes for details














Sundays

XC
1

Cambridge North		d							
Cambridge		a							
Cambridge		d	0832		0850		0915	0925	0931
Shelford		d			0855				
Whittlesford Parkway		d	0839		0900			0934	0939
Great Chesterford		d			0904				
Audley End		d	0847		0910		0930	0943	0947
Newport (Essex)		d			0913				
Elsenham		d			0918				
Stansted Airport		a					0945	1001	
Stansted Airport		d		0913		0943			
Stansted Mountfitchet		d			0922	0948			
Bishop's Stortford		d	0901	0922	0928	0953			1000
Sawbridgeworth		d	0905		0932				1005
Harlow Mill		d			0936				
Harlow Town		d	0910	0931	0939	1002			1010
Roydon		d			0942				
Broxbourne		a	0916		0946				1016
Cheshunt		a	0920		0951				1020
Tottenham Hale		a	0929	0947	1000	1018			1029
Seven Sisters		a							
Stratford	DLR		a	0956	1005	1026	1035		1056
London Liverpool St		a	0943	1001	1014	1032			1043














0640 Cycle restrictions apply. See notes for details

Sundays

			XC 1			
Cambridge North	 d	0942		1016	1023	
Cambridge	 a	0947		1021	1028	
Cambridge	 d	0950	1015	1025	1031	
Shelford	d	0955				
Whittlesford Parkway	d	1000		1034	1039	
Great Chesterford	d	1004				
Audley End	d	1010	1030	1043	1047	
Newport (Essex)	d	1013				
Elsenham	d	1018				
Stansted Airport	 a		1045	1101		
Stansted Airport	 d	1013		1043		1113
Stansted Mountfitchet	d		1022	1048		
Bishop's Stortford	 d	1022	1028	1053	1100	1122
Sawbridgeworth	d		1032		1105	
Harlow Mill	d		1036			
Harlow Town	 d	1031	1039	1102	1110	1131
Roydon	d		1042			
Broxbourne	 a		1046		1116	
Cheshunt	 a		1051		1120	
Tottenham Hale	 a	1047	1100	1118	1129	1147
Seven Sisters	 a					
Stratford	DLR  a	1105	1126	1135	1156	1205
London Liverpool St	 a	1101	1114	1132	1143	1201

0640 Cycle restrictions apply. See notes for details














Sundays

				XC		1	
Cambridge North		d	1042		1115	1123	1142
Cambridge		a	1047		1120	1128	1147
Cambridge		d	1050	1115	1125	1131	1150
Shelford		d	1055				1155
Whittlesford Parkway		d	1100		1134	1139	1200
Great Chesterford		d	1104				1204
Audley End		d	1110	1130	1143	1147	1210
Newport (Essex)		d	1113				1213
Elsenham		d	1118				1218
Stansted Airport		a		1145	1200		
Stansted Airport		d		1143		1213	
Stansted Mountfitchet		d	1122	1148			1222
Bishop's Stortford		d	1128	1153		1200	1222
Sawbridgeworth		d	1132			1205	1232
Harlow Mill		d	1136				1236
Harlow Town		d	1139	1202		1210	1231
Roydon		d	1142				1242
Broxbourne		a	1146			1216	1246
Cheshunt		a	1151			1220	1251
Tottenham Hale		a	1200	1218		1229	1247
Seven Sisters		a					
Stratford	DLR		a	1226	1235	1256	1305
London Liverpool St		a	1214	1232		1243	1301
							1314

0640 Cycle restrictions apply. See notes for details














Sundays

XC
1

Cambridge North		d		1216	1223		1242
Cambridge		a		1221	1228		1248
Cambridge		d	1215	1225	1231		1250
Shelford		d					1255
Whittlesford Parkway		d		1234	1239		1300
Great Chesterford		d					1304
Audley End		d	1230	1243	1247		1310
Newport (Essex)		d					1313
Elsenham		d					1318
Stansted Airport		a	1245	1300			
Stansted Airport		d	1243			1313	1343
Stansted Mountfitchet		d	1248				1322 1348
Bishop's Stortford		d	1253		1300	1322	1328 1353
Sawbridgeworth		d			1305		1332
Harlow Mill		d					1336
Harlow Town		d	1302		1310	1331	1339 1402
Roydon		d					1342
Broxbourne		a			1316		1346
Cheshunt		a			1320		1351
Tottenham Hale		a	1318		1329	1347	1400 1418
Seven Sisters		a					
Stratford	DLR		a	1335	1356	1405	1426 1435
London Liverpool St		a	1332		1343	1401	1414 1432














0640 Cycle restrictions apply. See notes for details

Sundays

XC 1				XC 1			
Cambridge North		d	1315	1323	1342		
Cambridge		a	1320	1328	1347		
Cambridge		d	1315	1325	1331	1350	1415
Shelford		d			1355		
Whittlesford Parkway		d	1334	1339	1400		
Great Chesterford		d			1404		
Audley End		d	1330	1343	1347	1410	
Newport (Essex)		d			1413		
Elsenham		d			1418		
Stansted Airport		a	1345	1400			1445
Stansted Airport		d			1413	1443	
Stansted Mountfitchet		d			1422	1448	
Bishop's Stortford		d		1400	1422	1428	1453
Sawbridgeworth		d		1405	1432		
Harlow Mill		d			1436		
Harlow Town		d		1410	1431	1439	1502
Roydon		d			1442		
Broxbourne		a		1416	1446		
Cheshunt		a		1420	1451		
Tottenham Hale		a		1429	1447	1500	1518
Seven Sisters		a					
Stratford	DLR		a	1456	1505	1526	1535
London Liverpool St		a		1443	1501	1514	1532

0640 Cycle restrictions apply. See notes for details

Sundays














Cambridge North		d	1415	1423
Cambridge		a	1420	1428
Cambridge		d	1425	1431
Shelford		d		
Whittlesford Parkway		d	1434	1439
Great Chesterford		d		
Audley End		d	1443	1447
Newport (Essex)		d		
Elsenham		d		
Stansted Airport		a	1500	
Stansted Airport		d		
Stansted Mountfitchet		d		
Bishop's Stortford		d		1500
Sawbridgeworth		d		1505
Harlow Mill		d		
Harlow Town		d		1510
Roydon		d		
Broxbourne		a		1516
Cheshunt		a		1520
Tottenham Hale		a		1529
Seven Sisters		a		
Stratford	DLR		a	1556
London Liverpool St		a		1543

then at
the same
mins past
each hour
until

		1942	
		1948	
		1950	
		1955	
		2000	
		2004	
		2010	
		2013	
		2018	
2013			2043
		2022	2048
2022		2028	2053
		2032	
		2036	
2031		2039	2102
		2042	
		2046	
		2051	
2047		2100	2118
2105		2126	2135
2101		2114	2132














0640 Cycle restrictions apply. See notes for details

Sundays

		XC 1				XC 1	
Cambridge North		d	2015	2023	2042		
Cambridge		a	2020	2028	2047		
Cambridge		d	2015	2025	2031	2050	2115
Shelford		d				2055	
Whittlesford Parkway		d	2034	2039	2100		
Great Chesterford		d			2104		
Audley End		d	2043	2047	2110		
Newport (Essex)		d			2113		
Elsenham		d			2118		
Stansted Airport		a	2045	2100			2145
Stansted Airport		d			2113		2143
Stansted Mountfitchet		d				2122	2148
Bishop's Stortford		d	2100		2122	2128	2153
Sawbridgeworth		d	2105			2132	
Harlow Mill		d				2136	
Harlow Town		d	2110		2131	2139	2202
Roydon		d				2142	
Broxbourne		a	2116			2146	
Cheshunt		a	2120			2151	
Tottenham Hale		a	2129		2147	2200	2218
Seven Sisters		a					
Stratford	DLR		a	2156	2205	2226	2235
London Liverpool St		a	2143		2201	2214	2232














0640 Cycle restrictions apply. See notes for details

Sundays

					XC 1	
Cambridge North		d	2115	2123	2142	
Cambridge		a	2120	2128	2148	
Cambridge		d	2125	2131	2150	2215 2231
Shelford		d			2155	
Whittlesford Parkway		d	2134	2139	2200	2239
Great Chesterford		d			2204	
Audley End		d	2143	2147	2210	2247
Newport (Essex)		d			2213	
Elsenham		d			2218	
Stansted Airport		a	2200			2245
Stansted Airport		d		2213	2243	
Stansted Mountfitchet		d			2222 2248	
Bishop's Stortford		d	2200	2222	2228 2253	2300
Sawbridgeworth		d	2205		2232	2305
Harlow Mill		d			2236	
Harlow Town		d	2210	2231	2239 2302	2310
Roydon		d			2242	
Broxbourne		a	2216		2246	2316
Cheshunt		a	2220		2251	2320
Tottenham Hale		a	2229	2247	2300 2318	2329
Seven Sisters		a				
Stratford	DLR		a		2305 2311	
London Liverpool St		a	2243	2301	2332	2343














0640 Cycle restrictions apply. See notes for details

Sundays

Cambridge North		d	2242				
Cambridge		a	2248				
Cambridge		d	2250				
Shelford		d	2255				
Whittlesford Parkway		d	2300				
Great Chesterford		d	2304				
Audley End		d	2310				
Newport (Essex)		d	2313				
Elsenham		d	2318				
Stansted Airport		a					
Stansted Airport		d	2313		2345	0030	
Stansted Mountfitchet		d		2322			
Bishop's Stortford		d	2322	2328	2354	0039	
Sawbridgeworth		d					
Harlow Mill		d					
Harlow Town		d	2331		0002	0047	
Roydon		d					
Broxbourne		a					
Cheshunt		a					
Tottenham Hale		a	2347				
Seven Sisters		a			0021		
Stratford	DLR		a				
London Liverpool St		a	0001		0036	0121	

0640 Cycle restrictions apply. See notes for details











Mondays to Fridays

				MFO	MFO	XC A	TWX	TWO		
London Liverpool St		d		0340	0410		0440	0440	0510	
Stratford	DLR		d							
Seven Sisters		d								
Tottenham Hale		d					0452	0459	0523	
Cheshunt		d					0501	0507		
Broxbourne		d					0506	0512		
Roydon		d								
Harlow Town		d					0512	0518	0539	
Harlow Mill		d								
Sawbridgeworth		d							0544	
Bishop's Stortford		d					0522	0528	0550	0559
Stansted Mountfitchet		d					0526	0532		0603
Stansted Airport		a		0430	0500		0539	0539	0600	
Stansted Airport		d				0527				
Elsenham		d								0607
Newport (Essex)		d								0613
Audley End		d								0616
Great Chesterford		d								0622
Whittlesford Parkway		d								0626
Shelford		d								0631
Cambridge		a				0555				0641
Cambridge		d								
Cambridge North		a								

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays








XC
A

London Liverpool St		d		0525	0528	0540	0555	0558	0610
Stratford	DLR		d				0552		0603
Seven Sisters		d							
Tottenham Hale		d		0537	0540	0552	0607	0610	0622
Cheshunt		d			0548			0618	
Broxbourne		d			0553			0625	
Roydon		d			0557			0629	
Harlow Town		d		0554	0601		0627	0633	
Harlow Mill		d			0604			0636	
Sawbridgeworth		d			0607			0639	
Bishop's Stortford		d		0603	0614	0618	0636	0646	0650
Stansted Mountfitchet		d			0618	0622	0640	0650	
Stansted Airport		a		0613		0629	0647		0659
Stansted Airport		d	0612						
Elsenham		d			0622			0653	
Newport (Essex)		d			0627			0659	
Audley End		d			0630			0703	
Great Chesterford		d			0635			0708	
Whittlesford Parkway		d			0639			0713	
Shelford		d			0644			0717	
Cambridge		a	0644		0653			0724	
Cambridge		d							
Cambridge North		a							

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays

XC
A 1

London Liverpool St	⊖	d	0625	0628	0640	0655	0658
Stratford	DLR ⊖	d			0636	0644	
Seven Sisters	⊖	d					
Tottenham Hale	⊖	d	0637	0640	0652	0707	0710
Cheshunt		d		0648	←		0718
Broxbourne		d		0653	0653		0723
Roydon		d		→	0657		0727
Harlow Town		d	0654		0710	0714	0723
Harlow Mill		d			0717		0734
Sawbridgeworth		d			0720		0737
Bishop's Stortford		d			0720	0728	0746
Stansted Mountfitchet		d			0732	0735	0750
Stansted Airport	↖	a	0711		0729	0742	
Stansted Airport	↖	d	0720				
Elsenham		d			0735		0753
Newport (Essex)		d			0741		0759
Audley End		d	0740		0745		0803
Great Chesterford		d			0750		0808
Whittlesford Parkway		d			0755		0813
Shelford		d			0800		0817
Cambridge		a	0756		0808		0827
Cambridge		d					
Cambridge North		a					














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

										XC A	
London Liverpool St		d		0710			0723	0728			
Stratford	DLR		d	0704			0717			0734	
Seven Sisters		d									
Tottenham Hale		d	0717	0722			0737	0740		0747	
Cheshunt		d	0729			←		0748		0759	
Broxbourne		d	0739			0739		0753		0809	
Roydon		d	→			0743		0757		→	
Harlow Town		d				0748	0756	0801			
Harlow Mill		d				0751		0804			
Sawbridgeworth		d				0754		0807			
Bishop's Stortford		d		0750	0801			0816			
Stansted Mountfitchet		d						0820			
Stansted Airport		a		0759			0813				
Stansted Airport		d								0821	
Elsenham		d						0823			
Newport (Essex)		d						0829			
Audley End		d						0832			
Great Chesterford		d						0837			
Whittlesford Parkway		d						0842			
Shelford		d						0846			
Cambridge		a						0853	0858		
Cambridge		d						0855			
Cambridge North		a						0900			












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

London Liverpool St		d	0740		0755	0758	0803	
Stratford	DLR		d		0747			0804
Seven Sisters		d						
Tottenham Hale		d	0752		0807	0810	0815	0818
Cheshunt		d		←		0818	←	0830
Broxbourne		d		0809		0823	0823	0839
Roydon		d		0813		→		→
Harlow Town		d		0818	0826		0835	
Harlow Mill		d		0821				
Sawbridgeworth		d		0824			0840	
Bishop's Stortford		d	0820	0831			0847	
Stansted Mountfitchet		d			0837		0851	
Stansted Airport		a	0830		0845			
Stansted Airport		d						
Elsenham		d					0854	
Newport (Essex)		d					0900	
Audley End		d				0853	0903	
Great Chesterford		d					0908	
Whittlesford Parkway		d					0913	
Shelford		d					0917	
Cambridge		a				0908	0927	
Cambridge		d					0928	
Cambridge North		a					0933	








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

					XC A	
London Liverpool St	 d	0810	0828	0833		
Stratford	DLR  d		<i>0817</i>		0834	
Seven Sisters	 d					
Tottenham Hale	 d	0822	0840	0845	0848	
Cheshunt	 d		← 0848	←	0900	
Broxbourne	 d		0839	0853	0853	0909
Roydon	d		0843	→	0857	→
Harlow Town	 d		0848		0905	
Harlow Mill	d		0851			
Sawbridgeworth	d		0854		0910	
Bishop's Stortford	 d	0851	0902		0917	
Stansted Mountfitchet	d				0921	
Stansted Airport	↖ a	0900				
Stansted Airport	↖ d				0921	
Elsenham	d				0924	
Newport (Essex)	d				0930	
Audley End	d			0923	0933	
Great Chesterford	d				0938	
Whittlesford Parkway	d				0942	
Shelford	d				0947	
Cambridge	 a			0938	0953	0956
Cambridge	 d				0954	
Cambridge North	 a				0959	
















0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

London Liverpool St	⊖ d	0840		0855	0858		0910	
Stratford	DLR ⊖ d			<i>0847</i>		0900		
Seven Sisters	⊖ d							
Tottenham Hale	⊖ d	0852		0907	0910	0914	0922	
Cheshunt	 d		←		0918	0926		←
Broxbourne	 d		0909		0923	0934		0934
Roydon	d		0913			→		0939
Harlow Town	 d		0918	0926	0930			0943
Harlow Mill	d		0921					0946
Sawbridgeworth	d		0924					0949
Bishop's Stortford	 d	0921	0932		0939		0945	0956
Stansted Mountfitchet	d			0939				
Stansted Airport	↖ a	0930		0946			0955	
Stansted Airport	↖ d							
Elsenham	d							
Newport (Essex)	d							
Audley End	d				0951			
Great Chesterford	d							
Whittlesford Parkway	d				0958			
Shelford	d							
Cambridge	 a				1008			
Cambridge	 d				1017			
Cambridge North	 a				1022			












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		XC A		B	
London Liverpool St	 d	0928	0940	0958	
Stratford	DLR  d	0917 0930		0947	
Seven Sisters	 d				
Tottenham Hale	 d	0940 0944	0952	1010	
Cheshunt	 d	0948 0955		 1018	
Broxbourne	 d	0953 1004		1004 1023	
Roydon	d	0957 			
Harlow Town	 d	1001	1008	1012 1029	
Harlow Mill	d	1004			
Sawbridgeworth	d	1007		1017	
Bishop's Stortford	 d	1014	1018	1023 1038	
Stansted Mountfitchet	d	1018			
Stansted Airport	 a		1027		
Stansted Airport	 d		1027		1048
Elsenham	d	1021			
Newport (Essex)	d	1027			
Audley End	d	1030		1050 1102	
Great Chesterford	d	1035			
Whittlesford Parkway	d	1039		1058 1109	
Shelford	d	1044			
Cambridge	 a	1051	1056	1108 1120	
Cambridge	 d	1053		1113 1121	
Cambridge North	 a	1058		1118 1125	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

London Liverpool St	 d	1010	1028	1040	
Stratford	DLR  d	1000	1016	1030	
Seven Sisters	 d				
Tottenham Hale	 d	1013	1022	1040	1043
Cheshunt	 d	1025	←	1048	1052
Broxbourne	 d	1034	1034	1053	1059
Roydon	d	→	1039	1057	→
Harlow Town	 d	1038	1043	1101	1110
Harlow Mill	d		1046	1104	
Sawbridgeworth	d		1049	1107	1119
Bishop's Stortford	 d	1048	1056	1114	1120
Stansted Mountfitchet	d	1052	1118		
Stansted Airport	↖ a	1059		1129	
Stansted Airport	↖ d				
Elsenham	d		1121		
Newport (Essex)	d		1127		
Audley End	d		1130		
Great Chesterford	d		1135		
Whittlesford Parkway	d		1139		
Shelford	d		1144		
Cambridge	 a		1151		
Cambridge	 d		1153		
Cambridge North	 a		1158		












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

B					XC A 1	
London Liverpool St	⊖ d	1058		1110	1128	
Stratford	DLR ⊖ d	1046	1100		1116	
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1110	1113	1122	1140	
Cheshunt	🚆 d	1118	1125		← 1148	
Broxbourne	🚆 d	1123	1134		1134	1153
Roydon	d		→		1139	1157
Harlow Town	🚆 d	1129		1138	1143	1201
Harlow Mill	d				1146	1204
Sawbridgeworth	d				1149	1207
Bishop's Stortford	🚆 d	1138		1148	1156	1214
Stansted Mountfitchet	d			1152	1218	
Stansted Airport	✈ a			1159		
Stansted Airport	✈ d		1148			1227
Elsenham	d				1221	
Newport (Essex)	d				1227	
Audley End	d	1150	1202		1230	
Great Chesterford	d				1235	
Whittlesford Parkway	d	1158	1209		1239	
Shelford	d				1244	
Cambridge	🚆 a	1208	1219		1251	1256
Cambridge	🚆 d	1213	1220		1253	
Cambridge North	🚆 a	1218	1224		1258	

0640 Cycle restrictions apply. See notes for details












Mondays to Fridays

B									
London Liverpool St	 d		1140		1158				1210
Stratford	DLR  d	1130			1146		1200		
Seven Sisters	 d								
Tottenham Hale	 d	1143	1152		1210		1213	1222	
Cheshunt	 d	1152		←	1218		1225		
Broxbourne	 d	1159		1159	1223		1234		
Roydon	d	↘					↘		
Harlow Town	 d		1210	1214	1229				1238
Harlow Mill	d								
Sawbridgeworth	d			1219					
Bishop's Stortford	 d		1220	1227	1238				1248
Stansted Mountfitchet	d								1252
Stansted Airport	↖ a		1231						1259
Stansted Airport	↖ d					1248			
Elsenham	d								
Newport (Essex)	d								
Audley End	d				1250	1302			
Great Chesterford	d								
Whittlesford Parkway	d				1258	1309			
Shelford	d								
Cambridge	 a				1308	1319			
Cambridge	 d				1313	1320			
Cambridge North	 a				1318	1324			

0640 Cycle restrictions apply. See notes for details












Mondays to Fridays

B

London Liverpool St	 d	1228	1240	1258
Stratford	DLR  d	1216 1230		1246
Seven Sisters	 d			
Tottenham Hale	 d	1240 1243	1252	1310
Cheshunt	 d ←	1248 1252		← 1318
Broxbourne	 d	1234 1253 1259		1259 1323
Roydon	d	1239 1257	→	
Harlow Town	 d	1243 1301	1310	1314 1329
Harlow Mill	d	1246 1304		
Sawbridgeworth	d	1249 1307		1319
Bishop's Stortford	 d	1256 1314	1320	1327 1338
Stansted Mountfitchet	d	1318		
Stansted Airport	↖ a		1331	
Stansted Airport	↖ d			1348
Elsenham	d	1321		
Newport (Essex)	d	1327		
Audley End	d	1330		1350 1402
Great Chesterford	d	1335		
Whittlesford Parkway	d	1339		1358 1409
Shelford	d	1344		
Cambridge	 a	1351		1408 1419
Cambridge	 d	1353		1413 1420
Cambridge North	 a	1358		1418 1424












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

				XC A			
London Liverpool St	 d	1310	1328			1340	
Stratford	DLR  d	1300		1316		1330	
Seven Sisters	 d						
Tottenham Hale	 d	1313	1322	1340		1343	1352
Cheshunt	 d	1325		← 1348		1352	
Broxbourne	 d	1334		1334	1353	1359	
Roydon	d	→		1339	1357	→	
Harlow Town	 d		1338	1343	1401		1410
Harlow Mill	d			1346	1404		
Sawbridgeworth	d			1349	1407		
Bishop's Stortford	 d		1348	1356	1414		1420
Stansted Mountfitchet	d		1352	1418			
Stansted Airport	↖ a	1359					1431
Stansted Airport	↖ d				1427		
Elsenham	d			1421			
Newport (Essex)	d			1427			
Audley End	d			1430			
Great Chesterford	d			1435			
Whittlesford Parkway	d			1439			
Shelford	d			1444			
Cambridge	 a			1451	1457		
Cambridge	 d			1453			
Cambridge North	 a			1458			








0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

B									
London Liverpool St		d		1358			1410		1428
Stratford	DLR		d	1346		1400			1416
Seven Sisters		d							
Tottenham Hale		d		1410		1413	1422		1440
Cheshunt		d	←	1418		1425		←	1448
Broxbourne		d		1359	1423	1434		1434	1453
Roydon		d				→		1439	1457
Harlow Town		d		1414	1429		1438	1443	1501
Harlow Mill		d						1446	1504
Sawbridgeworth		d		1419				1449	1507
Bishop's Stortford		d		1427	1438		1448	1456	1514
Stansted Mountfitchet		d					1452		1518
Stansted Airport	↔	a					1459		
Stansted Airport	↔	d			1448				
Elsenham		d							1521
Newport (Essex)		d							1527
Audley End		d		1450	1502				1530
Great Chesterford		d							1535
Whittlesford Parkway		d		1458	1509				1539
Shelford		d							1544
Cambridge		a		1508	1519				1551
Cambridge		d		1513	1520				1553
Cambridge North		a		1518	1524				1558












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

B									
London Liverpool St	⊖ d		1440			1458		1510	
Stratford	DLR ⊖ d	1430				1446 1500			
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	1443	1452			1510 1513		1522	
Cheshunt	 d	1452		←		1518 1525			
Broxbourne	 d	1459		1459		1523 1534			
Roydon	d	↘				1527	↘		
Harlow Town	 d		1510	1514		1531		1538	
Harlow Mill	d					1534			
Sawbridgeworth	d			1519		1537			
Bishop's Stortford	 d		1520	1527		1544		1548	
Stansted Mountfitchet	d					1548		1552	
Stansted Airport	↖ a		1529					1559	
Stansted Airport	↖ d			1537					
Elsenham	d					1552			
Newport (Essex)	d					1558			
Audley End	d			1555		1602			
Great Chesterford	d					1607			
Whittlesford Parkway	d			1603		1612			
Shelford	d					1617			
Cambridge	 a			1614		1626			
Cambridge	 d			1616		1628			
Cambridge North	 a			1620		1633			












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		XC A		C	
London Liverpool St	 d	1528	1540	1558	
Stratford	DLR  d	1516 1530		1546	
Seven Sisters	 d				
Tottenham Hale	 d	1540 1543	1552	1610	
Cheshunt	 d ←	1548 1552		← 1618	
Broxbourne	 d	1534 1553 1559		1559 1623	
Roydon	d	1539 1557 →		1627	
Harlow Town	 d	1543 1601	1610	1613 1631	
Harlow Mill	d	1546 1604		1634	
Sawbridgeworth	d	1549 1607		1618 1637	
Bishop's Stortford	 d	1556 1614	1620	1625 1644	
Stansted Mountfitchet	d	1618		1648	
Stansted Airport	↔ a		1631		
Stansted Airport	↔ d	1627			
Elsenham	d	1621		1651	
Newport (Essex)	d	1627		1657	
Audley End	d	1630		1700	
Great Chesterford	d	1635		1705	
Whittlesford Parkway	d	1639		1709	
Shelford	d	1644		1713	
Cambridge	 a	1651 1656		1721	
Cambridge	 d	1653		1722	
Cambridge North	 a	1658		1726	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays**B**

London Liverpool St	 d		1610		1625	1628	1639
Stratford	DLR  d	1600			<i>1616</i>		<i>1630</i>
Seven Sisters	 d						
Tottenham Hale	 d	1613	1622		1637	1640	1652
Cheshunt	 d	1626		←		1648	1700
Broxbourne	 d	1635		1635		1653	
Roydon	d	→		1639			
Harlow Town	 d		1639	1643	1654	1700	1711
Harlow Mill	d			1646			
Sawbridgeworth	d			1650		1705	
Bishop's Stortford	 d		1648	1656	1703	1712	1720
Stansted Mountfitchet	d		1652			1716	
Stansted Airport	↔ a		1659		1713		1730
Stansted Airport	↔ d	1648					
Elsenham	d						
Newport (Essex)	d						
Audley End	d	1705				1725	
Great Chesterford	d						
Whittlesford Parkway	d	1714				1733	
Shelford	d						
Cambridge	 a	1727				1742	
Cambridge	 d	1729					
Cambridge North	 a	1733					














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

		C		B	
London Liverpool St	 d	1643	1654	1707	1709
Stratford	DLR  d	1647	1700		
Seven Sisters	 d				
Tottenham Hale	 d	1655	1658	1706	1719
Cheshunt	 d	1712			1730
Broxbourne	 d	1709	1722	1731	
Roydon	d	1713	1726		1726
Harlow Town	 d	1718	1725		1741
Harlow Mill	d	1721			1747
Sawbridgeworth	d	1724			1750
Bishop's Stortford	 d	1731	1735	1745	1757
Stansted Mountfitchet	d	1735			1753
Stansted Airport	 a		1745		1800
Stansted Airport	 d			1751	
Elsenham	d	1738			
Newport (Essex)	d	1744			
Audley End	d	1747	1757	1807	
Great Chesterford	d	1752			
Whittlesford Parkway	d	1756	1804	1815	
Shelford	d	1801			
Cambridge	 a	1808	1814	1826	
Cambridge	 d			1830	
Cambridge North	 a			1834	

0640 Cycle restrictions apply. See notes for details








Mondays to Fridays

				XC		A	
London Liverpool St	 d	1713	1724	1737		1740	1743
Stratford	DLR  d		1717				1747
Seven Sisters	 d						
Tottenham Hale	 d	1725	1736	1749		1752	1755 1758
Cheshunt	 d		1746			1800	1812
Broxbourne	 d	1739		1801			1809 1822
Roydon	d	1743					1813 1826
Harlow Town	 d	1748	1756			1811	1818 ↗
Harlow Mill	d	1751					1821
Sawbridgeworth	d	1754				1816	1824
Bishop's Stortford	 d	1801	1806	1815			1831
Stansted Mountfitchet	d	1805					1835
Stansted Airport	 a		1815			1830	
Stansted Airport	 d			1821			
Elsenham	d	1808					1838
Newport (Essex)	d	1814					1844
Audley End	d	1817		1827			1847
Great Chesterford	d	1822					1852
Whittlesford Parkway	d	1826		1834			1856
Shelford	d	1831					1901
Cambridge	 a	1838		1844 1856			1907
Cambridge	 d			1850			
Cambridge North	 a			1855			

0640 Cycle restrictions apply. See notes for details














Mondays to Fridays

C

London Liverpool St	⊖	d	1754	1807	1810		1813	1824	1837
Stratford	DLR	⊖	d	1800			1817		
Seven Sisters	⊖	d							
Tottenham Hale	⊖	d	1806	1819	1822		1825	1836	1849
Cheshunt		d			1830			1846	
Broxbourne		d		1831		←	1839		1901
Roydon		d				1826	1843		
Harlow Town		d	1825		1841	1844	1848	1856	
Harlow Mill		d				1847	1851		
Sawbridgeworth		d				1850	1854		
Bishop's Stortford		d	1835	1845		1857	1901	1906	1915
Stansted Mountfitchet		d			1853		1905		
Stansted Airport	↔	a	1844		1900			1915	
Stansted Airport	↔	d							
Elsenham		d					1908		
Newport (Essex)		d					1914		
Audley End		d		1857			1917		1927
Great Chesterford		d					1922		
Whittlesford Parkway		d		1904			1926		1934
Shelford		d					1931		
Cambridge		a		1914			1937		1946
Cambridge		d							1955
Cambridge North		a							2000

0640 Cycle restrictions apply. See notes for details








Mondays to Fridays

		C									
London Liverpool St	 d	1840	1843		1854	1907	1910				
Stratford	DLR  d			1847		1900					
Seven Sisters	 d										
Tottenham Hale	 d	1852	1855	1858	1906	1919	1922				
Cheshunt	 d	1900		1912			1930				
Broxbourne	 d		1909	1922		1931				←	
Roydon	d		1913	1926						1926	
Harlow Town	 d	1911	1918	→	1925		1941	1944			
Harlow Mill	d		1921							1947	
Sawbridgeworth	d	1916	1924							1950	
Bishop's Stortford	 d		1931		1935	1945				1957	
Stansted Mountfitchet	d		1935				1953				
Stansted Airport	 a	1930			1944		2000				
Stansted Airport	 d										
Elsenham	d		1938			1951					
Newport (Essex)	d		1944			1956					
Audley End	d		1947			1959					
Great Chesterford	d		1952			2004					
Whittlesford Parkway	d		1956			2008					
Shelford	d		2001			2013					
Cambridge	 a		2008			2022					
Cambridge	 d					2024					
Cambridge North	 a					2029					

0640 Cycle restrictions apply. See notes for details








Mondays to Fridays

XC
A 1

London Liverpool St	⊖ d	1928	1940	1958	2010
Stratford	DLR ⊖ d	1930		1946 2000	
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	1940	1943 1952	2010 2013	2022
Cheshunt	 d	1948	1956	← 2018 2025	
Broxbourne	 d	1953	2005	2005 2023 2034	
Roydon	d	1957	→	2009	→
Harlow Town	 d	2001	2009	2013 2029	2038
Harlow Mill	d	2004		2016	
Sawbridgeworth	d	2007		2020 2034	
Bishop's Stortford	 d	2014	2018	2026 2040	2048
Stansted Mountfitchet	d	2018			2052
Stansted Airport	↖ a		2028		2059
Stansted Airport	↖ d	2025			
Elsenham	d	2021			
Newport (Essex)	d	2027			
Audley End	d	2030		2052	
Great Chesterford	d	2035			
Whittlesford Parkway	d	2039		2059	
Shelford	d	2044			
Cambridge	 a	2051 2056		2109	
Cambridge	 d	2053		2113	
Cambridge North	 a	2058		2118	












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

London Liverpool St	⊖ d	2028	2040	2058	2110
Stratford	DLR ⊖ d	2016 2030		2046 2100	
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	2040 2043	2052	2110 2113	2122
Cheshunt	 d ←	2048 2052		← 2118 2125	
Broxbourne	 d	2034 2053 2058		2058 2123 2134	
Roydon	d	2039 2057	↗		↘
Harlow Town	 d	2043 2101	2110 2114 2129		2138
Harlow Mill	d	2046 2104			
Sawbridgeworth	d	2049 2107		2119 2134	
Bishop's Stortford	 d	2056 2114	2120 2127 2140		2148
Stansted Mountfitchet	d	2118			2152
Stansted Airport	↖ a		2129		2159
Stansted Airport	↖ d				
Elsenham	d	2121			
Newport (Essex)	d	2127			
Audley End	d	2130		2152	
Great Chesterford	d	2135			
Whittlesford Parkway	d	2139		2159	
Shelford	d	2144			
Cambridge	 a	2151		2208	
Cambridge	 d	2153		2213	
Cambridge North	 a	2158		2218	














0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

			B	B	XC 1	
London Liverpool St	 d		2128			2140
Stratford	DLR  d		2116		2130	
Seven Sisters	 d					
Tottenham Hale	 d		2140		2143	2152
Cheshunt	 d ←		2148		2152	
Broxbourne	 d 2134		2153		2158	
Roydon	d 2139		2157		→	
Harlow Town	 d 2143		2201			2210
Harlow Mill	d 2146		2204			
Sawbridgeworth	d 2149		2207			
Bishop's Stortford	 d 2156		2214			2220
Stansted Mountfitchet	d		2218			
Stansted Airport	↖ a					2229
Stansted Airport	↖ d	2210		2227		
Elsenham	d		2221			
Newport (Essex)	d		2227			
Audley End	d	2223	2230		2241	
Great Chesterford	d		2235			
Whittlesford Parkway	d	2231	2239			
Shelford	d		2244	←		
Cambridge	 a	2245	2250	2245	2256	
Cambridge	 d	2257	2253	2257		
Cambridge North	 a	→	2258	2301		












0640 Cycle restrictions apply. See notes for details

Mondays to Fridays

						XC 1			
London Liverpool St		d	2158			2210		2228	
Stratford	DLR		d	2146	2200			2216	
Seven Sisters		d							
Tottenham Hale		d	2210	2213		2222		2240	
Cheshunt		d	←	2218	2225			←	2248
Broxbourne		d	2158	2223	2234			2234	2253
Roydon		d			→			2239	2257
Harlow Town		d	2214	2229		2238		2243	2301
Harlow Mill		d						2246	2304
Sawbridgeworth		d	2219	2234				2249	2307
Bishop's Stortford		d	2227	2240		2248		2256	2314
Stansted Mountfitchet		d				2252		2318	
Stansted Airport		a				2306			
Stansted Airport		d		2257					
Elsenham		d						2321	
Newport (Essex)		d						2327	
Audley End		d	2252		2310			2330	
Great Chesterford		d						2335	
Whittlesford Parkway		d	2259					2339	
Shelford		d						2344	
Cambridge		a	2309		2326			2350	
Cambridge		d						2353	
Cambridge North		a						2358	

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays














London Liverpool St	 d	2240	2258	2325	2328
Stratford	DLR  d	2230	2246	2300	
Seven Sisters	 d				
Tottenham Hale	 d	2243	2252	2310	2313
Cheshunt	 d	2252	←	2318	2325
Broxbourne	 d	2258	2258	2323	2330
Roydon	d	↘		2334	
Harlow Town	 d	2310	2318	2329	2338
Harlow Mill	d			2341	
Sawbridgeworth	d		2323	2334	2345
Bishop's Stortford	 d	2320	2331	2340	2351
Stansted Mountfitchet	d				
Stansted Airport	↖ a	2329		0013	
Stansted Airport	↖ d				
Elsenham	d				0021
Newport (Essex)	d				0027
Audley End	d		2352		0030
Great Chesterford	d				0035
Whittlesford Parkway	d		2359		0039
Shelford	d				0044
Cambridge	 a		0009		0051
Cambridge	 d				
Cambridge North	 a				

0640 Cycle restrictions apply. See notes for details

Mondays to Fridays












			FX	FO
London Liverpool St	 d	2358	2358	
Stratford	DLR  d			
Seven Sisters	 d			
Tottenham Hale	 d	0010	0010	
Cheshunt	 d	0018	0018	
Broxbourne	 d	0023	0023	
Roydon	d	0027	0027	
Harlow Town	 d	0032	0032	
Harlow Mill	d	0035	0035	
Sawbridgeworth	d	0038	0038	
Bishop's Stortford	 d	0045	0045	
Stansted Mountfitchet	d		0049	
Stansted Airport	 a			
Stansted Airport	 d			
Elsenham	d		0052	
Newport (Essex)	d		0058	
Audley End	d		0101	
Great Chesterford	d		0106	
Whittlesford Parkway	d		0110	
Shelford	d			
Cambridge	 a		0119	
Cambridge	 d			
Cambridge North	 a			

Saturdays

				XC A 1		XC A 1	
London Liverpool St	 d	0340	0410		0440	0510	0520
Stratford	DLR  d						0529
Seven Sisters	 d						
Tottenham Hale	 d				0452	0522	0540
Cheshunt	 d				0500		0548
Broxbourne	 d				0506		0553
Roydon	d						0557
Harlow Town	 d				0512	0538	0601
Harlow Mill	d						0604
Sawbridgeworth	d					0543	0607
Bishop's Stortford	 d				0522	0550	0614
Stansted Mountfitchet	d				0526		0618
Stansted Airport	 a	0430	0500		0539	0559	
Stansted Airport	 d			0527			0627
Elsenham	d						0621
Newport (Essex)	d						0627
Audley End	d						0630
Great Chesterford	d						0635
Whittlesford Parkway	d						0639
Shelford	d						0644
Cambridge	 a			0555			0651
Cambridge	 d						0653
Cambridge North	 a						0658








0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St		d	0540	0551	0558	←		0610	
Stratford	DLR		d		0600		0600		
Seven Sisters		d		↘					
Tottenham Hale		d	0552		0610	0613		0622	
Cheshunt		d			0618	0625			←
Broxbourne		d			0623	0634			0634
Roydon		d				↘			0639
Harlow Town		d	0610		0629			0638	0643
Harlow Mill		d							0646
Sawbridgeworth		d							0649
Bishop's Stortford		d	0620		0638			0648	0656
Stansted Mountfitchet		d						0652	
Stansted Airport	↖	a	0629					0659	
Stansted Airport	↖	d				0648			
Elsenham		d							
Newport (Essex)		d							
Audley End		d			0650		0702		
Great Chesterford		d							
Whittlesford Parkway		d			0658		0709		
Shelford		d							
Cambridge		a			0707		0719		
Cambridge		d			0716		0720		
Cambridge North		a			0721		0724		

















0640 Cycle restrictions apply. See notes for details

Saturdays

				XC A			
London Liverpool St	⊖ d	0621	0628	←		0640	0658
Stratford	DLR ⊖ d	0630	<i>0616</i>	0630			<i>0646</i>
Seven Sisters	⊖ d	↘					
Tottenham Hale	⊖ d		0640	0643		0652	0710
Cheshunt	 d		0648	0652		←	0718
Broxbourne	 d		0653	0658		0658	0723
Roydon	d		0657	↘			
Harlow Town	 d		0701			0710	0714 0729
Harlow Mill	d		0704				
Sawbridgeworth	d		0707			0719	
Bishop's Stortford	 d		0714			0720	0727 0738
Stansted Mountfitchet	d		0718				
Stansted Airport	↖ a					0729	
Stansted Airport	↖ d			0727			
Elsenham	d		0721				
Newport (Essex)	d		0727				
Audley End	d		0730				0750
Great Chesterford	d		0735				
Whittlesford Parkway	d		0739				0758
Shelford	d		0744				
Cambridge	 a		0751	0757			0808
Cambridge	 d		0753				0813
Cambridge North	 a		0758				0818

0640 Cycle restrictions apply. See notes for details

Saturdays

		B		XC A	
London Liverpool St	 d		0710	0728	
Stratford	DLR  d	0700		0716	0730
Seven Sisters	 d				
Tottenham Hale	 d	0713	0722	0740	0743
Cheshunt	 d	0725		 0748	0752
Broxbourne	 d	0734		0734 0753	0758
Roydon	d			0739 0757	
Harlow Town	 d		0738	0743 0801	
Harlow Mill	d			0746 0804	
Sawbridgeworth	d			0749 0807	
Bishop's Stortford	 d		0748	0756 0814	
Stansted Mountfitchet	d		0752	0818	
Stansted Airport	 a		0759		
Stansted Airport	 d	0748			0827
Elsenham	d			0821	
Newport (Essex)	d			0827	
Audley End	d	0802		0830	
Great Chesterford	d			0835	
Whittlesford Parkway	d	0809		0839	
Shelford	d			0844	
Cambridge	 a	0819		0851 0856	
Cambridge	 d	0820		0853	
Cambridge North	 a	0824		0858	
















0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St	⚡ d	0740		0758				0810	
Stratford	DLR ⚡ d			0746		0800			
Seven Sisters	⚡ d								
Tottenham Hale	⚡ d	0752		0810		0813		0822	
Cheshunt	⚡ d		←	0818		0825			←
Broxbourne	⚡ d		0758	0823		0834			0834
Roydon	d					→			0839
Harlow Town	⚡ d	0810	0814	0829				0838	0843
Harlow Mill	d								0846
Sawbridgeworth	d		0819						0849
Bishop's Stortford	⚡ d	0820	0827	0838				0848	0856
Stansted Mountfitchet	d							0852	
Stansted Airport	✈ a	0829						0859	
Stansted Airport	✈ d			0848					
Elsenham	d								
Newport (Essex)	d								
Audley End	d			0850		0902			
Great Chesterford	d								
Whittlesford Parkway	d			0858		0909			
Shelford	d								
Cambridge	⚡ a			0908		0919			
Cambridge	⚡ d			0913		0925			
Cambridge North	⚡ a			0918		0929			

0640 Cycle restrictions apply. See notes for details








Saturdays

		XC A 1		B	
London Liverpool St	 d	0828		0840	0858
Stratford	DLR  d	0816	0830		0846
Seven Sisters	 d				
Tottenham Hale	 d	0840	0843	0852	0910
Cheshunt	 d	0848	0852		0918
Broxbourne	 d	0853	0858	0858	0923
Roydon	d	0857			
Harlow Town	 d	0901		0910	0914 0929
Harlow Mill	d	0904			
Sawbridgeworth	d	0907		0919	
Bishop's Stortford	 d	0914		0920	0927 0938
Stansted Mountfitchet	d	0918			
Stansted Airport	 a			0929	
Stansted Airport	 d		0927		0948
Elsenham	d	0921			
Newport (Essex)	d	0927			
Audley End	d	0930		0950	1002
Great Chesterford	d	0935			
Whittlesford Parkway	d	0939		0958	1009
Shelford	d	0944			
Cambridge	 a	0951	0956		1008 1019
Cambridge	 d	0953			1013 1020
Cambridge North	 a	0958			1019 1024

0640 Cycle restrictions apply. See notes for details

















Saturdays

XC
A

London Liverpool St	⊖ d	0910	0928	0940
Stratford	DLR ⊖ d	0900	0916	0930
Seven Sisters	⊖ d			
Tottenham Hale	⊖ d	0913	0922	0940
Cheshunt	 d	0925	← 0948	0943
Broxbourne	 d	0934	0934	0952
Roydon	d	→	0953	0958
Harlow Town	 d	0938	0939	0957
Harlow Mill	d		→	
Sawbridgeworth	d		0943	1001
Bishop's Stortford	 d	0938	0946	1010
Stansted Mountfitchet	d		0949	1004
Stansted Airport	↖ a	0948	0956	1007
Stansted Airport	↖ d	0952	1014	1020
		0959	1018	1029
			1027	
Elsenham	d		1021	
Newport (Essex)	d		1027	
Audley End	d		1030	
Great Chesterford	d		1035	
Whittlesford Parkway	d		1039	
Shelford	d		1044	
Cambridge	 a		1051	1056
Cambridge	 d		1053	
Cambridge North	 a		1058	












0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St		d	0958			1010			1028
Stratford	DLR		d	0946	1000				1016
Seven Sisters		d							
Tottenham Hale		d	1010	1013	1022				1040
Cheshunt		d		1018	1025				1048
Broxbourne		d	0958	1023	1034			1034	1053
Roydon		d						1039	1057
Harlow Town		d	1014	1029		1038	1043	1101	
Harlow Mill		d						1046	1104
Sawbridgeworth		d	1019					1049	1107
Bishop's Stortford		d	1027	1038		1048	1056	1114	
Stansted Mountfitchet		d				1052		1118	
Stansted Airport		a				1059			
Stansted Airport		d		1048					
Elsenham		d							1121
Newport (Essex)		d							1127
Audley End		d	1050	1102					1130
Great Chesterford		d							1135
Whittlesford Parkway		d	1058	1109					1139
Shelford		d							1144
Cambridge		a	1108	1119					1151
Cambridge		d	1113	1120					1153
Cambridge North		a	1118	1124					1158












0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St	 d		1040		1058				1110
Stratford	DLR  d	1030			<i>1046</i>		1100		
Seven Sisters	 d								
Tottenham Hale	 d	1043	1052		1110		1113	1122	
Cheshunt	 d	1052		←	1118		1125		
Broxbourne	 d	1058		1058	1123		1134		
Roydon	d	→					→		
Harlow Town	 d		1110	1114	1129			1138	
Harlow Mill	d								
Sawbridgeworth	d			1119					
Bishop's Stortford	 d		1120	1127	1138			1148	
Stansted Mountfitchet	d							1152	
Stansted Airport	↖ a		1129					1159	
Stansted Airport	↖ d				1148				
Elsenham	d								
Newport (Essex)	d								
Audley End	d				1150	1202			
Great Chesterford	d								
Whittlesford Parkway	d				1158	1209			
Shelford	d								
Cambridge	 a				1208	1219			
Cambridge	 d				1213	1220			
Cambridge North	 a				1218	1224			

0640 Cycle restrictions apply. See notes for details












Saturdays

		XC A					
London Liverpool St	 d	1128		1140		1158	
Stratford	DLR  d	1116	1130			1146	
Seven Sisters	 d						
Tottenham Hale	 d	1140	1143	1152		1210	
Cheshunt	 d ←	1148	1152			← 1218	
Broxbourne	 d	1134	1153	1158		1158	1223
Roydon	d	1139	1157	→			
Harlow Town	 d	1143	1201		1210	1214	1229
Harlow Mill	d	1146	1204				
Sawbridgeworth	d	1149	1207			1219	
Bishop's Stortford	 d	1156	1214		1220	1227	1238
Stansted Mountfitchet	d	1218					
Stansted Airport	↔ a			1229			
Stansted Airport	↔ d		1227				
Elsenham	d	1221					
Newport (Essex)	d	1227					
Audley End	d	1230				1250	
Great Chesterford	d	1235					
Whittlesford Parkway	d	1239				1258	
Shelford	d	1244					
Cambridge	 a	1251	1256			1308	
Cambridge	 d	1253				1313	
Cambridge North	 a	1258				1318	

0640 Cycle restrictions apply. See notes for details












Saturdays

B

London Liverpool St	 d		1210		1228		1240
Stratford	DLR  d	1200			1216 1230		
Seven Sisters	 d						
Tottenham Hale	 d	1213	1222		1240 1243		1252
Cheshunt	 d	1225		←	1248 1252		
Broxbourne	 d	1234		1234	1253 1258		
Roydon	d	↘		1239	1257	↘	
Harlow Town	 d		1238	1243	1301		1310
Harlow Mill	d			1246	1304		
Sawbridgeworth	d			1249	1307		
Bishop's Stortford	 d		1248	1256	1314		1320
Stansted Mountfitchet	d		1252		1318		
Stansted Airport	↖ a		1259				1329
Stansted Airport	↖ d 1248						
Elsenham	d				1321		
Newport (Essex)	d				1327		
Audley End	d 1302				1330		
Great Chesterford	d				1335		
Whittlesford Parkway	d 1309				1339		
Shelford	d				1344		
Cambridge	 a 1319				1351		
Cambridge	 d 1320				1353		
Cambridge North	 a 1324				1358		

















0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St		d		1258			1310		1328
Stratford	DLR		d	1246		1300			1316
Seven Sisters		d							
Tottenham Hale		d		1310		1313	1322		1340
Cheshunt		d	←	1318		1325		←	1348
Broxbourne		d	1258	1323		1334		1334	1353
Roydon		d				→		1339	1357
Harlow Town		d	1314	1329			1338	1343	1401
Harlow Mill		d						1346	1404
Sawbridgeworth		d	1319					1349	1407
Bishop's Stortford		d	1327	1338			1348	1356	1414
Stansted Mountfitchet		d					1352		1418
Stansted Airport	↔	a					1359		
Stansted Airport	↔	d		1348					
Elsenham		d							1421
Newport (Essex)		d							1427
Audley End		d		1350	1402				1430
Great Chesterford		d							1435
Whittlesford Parkway		d		1358	1409				1439
Shelford		d							1444
Cambridge		a		1408	1419				1451
Cambridge		d		1413	1420				1453
Cambridge North		a		1419	1424				1458












0640 Cycle restrictions apply. See notes for details

Saturdays

		XC A		B	
London Liverpool St	 d		1340	1358	
Stratford	DLR  d	1330		1346	1400
Seven Sisters	 d				
Tottenham Hale	 d	1343	1352	1410	1413
Cheshunt	 d	1352		 1418	1425
Broxbourne	 d	1358		1358 1423	1434
Roydon	d				
Harlow Town	 d		1410	1414 1429	
Harlow Mill	d				
Sawbridgeworth	d			1419	
Bishop's Stortford	 d		1420	1427 1438	
Stansted Mountfitchet	d				
Stansted Airport	 a		1429		
Stansted Airport	 d 1427			1448	
Elsenham	d				
Newport (Essex)	d				
Audley End	d			1450 1502	
Great Chesterford	d				
Whittlesford Parkway	d			1458 1509	
Shelford	d				
Cambridge	 a 1456			1508 1519	
Cambridge	 d			1513 1520	
Cambridge North	 a			1518 1524	

















0640 Cycle restrictions apply. See notes for details

Saturdays

London Liverpool St	 d	1410		1428		1440		1458
Stratford	DLR  d			<i>1416</i>	1430			<i>1446</i>
Seven Sisters	 d							
Tottenham Hale	 d	1422		1440	1443	1452		1510
Cheshunt	 d		←	1448	1452		←	1518
Broxbourne	 d		1434	1453	1458		1458	1523
Roydon	d		1439	1457	→			
Harlow Town	 d	1438	1443	1501		1510	1514	1529
Harlow Mill	d		1446	1504				
Sawbridgeworth	d		1449	1507			1519	
Bishop's Stortford	 d	1448	1456	1514		1520	1527	1538
Stansted Mountfitchet	d	1452		1518				
Stansted Airport	↔ a	1459				1529		
Stansted Airport	↔ d							
Elsenham	d			1521				
Newport (Essex)	d			1527				
Audley End	d			1530				1550
Great Chesterford	d			1535				
Whittlesford Parkway	d			1539				1558
Shelford	d			1544				
Cambridge	 a			1551				1608
Cambridge	 d			1553				1613
Cambridge North	 a			1558				1618














0640 Cycle restrictions apply. See notes for details

Saturdays

B				XC A	
London Liverpool St	 d		1510	1528	
Stratford	DLR  d	1500		1516	1530
Seven Sisters	 d				
Tottenham Hale	 d	1513	1522	1540	1543
Cheshunt	 d	1525		 1548	1552
Broxbourne	 d	1534		1534 1553	1558
Roydon	d			1539 1557	
Harlow Town	 d		1538	1543 1601	
Harlow Mill	d			1546 1604	
Sawbridgeworth	d			1549 1607	
Bishop's Stortford	 d		1548	1556 1614	
Stansted Mountfitchet	d		1552	1618	
Stansted Airport	 a		1559		
Stansted Airport	 d	1548			1627
Elsenham	d			1621	
Newport (Essex)	d			1627	
Audley End	d	1602		1630	
Great Chesterford	d			1635	
Whittlesford Parkway	d	1609		1639	
Shelford	d			1644	
Cambridge	 a	1619		1651 1656	
Cambridge	 d	1620		1653	
Cambridge North	 a	1624		1658	












0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St		d	1540		1558			1610	
Stratford	DLR		d		1546		1600		
Seven Sisters		d							
Tottenham Hale		d	1552		1610		1613	1622	
Cheshunt		d			← 1618		1625		←
Broxbourne		d			1558	1623	1634		1634
Roydon		d					→		1639
Harlow Town		d	1610	1614	1629			1638	1643
Harlow Mill		d							1646
Sawbridgeworth		d			1619				1649
Bishop's Stortford		d	1620	1627	1638			1648	1656
Stansted Mountfitchet		d						1652	
Stansted Airport		a	1629					1659	
Stansted Airport		d			1648				
Elsenham		d							
Newport (Essex)		d							
Audley End		d			1650	1702			
Great Chesterford		d							
Whittlesford Parkway		d			1658	1709			
Shelford		d							
Cambridge		a			1708	1719			
Cambridge		d			1713	1720			
Cambridge North		a			1718	1724			












0640 Cycle restrictions apply. See notes for details

Saturdays

						B	
London Liverpool St	 d	1628		1640		1658	
Stratford	DLR  d	1616	1630			1646	1700
Seven Sisters	 d						
Tottenham Hale	 d	1640	1643	1652		1710	1713
Cheshunt	 d	1648	1652		←	1718	1725
Broxbourne	 d	1653	1658		1658	1723	1734
Roydon	d	1657	→				→
Harlow Town	 d	1701		1710	1714	1729	
Harlow Mill	d	1704					
Sawbridgeworth	d	1707			1719		
Bishop's Stortford	 d	1714		1720	1727	1738	
Stansted Mountfitchet	d	1718					
Stansted Airport	↔ a			1729			
Stansted Airport	↔ d					1748	
Elsenham	d	1721					
Newport (Essex)	d	1727					
Audley End	d	1730				1750	1802
Great Chesterford	d	1735					
Whittlesford Parkway	d	1739				1758	1809
Shelford	d	1744					
Cambridge	 a	1751				1808	1819
Cambridge	 d	1753				1812	1820
Cambridge North	 a	1758				1818	1824

0640 Cycle restrictions apply. See notes for details








Saturdays

		XC A					
London Liverpool St	 d	1710	1728		1740		
Stratford	DLR  d		1716	1730			
Seven Sisters	 d						
Tottenham Hale	 d	1722	1740	1743	1752		
Cheshunt	 d		← 1748	1752			←
Broxbourne	 d		1734 1753	1758			1758
Roydon	d		1739 1757	→			
Harlow Town	 d	1738	1743 1801		1810	1814	
Harlow Mill	d		1746 1804				
Sawbridgeworth	d		1749 1807				1819
Bishop's Stortford	 d	1748	1756 1814		1820	1827	
Stansted Mountfitchet	d	1752	1818				
Stansted Airport	↔ a	1759			1829		
Stansted Airport	↔ d		1827				
Elsenham	d		1821				
Newport (Essex)	d		1827				
Audley End	d		1830				
Great Chesterford	d		1835				
Whittlesford Parkway	d		1839				
Shelford	d		1844				
Cambridge	 a		1851 1856				
Cambridge	 d		1853				
Cambridge North	 a		1858				

0640 Cycle restrictions apply. See notes for details








Saturdays

B

London Liverpool St	⊖	d	1758		1810		1828	
Stratford	DLR	⊖	d	1746	1800		1816	1830
Seven Sisters	⊖	d						
Tottenham Hale	⊖	d	1810	1813	1822		1840	1843
Cheshunt		d	1818	1825		←	1848	1852
Broxbourne		d	1823	1834		1834	1853	1858
Roydon		d		→		1839	1857	→
Harlow Town		d	1829		1838	1843	1901	
Harlow Mill		d				1846	1904	
Sawbridgeworth		d				1849	1907	
Bishop's Stortford		d	1838		1848	1856	1914	
Stansted Mountfitchet		d			1852		1918	
Stansted Airport	↖	a			1859			
Stansted Airport	↖	d		1848				
Elsenham		d					1921	
Newport (Essex)		d					1927	
Audley End		d	1850	1902			1930	
Great Chesterford		d					1935	
Whittlesford Parkway		d	1858	1910			1939	
Shelford		d					1944	
Cambridge		a	1908	1920			1951	
Cambridge		d	1913	1921			1953	
Cambridge North		a	1918	1925			1958	








0640 Cycle restrictions apply. See notes for details

Saturdays

B									
London Liverpool St	⊖	d	1840		1858			1910	
Stratford	DLR ⊖	d			1846		1900		
Seven Sisters	⊖	d							
Tottenham Hale	⊖	d	1852		1910		1913	1922	
Cheshunt	 d			←	1918		1925		←
Broxbourne	 d			1858	1923		1934		1934
Roydon	d						→		1939
Harlow Town	 d		1910	1914	1929			1938	1943
Harlow Mill	d								1946
Sawbridgeworth	d			1919					1949
Bishop's Stortford	 d		1920	1927	1938			1948	1956
Stansted Mountfitchet	d							1952	
Stansted Airport	↖ a		1929					1959	
Stansted Airport	↖ d				1948				
Elsenham	d								
Newport (Essex)	d								
Audley End	d				1950	2002			
Great Chesterford	d								
Whittlesford Parkway	d				1958	2009			
Shelford	d								
Cambridge	 a				2008	2019			
Cambridge	 d				2013	2020			
Cambridge North	 a				2018	2024			








0640 Cycle restrictions apply. See notes for details

Saturdays

		XC 1		B	
London Liverpool St	⊖ d	1928		1940	1958
Stratford	DLR ⊖ d	1916	1930		1946
Seven Sisters	⊖ d				
Tottenham Hale	⊖ d	1940	1943	1952	2010
Cheshunt	 d	1948	1952	←	2018
Broxbourne	 d	1953	1958	1958	2023
Roydon	d	1957	→		
Harlow Town	 d	2001		2010	2014 2029
Harlow Mill	d	2004			
Sawbridgeworth	d	2007		2019	
Bishop's Stortford	 d	2014		2020	2027 2038
Stansted Mountfitchet	d	2018			
Stansted Airport	↔ a			2029	
Stansted Airport	↔ d		2027		2048
Elsenham	d	2021			
Newport (Essex)	d	2027			
Audley End	d	2030	2041		2050 2102
Great Chesterford	d	2035			
Whittlesford Parkway	d	2039			2058 2109
Shelford	d	2044			
Cambridge	 a	2051	2056		2108 2119
Cambridge	 d	2053			2113 2120
Cambridge North	 a	2058			2118 2124

0640 Cycle restrictions apply. See notes for details

Saturdays

London Liverpool St	⊖ d	2010	2028	2040
Stratford	DLR ⊖ d 2000		2016 2030	
Seven Sisters	⊖ d			
Tottenham Hale	⊖ d 2013	2022	2040 2043	2052
Cheshunt	 d 2025		← 2048 2052	←
Broxbourne	 d 2034		2034 2053 2058	2058
Roydon	d ↘		2039 2057 ↘	
Harlow Town	 d	2038	2043 2101	2110 2114
Harlow Mill	d		2046 2104	
Sawbridgeworth	d		2049 2107	2119
Bishop's Stortford	 d	2048	2056 2114	2120 2127
Stansted Mountfitchet	d	2052	2118	
Stansted Airport	↖ a	2059		2129
Stansted Airport	↖ d			
Elsenham	d		2121	
Newport (Essex)	d		2127	
Audley End	d		2130	
Great Chesterford	d		2135	
Whittlesford Parkway	d		2139	
Shelford	d		2144	
Cambridge	 a		2151	
Cambridge	 d		2153	
Cambridge North	 a		2158	














0640 Cycle restrictions apply. See notes for details

Saturdays

				B		XC 1	
London Liverpool St	⊖ d	2058		2110		2128	
Stratford	DLR ⊖ d	2046	2100			2116	
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	2110	2113	2122		2140	
Cheshunt	🚆 d	2118	2125		←	2148	
Broxbourne	🚆 d	2123	2134		2134	2153	
Roydon	d		→		2139	2157	
Harlow Town	🚆 d	2129		2138	2143	2201	
Harlow Mill	d				2146	2204	
Sawbridgeworth	d				2149	2207	
Bishop's Stortford	🚆 d	2138		2148	2156	2214	
Stansted Mountfitchet	d			2152		2218	
Stansted Airport	✈ a			2159			
Stansted Airport	✈ d				2210		2227
Elsenham	d					2221	
Newport (Essex)	d					2227	
Audley End	d	2150			2225	2230	2241
Great Chesterford	d					2235	
Whittlesford Parkway	d	2158			2233	2239	
Shelford	d					2244	
Cambridge	🚆 a	2208			2245	2250	2258
Cambridge	🚆 d	2213			2255	2259	
Cambridge North	🚆 a	2218			2259	2304	

0640 Cycle restrictions apply. See notes for details








Saturdays

London Liverpool St	 d	2140	2158	2210	
Stratford	DLR  d	2130	2146	2200	
Seven Sisters	 d				
Tottenham Hale	 d	2143	2152	2210	2213
Cheshunt	 d	2152	←	2218	2225
Broxbourne	 d	2158	2158	2223	2234
Roydon	d	→			→
Harlow Town	 d	2210	2214	2229	2238
Harlow Mill	d				2246
Sawbridgeworth	d		2219		2249
Bishop's Stortford	 d	2220	2227	2238	2248
Stansted Mountfitchet	d				2252
Stansted Airport	 a	2229			2259
Stansted Airport	 d				
Elsenham	d				
Newport (Essex)	d				
Audley End	d		2250		
Great Chesterford	d				
Whittlesford Parkway	d		2258		
Shelford	d				
Cambridge	 a		2308		
Cambridge	 d				
Cambridge North	 a				

0640 Cycle restrictions apply. See notes for details








Saturdays

XC
1

London Liverpool St	⊖ d	2228		2240		2258	
Stratford	DLR ⊖ d	2216	2230			2246	2300
Seven Sisters	⊖ d						
Tottenham Hale	⊖ d	2240	2243	2252		2310	2313
Cheshunt	 d	2248	2252		←	2318	2325
Broxbourne	 d	2253	2258		2258	2323	2330
Roydon	d	2257	→				2334
Harlow Town	 d	2301		2310	2314	2329	2338
Harlow Mill	d	2304					2341
Sawbridgeworth	d	2307			2319		2345
Bishop's Stortford	 d	2314		2320	2327	2338	2351
Stansted Mountfitchet	d	2318					
Stansted Airport	↖ a			2329			
Stansted Airport	↖ d		2327				
Elsenham	d	2321					
Newport (Essex)	d	2327					
Audley End	d	2330	2341			2350	
Great Chesterford	d	2335					
Whittlesford Parkway	d	2339				2358	
Shelford	d	2344					
Cambridge	 a	2350	2358			0008	
Cambridge	 d	2352					
Cambridge North	 a	2357					








0640 Cycle restrictions apply. See notes for details

Saturdays

London Liverpool St	⊖ d	2325	2328	2358
Stratford	DLR ⊖ d			
Seven Sisters	⊖ d			
Tottenham Hale	⊖ d	2337	2340	0010
Cheshunt	 d		2348	0018
Broxbourne	 d		2353	0023
Roydon	d		2357	0027
Harlow Town	 d	2354	0001	0032
Harlow Mill	d		0004	0035
Sawbridgeworth	d		0007	0038
Bishop's Stortford	 d	0003	0014	0045
Stansted Mountfitchet	d		0018	0049
Stansted Airport	↖ a	0013		
Stansted Airport	↖ d			
Elsenham	d		0021	0052
Newport (Essex)	d		0027	0058
Audley End	d		0030	0101
Great Chesterford	d		0035	0106
Whittlesford Parkway	d		0039	0110
Shelford	d		0044	
Cambridge	 a		0051	0119
Cambridge	 d			
Cambridge North	 a			

0640 Cycle restrictions apply. See notes for details














Sundays

London Liverpool St	⚡ d	0410	0440	0510	0540	0610	0640	0710
Stratford	DLR ⚡ d							
Seven Sisters	⚡ d							
Tottenham Hale	⚡ d		0452	0522	0552	0622	0652	0722
Cheshunt	 d				0600		0700	
Broxbourne	 d				0605		0705	
Roydon	d							
Harlow Town	 d		0508	0538	0611	0638	0711	0738
Harlow Mill	d							
Sawbridgeworth	d							
Bishop's Stortford	 d		0518	0548	0621	0648	0721	0748
Stansted Mountfitchet	d		0522		0625		0725	
Stansted Airport	↔ a	0459	0534	0557	0632	0657	0732	0757
Stansted Airport	↔ d							
Elsenham	d							
Newport (Essex)	d							
Audley End	d							
Great Chesterford	d							
Whittlesford Parkway	d							
Shelford	d							
Cambridge	 a							
Cambridge	 d							
Cambridge North	 a							

0640 Cycle restrictions apply. See notes for details








Sundays

B

London Liverpool St		d		0740	0742	0810	0827		0840
Stratford	DLR		d				0815		
Seven Sisters		d							
Tottenham Hale		d		0752	0755	0822	0841		0853
Cheshunt		d			0809		0848		
Broxbourne		d			0822		0853		
Roydon		d			0827				
Harlow Town		d		0808	0831	0838	0859		0909
Harlow Mill		d			0834				
Sawbridgeworth		d			0837		0904		
Bishop's Stortford		d		0818	0844	0848	0911		0918
Stansted Mountfitchet		d		0822	0848				0922
Stansted Airport		a		0829		0857			0929
Stansted Airport		d	0818					0909	
Elsenham		d			0851				
Newport (Essex)		d			0857				
Audley End		d	0832		0900		0922	0926	
Great Chesterford		d			0905				
Whittlesford Parkway		d	0840		0909		0930	0934	
Shelford		d			0913				
Cambridge		a	0849		0921		0940	0944	
Cambridge		d	0850		0923		0941		
Cambridge North		a	0854		0928		0947		














0640 Cycle restrictions apply. See notes for details

Sundays

				B		XC A			
London Liverpool St	⊖ d	0857	0910	0927				0940	0957
Stratford	DLR ⊖ d	0856		0926					0956
Seven Sisters	⊖ d								
Tottenham Hale	⊖ d	0911	0923	0941				0953	1011
Cheshunt	 d	0918		0948					1018
Broxbourne	 d	0923		0953					1023
Roydon	d	0927							1027
Harlow Town	 d	0931	0939	0959				1009	1031
Harlow Mill	d	0934							1034
Sawbridgeworth	d	0938		1004					1038
Bishop's Stortford	 d	0944	0948	1011				1018	1044
Stansted Mountfitchet	d	0948						1022	1048
Stansted Airport	↖ a		0958					1029	
Stansted Airport	↖ d				1009	1027			
Elsenham	d	0951							1051
Newport (Essex)	d	0957							1057
Audley End	d	1000		1022	1026				1100
Great Chesterford	d	1005							1105
Whittlesford Parkway	d	1009		1030	1034				1109
Shelford	d	1013							1113
Cambridge	 a	1020		1040	1044	1055			1120
Cambridge	 d	1023		1041	1050				1123
Cambridge North	 a	1028		1047	1054				1128








0640 Cycle restrictions apply. See notes for details

Sundays

				B		XC A			
London Liverpool St	 d	1010	1028			1040	1057	1110	
Stratford	DLR  d		1026				1056		
Seven Sisters	 d								
Tottenham Hale	 d	1023	1041			1052	1110	1122	
Cheshunt	 d		1048				1118		
Broxbourne	 d		1053				1123		
Roydon	d						1127		
Harlow Town	 d	1039	1059			1108	1131	1138	
Harlow Mill	d						1134		
Sawbridgeworth	d		1104				1137		
Bishop's Stortford	 d	1048	1111			1118	1144	1148	
Stansted Mountfitchet	d					1122	1148		
Stansted Airport	 a	1058				1129			1157
Stansted Airport	 d			1109	1127				
Elsenham	d						1151		
Newport (Essex)	d						1157		
Audley End	d		1122	1126			1200		
Great Chesterford	d						1205		
Whittlesford Parkway	d		1130	1134			1209		
Shelford	d						1213		
Cambridge	 a		1140	1144	1155		1220		
Cambridge	 d		1141	1150			1223		
Cambridge North	 a		1147	1154			1228		

0640 Cycle restrictions apply. See notes for details














Sundays

				B	XC A	
London Liverpool St	⊖ d	1128			1140	1157
Stratford	DLR ⊖ d	1126				1156
Seven Sisters	⊖ d					
Tottenham Hale	⊖ d	1140			1152	1210
Cheshunt	 d	1148				1218
Broxbourne	 d	1153				1223
Roydon	d					1227
Harlow Town	 d	1159			1208	1231
Harlow Mill	d					1234
Sawbridgeworth	d	1204				1237
Bishop's Stortford	 d	1210			1218	1244
Stansted Mountfitchet	d				1222	1248
Stansted Airport	↖ a				1229	
Stansted Airport	↖ d		1209	1227		
Elsenham	d					1251
Newport (Essex)	d					1257
Audley End	d	1222	1226			1300
Great Chesterford	d					1305
Whittlesford Parkway	d	1229	1234			1309
Shelford	d					1313
Cambridge	 a	1240	1244	1255		1320
Cambridge	 d	1241	1250			1323
Cambridge North	 a	1247	1254			1328

then at
the same
mins past
each hour
until














0640 Cycle restrictions apply. See notes for details

Sundays

				B		XC 1					
London Liverpool St	 d	1910	1928					1940	1957	2010	
Stratford	DLR  d		1926						1956		
Seven Sisters	 d										
Tottenham Hale	 d	1922	1940					1952	2010	2022	
Cheshunt	 d		1948						2018		
Broxbourne	 d		1953						2023		
Roydon	d								2027		
Harlow Town	 d	1938	1959					2008	2031	2038	
Harlow Mill	d								2034		
Sawbridgeworth	d		2004						2037		
Bishop's Stortford	 d	1948	2010					2018	2044	2048	
Stansted Mountfitchet	d							2022	2048		
Stansted Airport	 a	1957						2029			2057
Stansted Airport	 d			2009	2027						
Elsenham	d								2051		
Newport (Essex)	d								2057		
Audley End	d		2022	2026	2041				2100		
Great Chesterford	d								2105		
Whittlesford Parkway	d		2029	2034					2109		
Shelford	d								2113		
Cambridge	 a		2040	2044	2055				2120		
Cambridge	 d		2041	2048					2123		
Cambridge North	 a		2047	2052					2128		














0640 Cycle restrictions apply. See notes for details

Sundays

		XC		1		B					
London Liverpool St	 d		2028			2040	2057	2110	2128		
Stratford	DLR  d		2026				2056			2126	
Seven Sisters	 d										
Tottenham Hale	 d		2040			2052	2110	2122	2140		
Cheshunt	 d		2048				2118			2148	
Broxbourne	 d		2053				2123			2153	
Roydon	d						2127				
Harlow Town	 d		2059			2108	2131	2138	2159		
Harlow Mill	d						2134				
Sawbridgeworth	d		2104				2137			2204	
Bishop's Stortford	 d		2110			2118	2144	2148	2210		
Stansted Mountfitchet	d					2122	2148				
Stansted Airport	 a					2129		2157			
Stansted Airport	 d	2104		2118							
Elsenham	d						2151				
Newport (Essex)	d						2157				
Audley End	d	2118	2122	2133			2200		2222		
Great Chesterford	d						2205				
Whittlesford Parkway	d		2129	2141			2209		2229		
Shelford	d						2213				
Cambridge	 a	2133	2140	2151			2220		2240		
Cambridge	 d			2154			2226				
Cambridge North	 a			2158			2231				














0640 Cycle restrictions apply. See notes for details

Sundays

		XC 1		XC 1	
London Liverpool St	 d	2140	2157	2210	2228
Stratford	DLR  d		2156		2226
Seven Sisters	 d				
Tottenham Hale	 d	2152	2210	2222	2240
Cheshunt	 d		2218		2248
Broxbourne	 d		2223		2253
Roydon	d		2227		
Harlow Town	 d	2208	2231	2238	2259
Harlow Mill	d		2234		
Sawbridgeworth	d		2237		2304
Bishop's Stortford	 d	2218	2244	2248	2310
Stansted Mountfitchet	d	2222	2248		
Stansted Airport	 a	2229		2257	
Stansted Airport	 d	2209	2227		2304
Elsenham	d		2251		
Newport (Essex)	d		2257		
Audley End	d	2226	2241	2300	2318 2322
Great Chesterford	d		2305		
Whittlesford Parkway	d	2234		2309	2330
Shelford	d		2313		
Cambridge	 a	2244	2255	2320	2334 2339
Cambridge	 d		2323		
Cambridge North	 a		2328		

0640 Cycle restrictions apply. See notes for details

Sundays

London Liverpool St	 d	2240	2257	2325	2328	2358
Stratford	DLR  d		2245			2333
Seven Sisters	 d					
Tottenham Hale	 d	2252	2310	2337	2340	0010
Cheshunt	 d		2318		2348	0018
Broxbourne	 d		2323		2353	0023
Roydon	d		2327			0027
Harlow Town	 d	2308	2331	2354	2359	0031
Harlow Mill	d		2334			0034
Sawbridgeworth	d		2337		0004	0037
Bishop's Stortford	 d	2318	2344	0004	0010	0044
Stansted Mountfitchet	d	2322	2348			
Stansted Airport	 a	2329		0013		
Stansted Airport	 d					
Elsenham	d		2351			
Newport (Essex)	d		2357			
Audley End	d		2359			
Great Chesterford	d		0005			
Whittlesford Parkway	d		0009			
Shelford	d		0013			
Cambridge	 a		0020			
Cambridge	 d					
Cambridge North	 a					

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