

YOU ARE THE LIGHT OF THE WORLD LIKE A CITY ON A HILLTOP THAT CANNOT BE HIDDEN

Dear friends,

You may have noticed that I did not send out my weekly letter last week, this was due to being on holiday. We spent the majority of our time working in the garden but also enjoyed several stay at home adventures including a cinema evening, a safari day, a BBQ and camping. I hope that you are also finding opportunities during this time to maintain a sense of normalcy and community. Please do **share any pictures with us** (if you are able) of what you are getting up to. You could share them to our Facebook Page, over What's App, or email them to me. It would be great to share some ideas for stay at home activities. Here are a few of our pictures from our safari:



These are certainly unusual times which inevitably will have many highs and lows. We are not designed to be cooped up in our houses which is particularly difficult for those of us who are at home alone. The Psalms are a rich resource that speak into the reality of life, even today. In their breadth they demonstrate the many textures of life, from times of great joy to times of deep sadness. They recognise that God is present and speaks into all these situations.

Answer me when I call to you,
O God who declares me innocent.
Free me from my troubles.
Have mercy on me and hear my prayer.

Many people say, "Who will show us better times?"

Let your face smile on us, Lord.

You have given me greater joy
than those who have abundant harvests of grain and new wine.

In peace I will lie down and sleep,
for you alone, O Lord, will keep me safe.

(Psalm 4:1,6-8)



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Over the next few weeks at the start of the **weekly prayer session** (Wednesdays 11:00) I will be reflecting on the Psalms and how they might be speaking into our lives today. Tomorrow I will be reflecting on Psalm 4 (above) and the importance of sharing all our lives with God. I hope that you might be able to join me.

On Sunday I will be continuing my series on Samuel and will ease us back in gently with a bit of a catch up. This week we will be looking at 1 Samuel 8-9 which are arguably some of the most important chapters in the whole Bible (no pressure on me then!). If you do get a chance you might like to read the chapters ahead of time.

Beth shared with me an online course called "The Sanctuary Course" which is currently free to download. On their website they state:

Sanctuary Mental Health Ministries recognizes the need for access to online mental health resources in this season. We also recognize the need for community and relational support during anxious times. This course is intended for use in small groups, and so now more than ever we ask that you gather online with friends or your church community to engage with the material together.

I hope that we might be able to look at starting this course over the next couple of weeks. If this might be of interest to you please do drop me an email.

On Sunday I shared a number of ways that we can be showing love to our neighbours. You can view the original article I was referring to at https://mikefrost.net/35-ways-to-love-your-neighbors-right-now/

Study Questions on Alan's Sermon on Peter

If you haven't had a chance to watch Alan's message from Sunday or would like to watch it again you can watch it at: https://youtu.be/fYrS3FGVKEM

- 1. Think about your initial reaction when you experience failure. Have you ever let your failures define you? How can we be encouraged by Peter's experience? Failure need not be final.
- 2. Jesus recommissioned Peter. Think about the 'call' of God on your life? If you are not sure what it is, ask the Lord to make this clear to you, in His time and in His way.
- 3. The disciples caught nothing until they followed Jesus' instructions. Are there any parts of your life where you feel you have nothing to show but 'empty nets'. Would you like to see more 'fish'? If so, ask Jesus to teach us how to become more effective in our witness.



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4. Fishing in Bible times was not an individual activity, but a group one. How can we as a fellowship encourage each other to pray and work together to see people won to Christ?

Connecting with us

You can connect into each of these services via https://dunfermlinewest.org/online and also via telephone using our latest stay connected details.

Worship music

I am sure we have all really appreciated the worship music that Amy, Beth and Rachel have been creating, please do offer them your encouragement. As we are creating new songs we are adding them to a YouTube playlist which you can listen to whenever you like. Simply click on the link below:

https://www.youtube.com/playlist?list=PLWewcFMHTJ0FjGKggn1g7DvlNNI68px3C

Buddy groups and prayer items

Andrew has been contacting the buddy group leaders weekly to update our online prayer area at: https://dunfermlinewest.org/prayers. Please do view the document regularly to keep up to date with how we can pray for each other. You can also add your prayers to the document or update us on the progress of other prayers.

Let us continue to stay in touch, to pray for one another and to not lose hope.

Your brother in Christ, Anthony