

Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

In your relationships with one another, have the same mindset as Christ Jesus:

Who, being in very nature God,
did not consider equality with God something to be used to his own
advantage; rather, he made himself nothing
by taking the very nature of a servant,
being made in human likeness.

And being found in appearance as a man,
he humbled himself
by becoming obedient to death—
even death on a cross!

Therefore God exalted him to the highest place
and gave him the name that is above every name,
that at the name of Jesus every knee should bow,
in heaven and on earth and under the earth, and every tongue acknowledge that
Jesus Christ is Lord,
to the glory of God the Father.
(Philippians 2:1-11)

#### Dear friends,

Last Sunday Alan spoke on the three crowns that were offered to Jesus Christ. Although, he rejected the first two crowns offered by the devil and his supporters respectively, he accepted the crown of thorns from his enemies. Jesus accepted this crown that symbolised the ridicule, abuse and shame that he persevered from the very people who he came to save. Why did Jesus accept such degrading, dehumanising, humiliating action? Because of his obedience to God by the Spirit. A perfect obedience that demonstrates the depth of human brokenness, sinfulness, that Jesus needed to endure in order that God's light might



shine in the darkest corners. Jesus' crown of thorns is an uncomfortable reminder of God's love for us.

For God s loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. (John 3:16)

As we consider how we might discern the Spirit in our lives the best place to start is in Christ. Christ who in his life and death was obedient to the movements of the Spirit and demonstrated the cost of discipleship.

### **Sharing In and Out Together**

Please do **share any pictures with us** (if you are able) of what you are getting up to. You could share them to our Facebook Page, over What's App, or email them to me. Below is a photo of the pom-pom tree of encouragement in Tillicoultry and Andrew who has embarked on his Tearfund The Climb Challenge, and a plaque that Ted came across on VE 75 day last week.



Find out more about **Andrews Tearfund fundraising** at: <a href="https://www.justgiving.com/fundraising/andrewstheclimb126">https://www.justgiving.com/fundraising/andrewstheclimb126</a>

Instructions on making pom-poms can be found here (as requested by Liz): <a href="https://www.adventuresofadiymom.com/2014/02/how-to-make-pom-poms-from-yarn.html">https://www.adventuresofadiymom.com/2014/02/how-to-make-pom-poms-from-yarn.html</a>



### Here are Ted's thoughts when coming across the plaque:

**Ecclesiastes 1:9** 

What has been will be again, what has been done will be done again; there is nothing new under the sun.

How scary must it have been for our forebearers who lived through the Cholera Epidemic of 1832 here in this famous old city and royal burgh of Dunfermline?

I discovered this plaque in the grounds of our historical abbey on VE 75 holiday Friday, last week when I was out for exercise. The plaque commemorates 158 souls who perished in that outbreak and are buried by the abbey.

#### World Mission: BMS in Mozambique

There is extremely limited health provision and high rates of poverty in Mozambique and the country is still recovering from Cyclone Idai last year. At the moment the situation is still calm and under Government control as the number of people infected with coronavirus is still small. But the WHO has warned that Africa could become the next epicentre of the pandemic and the virus is a great threat for Mozambique because of the community way of life which means it is very difficult to physically distance from others. Many people depend on selling goods daily to feed their families and the state of emergency measures don't allow them to work in the street and small markets. The poor will be most affected as protection products are very expensive.

The BMS team are providing soap and advice on effective handwashing for families who are part of their preschool projects across the country. Please pray for the Christians who are trying to avoid being panicked and to share the message of hope in WhatsApp or by text message to help those who are in fear for their future.

### What's on

At the start of the **weekly prayer session** (Wednesdays 11:00) I will be reflecting from the Psalms and how they might be speaking into our lives today. Tomorrow I will be considering Psalm 8 and what it means to be stewards of God's creation. I hope that you might be able to join me.



When I consider your heavens,
the work of your fingers,
the moon and the stars,
which you have set in place,
what is mankind that you are mindful of them,
human beings that you care for them?
You have made them a little lower than the angels
and crowned them with glory and honor.
You made them rulers over the works of your hands;
you put everything under their feet:

(Psalm 8:3-6)

On Sunday we will be gathering again online at 11:00am for a time of worship together.

Luke is exploring getting the **weekly evening prayer and bible study** running again which will likely include a time to discuss the weekly study questions (as below). This would be over zoom.

# **Study Questions from Luke 4:14-21**

If you haven't had a chance to watch the message from Sunday or would like to watch it again you can watch it at: https://youtu.be/LuXAq5aTJ0k

- 1. Do you think Satan had the legal right and authority to offer the kingdoms of this world to Jesus?
- 2. What can we learn from the way Jesus resisted Satan? (Luke 4v1ff)
- 3. If Jesus is king, and reigning, why do we see so many things happening in the world which are directly contrary to his will such as wars and poverty?
- 4. Is there any area of our life where we need the Spirit of God to open our eyes, release us from 'captivity', darkness or oppression or bind up our broken hearts? (Isa 61v1ff)
- 5. How can we, as individuals and as a church, help to extend Christ's kingdom?

# **Buddy groups and prayer items**

Andrew has been contacting the buddy group leaders weekly to update our online prayer area at: <a href="https://dunfermlinewest.org/prayers">https://dunfermlinewest.org/prayers</a>. Please do view the document regularly to keep



up to date with how we can pray for each other. You can also add your prayers to the document or update us on the progress of other prayers.

### **Connecting with us**

You can connect into each of these services via <a href="https://dunfermlinewest.org/online">https://dunfermlinewest.org/online</a> and also via telephone using our latest stay connected details.

### Subscribe, Like and Invite.

Please do regularly keep up to date with the churches news on Facebook and YouTube and interact with its content. Subscribe to both YouTube and Facebook. Like the posts and comment on them. Invite your friends to be a part of our community.

Our YouTube Channel ( *To subscribe click on the red subscribe button*) <a href="https://www.youtube.com/channel/UC7BuBS">https://www.youtube.com/channel/UC7BuBS</a> TUKDMvu5Wcpg9PAg/

Our Facebook Page (*To Like click the like button below the Page's cover photo*) https://www.facebook.com/dunfermlinewest

## **Worship music**

I am sure we have all really appreciated the worship music that Amy, Beth and Rachel have been creating, please do offer them your encouragement. As we are creating new songs we are adding them to a YouTube playlist which you can listen to whenever you like. Simply click on the link below:

https://www.youtube.com/playlist?list=PLWewcFMHTJ0FjGKggn1g7DvlNNI68px3C

Let us continue to stay in touch, to pray for one another and to not lose hope.

Your brother in Christ, Anthony