

# MTI System: Key Messages (2013)

## 1. Purpose of the MTI System

- Bridge the gap between research and practice
- Support adoption, implementation, and sustainability of EBIs
- Ensure adaptability to diverse real-world contexts

## 2. Core Components

- Assessment tools: readiness, barriers, facilitators
- Decision-support: tailored recommendations for EBIs
- Implementation planning: stepwise action plans with goals
- Monitoring & feedback: continuous improvement loops

## 3. Guiding Principles

- Based on implementation science frameworks (RE-AIM, CFIR)
- Balance fidelity with contextual adaptation
- Emphasize participatory approaches with stakeholders

## 4. Expected Benefits

- Move beyond adoption to long-term integration of EBIs
- Strengthen sustainability by embedding into routine practice
- Provide structured, scalable, and replicable implementation process

■ **Take-home:** The MTI System offers a practical, structured framework that blends scientific rigor with real-world adaptability, helping organizations systematically adopt, implement, and sustain EBIs.