



Performance

Values are estimated and may vary. The <u>performance score is</u> <u>calculated</u> directly from these metrics. <u>See calculator.</u>



0-49

50-89

90-100



METRICS Expand view

First Contentful Paint

0.2 s

Largest Contentful Paint

0.5 s

Total Blocking Time

140 ms

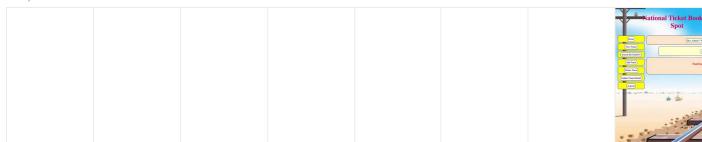
Cumulative Layout Shift

0

 \blacksquare

Speed Index

5.4 s



Later this year, insights will replace performance audits. <u>Learn more and provide</u> <u>feedback here</u>.

Go back to audits

Show audits relevant to: All FCP LCP TBT

INSIGHTS

▲ Use efficient cache lifetimes — Est savings of 180 KiB

A long cache lifetime can speed up repeat visits to your page. Learn more. FCP [LCP]

Request	Cache TTL	Transfer Size
localhost 1st Party		180 KiB
/TrainBook/sandy.jpg (localhost)	None	178 KiB
/TrainBook/UserHome_Css.css (localhost)	None	2 KiB

Network dependency tree

<u>Avoid chaining critical requests</u> by reducing the length of chains, reducing the download size of resources, or deferring the download of unnecessary resources to improve page load. [LCP]

Maximum critical path latency: 69 ms

Initial Navigation

/TrainBook/adminsearchtrainfwd (localhost) - 68 ms, 1.60 KiB

/TrainBook/UserHome_Css.css (localhost) - 69 ms, 2.18 KiB

Preconnected origins

<u>preconnect</u> hints help the browser establish a connection earlier in the page load, saving time when the first request for that origin is made. The following are the origins that the page preconnected to.

no origins were preconnected

about:blank 2/14

Preconnect candidates

Add <u>preconnect</u> hints to your most important origins, but try to use no more than 4.

No additional origins are good candidates for preconnecting

Render blocking requests

Requests are blocking the page's initial render, which may delay LCP. Deferring or inlining can move these network requests out of the critical path. FCP [LCP]

URL	Transfer Size	Duration
localhost 1st Party	2.2 KiB	0 ms
/TrainBook/UserHome_Css.css (localhost)	2.2 KiB	

LCP breakdown

Each subpart has specific improvement strategies. Ideally, most of the LCP time should be spent on loading the resources, not within delays. [LCP]

Subpart	Duration
Time to first byte	10 ms
Element render delay	9,270 ms



3rd parties

h1.hd

3rd party code can significantly impact load performance. Reduce and defer loading of 3rd party code to prioritize your page's content.

3rd party	Transfer size	Main thread time
hfgkoaengklibhfagaababcngpehggmm	0 KiB	133 ms
chrome-extension://hfgkoaengklibhfagaababcngpehggmm/content/content.js	0 KiB	133 ms
ekhagklcjbdpajgpjgmbionohlpdbjgc	0 KiB	36 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/xregexp-all.js</pre>	0 KiB	8 ms

about:blank 3/14

3rd party	Transfer size	Main thread time
chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/schema.js	0 KiB	8 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/translation/translate .js</pre>	0 KiB	3 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/utilities.js</pre>	0 KiB	2 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/browser-polyfill.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/zotero.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/proxy.js</pre>	0 KiB	1 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/utilities_item.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/date.js</pre>	0 KiB	1 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/utilities_translate.j s</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/singlefile.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/term.js</pre>	0 KiB	1 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/identity.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/inject.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/http.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/messages.js</pre>	0 KiB	1 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/progressWindow_inject.js</pre>	0 KiB	1 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/lib/SingleFile/single- file-hooks-frames.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/rdfparser.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/openurl.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/resource/zoteroTypeSc hemaData.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/translator.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/api.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/debug.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities.js</pre>	0 KiB	0 ms

about:blank 4/14

3rd party	Transfer size	Main thread time
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/messaging_inject.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/uri.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/messagingGeneric.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/cachedTypes.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/http.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/integration/connectorIntegratio n.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/virtualOffscreenTranslat e.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/schema.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/translation/translate _item.js</pre>	0 KiB	0 ms
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/modalPrompt_inject.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/init.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/xregexp- unicode-zotero.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/sandboxManager.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/zotero_config.js</pre>	0 KiB	0 ms
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/promise.js</pre>	0 KiB	0 ms
chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/i18n.js	0 KiB	0 ms
fmkadmapgofadopljbjfkapdkoienihi	0 KiB	11 ms
<pre>chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/installHook.js</pre>	0 KiB	7 ms
<pre>chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/proxy.js</pre>	0 KiB	3 ms
<pre>chrome- extension://fmkadmapgofadopljbjfkapdkoienihi/build/prepareInjection.js</pre>	0 KiB	1 ms
<pre>chrome- extension://fmkadmapgofadopljbjfkapdkoienihi/build/hookSettingsInjector.js</pre>	0 KiB	0 ms
<pre>chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/fileFetcher.js</pre>	0 KiB	0 ms
nalkmonnmldhpfcpdlbdpljlaajlaphh	0 KiB	3 ms
<pre>chrome-extension://nalkmonnmldhpfcpdlbdpljlaajlaphh/contentScript.js</pre>	0 KiB	3 ms

about:blank 5/14

3rd party	Transfer size	Main thread time
gmhgdiamihghcepkeapfoeakphffcdkk	0 KiB	2 ms
<pre>chrome-extension://gmhgdiamihghcepkeapfoeakphffcdkk/src/scripts/content.js</pre>	0 KiB	2 ms
bcjindcccaagfpapjjmafapmmgkkhgoa	0 KiB	1 ms
<pre>chrome-extension://bcjindcccaagfpapjjmafapmmgkkhgoa/content.js</pre>	0 KiB	1 ms
chrome-extension://bcjindcccaagfpapjjmafapmmgkkhgoa/set-json-global.js	0 KiB	0 ms
kdoofkpcjhkbhedgkdbagobockcmeoeb	0 KiB	1 ms
<pre>chrome-extension://kdoofkpcjhkbhedgkdbagobockcmeoeb/content.min.js</pre>	0 KiB	1 ms
majdfhpaihoncoakbjgbdhglocklcgno	0 KiB	1 ms
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/main.tsx- CdIPJLhc.js</pre>	0 KiB	1 ms
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/main.tsx-loader- DAV5MfjH.js</pre>	0 KiB	0 ms
chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/index-4StdGBpg.js	0 KiB	0 ms
hmlcjjclebjnfohgmgikjfnbmfkigocc	0 KiB	0 ms
<pre>chrome-extension://hmlcjjclebjnfohgmgikjfnbmfkigocc/assets/anti-fb- phishing.ts-loader-7b6e3729.js</pre>	0 KiB	0 ms

These insights are also available in the Chrome DevTools Performance Panel - <u>record a trace</u> to view more detailed information.

DIAGNOSTICS

Minify JavaScript — Est savings of 107 KiB

Minifying JavaScript files can reduce payload sizes and script parse time. <u>Learn how to minify JavaScript</u>. <u>FCP</u> <u>LCP</u>

URL	Transfer Size	Est Savings
Zotero Connector Chrome Extension	246.4 KiB	106.8 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/xregexp- all.js</pre>	74.9 KiB	31.1 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/translation/transla te.js</pre>	34.6 KiB	14.4 KiB

about:blank 6/14

URL	Transfer Size	Est Savings
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/itemSaver.js</pre>	21.4 KiB	9.0 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/pageSaving.js</pre>	23.1 KiB	8.7 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/utilities.js</pre>	18.4 KiB	7.9 KiB
chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/browser-polyfill.js	8.4 KiB	5.6 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/proxy.js</pre>	11.7 KiB	4.7 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/utilities_item.js</pre>	11.2 KiB	4.6 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/utilities/date.js</pre>	8.3 KiB	3.4 KiB
chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translateWeb.js	4.7 KiB	3.3 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/rdfparser.js</pre>	6.5 KiB	3.2 KiB
<pre>chrome-extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/http.js</pre>	6.9 KiB	3.0 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/rdf/identity.js</pre>	6.1 KiB	3.0 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/utilities_translate .js</pre>	5.2 KiB	2.5 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/inject/progressWindow_inject. js</pre>	5.0 KiB	2.4 KiB

Avoid serving legacy JavaScript to modern browsers — Est savings of 36 KiB

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Polyfills and transforms enable legacy browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile <u>Baseline</u> features, unless you know you must support legacy browsers. <u>Learn why most sites can deploy ES6+ code without transpiling FCP LCP</u>

☐ Show 3rd-party resources (1)

URL	Est Savings
Unattributable	0.7 KiB
<pre>chrome- extension://hfgkoaengklibhfagaababcngpehggmm/content/conte t.js</pre>	on 0.7 KiB
content.js:2	@babel/plugin-transform- classes
content.js:2	@babel/plugin-transform- spread

Reduce unused JavaScript — Est savings of 1,005 KiB

Reduce unused JavaScript and defer loading scripts until they are required to decrease bytes consumed by network activity. <u>Learn how to reduce unused JavaScript</u>. FCP <u>LCP</u>

✓ Show 3rd-party resources (4)

	Circuit or all part	.,
URL	Transfer Size	Est Savings
Unattributable	912.5 KiB	660.2 KiB
chrome-extension://hfgkoaengklibhfagaababcngpehggmm/content/content.js	855.4 KiB	607.6 KiB
<pre>chrome-extension://fmkadmapgofadopljbjfkapdkoienihi/build/installHook.js</pre>	57.1 KiB	52.5 KiB
//react-devtools-shared/src/backend/fiber/renderer.js	24.4 KiB	24.3 KiB
//react-devtools-shared/src/backend/legacy/renderer.js	4.2 KiB	4.2 KiB
<pre>//build/oss-experimental/react-debug-tools/cjs/react-debug- tools.production.js</pre>	4.2 KiB	3.9 KiB
//react-devtools-shared/src/utils.js	3.3 KiB	3.2 KiB
//react-devtools-shared/src/backend/profilingHooks.js	2.9 KiB	2.7 KiB
Free VPN for Chrome - VPN Proxy VeePN Chrome Extension	432.7 KiB	318.9 KiB
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/client- xiAOdzW2.js</pre>	189.2 KiB	166.9 KiB
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/main.tsx- CdIPJLhc.js</pre>	135.1 KiB	96.2 KiB
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/index- 4StdGBpg.js</pre>	108.3 KiB	55.8 KiB

about:blank 8/14

URL	Transfer Size	Est Savings
Zotero Connector Chrome Extension	34.6 KiB	25.6 KiB
<pre>chrome- extension://ekhagklcjbdpajgpjgmbionohlpdbjgc/translate/translation/transla te.js</pre>	34.6 KiB	25.6 KiB

O Avoid long main-thread tasks — 3 long tasks found

Lists the longest tasks on the main thread, useful for identifying worst contributors to input delay. <u>Learn how to avoid long main-thread tasks</u> (TBT)

✓ Show 3rd-party resources (1)

URL	Start Time	Duration
Unattributable		133 ms
chrome-extension://hfgkoaengklibhfagaababcngpehggmm/content/content.js	230 ms	133 ms
Free VPN for Chrome - VPN Proxy VeePN Chrome Extension		112 ms
<pre>chrome-extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/main.tsx- CdIPJLhc.js</pre>	395 ms	112 ms
localhost 1st Party		53 ms
/TrainBook/adminsearchtrainfwd (localhost)	167 ms	53 ms

○ User Timing marks and measures — 1 user timing

Consider instrumenting your app with the User Timing API to measure your app's real-world performance during key user experiences. <u>Learn more about User Timing marks</u>.

Name	Туре	Start Time	Duration
v3	Mark	0.00 ms	

More information about the performance of your application. These numbers don't <u>directly affect</u> the Performance score.

PASSED AUDITS (23)

about:blank 9/14

Layout shift culprits Layout shifts occur when elements move absent any user interaction. Investigate the causes of layout shifts, such as elements being added, removed, or their fonts changing as the page loads. CLS Document request latency Your first network request is the most important. Reduce its latency by avoiding redirects, ensuring a fast server response, and enabling text compression. FCP LCP Avoids redirects Server responds quickly (observed 5 ms)

Optimize DOM size

Applies text compression

A large DOM can increase the duration of style calculations and layout reflows, impacting page responsiveness. A large DOM will also increase memory usage. <u>Learn how to avoid an excessive DOM size</u>.

Statistic	Element	Value
Total elements		48
	header	
Most children		8
DOM depth	a.close_main.popup_close	6
Duplicated JavaScript		^
Remove large, duplicate activity. FCP LCP	JavaScript modules from bundles to reduce unnecessary bytes consumed by networ	k
Font display		^
	<u>isplay</u> to swap or optional to ensure text is consistently visible. swap can be furth out shifts with <u>font metric overrides</u> .	ner
Forced reflow		^

A forced reflow occurs when JavaScript queries geometric properties (such as offsetWidth) after styles have been invalidated by a change to the DOM state. This can result in poor performance. Learn more about <u>forced reflows</u> and

about:blank 10/14

possible mitigations.

Improve image delivery
Reducing the download time of images can improve the perceived load time of the page and LCP. <u>Learn more about optimizing image size</u> FCP <u>LCP</u>
O INP breakdown
Start investigating with the longest subpart. <u>Delays can be minimized</u> . To reduce processing duration, <u>optimize the main-thread costs</u> , often JS.
LCP request discovery
Optimize LCP by making the LCP image <u>discoverable</u> from the HTML immediately, and <u>avoiding lazy-loading</u>
Legacy JavaScript
Polyfills and transforms enable older browsers to use new JavaScript features. However, many aren't necessary for modern browsers. Consider modifying your JavaScript build process to not transpile Baseline features, unless you know you must support older browsers. Learn why most sites can deploy ES6+ code without transpiling (FCP) (LCP)
Modern HTTP
HTTP/2 and HTTP/3 offer many benefits over HTTP/1.1, such as multiplexing. <u>Learn more about using modern HTTP</u> . FCP [LCP]
Optimize viewport for mobile
Tap interactions may be <u>delayed by up to 300 ms</u> if the viewport is not optimized for mobile.
Defer offscreen images
Consider lazy-loading offscreen and hidden images after all critical resources have finished loading to lower time to interactive. Learn how to defer offscreen images. FCP LCP
Minify CSS
Minifying CSS files can reduce network payload sizes. Learn how to minify CSS. FCP LCP
Reduce unused CSS

Reduce unused rules from stylesheets and defer CSS not used for above-the-fold content to decrease bytes

about:blank 11/14

consumed by network activity. Learn how to reduce unused CSS. [FCP] [LCP]

Use HTTP/2

HTTP/2 offers many benefits over HTTP/1.1, including binary headers and multiplexing. <u>Learn more about HTTP/2</u>. <u>LCP</u> <u>FCP</u>

Avoids enormous network payloads — Total size was 181 KiB

Large network payloads cost users real money and are highly correlated with long load times. <u>Learn how to reduce payload sizes</u>.

URL	Transfer Size
localhost 1st Party	181.3 KiB
/TrainBook/sandy.jpg (localhost)	177.5 KiB
/TrainBook/UserHome_Css.css (localhost)	2.2 KiB
/TrainBook/adminsearchtrainfwd (localhost)	1.6 KiB

JavaScript execution time -0.3 s

Consider reducing the time spent parsing, compiling, and executing JS. You may find delivering smaller JS payloads helps with this. <u>Learn how to reduce Javascript execution time</u>. (TBT)

✓ Show 3rd-party resources (1)

URL	Total CPU Time	Script Evaluation	Script Parse
Unattributable	237 ms	66 ms	78 ms
<pre>chrome- extension://hfgkoaengklibhfagaababcngpehggmm/content/content.js</pre>	145 ms	60 ms	78 ms
Unattributable	92 ms	6 ms	0 ms
Free VPN for Chrome - VPN Proxy VeePN Chrome Extension	113 ms	79 ms	0 ms
<pre>chrome- extension://majdfhpaihoncoakbjgbdhglocklcgno/assets/main.tsx- CdIPJLhc.js</pre>	113 ms	79 ms	0 ms

about:blank 12/14

URL	Total CPU Time	Script Evaluation	Script Parse	
localhost 1st Party	78 ms	13 ms	36 ms	
/TrainBook/adminsearchtrainfwd (localhost)	78 ms	13 ms	36 ms	

Minimizes main-thread work - 0.5 s

Consider reducing the time spent parsing, compiling and executing JS. You may find delivering smaller JS payloads helps with this. <u>Learn how to minimize main-thread work (TBT)</u>

Category	Time Spent
Script Evaluation	176 ms
Other	148 ms
Script Parsing & Compilation	116 ms
Style & Layout	10 ms
Parse HTML & CSS	9 ms
Rendering	1 ms

Lazy load third-party resources with facades

Some third-party embeds can be lazy loaded. Consider replacing them with a facade until they are required. <u>Learn</u> how to defer third-parties with a facade. (TBT)

Uses passive listeners to improve scrolling performance

Consider marking your touch and wheel event listeners as passive to improve your page's scroll performance. <u>Learn more about adopting passive event listeners</u>.

Avoids document.write()

For users on slow connections, external scripts dynamically injected via document.write() can delay page load by tens of seconds. Learn how to avoid document.write().

Page didn't prevent back/forward cache restoration

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Many navigations are performed by going back to a previous page, or forwards again. The back/forward cache (bfcache) can speed up these return navigations. <u>Learn more about the bfcache</u>

Captured at Oct 16, 2025, 11:48 PM GMT+9:30

Initial page load

Emulated Desktop with Lighthouse 12.8.2

Custom throttling

Single page session

Using Chromium 141.0.0.0
with devtools

Generated by **Lighthouse** 12.8.2 | File an issue

about:blank 14/14