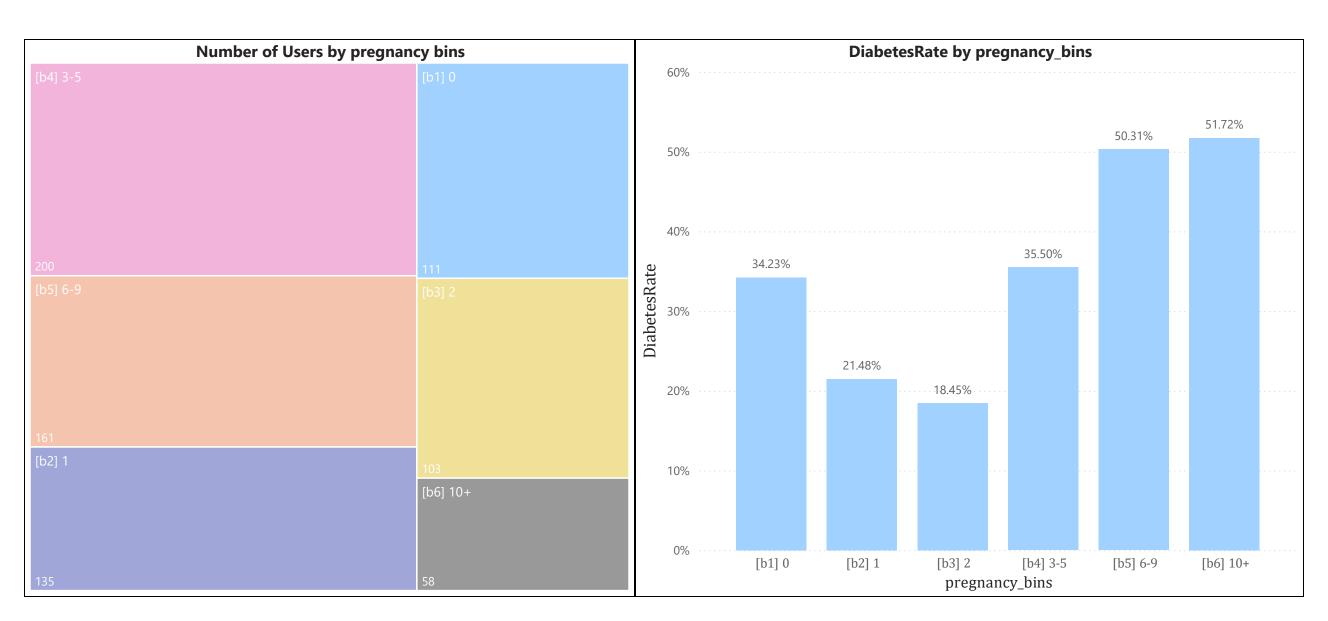
Pregnancy VS Diabetes

Insight:

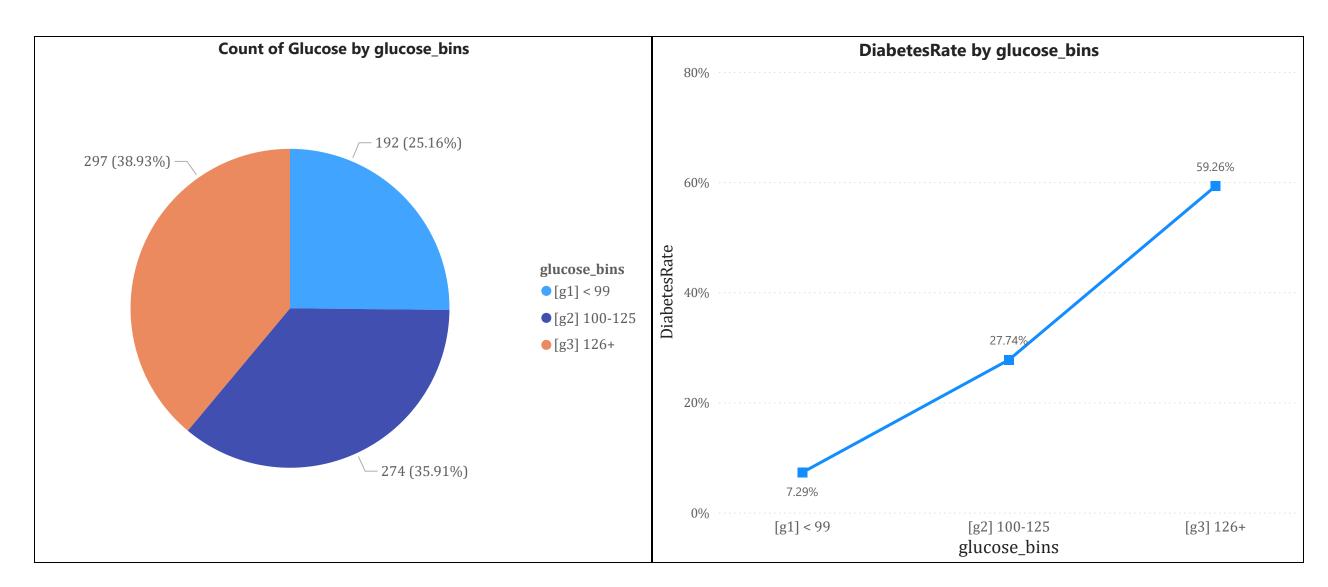
As the number of pregnancies increases, the diabetes rate rises significantly.



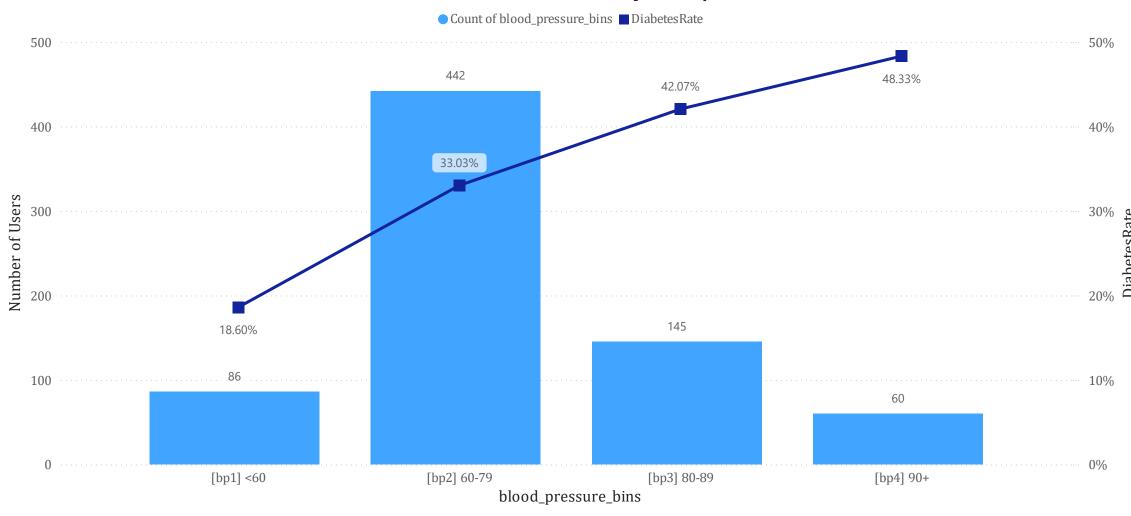
Glucose VS Diabetes

Insight:

As glucose levels increase, the diabetes rate rises significantly.



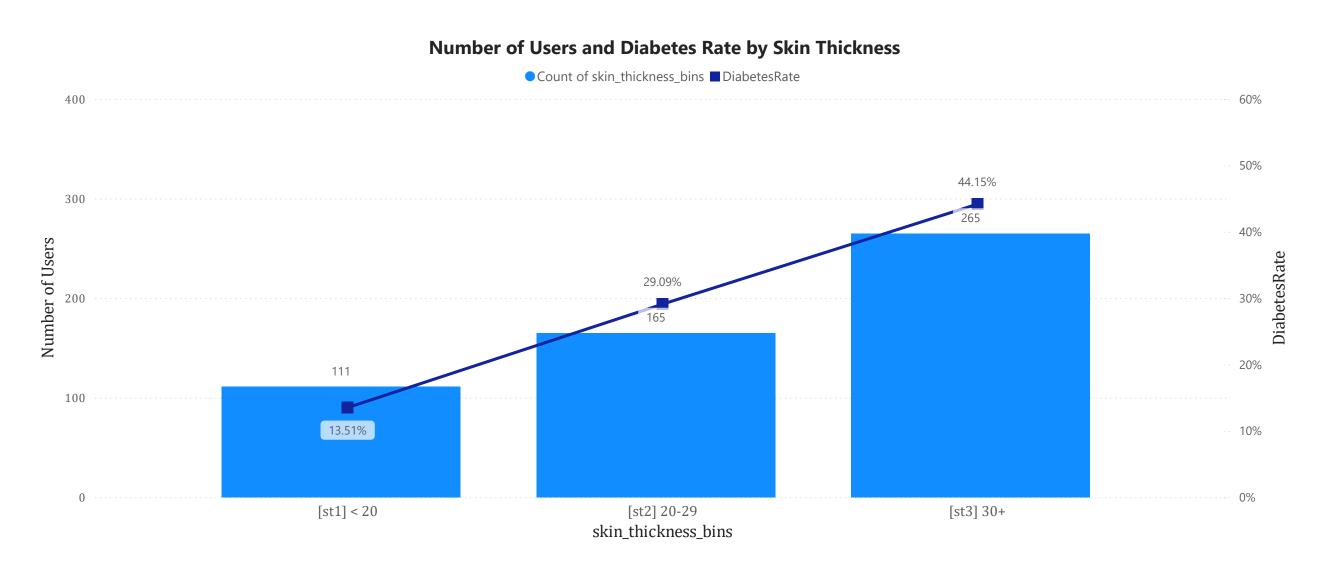
Number of Users and DiabetesRate by blood_pressure_bins



SkinThickness VS Diabetes

Insight:

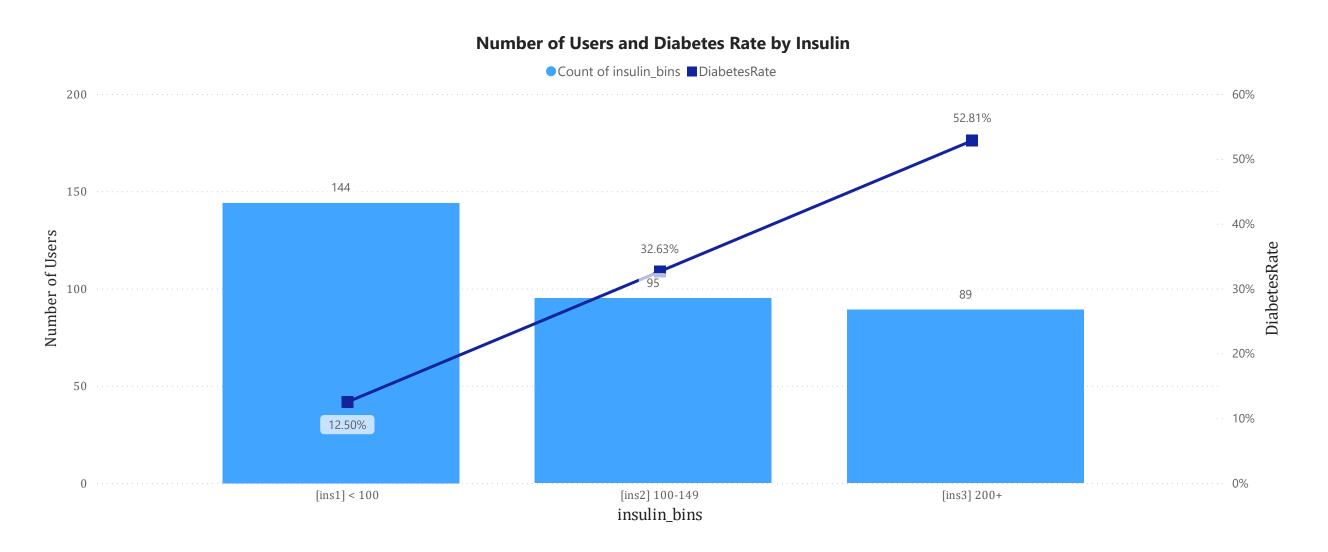
Positive correlation between skin thickness and diabetes rate.



Insulin VS Diabetes

Insight:

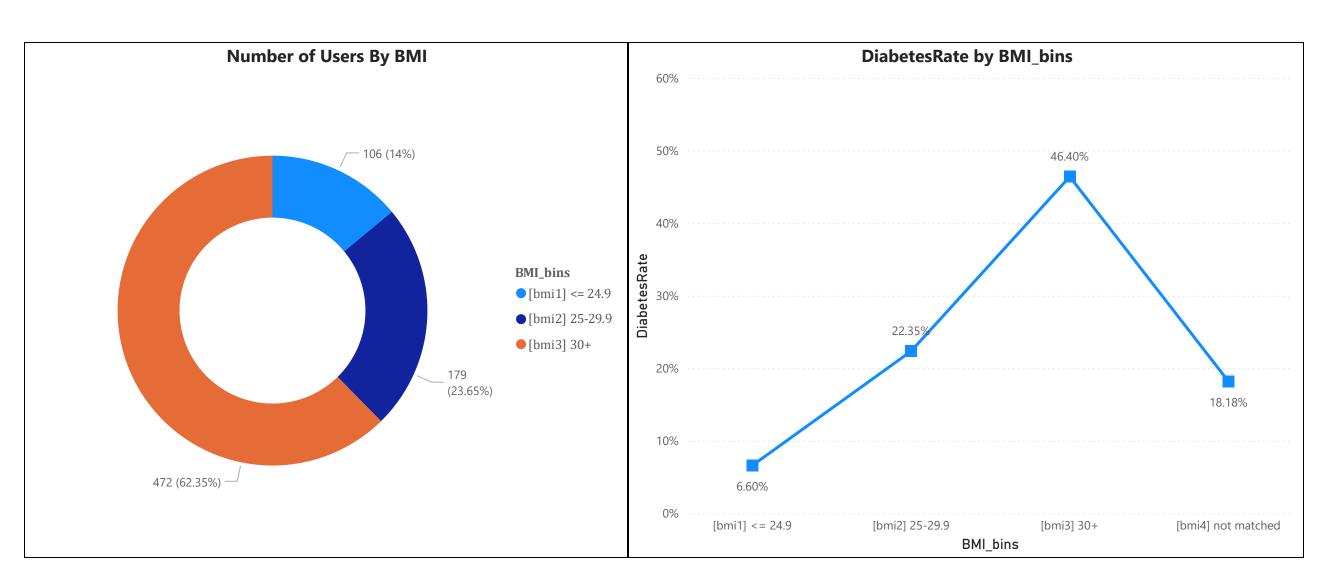
The chart indicates that as insulin levels increase, the diabetes rate rises significantly.



BMI VS Diabetes

Insight:

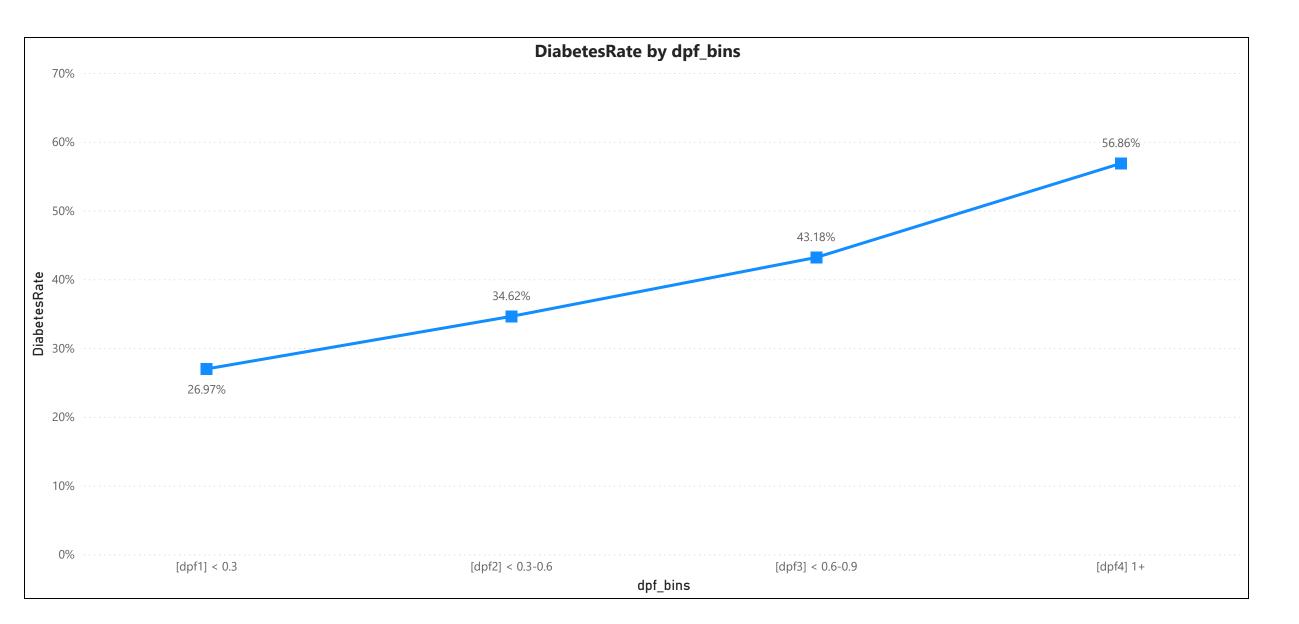
As BMI increases, the diabetes rate rises significantly.



DPF VS Diabetes

Insight:

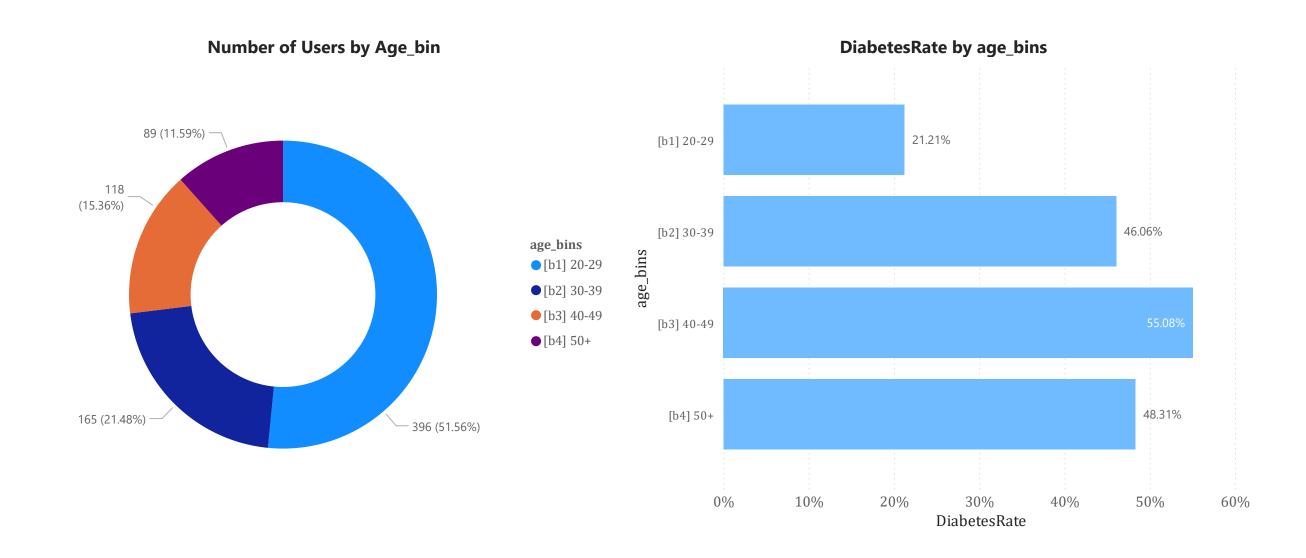
The chart shows that as DPF increases, the diabetes rate gradually rises.



Age VS Diabetes

Insight:

Diabetes prevalence increases with age.



Summary:

The data analysis reveals several important insights about the relationship between various health indicators and the risk of developing diabetes:

- Pregnancy: Diabetes risk grows with an increase in the number of pregnancies, reaching its peak for women with 10 or more pregnancies.
- Glucose Levels: Higher glucose readings (above 126) are strongly tied to diabetes, with a 59.26% rate observed in this group.
- **Blood Pressure**: Elevated blood pressure (over 90) is linked to a diabetes rate of 48.33%.
- Skin Thickness: Thicker skin (greater than 30) correlates with a higher diabetes rate of 44.15%.
- Insulin Levels: Increased insulin levels (over 200) show a significant rise in diabetes cases, with a rate of 52.81%.
- BMI: A BMI above 30 is a clear indicator of higher diabetes risk.
- Diabetes Pedigree Function (DPF): A stronger genetic predisposition, shown by a DPF above 1, is associated with a diabetes rate of 56.86%.
- Age: Older age groups, particularly those over 50, show the highest diabetes prevalence at 55.08%.

Recommendations for Lowering Diabetes Risk:

- 1. Keep a Healthy BMI: Staying active and eating a balanced diet can help control weight and reduce diabetes risk.
- 2. Monitor Blood Sugar: Regular screenings can catch early signs of diabetes or pre-diabetes.
- 3. Regulate Blood Pressure: Lifestyle adjustments or medication can support healthy blood pressure levels.
- 4. Manage Insulin: Monitoring insulin levels with a healthcare provider's guidance can reduce diabetes complications.
- 5. **Health Focus for Future Mothers**: Women planning for multiple pregnancies can reduce their diabetes risk by adopting healthy lifestyle habits early on.