

# STUDENTS' GYMKHANA ELECTIONS Year 2018-19

# Indian Institute of Technology, Guwahati

File Ref: IITG/SAC/GYM18/Elections/Nominations/

# **Nomination Form**

Post contesting for: General Secretary, Sports Board

#### **Candidate details:**

Name: Mukkoti Anil Kumar

Roll No.: 150101037 Dept. /Branch: CSE

CPI: 7.2 Semester: 6th

Backlogs: 0 Active Backlogs (if any): NA Email Id: mukkoti@iitg.ernet.in Contact No.: 7989593980

Hostel: Kameng Room No.: B1-302

Signature with date:

## Proposed by:

Name: G Sai Vardhan Reddy

Roll No.: 150123035 Dept. /Branch: MnC

CPI: 5.98 Semester: 6

Email Id: gsvr30@gmail.com Contact No.: 9531126266

Hostel: Manas Room No.: D307

Signature with date:

### Seconded by:

Name: Y Sree Bhargav Roll No.: 140123037

CPI: 6.3 Semester:

Cri. 0.5 Semester.

Email Id: s.yalamati@iitg.ernet.in Contact No.: 881109311 Hostel: Kameng Room No.: B2-108

Dept. /Branch: MnC

Signature with date:



# STUDENTS' GYMKHANA ELECTIONS Year 2018-19

# Indian Institute of Technology, Guwahati

File Ref: IITG/SAC/GYM18/Elections/Agenda/

## **Agendas and Declaration Form**

Post contesting for: General Secretary, Sports Board

Name: Mukkoti Anil Kumar

Nick Name.: Mukkoti

Tagline (Punch line): Attitude is everything.

**Agendas:** 





#### Contestant Name Mukkoti Anil Kumar

#### **Contesting Post General Secretary, Sports Board**

#### **Highlights**

#### **Calisthenics**

Installation of callisthenic equipment (gymnastic exercises to achieve bodily fitness and grace of movement) for fitness enthusiasts.

#### **Faculty Student Staff Interaction Matches**

To conduct Matches with teams which consists of faculty, student, staff in proportion.

#### **Body Building Activity**

- Spreading awareness on nutrition and fitness
- An event to showcase the equipment and personnel of body building club. This event will also include general advice to the campus junta on fitness.
- Introduce a reserved time slot called 'Zero Hour' for beginners wherein interested students will be guided by the coach.

#### **Central Website for Sports Board**

A central website to get connected about all the activities of the Sports Board. This site will have the following functionalities:

- Transparency and Organizational details of Sports Board Meetings.
- Grievance Redressal for Sports Clubs.

#### **Wall of Fame**

Creation of a Wall of fame for distinguished Inter IIT participants.

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Publication of Yearbook for Sports Board on the centralised website to pass on the legacy to future batches.

#### Infrastructure

- i. Construction of permanent sheds at Athletics Ground.
- ii. Inclusion of drinking water facility near Athletics Ground.
- iii. Proposal for construction of Indoor Sports stadium.

#### **Extension of Old SAC timings**

To accommodate for the sporting requirements of the post graduate students who usually have lab work till the evening, Old SAC timings will be extended so that junta can play after 9 pm also.

#### Finance Secretary

Will be introduced for the purpose of transparency, accountancy and ease of settlement of bills.

#### **New Initiatives**

#### 1. Calisthenics

Domain – Fitness and Health

*Proposal* – Installation of callisthenic equipment.

*Possible Solution* – Installation of Callisthenic equipment at institute level for fitness enthusiasts.

Plan of Action — Based on the inputs from concerned people, the location and equipment can be decided upon, and a proposal will be submitted to the Sports Board. Upon a successful test run, this initiative can be extended to the hostels owing to the minimal requirement of space in spite of its vast functionality.

#### 2. Central Sports Website

*Domain* – Sports Board Administration

*Proposal* - Creation of a central website in order to make the functioning more accessible and transparent.

*Possible Solution* – The website created will have the following information.

- a. Minutes of Sports Board meetings.
- b. Grievance redressal for Sports Club.
- c. Events Schedule for each semester.

d. Inter IIT Contingent list along with a Hall of Fame

*Plan of Action* - In coordination with SWC (Student Web Committee), a website with the above functionalities can be made.

#### 3. Wall of Fame

*Domain* – Honouring the talent and inspiring future batches.

*Proposal* – Induction of a wall of fame along with yearbook in which graduating students share the experiences and pass on their legacy to inspire future batches.

*Plan of Action* – Upon choosing a suitable wall, the method of putting up names on it will be deliberated upon and done accordingly. The yearbook will be released annually at the Graduation Tea Party. This is something the other boards can do too.

#### 4. Juice Centre near Old Sac

Domain – Refreshments.

Proposal – Introduce a juice centre in the Old Sac area.

Plan of Action – Conduct a trial run during Inter IIT sessions based on which we can decide if it is feasible.

#### 5. Body Building Showcase

Domain - Fitness.

Proposal - An event to increase fitness awareness of campus junta.

*Possible Solution* – With the help of Powerlifting Club (Body Builders), the event will feature various fitness equipment and workshops on how to use them. This will also be platform for the body builders to showcase the impeccable bodies.

*Plan of Action* – A committee will be formed for the conduction of this event. Along with the Powerlifting Club Secretary they will looking for suitable dates and conducted in the preferred dates as mentioned above.

#### 6. Finance Secretary

Domain - Accountancy

*Proposal* - To introduce a new post Finance Secretary.

Possible solution - To increase Transparency and Accountancy in Sports Board.

*Plan of Action* – This new post will function as a bridge between the Sports Board and the students for all monetary issues. Upon approval of the board , the candidate will be chosen through a formal interview

#### **Spardha**

I would propose the following changes and ensure smooth conduction of Spardha.

- **1. Distribution of Medals** immediately after the finals of the sports is completed to encourage sportsmanship.
- **2.** Club Awareness Programme to be conducted also in even semester. The motive behind conducting it in the even semester is to encourage new PG students.
- **3.** Initiation of **Zero Hour** training for technical games like Pole Vault, Throw events of Athletics, Weightlifting during early January which will also act as an orientation for participating hostels in Spardha. If successful, the zero hour can be extended for all sports.
- **4. Fitness Contest** (CrossFit type) to be conducted where fitness freaks get chance to prove themselves. General fitness movements like pullups, pushups, squats rather than complex exercises.

#### Inter-IIT

For the Contingent

- **1**. Organization of an **ample** number of **practice matches** to improve our position in team games.
- **2**. Conduction of practice sessions for the Inter IIT probables during morning and evening, and provision of **special diet** during these sessions.
- 3. Provide mental conditioning across our contingent through events and lectures.
- **4.** In-coordination with the girls' representative, strive to increase the participation of girls in Inter IIT events.
- **5.** Appointment of separate coaches for girls' team to avoid the minimal importance given during Inter IIT sessions.
- **6.** Improvement of hostel sports areas to Inter IIT standards.
- 7. Will organize compulsory physio sessions for every team to fasten recovery and avoid injuries.
- 8. Camps
- i. Summer Camp Build on the previous edition of the summer camp by learning from past mistakes and acting on them.
- ii. Spirit Camp A week before Spirit, the Contingent will have intense training regimes and special diet will be provided.
- iii. Pre Inter IIT Camp (First half of November) Implement mandatory morning and afternoon sessions along with a diet.

## Hosting the 53<sup>rd</sup> Inter IIT Sports Meet

- 1. Form a committee for each sport which comprises the respective club secretary, coach, a professor and some student volunteers. These committees ensure the smooth conduction of their respective events.
- 2. Collaborate with SAIL to push for Alumni Donations for this cause to help fend the possibilities of a budget crunch.
- 3. Proposal to sign MoUs with corporate companies for sponsorship.
- 4. Installation of stalls near Old Sac, especially for juices and refreshments during Inter IIT.
- 5. Proposal to include **Chess, Carrom and Kho-Kho** in Inter IIT sports meet. This increases participation and makes it feasible to provide a coach and include them in NSO and SA courses.
- 6. Assignment of one volunteer per each IIT contingent to take care of their logistical and hospitality requirements.
- 7. Hostel sports areas will be utilised as practice arenas for contingents to ensure greater practice periods.
- 8. For those teams who have been knocked out, fun activities like movie screenings and performances would serve as entertainment.

### Spirit

The recently concluded editions of Spirit have shown a tremendous increase in participation, both externally and internally. However a few events like weightlifting and aquatics were missing and women participation was low.

In coordination with Team Spirit, Sports Board will put its best efforts to transform Spirit into a prestigious Sports Meet for the North East by addressing the above problems.

#### Infrastructure

- 1. Build an indoor stadium for volleyball and squash. These will also contain multipurpose areas where different games can be played.
- 2. Proposal for levelling of Weightlifting room which has become inclined on dropping weights constantly, due to lack of proper platform.
- 3. Uneven surfaces of the athletics ground can lead to long term injuries. Levelling and watering the ground can alleviate this. Increasing the lighting facilities can help boost participation during evening hours.

#### **Events**

- Conduction of an all-inclusive Freshmen week which will also act as a talent search. As an attempt to increase participation prizes will be given to best players (both UG and PG) for each sport.
- 2. In co-ordination with concerned secretaries **Faculty-Student-Staff** interaction matches will be conducted with teams consisting of faculty, student, staff in proportions.

#### Medical

- 1. Extension of Physiotherapist timings at least until the completion of Inter IIT and NSO sessions daily.
- 2. Compulsory Provision of First aid kit at Old SAC.

#### **Past Credentials:**

- 1. Member, IITG Weightlifting Team , 51st Inter IIT Sports Meet 2016.
- 2. General Secretary, Kameng, 2017-18.
- 3. Spardha:
  - \*Bronze Medal Weightlifting Spardha 18.
  - \*Silver Medal Powerlifting Spardha 18.
  - \*Silver Medal Weightlifting Spardha 17.
  - \*Bronze Medal Powerlifting Spardha 18.
- 4. All Assam Weightlifting Competition
  - \*Silver Medal, 105 kg category, Jan 2018.
- 5. Marketing Team, Spirit, 2016.
- 6. Maintenance Secretary, Kameng, 2016-17.

Organised Technothlon as City representative in Anantapur, 2016

### **Declaration by the candidate:**

I hereby declare that the above information is to the best of my knowledge. I do not have any disciplinary probation by the Institute and will abide by the rules and regulations laid for Gymkhana Election. I do not have any active backlogs to be cleared.

I know that any false information in this nomination form will lead to cancellation of my nomination and disciplinary action.

Signature of candidate with date: Signature of CEO