

"YOLO" is an acronym that stands for "you only live once". It's often used to express the idea that you should make the most of the present moment and do things that are enjoyable or exciting, even if they are silly or slightly dangerous. For example, you might say "I gave a stranger my phone number yesterday, because YOLO!" or "Matt spontaneously took the job yesterday, he just said YOLO and went for it". "YOLO" can also be used to rationalize impulsive or reckless behavior.