

JU – 001- FOUNDATION COURSE IN HUMAN VALUES AND ETHICS

UNIT – I

I : SHORT ANSWER TYPE QUESTIONS :- (150 words)

- Q. 1 : Define the concept of Value.
- Q. 2 : What do you mean by Value Education?
- Q. 3 : What is meant by Self Actualization?
- Q. 4 : Distinguish between Happiness and Prosperity?
- Q. 5 : Examine Pleasure and pain as Decision Guides?

II : LONG ANSWER TYPE QUESTIONS :-

- Q. 1 : Describe some personal values which are affective in your daily life?
- Q. 2 : “To be in a state of Harmony is happiness”.Examine this statement critically.
- Q. 3 : Explain an overview of Typology of Value Education Approaches?
- Q. 4 : What is Self Exploration and how are Self Exploration and Problem Solving Skills Inter-Related?
- Q. 5 : Explain Dr. Gawandes, set of Human Values? Mention the Techniques given by him, which are really helpful in adhering to these Human Values.

UNIT – II

I : SHORT ANSWER TYPE QUESTIONS :- (150 words)

- Q. 1 : Define the concept of Harmony in Human Beings?
- Q. 2 : Distinguish between happiness and physical Facility?
- Q. 3 : What do you mean by Harmonious Functioning?
- Q. 4 : Define Emotional Intensity?
- Q. 5 : Explain Harmonious Motivation versus Conflicted Motivation?

II : LONG ANSWER TYPE QUESTIONS :-

- Q. 1 : What is the Qualitative difference between the activities of the self and those of the body? Define ‘SANYAM’ and ‘SWASTHYA’? How these two Inter-Related?
- Q. 2 : How does Harmonious Functioning Creates Peak Learning, Performance and Happiness?
- Q. 3 : What are the Basic Requirements to fulfill Human aspirations?
- Q. 4 : “The state of harmony or lack of it in the self has a strong influence on the health of the body”. Comment on this statement and illustrate with an example?
- Q. 5 : Explain the Six Harmonious Thinking Mental Control Strategies of rise above negative emotions?

UNIT – III

I : SHORT ANSWER TYPE QUESTIONS :- (150 words)

- Q. 1 : Distinguish between Trust and Respect?
- Q. 2 : Differentiate between Love and Affection.
- Q. 3 : Define Temperament.
- Q. 4 : What is meant by Value Exchange?
- Q. 5 : Define the Concept of Purity and Pollution.

II : LONG ANSWER TYPE QUESTIONS :-

- Q. 1 : Explain the Major Tips to handle arguments with the parents.
- Q. 2 : Describe the Human Goals that have to be understood to Ensure Harmonious Society.
- Q. 3 : Discuss the various steps which are helpful to building trust in a relationship.
- Q. 4 : State the Salient Features of Indian Society and also discussed the Role of Harmony in Indian Society.
- Q. 5 : Explain the main features which makes a Relationship Healthy in the Society.

UNIT – IV

I : SHORT ANSWER TYPE QUESTIONS :- (150 words)

- Q. 1 : What are the four orders in Nature?
- Q. 2 : Distinguish between Re-cyclability and Self Regulation.
- Q. 3 : What do you mean by 'JEEVAN VIDHYA'?
- Q. 4 : Define Coexistence with Respect to Nature.
- Q. 5 : What is meant by Holistic Perception of Harmony.

II : LONG ANSWER TYPE QUESTIONS :-

- Q. 1 : What should we do to maintain the Equilibrium with Natural Force?
- Q. 2 : Explain the Holistic Perception of Harmony at all Levels of Existence.
- Q. 3 : Discuss the various approaches to promote Coexistence.
- Q. 4 : Explain the Characteristics of the Units of Nature.
- Q. 5 : Give an account of the interdependent principles that form a sustainable way of life as a common standard by which the conduct of all individuals and organization is to be guided and assessed.

UNIT – V

I : SHORT ANSWER TYPE QUESTIONS :- (150 words)

- Q. 1 : Define Self Exploration.
- Q. 2 : What is meant by Universal Human Values?
- Q. 3 : Distinguish between 'Altruism' and 'Egoism'
- Q. 4 : State the Scope of Ethics.
- Q. 5 : Define the concept of Conflict Resolution.

II : LONG ANSWER TYPE QUESTIONS :-

- Q. 1 : What are the Steps in Confronting the Moral Dilemmas?
- Q. 2 : Explain the Qualities for Ethical Leadership.
- Q. 3 : Describe the Basic Principles in Holistic Technology Education.
- Q. 4 : Explain the Guidelines which need to be followed while Developing Code of Ethics.
- Q. 5 : Define Natural Acceptance? Explain the main Features of Natural Acceptance.

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