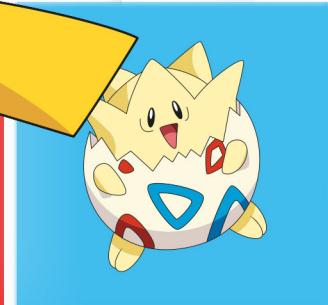
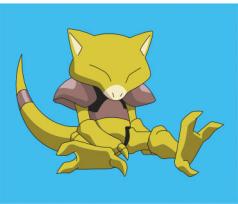


ULTIMATE



# ESSENTIAL HANDBOOK



ULTIMATE

# Pokémon<sup>TM</sup>

## ESSENTIAL HANDBOOK

Published in the UK by Scholastic, 2022  
Euston House, 24 Eversholt Street, London, NW11DB  
Scholastic Ireland, 89E Lagan Road, Dublin Industrial Estate, Glasnevin, Dublin, D11 HP5F

SCHOLASTIC and associated logos are trademarks and/or registered trademarks of Scholastic Inc.

This book is a work of fiction. Names, characters, places, and incidents are either the product of the author's imagination or are used fictitiously, and any resemblance to actual persons, living or dead, business establishments, events, or locales is entirely coincidental.

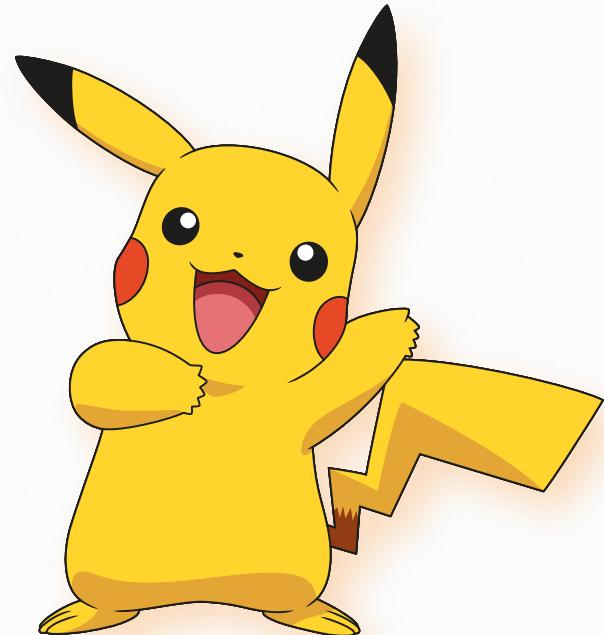
ISBN 978 07023 1830 6

A CIP catalogue record for this book is available from the British Library.

All rights reserved.

This book is sold subject to the condition that it shall not, by way of trade or otherwise, be lent, hired out or otherwise circulated in any form of binding or cover other than that in which it is published. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any other means (electronic, mechanical, photocopying, recording or otherwise) without prior written permission of Scholastic Limited.

[www.scholastic.co.uk](http://www.scholastic.co.uk)



 SCHOLASTIC

# PIKACHU

HOW TO SAY IT: PEE-ka-choo

Mouse Pokémon

REGIONS:  
ALOLA  
GALAR  
KALOS (CENTRAL)  
KANTO

## TYPE: ELECTRIC

HEIGHT: 1 ft 4 in (0.4 m)

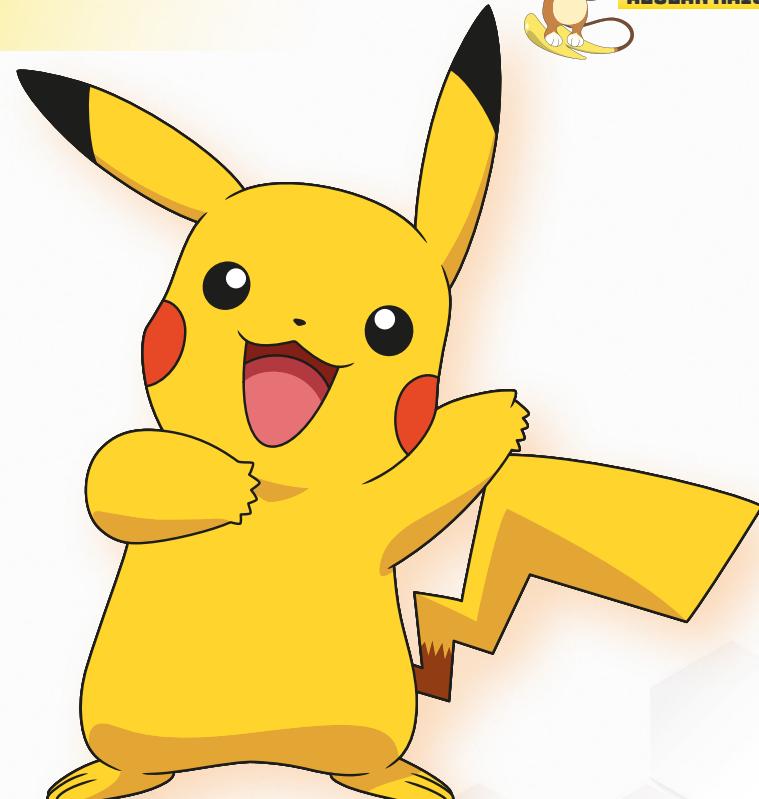
WEIGHT: 13.2 lb (6 kg)

### SOME POSSIBLE MOVES:

THUNDER SHOCK

LIGHT SCREEN

TAIL WHIP



Pikachu can generate powerful electricity. When Pikachu greet each other, they exchange electricity by touching their tails together.



### PIKACHU LIBRE

SPECIAL MOVE:  
Flying Press



### PIKACHU BELLE

SPECIAL MOVE:  
Icicle Crash



### PIKACHU PHD

SPECIAL MOVE:  
Electric Terrain



### PIKACHU POP STAR

SPECIAL MOVE:  
Draining Kiss



### PIKACHU ROCK STAR

SPECIAL MOVE:  
Meteor Mash

DOES NOT EVOLVE

## GIGANTAMAX PIKACHU

Only certain Pokémons can Gigantamax. The process can change the Pokémon's size and appearance. Pikachu's power expands, forming its supersized body and ginormous tail.

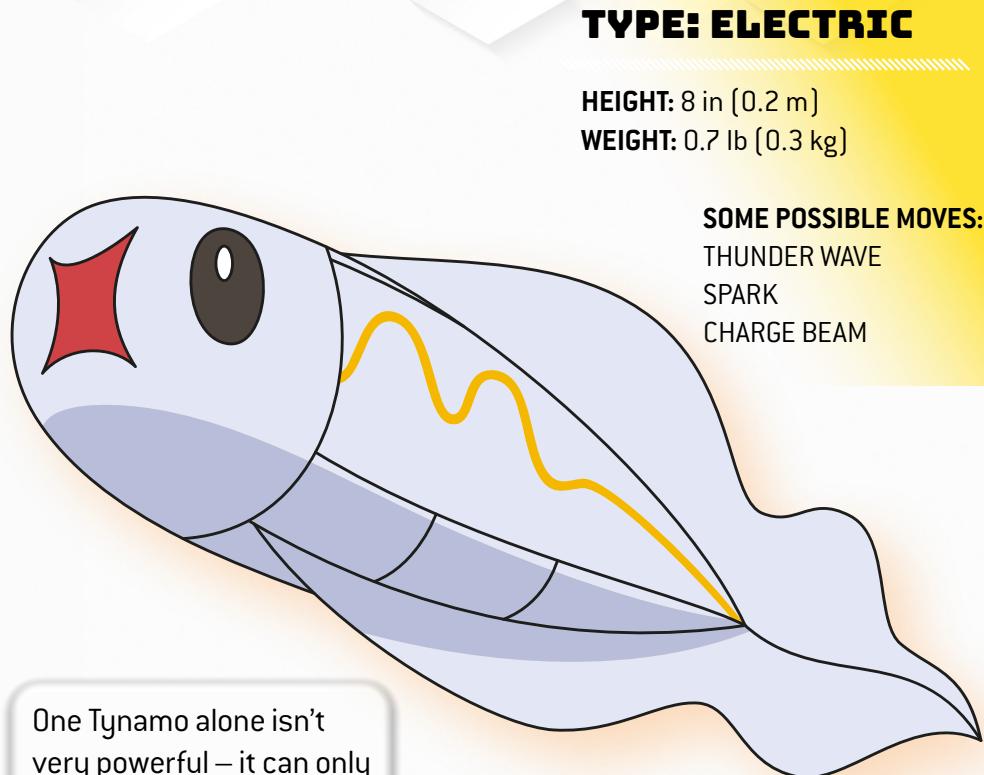
REGION:  
KANTO

# TYNAMO

HOW TO SAY IT: TIE-nah-moh

EleFish Pokémon

REGIONS:  
UNOVA



One Tynamo alone isn't very powerful – it can only produce a tiny amount of electricity. When a group of Tynamo gathers they are much more powerful.



TYNAMO



ELEKTRIK



ELEKTROSS

## TYPE: ELECTRIC

HEIGHT: 8 in (0.2 m)

WEIGHT: 0.7 lb (0.3 kg)

### SOME POSSIBLE MOVES:

- THUNDER WAVE
- SPARK
- CHARGE BEAM

## TYPE: ELECTRIC

HEIGHT: 2 ft 7 in (0.8 m)

WEIGHT: 29.3 lb (13.3 kg)

### SOME POSSIBLE MOVES:

- COTTON SPORE
- THUNDER WAVE
- POWER GEM



Flaaffy has rubbery skin with fleecy patches. The fluffy fleece stores electricity and if it holds too much, it will start to lose hair in those patches.



MAREEP



FLAAFFY



AMPHAROS

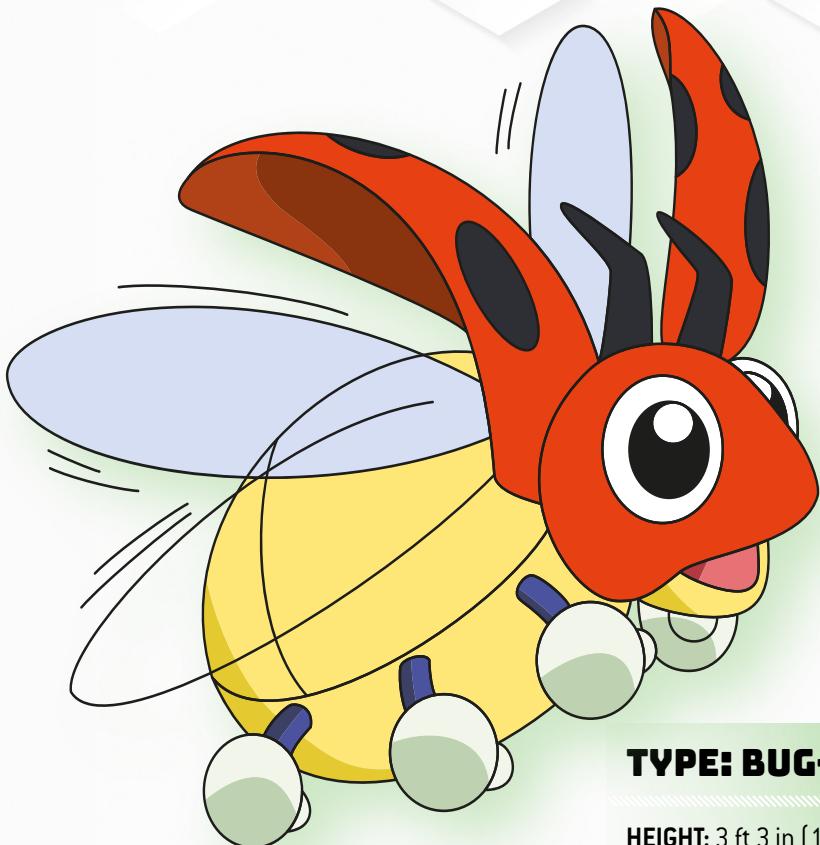


MEGA AMPHAROS

# LEDYBA

HOW TO SAY IT: LEH-dee-bah  
Five Star Pokémon

REGIONS:  
ALOLA  
JOHTO  
KALOS  
(CENTRAL)



## TYPE: BUG-FLYING

HEIGHT: 3 ft 3 in (1 m)  
WEIGHT: 23.8 lb (10.8 kg)

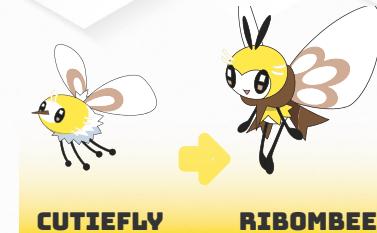
SOME POSSIBLE MOVES:  
SWIFT  
LIGHT SCREEN  
SILVER WIND

Ledyba can be very cowardly so they stay in groups to protect their nest.

# CUTIEFLY

HOW TO SAY IT: KYOO-tee-fly  
Bee Fly Pokémon

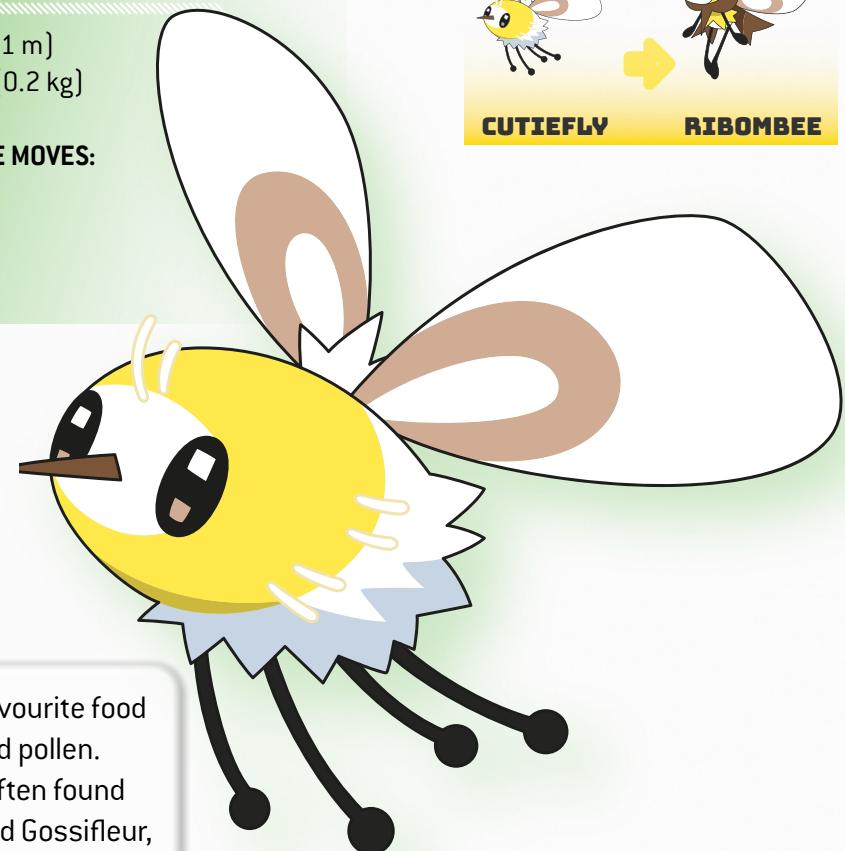
REGIONS:  
ALOLA  
GALAR



## TYPE: BUG-FAIRY

HEIGHT: 4 in (0.1 m)  
WEIGHT: 0.4 lb (0.2 kg)

SOME POSSIBLE MOVES:  
BUG BUZZ  
FAIRY WIND  
SWEET SCENT



Cutiefly's favourite food is nectar and pollen. Cutiefly is often found flying around Gossifleur, trying to find some pollen.

# GROWLITHE

HOW TO SAY IT: GROWL-lith

Puppy Pokémon

REGIONS:  
ALOLA  
GALAR  
KANTO

## TYPE: FIRE

HEIGHT: 2 ft 4 in (0.7 m)

WEIGHT: 41.9 lb (19 kg)

### SOME POSSIBLE MOVES:

HOWL  
HELPING HAND  
CRUNCH



Growlithe is brave and trustworthy. It is extremely loyal to its Trainer and will do all it can to protect them from harm.

# VICTINI

HOW TO SAY IT: vik-TEE-nee

Victory Pokémon

REGION:  
UNOVA

## TYPE: PSYCHIC-FIRE

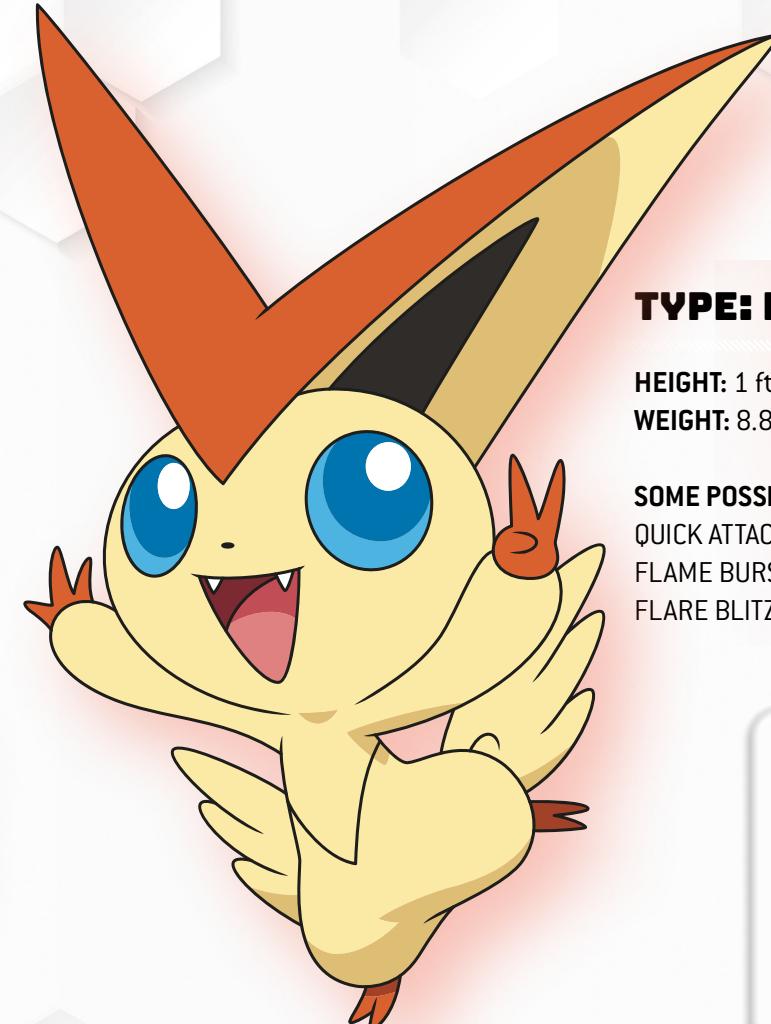
HEIGHT: 1 ft 4 in (0.4 m)

WEIGHT: 8.8 lb (4 kg)

### SOME POSSIBLE MOVES:

QUICK ATTACK  
FLAME BURST  
FLARE BLITZ

DOES NOT EVOLVE



Victini can create never-ending energy and is often victorious. Trainers with this Pokémon can have great success.

# CHARIZARD

HOW TO SAY IT: CHAR-iz-ard

Flame Pokémon

REGIONS:  
GALAR  
KALOS  
(CENTRAL)  
KANTO

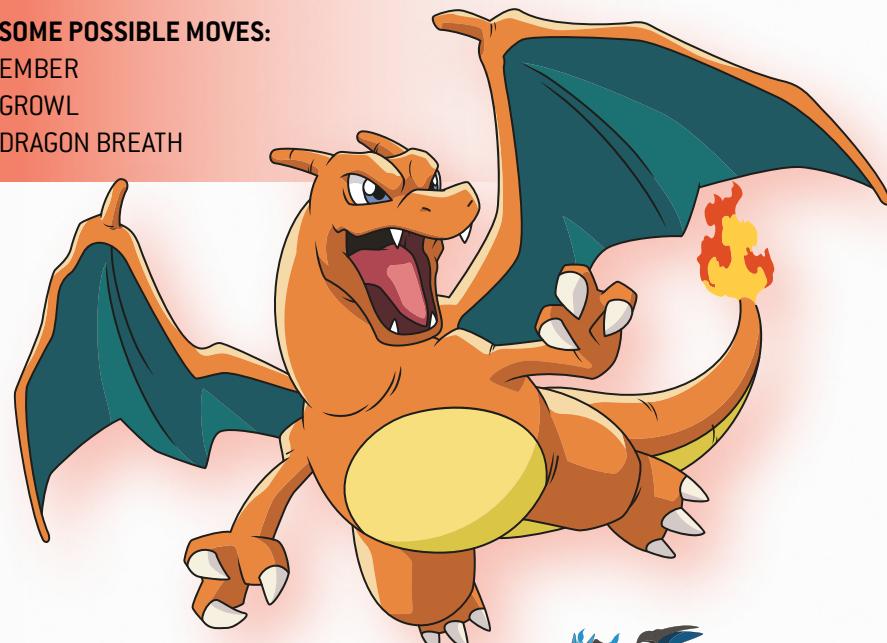
## TYPE: FIRE-FLYING

HEIGHT: 5 ft 7 in (1.7 m)

WEIGHT: 199.5 lb (90.5 kg)

### SOME POSSIBLE MOVES:

EMBER  
GROWL  
DRAGON BREATH



MEGA  
CHARIZARD X



MEGA  
CHARIZARD Y

Charizard can create fire that is hot enough to melt stone. This Pokémon can fly higher than 4,000 feet!

# PANGORO

HOW TO SAY IT: PAN-go-roh

Daunting Pokémon

REGIONS:  
ALOLA  
GALAR  
KALOS  
(CENTRAL)

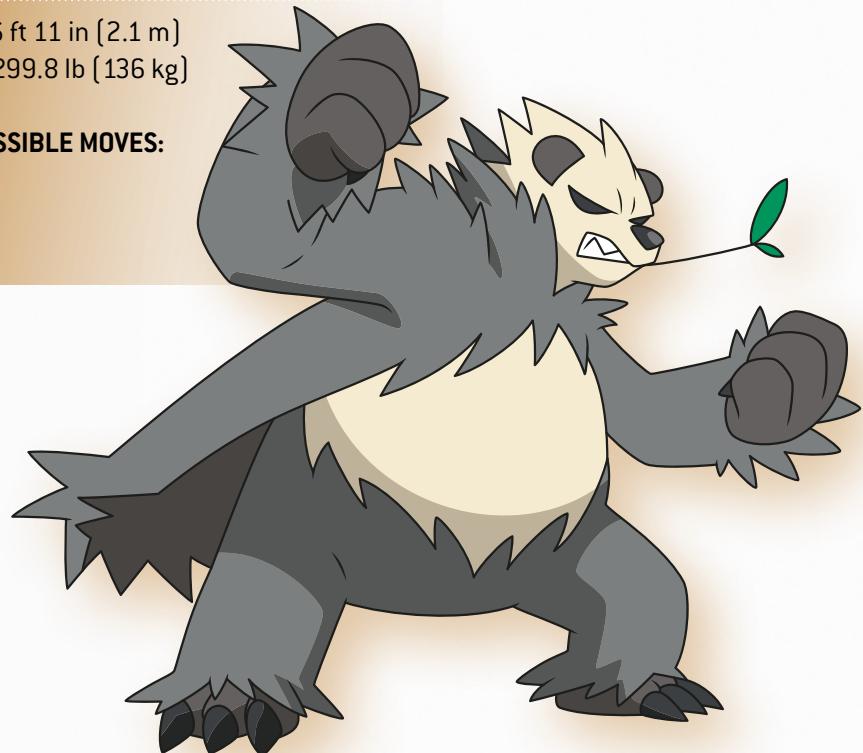
## TYPE: FIGHTING-DARK

HEIGHT: 6 ft 11 in (2.1 m)

WEIGHT: 299.8 lb (136 kg)

### SOME POSSIBLE MOVES:

LEER  
CRUNCH  
WORK UP



Pangoro has a short temper and is super strong. It carries a leaf in its mouth, and Pangoro will use this to guess which moves its opponents will use.

# GALARIAN FARFETCH'D

HOW TO SAY IT: FAR-fetched

Wild Duck Pokémon

REGION:  
GALAR

## TYPE: FIGHTING

HEIGHT: 2 ft 7 in (0.8 m)

WEIGHT: 92.6 lb (42 kg)

### SOME POSSIBLE MOVES:

PECK  
BRAVE BIRD  
DETECT

The Galar region Farfetch'd are fearless warriors, and they carry big leeks.



**GALARIAN  
FARFETCH'D** SIRFETCH'D

# SEVIPER

HOW TO SAY IT: seh-VY-per

Fang Snake Pokémon

REGIONS:  
HOENN  
KALOS  
(COASTAL)

## TYPE: POISON

HEIGHT: 8 ft 10 in (2.7 m)

WEIGHT: 115.7 lb (52.5 kg)

### SOME POSSIBLE MOVES:

lick  
haze  
glare

Seviper live in grasslands and savannas. They do not get on well with Zangoose.



**DOES NOT EVOLVE**

# WEEZING

HOW TO SAY IT: WEEZ-ing

Poison Gas Pokémon

REGION:  
KANTO

## TYPE: POISON

HEIGHT: 3 ft 11 in (1.2 m)

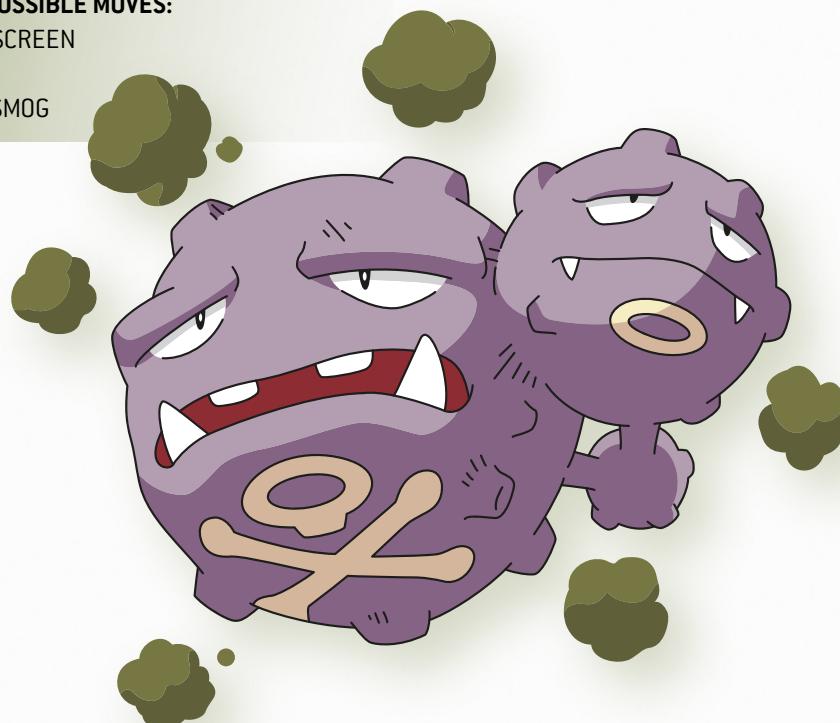
WEIGHT: 20.9 lb (9.5 kg)

### SOME POSSIBLE MOVES:

SMOKESCREEN

SLUDGE

CLEAR SMOG



Weezing has two bodies which produce harmful gases.

# MUK

HOW TO SAY IT: MUCK

Sludge Pokémon

REGION:  
KANTO

## TYPE: POISON

HEIGHT: 3 ft 11 in (1.2 m)

WEIGHT: 66.1 lb (30 kg)

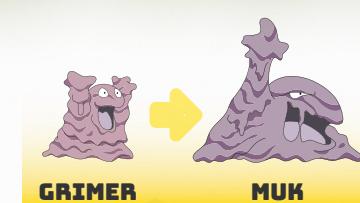
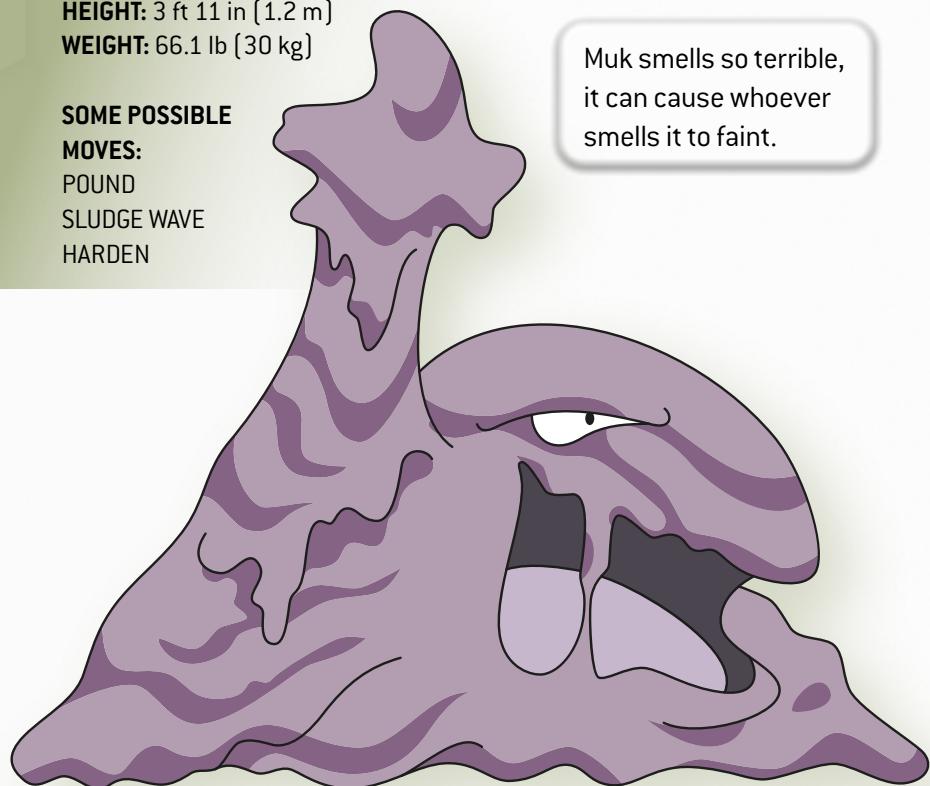
### SOME POSSIBLE MOVES:

POUND

SLUDGE WAVE

HARDEN

Muk smells so terrible, it can cause whoever smells it to faint.



# ALCREMIE

HOW TO SAY IT: AL-kruh-mee

Cream Pokémon

REGION:  
GALAR

## TYPE: FAIRY

HEIGHT: 1 ft (0.3 m)

WEIGHT: 1.1 lb (0.5 kg)

### SOME POSSIBLE MOVES:

DECORATE  
RECOVER  
SWEET SCENT

Alcremie can create berries and cream for its Trainer. When it is happy, the cream it makes becomes richer and sweeter.



MILCERY    ALCREMIE

# TOGEPI

HOW TO SAY IT: TOE-ghep-pee

Spike Ball Pokémon

REGIONS:  
GALAR  
JOHTO

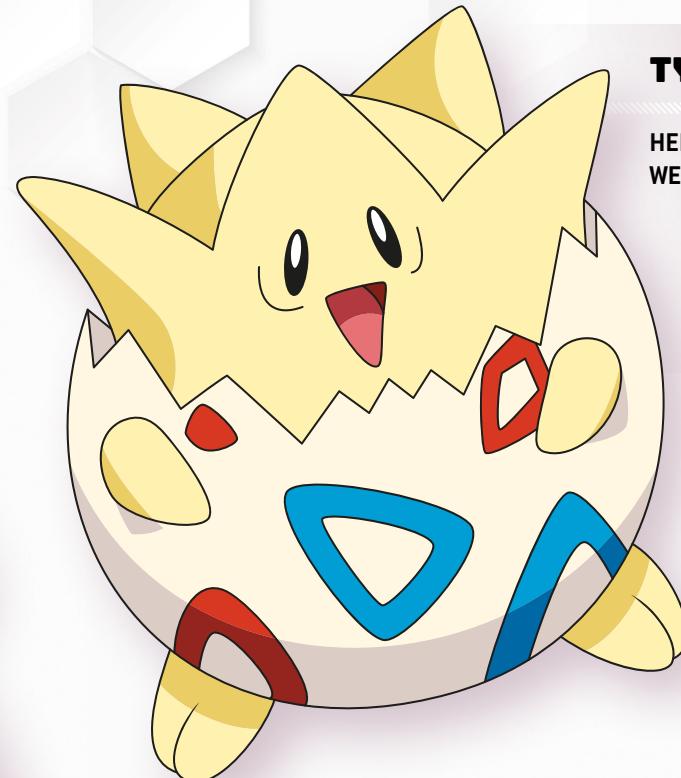
## TYPE: FAIRY

HEIGHT: 1 ft (0.3 m)

WEIGHT: 3.3 lb (1.5 kg)

### SOME POSSIBLE MOVES:

CHARM  
ANCIENT POWER  
WISH



Togepi's shell is filled with happiness. When it's treated kindly it will share good luck.



TOGEPI    TOGETIC    TOGEKISS

# FLAPPLE

HOW TO SAY IT: FLAP-puh!

Apple Wing Pokémon

REGION:  
GALAR

## TYPE: GRASS-DRAGON

HEIGHT: 1 ft (0.3 m)

WEIGHT: 2.2 lb (1 kg)

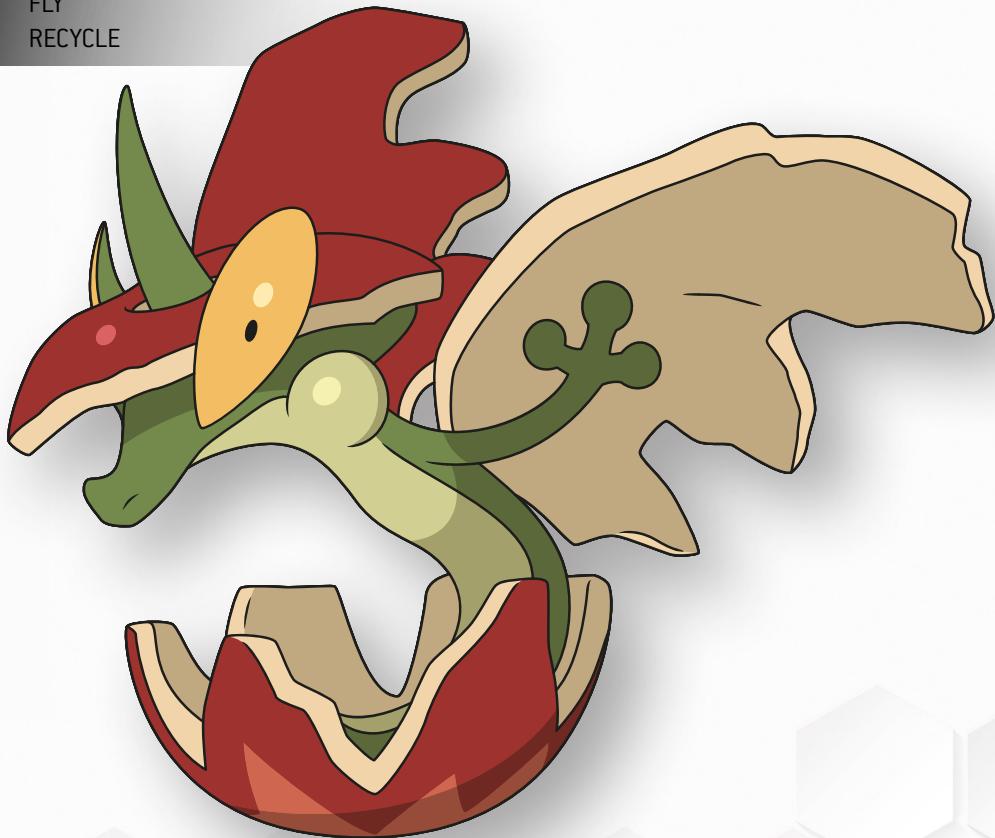
### SOME POSSIBLE MOVES:

DRAGON BREATH

FLY

RECYCLE

Flapple evolved from eating a sour apple. It flies using wings made from apple skin.



REGIONS:

ALOLA

GALAR

KALOS

(MOUNTAIN)

# NOIVERN

HOW TO SAY IT: NOY-vurn

Sound Wave Pokémon

Noivern can make enemies weaker using ultrasonic waves.



## TYPE: FLYING-DRAGON

HEIGHT: 4 ft 11 in (1.5 m)

WEIGHT: 187.4 lb (85 kg)

### SOME POSSIBLE MOVES:

ABSORB

MOONLIGHT

SUPersonic



# TYRUNT

HOW TO SAY IT: TIE-runt

Royal Heir Pokémon

REGIONS:  
ALOLA  
KALOS  
(COASTAL)

## TYPE: ROCK-DRAGON

HEIGHT: 2 ft 7 in (0.8 m)

WEIGHT: 57.3 lb (26 kg)

### SOME POSSIBLE MOVES:

TAIL WHIP

ROAR

STEALTH ROCK



Tyrunt's large jaw has incredible strength and power. Tyrunt may just be trying to play, but sometimes it can be a little too rough.

# CUBCHOO

HOW TO SAY IT: cub-CHOO

Chill Pokémon

REGIONS:  
GALAR  
KALOS  
(MOUNTAIN)  
UNOVA

## TYPE: ICE

HEIGHT: 1 ft 8 in (0.5 m)

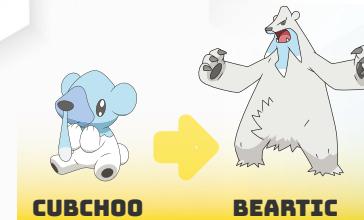
WEIGHT: 18.7 lb (8.5 kg)

### SOME POSSIBLE MOVES:

BLIZZARD

HAIL

REST



When Cubchoo is healthy, the goo from its nose becomes sticky and thick.

# DELIBIRD

HOW TO SAY IT: DELL-ee-bird

Delivery Pokémon

## REGIONS:

ALOLA  
GALAR  
JOHTO  
KALOS  
(MOUNTAIN)

## TYPE: ICE-FLYING

HEIGHT: 2 ft 11 in (0.9 m)

WEIGHT: 35.3 lb (16 kg)

### SOME POSSIBLE

MOVES:

PRESENT

DRILL PECK



DOES NOT EVOLVE

Delibird likes to share the food it finds with people and Pokémon. There are stories about people who were lost that Delibird saved by sharing food with them.

# MAMOSWINE

HOW TO SAY IT: MAM-oh-swine

Twin Tusk Pokémon

## REGIONS:

GALAR  
KALOS  
(MOUNTAIN)  
SINNOH

## TYPE: ICE-GROUND

HEIGHT: 8 ft 2 in (2.5 m)

WEIGHT: 641.5 lb (291 kg)

### SOME POSSIBLE MOVES:

FLAIL

MIST

POWDER SNOW



# ABRA

HOW TO SAY IT: AB-ra

Psi Pokémon

REGIONS:  
ALOLA  
KALOS  
(CENTRAL)  
KANTO

## TYPE: PSYCHIC

HEIGHT: 2 ft 11 in [0.9 m]  
WEIGHT: 43.0 lb [19.5 kg]

POSSIBLE MOVE: TELEPORT



Abra's mind has magical powers while it sleeps. The dreams Abra has can change the powers that the Pokémon develops. Abra can learn more moves once it evolves to Kadabra.

Mr. Mime is known for its brilliant pantomime skills. It protects itself by creating walls with its fingers.



# MR. MIME

HOW TO SAY IT: MIS-ter MIME

Barrier Pokémon

## TYPE: PSYCHIC-FAIRY

HEIGHT: 4 ft 3 in [1.3 m]  
WEIGHT: 120.2 lb [54.5 kg]

SOME POSSIBLE MOVES:

COPYCAT  
MIMIC  
RECYCLE



# GARDEVOIR

HOW TO SAY IT: GAR-dee-VWAR

Embrace Pokémon

REGIONS:  
GALAR  
HOENN  
KALOS  
(CENTRAL)

## TYPE: PSYCHIC-FAIRY

HEIGHT: 5 ft 3 in (1.6 m)

WEIGHT: 106.7 lb (48.4 kg)

### SOME POSSIBLE MOVES:

DREAM EATER

TELEPORT

WISH

Gardevoir uses its psychic powers to predict the future. Its power is strongest when it is protecting its Trainer.



RALTS

KIRLIA

GARDEVOIR

MEGA GARDEVOIR



# THE POKÉMON ESSENTIAL HANDBOOK

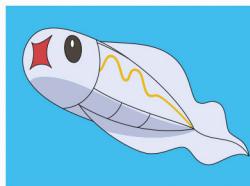
## ULTIMATE EDITION

CONTAINS STATS AND FACTS  
ON THESE TYPES OF POKÉMON:

**ELECTRIC • FIRE • FIGHTING**

**DRAGON • PSYCHIC • POISON**

**BUG • FAIRY • ICE**



©2022 Pokémon. ©1995–2022 Nintendo / Creatures Inc. / GAME FREAK inc.  
TM, ®, and character names are trademarks of Nintendo.

Stock photo © Shutterstock.com

Made for McDonald's  
2022 McDonald's, the Golden Arches logo,  
the Happy Meal box design and Happy Readers are trade marks  
of McDonald's Corporation and its affiliates