

MAIN Area	Friday	Saturday	Sunday	YOGA Area	Friday	Saturday	Sunday	
10am		Resurrecting Self-	Manifesting Your Dreams	10am		Yoga Blend: Fire//Nidra	Intro to Qi Gong	
11am		Governance		11am				
12noon		Keep Glowing, Keep Going	Healing Alchemy of Natural Dyes	12noon		Cacao Ceremony	Hooping	
1pm		LED Hoop Makiing		1pm			Slack line	
2pm		Aquaponics & Applied	Plant Medicine	2pm		BreakDance	Juggling 101	
3pm		Permaculture		3pm			Levi-Wand	
4pm	Sound & Cypher	Raw Food	Herb Walk & Flower Essence	4pm	Chakra Yoga	Yoga of Bass	Psychedelic Yoga	
5pm				5pm			Cool Down	
6pm	Temple Sound	The Art of Turntablism	Peak Flow of	6pm	Thai Massage	Sound Healing	Poi	
7pm			Letting Go	7pm	Tribal Bellydance		Contact staff	
8pm				8pm				