The EU Loneliness Survey

The EU Loneliness Survey was conducted in November and December 2022 and consists of two samples. This questionnaire refers to the EU4 sample and was administered online targeting the general population aged 16 and above in 4 EU Member States (France, Italy, Poland and Sweden). Data were collected for circa 1,000 respondents per country, recruited from online random probability-based panels part of Ipsos KnowledgePanel. The survey was designed by the by the Joint Research Centre (JRC) of the European Commission and conducted by Ipsos.

The questionnaire is similar to the one of the EU27 sample, but is slightly shorter as some questions or sections have not been asked. Questions marked with an asterisk have been asked in the recruitment questionnaire of the Ipsos KnowledgePanel and have not been repeated in the survey. They have been included in the document since their responses are included in the final dataset.

Introduction

Welcome!

Thank you for your interest in this survey, which is being conducted as part of a research project looking at well-being across the European Union. The survey has been designed and funded by the European Commission and is being conducted by Ipsos. It will take about 20 minutes to complete.

Please read all the information and answer the questions carefully. There are no right or wrong answers to questions asked in the survey. It is your honest opinion that matters to us.

In addition to other topics, we will ask few questions related to your health, sexual orientation and political opinion. Rest assured that a "Prefer not to say" option will always be available if you feel uncomfortable answering such questions. Your answers throughout this survey will be kept confidential. The European Commission will not receive any information that would allow you to be identified. Your responses will be grouped together with the responses provided by all participants and your personal data will be held for no longer than 18 months. Your answers will be used strictly for research purposes and may be used to inform policy. Anonymised data from this survey – without any of your personal information included – may be made publicly available for further research.

Participation in the survey is voluntary and you may withdraw consent at any time.

(1) consent
Do you agree to answer to the survey?

TYPE	
SELECT ONE	
1	Yes, I agree
2	No, I don't agree

If '2', show **end message**

Socio-demographics

(2) year_birth*

What is your date of birth?

Type	Constraint	Constraint message	Appearance
Date	.>=1900 and .<=2006	You need to be at least 16 years old in order to take this survey.	MM/ YYYY

(3) education*

What is the highest level of school you have completed, or the highest degree you have received?

Type	Appearance
select one	[LIST OF NATIONAL/LOCAL RESPONSE OPTIONS] [RECODING INTO ISCED]

(4) gender*

Which of the following describes how you think of yourself?

Type	
select one	
1	Male
2	Female
3	In another way
999	Prefer not to say

(5) relationship

What is your relationship status? Please indicate what represents you best in this moment.

Type	
select one	
1	Single
2	In a relationship
3	Married or cohabitating
4	Separated or divorced
5	Widowed
999	Prefer not to say

(6) country_birth

Please indicate the country of birth for:

Type	Relevant	Appearance
select one	D. ${relationship} = '2' or ${relationship} = '3'	Drop-down menu with autocomplete: European countries first in the list, then all other countries. Plus 'other territories not listed above' – 'Not applicable' and for b, c – 'Don't know' for b, c, d
a*	Yourself:	
b	Your mother[i]/first parent:	
c	Your father/second parent:	

d	Your spouse/partner:	

(7) sex_orientation*

Which of the following best describes your sexual orientation?

1	Heterosexual/straight
2	Lesbian or gay
3	Bisexual
4	Other sexual orientation
998	Don't know
999	Prefer not to say

(8) income_source*

Please consider the income of all household members and any income which may be received by the household as a whole. What is the main source of income in your household? Remember that your answers are anonymous and strictly confidential.

TYPE	
SELECT ONE	
1	Wages or salaries
2	Income from self-employment
3	Pensions
4	Unemployment/redundancy benefit
5	Any other social benefits or grants
6	Income from investment, savings, insurance or property
7	Income from other sources
998	Don't know
999	Prefer not to say

(9) income_reference

Thinking about the total income of your household as a whole from all sources, after tax and compulsory deductions, which of the following do you know best?

TYPE	
SELECT ONE	
1	Your household's weekly income
2	Your household's monthly income
3	Your household's annual income
998	Don't know
999	Prefer not to say

(10) income_year

What is your household's total income, after tax and compulsory deductions, per year, from all sources – including benefits, savings and so on?

TYPE	RELEVANT	APPEARANCE
SELECT ONE	${income_reference}='3'	COUNTRY-SPECIFIC INCOME BRACKETS

(11) income_month

What is your household's total income, after tax and compulsory deductions, per month, from all sources – including benefits, savings and so on?

TYPE	RELEVANT	APPEARANCE

SELECT ONE	${income_reference}='2' or ${income_reference}='998' or ${income_reference'999'	COUNTRY-SPECIFIC INCOME BRACKETS

(12) income_week

What is your household's total income, after tax and compulsory deductions, per week, from all sources – including benefits, savings and so on?

TYPE	RELEVANT	APPEARANCE
SELECT ONE	${income_reference}='1'	COUNTRY-SPECIFIC INCOME BRACKETS

Place of residence

Now we will ask you a few questions about where you live, your family and who lives with you.

(13) region_residence*

Please indicate the region/geographical area in which you currently live:

TYPE	APPEARANCE
SELECT ONE	DROP-DOWN MENU WITH AUTOCOMPLETE: ADD COUNTRY-SPECIFIC LIST OF REGIONS BY RELEVANT NUTS LEVEL

(14) municipality*

In which municipality do you live?

TYPE	APPEARANCE
SELECT ONE + PREFER NOT TO SAY	DROP-DOWN MENU WITH AUTOCOMPLETE PRE-FILTER THE LIST OF MUNICIPALITIES BY REGION IDENTIFIED IN THE PREVIOUS QUESTION NAME OF MUNICIPALITY ONLY TO BE PROVIDED IN NATIONAL LANGUAGE(S)

(15) municipality_type*

Would you say you live in...?

TYPE	
SELECT ONE	
1	A rural area or village
2	Small or medium-sized town (50,000 people or less)
3	Large town/city (over 50,000 people)
99 8	Don't know

(16) municipality_years

For how many years have you been living in your current community?
If less than a year please type 0.

TYPE	CONSTRAINT

TYPE	CONSTRAINT
INTEGER	.=>0 AND . <=-(2022-${year_birth.YYYY})

Household composition

(17) adults_n*

How many people aged 16 years or older live in your household, yourself included?
By household we mean everyone who usually lives at your main place of residence that shares a common budget (that is, excluding flatmates and lodgers).

TYPE	CONSTRAINT
INTEGER	.>=1 and .<=30

(18) children

How many children (young or adult ones) do you have?

TYPE	CONSTRAINT	
INTEGER	_hh: .>=0 and .<=20	
	_out: .>=0 and .<=20	
_hh	_____ child/children currently living in your household.	
_out	_____ child/children not currently living in your household.	

(19) children_n

Please indicate the number of children living in your household, both your own and those of other members of your household.

TYPE	CONSTRAINT	
INTEGER	_0to5: .>=0 and .<=10	
	_6to15: .>=0 and .<=20	
_0to5	_____ child/children aged 0 to 5	
_6to15	_____ child/children aged 6 to 15	

(20) others_n

How many persons, who are not part of your household (e.g., flatmates, lodgers), live with you in the same dwelling?

TYPE	CONSTRAINT
INTEGER	_ others_n .>=0 and .<=50

(21) grandchildren

Do you or your partner have any grandchildren?

TYPE	RELEVANT
SELECT ONE	${year_birth}<=1992
1	No
2	Yes, and I look after them regularly
3	Yes, but I do not look after them regularly

(22) pets

Please select which type(s) of pet you have at home, if any:

TYPE	CHOICE FILTER
SELECT MULTIPLE	pets.6 ${pets}!=1,2,3,4,5
1 Cat	
2 Dog	
3 Bird or fish	
4 Small mammals (e.g., rabbits, hamsters, guinea pigs)	
5 Other	
6 No pet at home	

Employment and occupation

The following questions are about your job and your other daily commitments. If you have more than one job, please answer about your main job, the one in which you spend most hours per week.

(23) work_status*
What is your current working status?

TYPE	
SELECT ONE	
1	In paid work or away temporarily (employee, self-employed, working for your family business)
2	In education
3	Unemployed and actively looking for a job
4	Unemployed/wanting a job but not actively looking for a job
5	Permanently sick or disabled
6	Retired
7	Doing housework, such as looking after children or other persons
8	Other

(24) occupation*
Which of the following descriptions best describes the work you do?

TYPE	RELEVANT
SELECT ONE	${work_status}='1'
1	Professional and technical occupations (e.g., doctor – teacher – engineer – artist – accountant)
2	Higher administrator occupations (e.g., banker – executive in big business – high government official – union official)
3	Clerical occupations (e.g., secretary – clerk – office manager – book keeper)
4	Sales occupations (e.g., sales manager – shop owner – shop assistant – insurance agent)
5	Service occupations (e.g., restaurant owner – police officer – waiter – caretaker – barber – armed forces)
6	Skilled worker (e.g., foreman – motor mechanic – printer – tool and die maker – electrician)
7	Semi-skilled worker (e.g., bricklayer – bus driver – cannery worker – carpenter – sheet metal worker – baker)
8	Unskilled worker (e.g., labourer – porter – unskilled factory worker)
9	Farm worker (e.g., farmer – farm labourer– tractor driver– fisherman)
998	Don't know
999	Prefer not to say

(25) main_job*

In your main job are you...?

TYPE	RELEVANT
SELECT ONE	${work_status}='1'
1	An employee, working full-time
2	An employee, working part-time
3	Self-employed
4	Working for my family's business

(26) contract

In your main job, do you have a work contract of...?

TYPE	RELEVANT
SELECT ONE	${main_job}='1' or ${main_job}='2'
1	Unlimited duration
2	Limited duration
3	I don't have a contract

(27) worklife_balance

In general, how do your working hours, including time spent in commuting, fit in with your family or social commitments outside work?

TYPE				RELEVANT				APPEARANCE	
SELECT ONE				${work_status}='1'				SLIDER	
Do not fit at all	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Fit extremely well

(28) telework

When thinking about your work arrangement during the last 12 months, what would describe your situation best?

TYPE	RELEVANT
SELECT ONE	${work_status}='1'
1	I worked more than half time from home
2	I worked more than half time onsite at a workplace
3	I worked more than half time from somewhere else

Loneliness

The next set of questions are about your well-being, as well as your relationships with our family and friends.

APPEARANCE
• Rotate the order of appearance of questions 'loneliness_djg' and 'loneliness_ucla' • Both questions are explicitly identified in separate sections below

(29) loneliness_djg

Please indicate for each of the statements, the extent to which they apply to your situation and the way you feel now. Remember that your answers are anonymous and strictly confidential.

TYPE	APPEARANCE	ROTATION

SELECT ONE		CAROUSEL (NO AUTO-ADVANCE)	Randomize the order of items + change position with question 'loneliness_ucla'			
_a	I experience a general sense of emptiness		Yes	More or less	No	Prefer not to say
_b	I miss having people around		1	2	3	999
_c	I often feel rejected					
_d	There are plenty of people I can rely on when I have problems					
_e	There are many people I can trust completely					
_f	There are enough people that I feel close to					

(30) family_meet

On average, how often do you do each of the following with any members of your family (e.g., brothers, sisters, parents, children, in-laws or grandchildren)? Do not include family members who live with you.

TYPE	APPEARANCE	NOTE TO THE TRANSLATORS
SELECT ONE	COLLAPSIBLE GRID	Please use the translation of "close" that you can find in the European Social Survey ESS7, question **D19** in this questionnaire (check the translated questionnaires here).

		Never	Every two months or less frequently	Once a month	Every two weeks	Every week	More than once a week	Daily	Prefer not to say
_face	Meet up face-to-face (include both arranged and chance meetings)								
_tele	Talk/chat via phone, internet or social media	1	2	3	4	5	6	7	999

(31) family_n

How many of your family members would you say you have a close relationship with? Please include also family members who live with you.

TYPE	CONSTRAINT
INTEGER + PREFER NOT TO SAY	.=>0 AND . <=100})

(32) friends_meet

On average, how often do you do each of the following with any of your friends? Do not include friends who live with you.

TYPE		APPEARANCE							
SELECT ONE		COLLAPSIBLE GRID							
_face	Meet up face-to-face (include both arranged and chance meetings)	Never	Every two months or less frequ	Once a month	Every two weeks	Every week	More than once a week	Daily	Prefer not to say

			ently						
_tele	Talk/chat via phone, internet or social media	1	2	3	4	5	6	7	999

(33) friends_n

How many of your friends would you say you have a close relationship with?
Please, include also friends who live with you.

TYPE	CONSTRAINT
INTEGER + PREFER NOT TO SAY	.=>0 AND . <=100})

(34) neighbours

How often do you have any contact, even something as simple as saying "hello", with any of your neighbours?

TYPE	
SELECT ONE	
1	Almost every day
2	Several times a week
3	About once a week
4	1-3 times a month
5	Less than once a month
6	Never or hardly ever
997	Not applicable

(35) social_support

How often is each of the following types of support available to you, if you need it.

TYPE		APPEARANCE				ROTATION		
SELECT ONE		COLLAPSIBLE GRID				RANDOMIZE THE ORDER OF ITEMS		
_a	Someone to help you if you were confined to bed	None of the time	A little of the time	Some of the time	Most of the time	All of the time	Prefer not to say	Don't know
_b	Someone to share your most private worries and fears with	1	2	3	4	5	999	998
_c	Someone to do something enjoyable with							
_d	Someone to love and make you feel wanted							

(36) relationship_happiness

Please indicate the degree of happiness, all things considered, of your relationship with your partner.

TYPE	RELEVANT	APPEARANCE
SELECT ONE + PREFER NOT TO SAY	${relationship}='2' or ${relationship}='3'	SLIDER

Low happiness	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	High happiness

(37) social_activities

Over the last 12 months, how frequently did you do each of the following activities?

TYPE		APPEARANCE				ROTATION			
SELECT ONE		COLLAPSIBLE GRID				RANDOMIZE ORDER OF ITEMS			
_a	Participated in social activities of a club, society and/or association	Never	Every two months or less frequently	Once a month	Every two weeks	Every week	More than once a week	Daily	Prefer not to say
_b	Went to a museum, cinema, concert, cultural site and/or sport events	1	2	3	4	5	6	7	999
_c	Participated in a training course								

(38) loneliness_ucla

Please indicate how often you feel each of the following:

TYPE	APPEARANCE	ROTATION			
SELECT ONE	CAROUSEL (NO AUTO-ADVANCE)	RANDOMIZE THE ORDER OF ITEMS + CHANGE POSITION WITH 'LONELINESS_DJG'			
_a	Feel that you lack companionship	Hardly ever or never	Some of the time	Often	Prefer not to say
_b	Feel left out	1	2	3	999
_c	Feel isolated from others				

(39) relationship_need

In your perspective, how often does an average person of your age need to meet close friends and family members face-to-face to not feel lonely? Interacting with household members or colleagues during working time should not be considered as meeting with friends and family members.

TYPE	
SELECT ONE	
1	Never
2	Every two months or less frequently
3	Once a month
4	Every two weeks
5	Every week
6	More than once a week
7	Daily
999	Prefer not to say

(40) loneliness_direct

How much of the time, during the past 4 weeks, have you been feeling lonely?

TYPE	NOTE
SELECT ONE	This question is taken from the 2018 SILC.
1	All of the time
2	Most of the time
3	Some of the time
4	A little of the time
5	None of the time

998	Don't know
999	Prefer not to say

(41) loneliness_intensity

How intense was this feeling of loneliness?

TYPE	RELEVANT		APPEARANCE		
SELECT ONE + PREFER NOT TO SAY	${loneliness_direct}<'5'		SLIDER		

Not very intense	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Very intense

(42) life_events

Please select all life events that happened to you over the last 12 months, if any.

TYPE	CHOICE FILTER	ROTATION	NOTE TO TRANSLATOR
SELECT MULTIPLE	life_events.11 ${life_events}!=1,2,3,4,5,6,7,8,9,10	RANDOMIZE THE ORDER OF ITEMS KEEP 2 AND 3 TOGETHER, KEEP 7 AND 8 TOGETHER, KEEP 9 AND 10 TOGETHER	"SEVERE" IN 9 AND 10 MEANS CAUSING GREAT PAIN, DIFFICULTY, WORRY, DAMAGE

1	Separation from spouse/partner
2	Diagnosis of severe illness or life-threatening injury
3	Diagnosis of severe illness or life-threatening injury of a close family member
4	Loss of employment
5	End of studies (successfully completing school, college or university or dropping out)
6	Retirement
7	COVID-19 infection of yourself
8	COVID-19 infection of a member of your household
9	Severe conflicts at home (with spouse/partner and/or family members)
10	Severe conflicts at work (with colleagues and/or manager)
11	None of the above
999	Prefer not to say

(43) lost_spouse

Have you lost your spouse or partner in the last 12 months?

TYPE	RELEVANT
SELECT ONE	${relationship}='5'
1	Yes
2	No

(44) interventions_heard

In several countries, programmes and initiatives provide social, emotional, or other types of support for those who need it (e.g., telephone lines, online support, group activities). Have you heard or seen anything about initiatives to support those feeling lonely in [COUNTRY]?

TYPE	
SELECT ONE	
1	Yes
2	No
998	Don't know

(45) interventions_done

In the last 12 months, have you done any of the following to feel less lonely?

TYPE	RELEVANT	ROTATION	CHOICE FILTER
SELECT MULTIPLE	${loneliness_direct}!='5'	RANDOMIZE 1-11	Interventions_done.14 ${interventions_done}!=1,2,3,4,5,6,7,8,9,10,11,12,13 Interventions_done.12 ${interventions_done}!=1,2,3,4,5,6,7,8,9,10,11,13,14

1	Seeing friends, family members, or other loved ones
2	Doing sports alone
3	Doing sports with others
4	Looked for self-help from books or online or called a support hotline
5	Sought professional help by a therapist
6	Contacted a specialised charity/association/ Non-Governmental Organizations
7	Contacted a church or religious organisation
8	Joined a club or a group (e.g., a sport club, an association, a trade union, a party)
9	Volunteered
10	Used more social media
11	Took time for myself
12	Wanted to do something but did not know what to do
13	Other, not listed above
14	None of the above
998	Don't know
999	Prefer not to say

(46) loneliness_work

For each of the following statements, please select the response that best describes your current situation at work:

TYPE	RELEVANT	APPEARANCE
SELECT ONE	_a. and _b. ${work_status}='1' _c. ${main_job}='1' and ${main_job}='2'	COLLAPSIBLE GRID

		Always	Most of the time	Someti mes	Rarely	Never	Not applica ble	Prefer not to say
_a	I feel isolated when working							
_b	My colleagues help and support me	1	2	3	4	5	997	999
_c	My manager helps and supports me							

(47) loneliness_education

For each of the following statements, please select the response that best describes your current situation at your place of education:

TYPE	RELEVANT	APPEARANCE
SELECT ONE	${work_status}='2'	COLLAPSIBLE GRID

		Always	Most of the time	Someti mes	Rarely	Never	Prefer not to say
_a	I feel isolated at my place of education						
_b	My classmates or peers help and support me	1	2	3	4	5	999

_c	My teachers help and support me						

Stigma and interventions

(48) loneliness_stigma1
A number of respondents to this survey will report feeling lonely on a regular basis.
Do you think that feeling lonely is:

TYPE		ROTATION
SELECT ONE		ROTATE 1 AND 2
1	An issue that has implications for the individual as well as for the wider society	
2	An issue that is limited to the individual concerned	
998	Don't know	

(49) loneliness_stigma2
In general, do you think that:

TYPE		ROTATION
SELECT ONE		ROTATE 1 AND 2
1	People who feel lonely mostly have themselves to blame for their loneliness	
2	Feeling lonely is mostly due to factors and circumstances beyond a person's control	
3	Both equally	
998	Don't know	

Social media

The next questions are about use of social media. Social media platforms include social network sites (e.g., Facebook, Instagram, TikTok) and instant messaging tools (e.g., WhatsApp, Messenger, Snapchat). When answering the questions, please consider social media use on all your devices, e.g., mobile phone, computer, or tablet.

(50) sm_purpose
How often do you use social media (e.g., Facebook, Instagram, TikTok, WhatsApp, Messenger, Snapchat) for the following purposes? Digital activities that are not taking place on social media platforms should not be counted. Please consider personal use only.

TYPE		APPEARANCE			ROTATION			
SELECT ONE		COLLAPSIBLE GRID			RANDOMIZE A TO E			
_a	Searching for specific information, reading online articles/blogs	Never	Once a day or less	2 to 5 times a day	6 to 15 times a day	16 to 30 times a day	Over 30 times a day	Prefer not to say
_b	Scrolling through social media feeds without searching for anything specific	1	2	3	4	5	6	999
_c	Posting content, commenting on posts							
_d	Watching videos and video blogs on social media							
_e	Being in contact/chatting with other people							

(51) sm_time

In the past week, on average, how much time per day have you spent on:

TYPE										APPEARANCE	
SELECT ONE										COLLAPSIBLE GRID	
		Never	Less than 10 minutes per day	10-30 minutes per day	31–59 minutes per day	1–2 hours per day	2–3 hours per day	4-5 hours per day	More than 5 hours per day	Prefer not to say
_a	Social network sites (e.g., Facebook, Instagram or TikTok)	1	2	3	4	5	6	7	8	999
_b	Instant messaging tools (e.g., WhatsApp, Messenger or Snapchat)									
_c	Playing video games									
_d	Watching TV or content on streaming platforms									

Civic society and trust

The next questions are about your values and beliefs and your overall engagement in the society.

(52) feelings

Over the past week, how frequently have you felt the following way?

TYPE			ROTATION			APPEARANCE		
SELECT ONE			RANDOMIZE ALL ITEMS			COLLAPSIBLE GRID		
_nerv	Nervous	Always	Very frequently	Occasionally	Rarely	Very rarely	Never	Prefer not to say
_hopel	Hopeless	1	2	3	4	5	6	999
_restl	Restless or fidgety							
_depr	Depressed							
_worthl	Worthless							

(53) risk

Are you more of a risk-taking person or do you try to avoid risks when it concerns each of the following areas.

TYPE	APPEARANCE
SELECT ONE + DOESN'T APPLY	TABLE, SLIDER

		Avoid risks	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Take risks
_a	Driving, riding a bike etc.	Avoid risks	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Take risks
_b	Taking financial decisions										
_c	With your health										

(54) civic_attitudes

How well do the following statements describe you as a person?

TYPE		APPEARANCE									
SELECT ONE + PREFER NOT TO SAY		TABLE, SLIDER									
_a	I'm willing to give to good causes without expecting anything in return	Not at all	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Perfectly
_b	I'm willing to volunteer my time to a charity or a non-profit organisation										
_c	I'm willing to give up something that is beneficial for me today in order to benefit more from that in the future										

(55) trust

In general how much do you trust most people?

TYPE			APPEARANCE					
SELECT ONE + PREFER NOT TO SAY			SLIDER					
Not at all	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Completely

(56) vote

If there were a general election tomorrow, which party would you support?

TYPE	APPEARANCE
SELECT ONE + I VOTE IN ANOTHER COUNTRY; MOST LIKELY I WOULDN'T VOTE; OTHER, SPECIFY_____; I DON'T KNOW; PREFER NOT TO SAY	DROP DOWN MENU WITH COUNTRY-SPECIFIC LIST OF PARTIES

Respondent as a child

The next few questions are about when you were growing up, before you turned 16.

(57) child_health

In general, how would you define your (mental and physical) health when you were growing up?

TYPE	
SELECT ONE	
1	Very good
2	Fairly good
3	Average
4	Fairly poor

5	Very poor
998	Don't know
999	Prefer not to say

(58) child_health_relatives

To your knowledge, when you were growing up, did any of the below apply to someone among your close relatives (parents, brothers or sisters)?

TYPE	
SELECT MULTIPLE	
1	Smoke heavily
2	Drink heavily
3	Had chronic, severe illnesses, disabilities or accidents
4	Had mental health problems
5	None of the above
999	Prefer not to say

(59) child_relationship

All in all, how would you describe your relationship with your parents when you were growing up?

TYPE	RELEVANT	APPEARANCE								
SELECT ONE + PREFER NOT TO SAY	a. ${country_birth_b}!=not applicable b. ${country_birth_c}!=not applicable	TABLE, SLIDER								
_a	Your mother/first parent	Not close at all	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	Very close
_b	Your father/second parent									

(60) child_friends

During your school years (when you were 6 to 15 years old), how often did you have a group of friends that you felt comfortable spending time with?

TYPE	
SELECT ONE	
1	Always
2	Most of the time
3	Sometimes
4	Rarely
5	Never
999	Prefer not to say

(61) religion

Apart from weddings, funerals, how often do (did) you attend religious services?

TYPE		APPEARANCE						
SELECT ONE		COLLAPSIBLE GRID						
_child	When you were growing up, before age 16	More than once a week	Once a week	Once a month	On specific holidays only	Never	Don't know	Prefer not to say
_now	During the last 12 months	5	4	3	2	1	998	999

Health and related

The next, and last, set of questions are about your health and your health habits, such as whether you smoke and how often you exercise.

(62) health_general
In general, would you say your (physical and mental) health is:

TYPE	
SELECT ONE	
1	Very good
2	Fairly good
3	Average
4	Fairly poor
5	Very poor
998	Don't know
999	Prefer not to say

(63) health_condition*
Do you have any physical or mental health conditions or illnesses lasting or expected to last for 12 months or more?

TYPE	
SELECT ONE	
1	Yes
2	No
998	Don't know
999	Prefer not to say

(64) health_condition_intensity*
Does your condition or illness/or any of your conditions or illnesses reduce your ability to carry out day-to-day activities?

TYPE		RELEVANT
SELECT ONE		${health_condition}='1'
1	Yes, a lot	
2	Yes, a little	
3	Not at all	
998	Don't know	
999	Prefer not to say	

(65) smoking
Do you smoke 10 or more cigarettes (including equivalent recharges of electronic cigarettes, cigars, cigarillos, or a pipe) on average per day?

TYPE	
SELECT ONE	
1	Yes, I smoke 10 or more cigarettes on average per day
2	No, I smoke less than 10 cigarettes on average per day
3	No, I don't smoke at all
999	Prefer not to say

(66) exercise*

In the past week, on how many days have you done a total of 30 minutes or more of physical activity, which was enough to raise your breathing rate? This may include sport, exercise, and brisk walking or cycling for recreation or to get to and from places, but should not include housework or physical activity that may be part of your job.

TYPE	
SELECT ONE	
1	0 days
2	1 day
3	2 days
4	3 days
5	4 days
6	5 days
7	6 days
8	7 days
998	Don't know
999	Prefer not to say

End message

Thank you for your time! Your response will be very helpful for the European Commission.