2022 年 9-12 月 口语题库 终版

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Part 1

必考题

Event (事件)

Work or Study

Are you a student or are you working right now?

(Study) What's your favourite subject?

(Study) Why did you choose this major? Who helped you to choose this major?

(Study) What was your first day at school like?

(Study) How much time do you spend on studying every day?

(Study) What do you like most about your study?

(Study) Does your major/study live up to your expectation?

(Study) Which do you prefer, studying in the morning or in the afternoon?

(Study) Which do you prefer, studying alone or with others?

(Study) What kind of subjects are often considered as challenging?

(Study) Would it be better to study science subjects?

(Study) Speaking of studying, who matters more, teachers or classmates?

(Study) What is the most important quality of a teacher?

(Study) Are there anything you wish you school to improve?

(Study) What kind of things could help you to study better?

(Study) Would you like to go to other cities/ countries to study?

(Study) Did you choose your major according to your own will?

(Study) What do you plan to do after graduation?

(Work) Do you like your job?

(Work) What do you find most interesting about your work/job?

(Work) What is the most important quality of a co-worker/colleague?

(Work) Which matters to you more, the job itself or the people you work with?

(Work) Have you ever changed your work before?

(Work) Do you think you will change your job in the future?

(Work) What was your first day at work like?

(Work) What do you want your company to improve?

(Work) What kind of jobs are popular in China?

(Work) Would you like to go to another country to work?

Place (地点)

Home & Accommodation

Do you live in an apartment or house?

Do you like your apartment or house?

What is your house or apartment like?

What views can you see through the windows?

What kind of apartment or house do you want to have in the future?

Which part of your country are you from?

Are you proud of your home country?

Can you recommend a place which is suitable for living?

The area you live in

Do you like the area that you live in?

What are some changes in the area recently?

Do you know any famous people in your area?

Where do you like to go in that area?

Hometown

Where are you from?

How long have you been living there?

Is your hometown a big city or a small city?

Do you like your hometown?

Are there anything you dislike about your hometown?

Has your hometown changed over the years? What are the changes?

Do you think you will continue living there for a long time?

新题

Event (事件)

Singing

Do you like singing? Why?

Do you think the lyrics of a song are important?

Where do you usually sing? Why?

How often do you sing?

What' s your favorite song? Why?

Geography

Do you like geography?

Have you ever studied geography at school?

Are you good at reading a map?

Would you visit a country because of its geographical location?

Social media

Do you or your friends like using social media?

Do you think you or your friends use too much social media?

Do you want to work in social media? Why?

What' s the most popular social media in China? Why?

Transportation

How did you get here today? Why did you choose that form of transport?

What means of transportation do you usually take? (Or What form of transport do you usually use?)

What's the most popular means of transportation in your country? (Or In your opinion, what would be the most popular means of transportation in China in the future? Or What vehicles (or, what means of transport) do people in China most often choose to use? Or What will become the most popular means of transportation in China?)

Do you drive? Should people learn how to drive? (Or Is it important for everyone to get the driver's license?)

Would you say transport costs are high in your hometown? (Or Is it expensive to take public transportation in your city?)

How do you feel about the transportation in your city? (Or What do you think of the transport situation in your hometown?)

How has the transport system in your hometown changed in the past few decades? (Or How has the transportation system changed in your hometown over the years?)

Birthday

How do children celebrate birthdays in your country? (Or How did you celebrate your last birthday? Or Do people in China celebrate birthdays? Or Do people in China have birthday parties?)

What kinds of birthday gifts do you like to receive? Or What do children get for their birthdays in your country?

Is there a difference between the way you celebrated your birthday in the past and in the present?

Which birthdays are especially important in China?

Do you think it's important for people to celebrate birthday? (Or How important are birthdays in your country?)

Do people in your country prefer to celebrate birthdays according to the lunar or the solar calendar?

Which one do you think is more important, the birthdays of a child or those of an adult?

Do you like to celebrate your birthday with your parents or with your friends?

Handwriting

Do you often write with a pen?
Is your handwriting easy to read for other people?
Do you like to receive cards with hand-written words?
Can we tell someone's personality from his or her handwriting?
What's the difference of writing with a pen and typing on a computer?

Name

Do you like your names?

Does your name have any special meaning?

Are there many Chinese people who have the same name as you?

Is there any tradition about naming babies?

Housework and cooking

Do you do some cooking/help your family cook at home now? Did you do some house cleaning when you were young? Do you have breakfast at home everyday? Do you want to learn how to cook well?

Getting up early

Do you often get up early in the morning?
What do you usually do when you get up early?
Do you get up early on weekends?
Which morning do you like best in a week?

Object(物品)

Puzzles

Did you do puzzles in your childhood?

When do you do puzzles, during your trip or when you feel bored? Do you like doing word puzzles or number puzzles? Which is more

difficult for you?

Do you think it is good for old people to do puzzles?

Snacks

What snacks do you like to eat?

Did you often eat snacks when you were young?

When do you usually eat snacks now?

Do you think it is healthy for you to eat snacks?

Technology

What technology do you often use, computers of cellphones?
What electronic devices have you bought lately?
Are there any technology you want to buy?
What are the benefits of technology? Do you think it is important in your life?

上季保留题

Event (事件)

Science

Do you like science?
When did you start to learn about science?
Which science subject is interesting to you?
What kinds of interesting things have you done with science?

Collecting things

Do you collect things?

Are there any things you keep from childhood?

Would you keep old things for a long time? Why?

Where do you usually keep things you need?

Boring things

What kinds of things are boring to you?
What will you do when you feel bored?
What was the most boring thing you did when you were young?
Do you think school is boring?

Sitting down

Where is your favorite place to sit?

Do you always sit down for a long time?

Do you feel sleepy when you are sitting down?

When you were a kid, did you usually sit on the floor?

Reading habits

Do you read books?

Do you read differently now than you did before?

Have you ever read a novel that has been adapted into a film?

How often do you buy a book?

Cars

Did you enjoy travelling by car?

Where is the farthest place you travelled to by car?

Do you prefer to sit in the front or back when travelling by car?

What do you usually do when there is a traffic jam?

Dreams

Do you often remember your dreams?

Do you share your dreams with others? (Or Are you interested in others' dreams?)

Do you think dreams have special meanings?

Do you want to make your dreams come true?

Weather

What's the weather like in your country?
Which months have the best weather in your country?
Does the weather affect your mood? Or Does the weather bother you when it rains?
What's your favourite season?

Sports

Do you like to watch sports on TV?

Do you like to watch live sports games?
Who do you like to watch sports games with?
What kinds of games do you expect to watch in the future?

Time Management

How do you plan your time in a day? Is it easy to manage time for you? When do you find it hard to allocate time? Do you like being busy?

Lost and Found

What will you do if you find something lost by others?

Have you ever lost things?

Do you report to the police when finding some-thing lost by others?

Why?

Will you post on social media if you lose your item?

Daily routine

What is the busiest part of the day for you?
What part of your day do you like best?
What is your daily routine?
Do you think it is important to have a daily routine?
What would you like to change in your day to day routine?
What time do you get up?

Place (地点)

Street market

Are there any street markets around your place?

Do you like going to the street markets?

Why would people go to street market?

Would you go to the street markets in other countries?

Are things/products in the street markets expensive?

What are the differences between supermarkets and street markets?

Public gardens and parks

Would you like to play in a public garden or park?
What do you like to do when visiting a park?
How are the parks today different from those you visited as a kid?
Would you prefer to play in a personal garden or public garden?

Object (物品)

Emails

Do you often send emails?
When would you send emails to others?
Is sending emails popular in China?
Do you think sending emails will be more or less popular in the future?

Art

Do you like drawing?

Do you like to go to the gallery?

Do you want to learn more about art?

Did you learn drawing when you were a kid?

Taking photos

Do you like taking photos?

Do you like taking selfies?
What is your favorite family photo?
Do you want to improve your picture taking skills?

Mobile Phone

Do you remember your first mobile phone?

Do you often use your mobile phone for texting or calls?

Will you buy a new one in the future?

How has your mobile phone changed your life?

Websites

What kinds of websites do you usually use?
Are there any changes about the websites you often visit?
What is your favourite website?
What kinds of websites are popular in your country?

Apps

What apps have you recently used?
What kinds of apps are you usually interested in?
Do you remember the first app you used?
What kinds of apps would like to use in the future?

Color

What's your favorite color?
What's the color you dislike, and why?
What colors do you friends like most?
What color makes you uncomfortable in your room?

Mirror

Do you often look at yourself in the mirror?
When do you usually look in a mirror?
Did you buy many mirrors?
Do you think mirrors are necessary ornaments?
What do you think of using mirrors to decorate rooms?

Part 2&3

新题

People (人物)

穿着时尚的人

Describe a person who likes to dress fashionably

You should say:

Who he/she is

What job he/she does

What kind of dresses he/she wears

and explain why he/she likes fashion.

Part 3

Do you think online shopping will replace in-store shopping in the future? Why?

Why is fashion very important to some people?

Are older people as fashionable as young people? Why?

Are women more fashionable than men? Why?

孩童时期的朋友

Describe a friend from your childhood

You should say:

Who he/she is

Where and how you met each other

What you often did together

and explain what made you like him/her.

Part 3

Do you still keep in touch with your friends from childhood? Why or why not?

How important is childhood friendship to children?

What do you think of online social media?

Do you think online social media will replace face-to-face communication?

来自不同文化的人

Describe a person you know who is from a different culture

You should say:

Who he/she is

Where he/she is from

How you knew him/her

and explain how you feel about him/her.

Part 3

Where and how can we get to know people of different cultures better? What are the advantages and disadvantages of cultural diversity? How can traditional culture and other cultures coexist? Is it important to know the culture and language before going to another country?

喜欢种植物的人

Describe a person you know who loves to grow plants (e.g. vegetables/fruits/flowers etc.)

You should say:

Who he/she is

What he/she grows

Where he/she grows them

and explain why he/she enjoys growing plants.

Part 3

Are there many people growing their own vegetables now?

Do you think it's good to let kids learn how to plant?

What do you think of the job as a farmer?

What are the differences between traditional and modern agriculture?

激励你的人

Describe a person who inspired you to do something interesting

You should say:

Who he/she is

How you knew him/her

What interesting thing you did

and explain how he/she inspired you to do something interesting.

Part 3

How do people achieve a goal?

How can children be encouraged to study?

Who plays a bigger role in encouraging children, teachers or parents?

Are teachers always right?

Is competition a good thing?

Does competition play an important role in one's work?

Do you think money could motivate people to work harder?

Is making money the best part of having a job? If not, what's the best part?

Event (事件)

决定等待某事物的时刻

Describe a time you made a decision to wait for something

You should say:

When it happened

What you waited for

Why you made the decision

and explain how you felt about the decision.

Part 3

Do people in your country like to take public transportation?

Why do some people like a slow-paced life?

Is being patient good for people? Why?

Are people less patient now than people in the past? Why?

爽约

Describe a time when you forgot/missed an appointment

You should say:

What the appointment was for

Who you made it with

Why you forgot/missed it

and explain how you felt about the experience.

Part 3

How do people who are busy remember things they need to do?

Do you think people should remember family history?

If someone doesn' t really like whom they are going to meet, they may deliberately miss their appointment. Is it true? Why?

Which is more important, a work-related appointment or an appointment with a friend? Why?

搜索信息

Describe a time when you needed to search for information

You should say:

What information you needed to search for

When you searched for it

Where you searched for it

and explain why you needed to search for it.

Part 3

How can people search for information now?

What information can people get from television?

Do you think libraries are still important in the digital age?

Does the development of the internet have any impact on some disadvantaged people?

印象深刻的英语课

Describe an impressive English lesson you had and enjoyed

You should say:

What it was about

When you had it

What the teacher did

and explain why you enjoyed the lesson.

Part 3

Why do people learn foreign languages?

What makes a good foreign language teacher?

Do you think grammar is important when learning foreign languages?

Is it interesting to be a foreign language teacher? Why?

收到钱做礼物的时候

Describe a time when you received money as a gift

You should say:

When it happened

Who gave you money

Why he/she gave you money

and explain how you used the money.

Part 3

Why do people rarely use cash now?

When do children begin to comprehend the value of money?

Should parents reward children with money?

Is it good and necessary to teach children to save money?

塑料垃圾

Describe a time when you saw a lot of plastic waste (e.g. in a park, on the beach, etc.)

You should say:

Where and when you saw the plastic waste

Why there were a lot of plastic waste

What you did after you saw them

and explain what your thoughts were about this.

Part 3

Do you think we should use plastic products?

How can we reduce our use of plastic?

What kinds of plastic waste are often seen in your country?

Why do people like to use plastic products?

Place (地点)

热门运动场所

Describe a popular place for sports (e.g. a stadium) that you've been to

You should say:

Where it is

When you went there

What you did there

and explain how you felt about this place.

Part 3

Do young people like to do sports?

What are the benefits of sports for children?

Is it necessary to build public sports spaces?

What do you think of companies donating sports venues for poor children?

熟人的家

Describe the home of someone you know well and that you often visit You should say:

Whose home it is

How often you go there

What it is like

and explain how you feel about the home.

Part 3

What are the differences between houses or buildings in the city and in the countryside?

Do you prefer to live in the city or in the countryside?

What safety risks are there in residential buildings in cities?

Is it expensive to decorate a house or an apartment in the place where you live?

推荐游客的地方

Describe a place in your country that you would like to recommend to visitors/travelers

You should say:

What it is

Where it is

What people can do there

and explain why you would like to recommend it to visitors/travelers.

Part 3

If you were asked to go and live in a village, would you be willing to go? Do you think it's just as good to live on the outskirt of the city as it is to live in the middle of the city?

What are the benefits for children to grow up in an urban area, and alternatively, in a rural area?

Would you say people living in a rural area have fewer problems than people living in the cities?

Some people say people living in the countryside are friendlier than people living in cities. Do you agree?

Object (物品)

与他人有不同意见时

Describe a disagreement you had with someone

You should say:

Who you had the disagreement with

What the disagreement was

What happened

and explain how you felt about it.

Part 3

What would you do if you disagree with someone?

How do we stop an argument from escalating into a fight?

Who do you think should teach children to respect their teacher?

What disagreements do parents and children usually have?

最近的户外活动

Describe an outdoor activity you did in a new place recently

You should say:

What the activity is

Who invited you to participate in it

Whether you asked for help in the activity

and explain what change you had in the activity.

Part 3

What outdoor activities are popular in China?

Are those people who like dangerous activities more likely to be successful?

Do you think it's better for people to change jobs when there are new chances?

Should young people try as many new activities as possible?

让你自豪的照片

Describe a photo you took that you are proud of

You should say:

When you took it

Where you took it

What is in this photo

and explain why you are proud of it.

Part 3

Why do some people like to record important things with photos? What can people learn from historical photographs? Is taking photos the best way to remember something? What do you think of beautiful selfies?

喜欢的节目

Describe a program you like to watch

You should say:

What it is

What it is about

Who you watch it with

and explain why you like to watch it.

Part 3

What programs do people like to watch in your country?

Do people in your country like to watch foreign TV programs?

What' s the benefit of letting kids watch animal videos than visiting zoos?

Do teachers play videos in class in your country?

漂亮的东西

Describe an object that you think is beautiful

You should say:

What it is

Where you saw it

What it looks like

and explain why you think it is beautiful.

Part 3

Do you think there are more beautiful things now than in the past? Why?

What beautiful scenery spots are there in your country?

Where do you think people usually come into contact with beautiful things?

Why do you think people create beautiful things?

购物问题

Describe a problem you had while shopping online or in a store

You should say:

When it happened

What you bought

What problem you had

and explain how you felt about the experience.

Part 3

What kind of service do you think is good?

What are the differences between shopping online and in stores?

What problems do customers often have while shopping?

What do you think customers should do when there are problems with the products they bought online?

分享拥有的东西

Describe something you had to share with others

You should say:

What it was

Who you share it with

Why you had to share it with others

and explain how you felt about it.

Part 3

Do you think kids like to share? Why?

How can parents teach their children to share?

What do you think is the benefit of sharing for children?

Is there anything that parents would persuade children to share with others?

有趣的故事

Describe a story or novel you have read that you found interesting

You should say:

When you read it

What the story or novel was about

Who wrote it

and explain why it was interesting.

Part 3

How does technology help people tell stories?

Do you prefer to read e-books or paper books?

Why are mystery novels so popular nowadays?

What kinds of novels are suitable for film adaptation?

喜欢且想重温的电影

Describe a movie you watched recently and would like to watch again

You should say:

What type of movie it was

What it was about

Where you watched it

and explain why you would like to watch it again.

Part 3

Where do people normally watch movies?

What are the differences between watching movies at home and in a cinema?

Are actors or actresses important to movies? Why?

Why are there fewer people going to the cinema to watch movies nowadays?

成功克服困难

Describe a difficult thing you did and succeeded

You should say:

What it was

How you overcame the difficulties

Whether you got help

and explain how you felt after you succeeded.

Part 3

Should people set goals for themselves?

How would you define success?

How do we judge whether young people are successful nowdays?

Are successful people often lonely?

学到的重要事情

Describe an important thing you learned (not at school or college)

You should say:

What it was

When you learned it

How you learned it

and explain why it was important.

Part 3

What can children learn from parents?

Do you think some children are well-behaved because they are influenced by their parents?

Is it necessary for adults to learn new things?

How can people learn new things?

上季保留题

People (人物)

喜欢与你交谈的朋友

Describe a friend you like to talk with

You should say:

Who this person is

What you like to talk about

Why you like to talk with him/her

and explain how you feel about him/her.

Part 3

Where do young people like to meet?

What do young people talk about when they meet up?

Do you think people should be honest when talking with friends?

On what occasions do people talk with strangers?

有名的人

Describe a popular/well-known person in your country

You should say:

Who this person is

What he/she has done

Why he/she is popular

and explain how you feel about him/her.

Part 3

What kinds of people are popular at work?

Are bosses more popular than employees at work?

Which one is more important, keeping a good relationship with

colleagues or doing well at work?

What benefits are there when a child is popular at school?

想一起共事的家人

Describe a family member who you want to work with in the future

You should say:

Who he/she is

Whether you worked together before

What kind of work you would like to do with him/her

and explain how you feel about this family member.

Part 3

What kinds of family business are common in China?

Is it good to work with family members? Why?

Why do people want to do family business?

What benefits are there when working for big companies?

有趣的邻居

Describe an interesting neighbour

You should say:

Who he/she is

How you knew him/her

What you do together

and explain why you he/she is interesting.

Part 3

Do you think people are familiar with their neighbours?

How can people improve the relationship with neighbours in a community?

Is it beneficial to get along well with neightbours?

How do children build relationships with others in a community?

Event (事件)

征求意见

Describe a time when someone asked for your opinion

You should say:

Who asked for your opinion

Why he/she wanted to know your opinion

What opinion you gave

and explain how you felt when he/she asked for your opinion.

Part 3

Why do some people dislike giving their opinions?

Are there any apps designed for collecting opinions about products or services?

Why do people like to express their opinions on the internet nowadays? What are the disadvantages of sharing opinions on the internet?

一次用手机做重要事的经历

Describe a time you used your cellphone/smartphone to do something important

You should say:

What happened

When it happened

How important the cellphone/smartphone was

and explain how you felt about the experience.

Part 3

What do you usually do with a cellphone?

What are the differences between young people and old people when using a cellphone?

Which one is more important, using a cellphone to make phone calls or to read messages?

Do you think there should be a law to stop people from making phone calls in public?

一次堵车的经历

Describe a time when you were stuck in a traffic jam

You should say:

When it happened

Where you were stuck

What you did while waiting

and explain how you felt in the traffic jam.

Part 3

How can we solve the traffic jam problem?

Do you think developing public transport can solve traffic jam problems?

Do you think the highways will help reduce traffic jams?

What are good ways to manage traffic?

获得别人给的关于工作/学习正面建议的时候

Describe an occasion when someone gave you positive advice or suggestions about your work/study

You should say:

Who the person is

What he/she said

How the advice/suggestion affected you

and explain how you felt about the advice/suggestions.

Part 3

When should parents encourage their children?

Should parents always encourage their children?

Do you think negative feedback is more important than positive feedback? Why?

Why is negative feedback as important as positive feedback at work or in study?

忙碌的时光

Describe a time you were very busy

You should say:

When it happened

Where you were

What you did

and explain why you were busy.

Part 3

Are you often busy?

What are the advantages and disadvantages when people keep busy? Do you think children should learn through playing games or under pressure?

What kind of pressure people may experience at work?

帮助小孩的经历

Describe a time when you helped a child

You should say:

When it was

How you helped him/her

Why you helped him/he

and explain how you felt about it.

Part 3

Do you often help kids? How?

Why is it necessary to do volunteer services?

What can schools do to develop students' awareness of volunteering? Who benefit more from the volunteer services, the volunteers or the people helped?

未花太多钱的特殊日子

Describe a special day out that didn't cost you much

You should say:

When the day was

Where you went

How much you spent

and explain how you feel about the day.

Part 3

Do people like to spend their leisure time out in your country?

How do people spend their leisure time in your country?

How does technology affect the way people spend their leisure time?

Do you think only old people have time for leisure?

丢东西的经历

Describe an occasion that you lost something

You should say:

What you lost

When and where you lost it

What you did to find it

and explain how you felt about it.

Part 3

What kinds of things do people usually lose?
What do people often do when losing things?
Is it an effective way to use rewards to find lost things?
What kinds of people may lose things often?

让你惊喜的事情

Describe something that surprised you

You should say:

What it is

How you found out about it

What you did

and explain whether it made you happy.

Part 3

How do people express happiness in your culture?

Do you think happiness has any effect on people? How?

How can people be happy?

Is it good for people to be unhappy? Why?

庆祝过的重要活动

Describe an important event you celebrated

You should say:

What it was

When it happened

Who attended the event

and explain how you felt about the event.

Part 3

Do you like to celebrate important events? Why?

What kinds of events do people usually celebrate?

Do people often celebrate events with a large group of people or just a few people?

Do people often celebrate festivals with families?

Place (地点)

想生活的城市

Describe a town or city where you would like to live in the future

You should say:

Where it is

How it is like

When you plan to live there

And explain why you would like to live there

Part 3

Why do more and more people live in the city?

How does this affect the environment and nature?
Is there a way to balance city and nature?
What can be done to prevent damage to the nature?
Are governmental controls more important than businesses?

安静的地方

Describe a quiet place you like to go

You should say:

Where it is and what you do there

How you knew it

How often you go there

and explain how you feel about the place.

Part 3

Is it easy to find quiet places in your country? Why?

Why do old people prefer to live in quiet places?

Why are there more noises made at home now than in the past?

Why do some people like to use noise as background sound when they are working or studying?

重要的河或湖

Describe an important river or lake in your country

You should say:

Where it is located

How big or long it is

What it looks like

and explain why it is important.

Part 3

How can rivers or lakes benefit local people?

Do you think rivers or lakes attract tourists?

How do rivers or lakes affect local tourism?

Are rivers or lakes good for transport? Why?

Object (物品)

节约时间的方法

Describe a way that helps you save a lot of time

You should say:

What it is

How you implement it

How difficult it is

and explain how you feel about the way/change.

Part 3

What can people do to save time?

Does technology help people save time? How and why?

Do you think parents should be responsible for teaching children to save time?

Do people who can manage time well become successful more easily?

一个最近做的艰难的决定

Describe a difficult decision you made recently

You should say:

What it was

Where and when you have made it

How it turned out

and explain why it is a difficult decision.

Part 3

What decisions do people usually make in their daily lives?

Which is easier, making a decision by yourself or making a decision after group discussion?

Why are many young people unwilling to follow their parents' advice? Why would middle-aged people tend to second-guess their own decisions?

积极改变世界的发明

Describe an invention that has changed the world in a positive way You should say:

What it is

What benefits it has brought

How it influences people of different ages

and explain how it changed people's lives.

Part 3

What is the most helpful innovation at home?

What household appliances make us lazy?

What kind of invention can be used at school?

Do you think AI will replace human teachers? Why?

人生中积极的改变

Describe a positive change that you made in your life

You should say:

What it is

Why you did it

Who you did it with

and explain how you feel about the change.

Part 3

Is it easy for young people to change?

Is it easy for old people to change?

How can people change their daily routine if they want to?

What are the disadvantages when people keep making changes?

传统物件

Describe a traditional product in your country

You should say:

What it is

When you tried this product for the first time

What it is made of

and explain how you feel about it.

Part 3

Why are traditional products important?

Do you think tradition is important for a country? Why?

What are the traditional Chinese products?

Why is it important for children to learn about traditional products?

专注学习工作的事物

Describe something you do that can help you concentrate on work/study

You should say:

What it is

How it helps you concentrate

When you do it

and explain how you feel about it.

Part 3

Why is it more difficult for children to concentrate nowadays than in the past?

Do you think technology will harm children's ability to concentrate?

What kinds of jobs require high concentration at work?

Can exercise help people improve concentration?

想参加的比赛

Describe a contest/competition you would like to participate in

You should say:

What the contest/competition is about

Where the contest/competition will take place

When it will be held

and explain why you would like to participate in it.

Part 3

What are the contests commonly seen on TV programs?

Why are competition shows popular?

What kinds of industries need competition? Why?

Do you think it is necessary to encourage people to compete with others in companies?

让你保持健康的事物

Describe something you do to keep fit and healthy

You should say:

What it is

When you do it

Who you do it with

and explain why you think this method is important.

Part 3

How do children and old people keep fit and healthy?

What do people normally do to keep fit and healthy in your country?

How can parents help and guide their kids to keep healthy?

Do you think it is a good way for governments to use the power of idol to help people to build health awareness?