

A few screen shots of the “Force Plot” (Fx) screen in Ergware v0.6. It shows a time profile of the force applied at every stroke (a new profile each stroke) as well as the max force (in kg-f) at the top. It also shows other things like stroke count (so you know it is working), strokes-per-minute, Power output and 500m split time.

Lots of things are adjustable in software, obviously, like the height of the profile, its reach across the screen, etc ... Something to dial in over time as I use it.

