Necessary requirements for the first travel from India to Trondheim as a student.:

| | | Trondheim | India |
|--------------------|---|---------------|--------------------------------------|
| Shoes and other | 2 pairs of sport shoe | Costly | Preferable |
| accessories | 5 - 6 pairs normal socks | - do- | - do- |
| accessories | 2-3 pairs of woolen socks | - do- | - do- |
| | 2 pairs of chapels | - do- | - do- |
| | umbrella | - do- | - do- |
| | umbrena | uo- | - 40 |
| Winter wares | Get 2 sweaters (one preferable | Costly | Preferable |
| | resistant from rain) | - do- | - do- |
| | 2 pairs of thermal inner wear | - do- | - do- |
| | Inner wears | - do- | - do- |
| | Scarf | - do- | - do- |
| | 2 winter caps | - do- | - do- |
| | 2 pairs of hand gloves | - do- | - do- |
| Cooking appliances | Small pressure cooker-curries | Not available | If needed has to bring |
| | Idli cooker | - do- | - do- |
| | Roti – stick, pan | - do- | - do- |
| | Dosa-pan | - do- | - do- |
| | Non stick cooking appliances | available | Not required to bring |
| Normal wares | your formal wear | Costly | Preferable |
| | jeans | - do- | - do- |
| | 2 - 3 shorts | - do- | - do- |
| | 2 - 3 shorts 2 - 3 night dresses | - do- | - do- |
| Other clothes | 2 - 3 blankets | Costly | Preferable |
| | 2 pillow covers | - do- | - do- |
| | 2 towels | - do- | - do- - do- |
| Carratia | | | |
| Cosmetics | Shaving blades | Costly | Preferable |
| | Pens + riffles | Costly | Preferable |
| | Shaving creams | Costly | Preferable |
| | Soap | Only Dove | If need other rand you have to bring |
| | Tooth paste | Only Colgate | - do- |
| | Hair oil | Not available | Bring |
| | Combs – 3 to 4 | Not available | Bring |
| | Small mirror | Available | Preferable |
| | Tooth brush 2 to 3 | Available | Preferable |
| | Tongue cleaner 2 to 3 | Not available | Preferable |
| | Nail cutter | Available | Preferable |
| Electrical and | mobile and charger (two pin) | Costly | Costly |
| Electronic items | 2 - 3 pairs of glasses | - do- | - do- |
| | Shaving machine | - do- | - do- |
| | 3 pin to 2 pin adaptor plugs (2 - 3 pieces) | | Universal adaptor |
| | Flash drive | Available | Preferable |
| | External hard disk | Available | Preferable |
| | Few CD's and DVD's | Available | Preferable |
| Cooking items | urad dal(skinned and split) | Available | Do not bring |
| | urad dal(split = split black lentils) | - do- | - do- |
| | toor dal | - do- | - do- |
| | red lentil | - do- | - do- |
| | channa dal | - do- | - do- |
| | moong dal | - do- | - do- |
| | masoor dal | - do- | - do- |
| | black chickpeas = kala channa | - do- | - do- |
| | = Bengal gram | - 40- | uo- |
| | beluga lentil | - do- | - do- |
| | Rice | - do- | - do- |
| | | | |

| | Oil | - do- | - do- |
|----------------|---------------------|------------|---------------------------------------|
| Spice (Masala) | Achar (pickle) | Not Indian | Prefer to bring if you are interested |
| | Rasam | | - do- |
| | Sambar | | - do- |
| | Sabji masala | | - do- |
| | Chicken Masala | Not Indian | May not be required |
| | Chili powder | Available | |
| | Salt | - do- | |
| | Turmeric | - do- | |
| | Pepper | - do- | |
| | Dry chilly | | |
| | Hing | | |
| | Muster | | |
| | Jeera | | |
| | Ajwain (Carom seed) | | |
| | | | |