

# **ATHLETICS**

## **Events-**

1. Track Events-
  - Individual:- 100m, 200m, 400m, 800m, 1500m, 3000m, 5000m
  - Relay:- 4\*100m, 4\*400m
2. Field Events-
  - Shot Put, Javelin Throw, Discus Throw, Long Jump, High Jump, Triple Jump

## **Rules-**

1. In all the field events each participant will get 3 trials, of which the best will be considered for evaluation.
2. Heats will be conducted only for the 100m race, based on which participants will be selected to compete in the final race.
3. All other races will be time trials i.e., the final standings will be based on the best timings, irrespective of the position in the heats. The participants will be timed and the results will be decided accordingly.
4. For all the races, only one foul start overall will be considered. Any athlete committing a second foul start will be disqualified.
5. A maximum of 3 participants from each college in any particular event for boys and a maximum of 2 participants from each college for girls in one event is allowed (excluding relays, which require 4 per college team).
6. An individual can participate in a maximum of 3 individual events excluding relays. An event may stand cancelled in case of insufficient participation.
7. In any case of conflict, the referee's' decision will be taken as final.