

Докажете равенството: $\underbrace{\arcsin \frac{1}{2} \sqrt{2 - \sqrt{2 - 2x}}}_{\beta} = \frac{\pi}{8} + \frac{1}{4} \underbrace{\arcsin x}_{\alpha}, \quad |x| \leq 1$

$$\alpha, \beta \in \left[-\frac{\pi}{2}, \frac{\pi}{2}\right]$$

$$\begin{aligned} \sin \beta &= \frac{1}{2} \sqrt{2 - \sqrt{2 - 2x}} \\ &= \frac{1}{2} \sqrt{2 - \sqrt{2 - 2 \underbrace{\sin \alpha}_{=2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}}}} \\ &= \frac{1}{2} \sqrt{2 - \sqrt{2} \sqrt{\underbrace{1}_{=\sin^2 \frac{\alpha}{2} + \cos^2 \frac{\alpha}{2}} - 2 \sin \frac{\alpha}{2} \cos \frac{\alpha}{2}}} \\ &= \frac{\sqrt{2}}{2} \sqrt{1 - \frac{1}{\sqrt{2}} \sqrt{\left(\cos \frac{\alpha}{2} - \sin \frac{\alpha}{2}\right)^2}} \\ &= \frac{\sqrt{2}}{2} \sqrt{1 + \underbrace{\frac{1}{\sqrt{2}} \sin \frac{\alpha}{2}}_{=\cos \frac{\pi}{4}} - \underbrace{\frac{1}{\sqrt{2}} \cos \frac{\alpha}{2}}_{=\sin \frac{\pi}{4}}} \\ &= \frac{\sqrt{2}}{2} \sqrt{1 + \underbrace{\sin \frac{\alpha}{2} \cos \frac{\pi}{4} - \cos \frac{\alpha}{2} \sin \frac{\pi}{4}}_{=\sin \left(\frac{\alpha}{2} - \frac{\pi}{4}\right)}} \end{aligned}$$

Тук използвахме, че $(\sin \alpha \cos \beta + \cos \alpha \sin \beta = \sin(\alpha + \beta))$

$$\begin{aligned} &= \frac{\sqrt{2}}{2} \sqrt{\underbrace{1}_{=\sin^2 \left(\frac{\alpha}{4} - \frac{\pi}{8}\right) + \cos^2 \left(\frac{\alpha}{4} - \frac{\pi}{8}\right)} + \underbrace{\sin \left(\frac{\alpha}{2} - \frac{\pi}{4}\right)}_{=2 \sin \left(\frac{\alpha}{4} - \frac{\pi}{8}\right) \cos \left(\frac{\alpha}{4} - \frac{\pi}{8}\right)}} \\ &= \frac{\sqrt{2}}{2} \sqrt{\left(\sin \left(\frac{\alpha}{4} - \frac{\pi}{8}\right) + \cos \left(\frac{\alpha}{4} - \frac{\pi}{8}\right)\right)^2} \\ &= \frac{\sqrt{2}}{2} \sin \left(\frac{\alpha}{4} - \frac{\pi}{8}\right) + \frac{\sqrt{2}}{2} \cos \left(\frac{\alpha}{4} - \frac{\pi}{8}\right) \\ &= \sin \left(\frac{\alpha}{4} - \frac{\pi}{8} + \frac{\pi}{4}\right) = \sin \left(\frac{\alpha}{4} + \frac{\pi}{8}\right) \end{aligned}$$