

1. Microbiology

a. Bacteriology

i. Collection, Transport, Processing and Staining of Specimen

1. First thing to be done for collection of sputum sample – gargle with water
2. Acid fast stain in tissues – Kinyoun
3. AFB stains – Red
4. Non-acid fast bacteria stains – blue
5. Critical step in gram stain – decolorizer
6. Nonspecific staining of cellular structures – Fluorochroming
7. Nasopharyngeal swabs are for – Neisseria, H, influenza, B. pertussis
8. Late chlamydia specimen must be – rejected

ii. Culture Media

1. Preferred medium for isolation of B. pertussis – Regan-Lowe/Charcoal cephalixin Blood Agar
2. K Tellurite – gray black colony
3. Cystine tellurite – C. Diphtheriae
4. Cystine glucose – F. tularensis
5. Significant colony count in urine – 100,000

iii. Bacteria (Aerobes)

1. Morphology and staining characteristics

2. Cultural characteristics

- a. Golden yellow colonies in BAP – S. aureus
- b. Alpha-prime – S. aureus
- c. S. Saprophyticus – Cystitis
- d. C. amycolatum in nasopharynx – Normal flora
- e. Commonly isolated in ICU – P. aeruginosa
- f. P. aeruginosa – Grows in 42 and 35 degrees Celsius
- g. Flat, serrated colonies with confluent growth on BAP – P. Aeruginosa
- h. Salmonella bacterial culture – 2-3 specimen (blood) within 24 hours
- i. Whipple disease – Tropheryma

3. Work-up for identification: biochemical, differential and confirmatory tests

- a. Clumping factor – Coagulase
- b. 30% H₂O₂ – Superoxol test
- c. MR and VP reaction – Opposite
- d. Chromogenic B-lactamase result – Color formation
- e. Demonstrate Streptolysin O – Anaerobic culture
- f. Differentiate S. aureus and S. epidermidis – Coagulase, DNase
- g. Negative CAMP test – No enhancement of hemolysis
- h. Bile solubility – S. pneumonia

- i. Similar to C. diphtheria – C. ulcerans
- j. Shigella – Biochemically inert
- k. Acetamide Test – P. aeruginosa (35C for 7 days)
- l. Bordetella oxidase & urease (+) – Bronchiseptica
- m. Requires V factor – H. parahaemolyticus
- n. requires X factor – H. ducreyi

4. Serology/molecular tests

- a. Not common in microbiology – PCR
- b. Lancefield – Detects carbohydrates in Streptococcus group
- c. Quellung – Capsular swelling
- d. Kauffman white – Salmonella serotyping

5. Susceptibility tests

- a. Not an antibiotic – Sulfonamide
- b. Penicillin – Inhibit cell wall synthesis
- c. Vancomycin – Inhibit cell wall synthesis
- d. Gentamycin – Inhibit protein synthesis
- e. Clindamycin – Inhibit protein synthesis
- f. ESBL – Extended spectrum Beta-Lactamase

6. Bacteriologic examination of water, food, milk and utensils

- a. Red milk – S. marcescens
- b. Blue milk – P. aeruginosa
- c. Stormy fermentation of milk – peptostreptococcus, peptococcus

iv. Bacteria (Anaerobes)

1. Pseudomembranous colitis – C. difficile
2. Common gut flora – Bacteroides
3. Gram-positive anaerobes – peptostreptococcus, peptococcus

v. Mycobacteria

1. AFB smear measures – 2-3cm
2. MPT 64 – M. tuberculosis
3. Niacin and nitrate positive – M. tuberculosis
4. Niacin and nitrate negative – M. bovis
5. Tween 80 positive – M. Kansasii

vi. Other bacteria with unusual growth requirements (spirochetes, Chlamydia, Mycoplasma, Rickettsia)

b. Mycology

i. Collection, transport and examination of clinical specimens

1. Basic, branching, intertwining structure of clinical specimens
2. Stain for sharp delineation of fungal elements by fluorescent microscopy – Calcofluor white
3. Presumptive test for candida that uses serum – germ tube

Microbiology and Parasitology

4. Positive hair baiting test – V shape penetration of the hair shaft
5. Ascospore – Saccharomyces
6. Farmer's lung disease – Aspergillus fumigatus
7. Macroconidia absent – M. Audouinii
8. Microconidia absent – E. floccosum
9. Epidermophyton – skin, nails
10. Microsporium – skin, hair
11. Trichophyton – skin, hair, nails
12. T. mentragophytes – Positive hair baiting test
13. T. rubrum – Red pigment, teardrop shaped conidia

ii. Culture

1. AMAN medium stain – Lactophenol cotton blue
2. Cornmeal agar – Chlaamydospores
3. Czapek – Aspergillus
4. Rice agar – M. canis
5. Urease media – Cryptococcus neoformans
6. Birdseed – Phenol oxidase

c. Virology

i. General characteristics, transmission and diseases

1. 1st step in viral replication – Adsorption/Attachment and Penetration
2. Part of virus where envelop is acquired – Nuclear or cytoplasmic membrane
3. ssDNA virus – Parvovirus
4. dsRNA – Reovirus
5. Largest virus – Poxvirus
6. Largest RNA virus - Paramyxovirus
7. Virus that causes acute central nervous system disease in humans and animals – rabies
8. Acid sensitive – Rhinovirus
9. Ether sensitive – Herpes virus

ii. Collection, transport and examination of clinical specimen

1. CMV isolation is recommended using – Human embryonic fibroblasts
2. Grape-like cluster – Adenovirus

d. Equipment and instrumentation

i. Manual

- a. How to prepare agar – Add agar to water
- b. RPM for centrifugation of bacteria – 3500-5000RPM for 10mins

ii. Automated

e. Quality assurance and safety

i. Collection of specimen

- a. Lyophilization of pure culture – freeze at 20 to 30C
- b. Mineral oil – Anaerobes

ii. Quality control

- a. Setting of rpm marked on the face of the rheostat control on the centrifuge should be checked – monthly
- b. Oxidase, Catalase, coagulase – tested each day, when vial is first opened

iii. Safety – patient/staff

- a. BSC II – Laminar flow
- b. Sterilize needles for sputum – Dip in 70% alcohol + sand

iv. Safety – workplace/environment

1. AFB is killed by – Boiling 10mins, Autoclave
2. Autoclave – 121C, 15 psi (lbs/in²), 15mins
3. Not killed by sterilization

2. Parasitology

- a. Parasites – life cycle, morphological characteristics, epidemiology, prevention and control, manner of reporting, counting
- b. Nematodes
 1. First stage of nematodes – Rhabditiform
 2. Viviparous – Produces larva
 3. Oviparous – Produces egg
 4. Parasite most prevalent in orphanage – Unholy Three
 5. Larvae that passes through the lungs – Ascaris, stronglylides, Hookworm
 6. Roundworm that inhabits the small intestine and is usually demonstrates as rha bditiform larvae in fecal specimen – Threadworm
 7. Ascaris egg lacking its mamillated coat – Decorticated
 8. A. lumbricoides vector – Cockroach
 9. Resembles Trichiuris – C. philippinensis
 10. S. stercoralis – chinese lantern
 11. Adult trichinella – Intestine
 12. Unsheathed microfilariae – O. volvulus
 13. Longest nematode – D. medinensis
 14. Internal autoinfection – S. stercoralis
 15. External autoinfection – E. vermicularis

ii. Trematodes

1. 1st IH of flukes – Snail
2. 2nd IH of P. westermani – Fresh water crabs
3. 2nd IH of Echinostoma – Snail
4. 2nd IH of fasciola/fasciolopsis – aquatic vegetation
5. Parasite found in sheep/cattle, not common in PH – F. hepatica
6. Eggs with abopercular thickening – P. westermani
7. Small lateral spine – S. japonicum
8. Prominent lateral spine – S. mansoni
9. Terminal spine – S. haematobium
10. Schistosomule – cercaria minus tail
11. Swimmers itch – Schistosoma
12. C. sinensis – old fashioned light bulb
13. Mode of transmission of Clonorchis – Ingestion of metacercaria

iii. Cestodes

1. Head of tape worm – scolex
2. Body of tapeworm – strobila
3. Finger like uterine branches – T. solium
4. Tree like uterine branches – T. saginata
5. 3rd Taenia specie – Taenia Asiatica
6. Hexacanth embryo in a radially striated shell – Taenia
7. Hexacanth embryo that lacks polar filaments – H. diminuta
8. Egg of D. latum – Operculated
9. 1st IH of D. latum – operculated
10. 2nd IH of D. latum – Fresh water fish
11. Spirometra – may resemble D. latum
12. Found in IH of E. granulosus – Hydatid cyst

13. Double-pored tapeworm – D. caninum

iv. protozoa

1. Motile, reproducing, feeding stage – Trophozoite
2. Organ most often involved in extraintestinal amoebiasis – Liver
3. E. histolytica – Ingest RBC
4. Differentiates hartmanni and histolytica – Size
5. E. gingivalis – Ingests WBC
6. E. nana – Cross-eyed cyst
7. Often mistaken for cyst of amoeba – B. hominis
8. Largest intestinal protozoa – B. coli
9. Undulating membrane – Trichomonas, trypanosoma
10. Intestinal flagellate is described as – Pear shaped
11. T. vaginalis – jerking, tumbling motility
12. Pingpong disease – T. vaginalis
13. Vector of African sleeping sickness – glossina species
14. DH for plasmodium species – female anopheles' mosquito
15. Principal vector for malaria – Flavivirus
16. P. vivax, P. ovale
17. Not recommended for venipuncture – malaria, babesia, hemoflagellates
18. Blood specimen preferred for protozoa – finger puncture
19. 90% cases of malaria caused by – P. vivax and falciparum
20. Toxoplasma gondii – cat

v. Ectoparasites

1. Crabs – Ectoparasites

c. Parasitologic Technique

i. Routine

1. Iodine – Destroys trophozoites
2. Stain to demonstrate uterine arrangement of Taenia species – India ink
3. Chromatoid bodies on Trichrome stain is colored as – Bright to red
4. Stain for Naegleria, Acanthamoeba – H&E, wrights
5. To detect stippling, prepare blood films – 30 mins to 1 hour
6. Reagent for kato-thick smear – Malachite green, glicerine, cellophane

ii. Concentration

1. Zinc sulfate specific gravity – 1.18
2. Flotation techniques – Operculated eggs and eggs with spines not recovered

iii. Others

1. Sheathers sugar flotation – cryptosporidium
2. Baermann funnel – strongyloides

d. Quality assurance

i. Collection and preservation of specimen

- a. Stool for more than 1hr is stored at – Refrigerator
- b. Stool preservative – polyvinyl alcohol, schaudinn