

# **SPEAKING UNIT 7: THE HUMAN BODY**



Lecturer: Quynh Trang, MA.

# **GRAMMAR FOR SPEAKING**

## GRAMMAR FOR SPEAKING Will for Predictions; Adverbs of Certainty

### Will for Predictions

We use will or won't + base verb to make predictions.

In 20 years, robots **will be** doctors.

In the future, we **won't use** cell phones.

A: **Will** we **live** longer in the future?

B: Yes, we **will**. / No, we **won't**.

A: **Where will** you **live** in 20 years?

B: I don't know!



### Adverbs of Certainty: Possibly, Probably, Definitely, and Certainly

We can use adverbs of certainty after will and before won't.

Robots will probably (not) be doctors someday.

I definitely won't become a doctor.

We can also use adverbs of certainty to reply in conversations.

A: **Will** you **become** a schoolteacher?

B: Possibly. Or I'll work in a university.

**B** Work with a partner and take turns. Unscramble the predictions and say the sentences.

- 1. find / a cure / will / scientists / for cancer **Scientists will find a cure for cancer.**
- 2. live / humans / won't / other planets / on **Humans won't live on other planets.**
- 3. computer technology / will / have / inside / our bodies / we **We will have computer technology inside our bodies.**
- 4. most of / machines and robots / will / do / our work **Machines and robots will do most of our work.**
- 5. humans / won't / physical exercise / a lot of / do **Humans won't do a lot of physical exercise.**
- 6. will / there / one / be / world language **There will be one world language.**
- 7. people / cars / won't / to travel / anymore/ use **People won't use cars to travel anymore.**
- 8. will / teach / all universities / online / not in buildings **All universities will teach online, not in buildings.**

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## GRAMMAR FOR SPEAKING *Will and Be Going To*

We can use will or be going to + base verb to **make predictions** about the future.

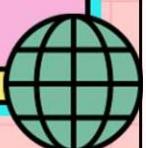
*I think you'll get a job as a doctor in the future.  
I think you're going to be a doctor when you grow up.*

We usually use be going to + base verb to **talk about future plans or intentions**.

*I'm going to study medicine. Then I'm going to work in a hospital.*

We usually use will + base verb to **make a decision at the time of speaking** (such as a promise to do something).

*A: I don't understand this homework.  
B: Don't worry. I'll help you.*

**A** Choose the correct verb forms in these conversations. Both verb forms are possible in ONE conversation. Listen and check. Then practice the conversations with a partner. 

1. A: I have to complete this college application. It's so hard!  
B: Don't worry. I I'll help / 'm going to help) you.  
A: Really? That'd be great.
2. A: What (will you study / are you going to study) in college?  
B: Biology. I 'll be / m going to be a doctor.  
A: That's fantastic! Good luck!
3. A: What time do you finish work at the hospital tonight?  
B: At midnight! I 'll be / m going to be so tired.  
A: Definitely!
4. A: Hi Marek. I'm at the train station. How do I get to your house?  
B: Hi Sarah. Stay there. I ('ll / 'm going to) drive there and meet you.  
A: Oh, thanks!

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**A** Choose the correct verb forms in these conversations. Both verb forms are possible in ONE conversation. Listen and check. Then practice the conversations with a partner. 

1. A: I have to complete this college application. It's so hard!  
B: Don't worry. I I'll help / 'm going to help) you.  
A: Really? That'd be great.
2. A: What (will you study / are you going to study) in college?  
B: Biology. I 'll be / m going to be a doctor.  
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B: Hi Sarah. Stay there. I ('ll / 'm going to) drive there and meet you.  
A: Oh, thanks!

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**B ANALYZE** Think about the uses of *will* and *be going to* in exercise A. In which conversation(s) (1-4) does a person:

- a. 3 make a prediction?
- b. 2 talk about a future plan or intention?
- c. 1, 4 make a decision at the time of speaking?



**SPEAKING SKILL** Talk about Possibilities

We can use these adverbs and expressions to talk about possibilities. The language we choose shows how certain we are that something is true.

Ask about possibilities	Respond	
<i>How certain are you ... ?</i>	<i>Definitely. / I'm (very) certain that ...</i>	100%
<i>Is it possible that you will ... ?</i>	<i>Probably. / I'm fairly sure that ...</i>	75%
<i>Do you think that ... ?</i>	<i>Maybe. / It's possible, (but ...)</i>	50%
<i>How likely is it that ... ?</i>	<i>I doubt that ...</i>	25%

**Ask about possibilities**

- How certain are you ... ?*
- Is it possible that you will ... ?*
- Do you think that ... ?*
- How likely is it that ... ?*

**Respond**

<i>Definitely. / I'm (very) certain that ...</i>	100%
<i>Probably. / I'm fairly sure that ...</i>	75%
<i>Maybe. / It's possible, (but ...)</i>	50%
<i>I doubt that ...</i>	25%

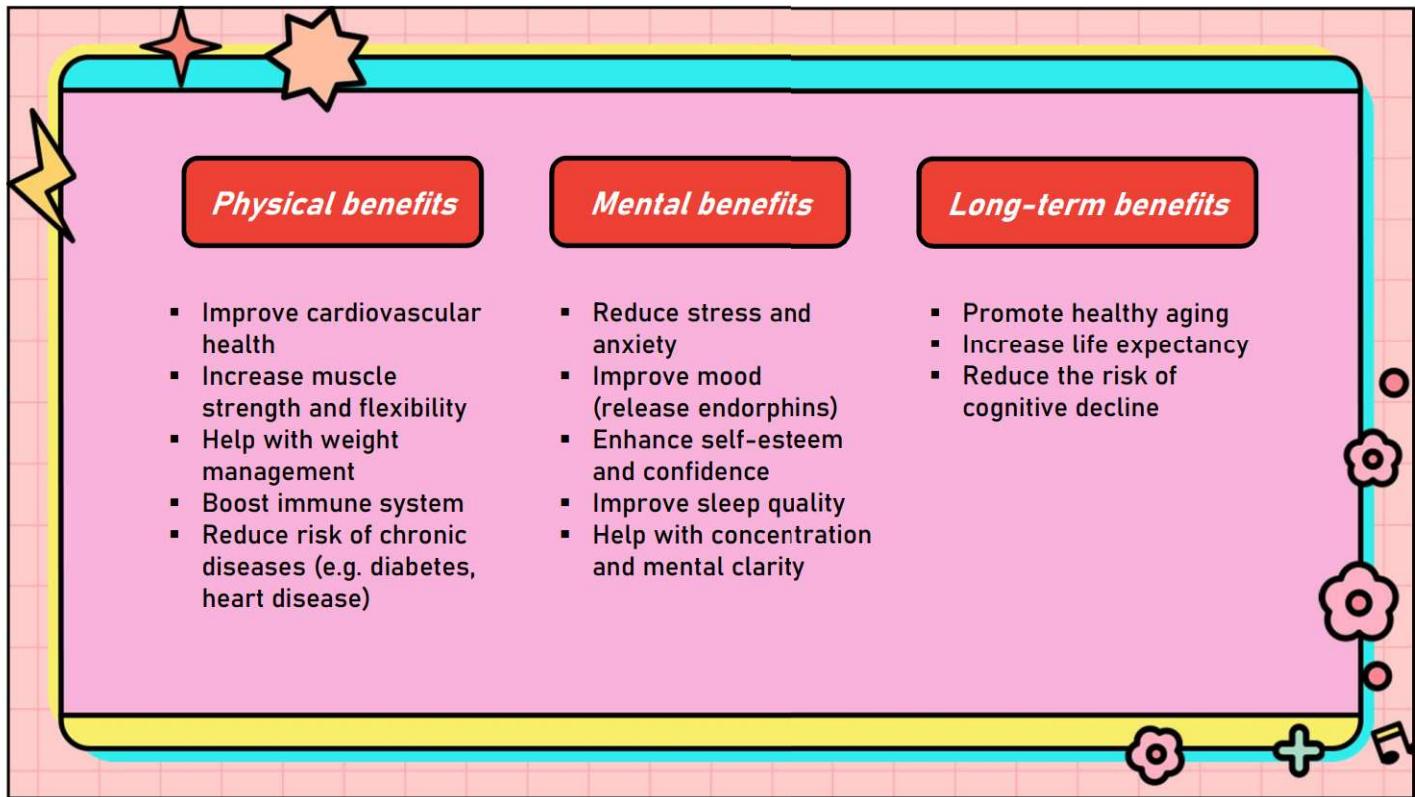
**Thumbs Up**

**E** Match the questions to the responses. Then practice the conversations with a partner.

1. How certain are you about your future career? c
  2. Is it possible that you will become a doctor? b
  3. Do you think you'll live in other countries someday? a
  4. How likely is it that you will do the same job for your whole life? d
- a. Definitely. I love visiting new places and learning new languages.
  - b. Maybe. I'm interested in medicine, and I like helping people.
  - c. I'm fairly sure that I want to be a nurse.
  - d. Oh, I doubt that I'll do that. I like change!

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## **SPEAKING PRACTICE: THE HUMAN BODY – PHYSICAL ACTIVITY**



Lecturer: Quynh Trang, MA.

**Question**

**Which**

**word/ phrase**

**?**

I only engage in \_\_\_\_\_ workout twice a week because it requires a significant amount of effort and energy, which often leaves me breathless.

**intensive**



# Question

**Which**

**word/phrase**

**?**

To truly enhance your physical capabilities, you need to consistently \_\_\_\_\_ and see how far you can go beyond your current limits.

**push your limits**

Lecturer: Quynh Trang, MA.



# Question

**Which**

**word/phrase**

**?**

Many people incorporate \_\_\_\_\_ into their workouts, as it helps them build strength using equipment like bands and dumbbells.

**resistance training**

# Question

**Which**

**word/phrase**

**?**



After an entire day  
of ... exercises, my  
friends and I found  
ourselves  
completely drained  
and in need of rest.

**intensive/  
exhausting**

Lecturer: Quynh Trang, MA.



# Question

**Which**

**word/phrase**

**?**

Speaking from my  
experience, a fitness  
plan characterized  
by repeated  
motions can  
sometimes feel  
\_\_\_\_\_, but it can  
help build muscle  
memory over time.

**repetitive**

# Question

**Which**

**word/phrase**

**?**



For individuals looking to become fitter and healthier, the goal to \_\_\_\_\_ is often a key component of their fitness journey.

**lose body fat/  
get in shape**

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# Question

**Which**

**word/phrase**

**?**

Today I've been completely focused and performed at my best during the workout. I could say that I was \_\_\_\_\_.

**in the zone**



# Question

**Which**

**word/phrase**

**?**

Incorporating specific stretches into your exercise plan is crucial for me to \_\_\_\_ my \_\_\_\_ and better my overall mobility.

improve my flexibility

Lecturer: Quynh Trang, MA.



# Question

**Which**

**word/phrase**

**?**

Before diving into any workout, I always do some gentle exercises to \_\_\_\_\_ as a way to prepare my muscles for what is ahead and to avoid injuring myself.

warm up



# Question

**Which**

**word/phrase**

**?**

I usually find myself starting to \_\_\_\_\_ if I push through an exercise for half an hour, indicating I'm working hard.

**break a sweat**

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# Question

**Which**

**word/phrase**

**?**

Many people find that doing a refreshing workout can be \_\_\_\_\_, providing a much-needed energy boost.

**invigorating**



# Question

**Which**

**word/phrase**

**?**

Many fitness enthusiasts prefer \_\_\_\_\_, as it allows them to utilize their own body weight for resistance during exercises like push-ups and squats.

**bodyweight exercises**

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# Question

**Which**

**word/phrase**

**?**

After completing a hard workout session, it's essential to \_\_\_\_\_ by doing a few gentle stretches to help my body gradually return to its normal state and reduce soreness.

**cool down**



# Question

**Which**

**word/phrase**

**?**

Regularly making time to \_\_\_\_\_ is important for maintaining overall health and fitness levels.

work out/  
hit the gym

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# Question

**Which**

**word/phrase**

**?**

It took me about three months of consistent physical activity to start \_\_\_\_\_ specifically, I had more energy, and could recover more quickly after being active.

seeing results



# Question

**Which**

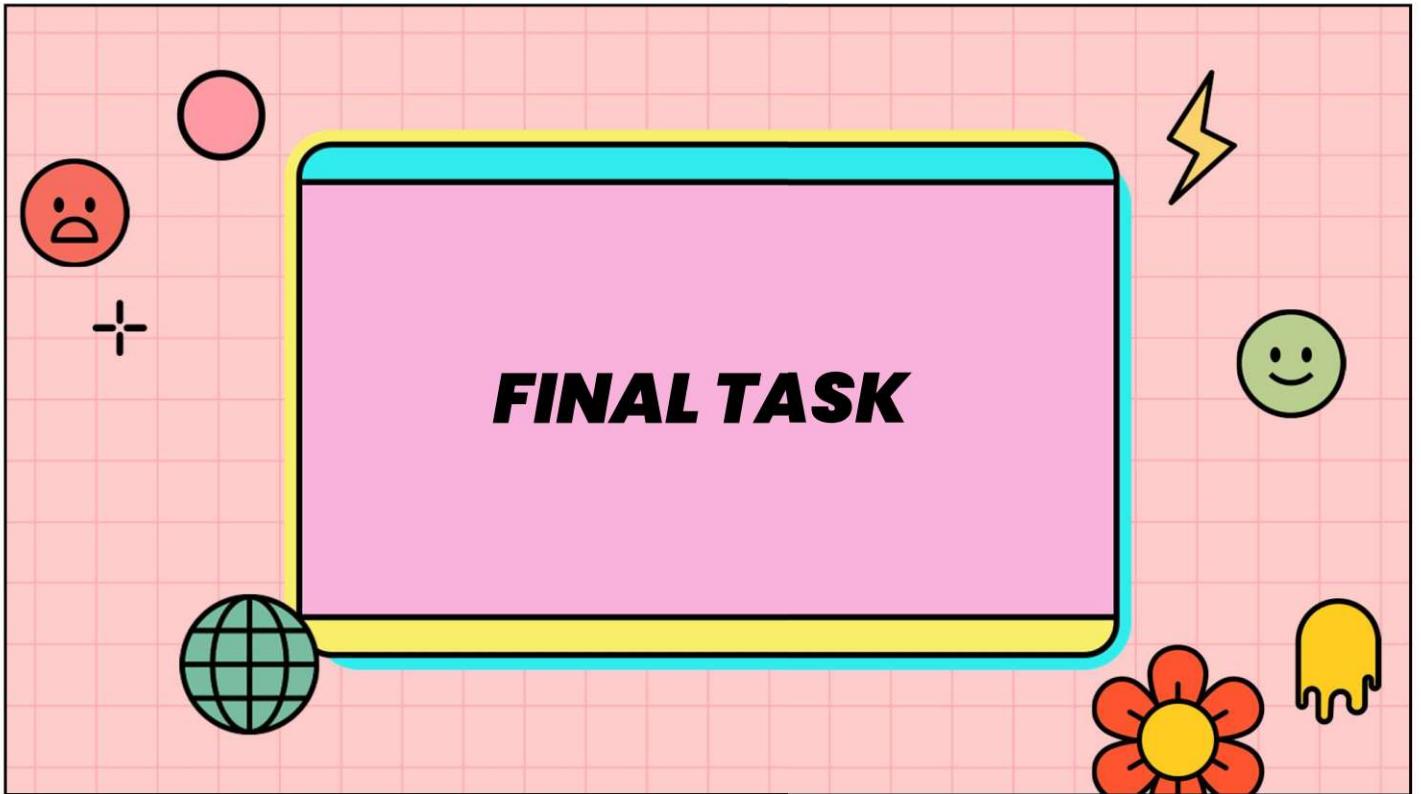
**word/phrase**

**?**

Regular physical exercise ..., which helps my body burn more energy even at rest, supporting weight management and overall health.

boosts metabolism

*Lecturer: Quynh Trang, MA.*



**Describe a physical exercise you think will be popular in your country in the future**

You should say:

- What the exercise is
- How it is done
- Why you think it will become popular in your country

And explain how it might benefit people in your country