```
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Main Menu:
----------
Pick a choice:
    1. Create a new recipe
    2. Search for a recipe by ingredient
    3. Update an existing recipe
    4. Delete a recipe
    5. View all recipes

    Type 'quit' to exit the program.

Your choice: 1

================================================================


Enter the name of the recipe: hot chocolate
Enter the cooking time (minutes): 5
Enter the ingredients: coco power, water
Run the calc_difficulty with:  5 ['coco power, water']
Difficulty level:  Easy
Recipe saved into the database.

================================================================

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----------
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Your choice: 2

================================================================


All ingredients list:
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1. tea leaves
2. wataer
3. coffee beans
4. water
5. oranges
6. coco power

Enter the number corresponding to the ingredient you want to select from the above list: 1

You selected the ingredient:  tea leaves

The recipe(s) below include(s) the selected ingredient:
----------------------------------------------------------

ID:  1
Name:  tea
Ingredients:  tea leaves, wataer
Cooking Time:  5
Difficulty:  Easy

================================================================

Main Menu:
----------
Pick a choice:
    1. Create a new recipe
    2. Search for a recipe by ingredient
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    4. Delete a recipe
    5. View all recipes

    Type 'quit' to exit the program.

Your choice: 3

================================================================
```