

Lance, Elite 4 #4					
Lv 42	Gyarados	Flail	Rain Dance	Crabhammer	Hyper Beam
Lv 45	Dragonite	Thunder Wave	Twister	Thunder	Hyper Beam
Lv 45	Dragonite	Thunder Wave	Twister	Blizzard	Hyper Beam
Lv 44	Aerodactyl	Ancientpower	Wing Attack	Rock Slide	Hyper Beam
Lv 47	Dragonite	Safeguard	Outrage	Fire Blast	Hyper Beam

Karen, Elite 4 Champion					
Lv 44	Umbreon	Sand Attack	Confuse Ray	Faint Attack	Mean Look
Lv 46	Vileplume	Stun Spore	Acid	Moonlight	Petal Dance
Lv 47	Gengar	Lick	Spite	Curse	Destiny Bond
Lv 46	Murkrow	Quick Attack	Whirlwind	Pursuit	Faint Attack
Lv 47	Houndoom	Roar	Pursuit	Flamethrower	Crunch
Lv 50	Tyranitar	Curse	Rock Slide	Sandstorm	Crunch

Johto	Level Cap	All levels increase:
Falkner	10	
Bugsy	17	
Whitney	21	
Morty	26	
Chuck	31	
Pryce	32	
Jasmine	36	
Clair	41	
Will	48	
Karen	51	
Kanto		
Surge	56	9
Sabrina	58	9
Erica	60	13
Janine	62	22
Misty	64	16
Brock	66	21
Blaine	68	17
Blue	71	12
Oak	78	0
Red	78	0

Level caps assume this order. If you go out of order, then you can't increase levels beyond the level cap set by most recent badge: for example, if you beat Brock and then beat Surge, you can't increase any levels that are beyond Lv 56.

If you don't fight Blue last, Oak will reset your level cap to 78 when he lets you in to Mt. Silver.