What about this?

"Whisky enthusiasts often also add a few drops of water to the spirit before drinking in order to further enhance the taste."

Nothing here indicates a sensitivity that would explain this ~40% ABV (or even at cask strength)

Conclusions

- Interface co-localization of guaiacol is likely to play a role in the changing flavor profile as whiskey is diluted.
- Not all the questions about the role of adding water to whiskey have been answered.
 (Certainly not the effect of adding a single drop!)