

House Vacancy Announcement and Placement Service

Questions? Connect with us at ResumeService@mail.house.gov or at 202-226-0221.

Internship Openings

Week of February 17, 2026

MEM-048-26

The office of Congressman Juan Ciscomani (AZ-06) is accepting applications for Summer 2026 **paid** internships in our Washington D.C. Office.

Ideal candidates are motivated, detail-oriented, and possess a strong work ethic, with the ability to communicate effectively with constituents and staff. This internship offers a valuable opportunity to gain hands-on experience in public service and constituent relations while learning about the day-to-day operations of a congressional office.

Responsibilities may include:

- Answering phones and responding to constituent inquiries
- Greeting visitors and assisting with front office operations
- Leading guided tours of the U.S. Capitol
- Conducting legislative research and writing memos on policy and local issues for the Member and staff
- Assisting with additional administrative and legislative tasks as needed

Qualifications:

- Strong written and verbal communication skills
- Willingness to learn and take initiative
- Professional demeanor and excellent attention to detail
- Ability to work both independently and collaboratively as part of a team
- Demonstrated interest in public service, government, or public policy
- Arizona residency or connection to the 6th Congressional District preferred

How to Apply: Interested applicants should submit a resume and brief cover letter outlining their interest and availability to william.wang@mail.house.gov

MEM-047-26

LEGISLATIVE / FINANCIAL SERVICES FELLOW



Office of Talent and Development
CAO | U.S. HOUSE OF REPRESENTATIVES

Senior Republican Member of House Financial Services Committee Seeks Legislative Fellow

A senior Republican member serving on the House Financial Services Committee is seeking a fellow to assist the Legislative Team in covering the committee and research portfolio. **This is a paid opportunity.** The person in this role will work on substantive financial services issues like banking, crypto, housing, capital markets, fintech, insurance, and monetary policy in the Member's personal office. The fellow will also be asked to assist the Legislative Director in research projects. The fellow will also be attending hearings, monitoring legislation and regulations, assisting with official and constituent correspondence, providing meeting materials, and more. The fellow should leave this role with an in-depth understanding of how Capitol Hill operates, as well as the major policy issues in financial services.

Ideal candidates must be excellent writers, able to work in a fast-paced environment, and have good judgment. A background in finance, financial policy, and or Capitol Hill experience is not required but strongly preferred, whether it is in the private sector, government, or school.

Specific responsibilities include, but are not limited to:

- Writing briefing materials for meetings with the Member
- Preparing materials for hearings, markups, and the House floor
- Conducting policy research
- Taking notes at meetings, hearings, briefings, and other events you attend
- Tracking legislation and official correspondence
- Observing House proceedings
- Drafting constituent correspondence

This is a paid opportunity. Interested candidates should send their resume to Jackson.notes@mail.house.gov and joseph.arbie@mail.house.gov.

MEM-046-26

The Democratic Staff of the Committee on Rules is seeking full-time, energetic **interns** for the summer (June - August). Our interns work closely with Committee staff to prepare materials for Committee meetings, conduct research projects, learn about the Rules of the House and the various procedures for legislation to reach the House Floor, and complete a variety of other administrative tasks. Ideal candidates have strong writing skills, a good work ethic, an interest in learning about House floor procedures, and are detail-oriented. Interns will gain experience in legislative analysis, political communications, and institutional processes.



A stipend will be available for qualified candidates. Massachusetts ties are a plus. All offers are conditional on completion of a federal criminal background check. The office is an equal opportunity employer and strongly encourages candidates from diverse backgrounds or with untraditional experience to apply.

Interested applicants should submit a resume and cover letter explaining why you want to join the Democratic staff of the House Rules Committee to democrats-rules.house.gov/about/internships. No calls or drop-ins, please. The deadline to apply is March 15, 2026.

Note: Students on quarter systems or with unusual schedules are still encouraged to apply—please detail your particular situation in your cover letter.

MEM-042-26

DIGITAL INTERNSHIP: The Office of Representative Chrissy Houlahan (D-PA-06) is accepting applications for Summer 2026 digital interns in our West Chester, Reading, and Washington, D.C. offices. This internship will run from mid-May through August.

Our office offers part- and full-time internships for students who are in college or a similar post-high school training program, or who have just graduated. We are dedicated to fostering the continued success of our interns beyond their time with our office. Former interns of ours have gone on to work in other offices across Capitol Hill, on state-wide political campaigns, and in various profit and non-profit organizations. We offer needs-based stipends to students who are Pell Grant eligible. Our internship program has returned to in-person work, and we are seeking press interns for our Reading, West Chester, and Washington, D.C. offices.

Ideal intern applicants are adaptable and proactive self-starters who have experience in a fast-paced, deadline-oriented work environment. Digital interns will be responsible for compiling and distributing press clips, helping develop digital content including graphics and videos, and drafting copy for social media and press materials. Digital interns will also have the opportunity to staff the Congresswoman to capture videos and photos of events.

Successful interns in our office are adaptable and proactive self-starters who have experience in a fast-paced, deadline-oriented work environment. Applicants must be independent problem-solvers, have strong writing skills, and be comfortable communicating to both internal and external audiences.

An ideal digital intern has technical experience with video editing software (Premiere, Headliner) and/or graphic design tools (Canva, InDesign, Illustrator). Spanish language skills are preferred but not required. Prior volunteer, leadership, and work experience, ties



to PA-06, and experience with photo editing programs (Photoshop, Lightroom) are all a plus.

To apply, please send: 1) a resume, 2) ONE brief paragraph about yourself and why you're interested in interning in our office, 3) a writing sample, and 4) one example of digital work (video, graphic or photo) to PA06Press.Internships@mail.house.gov.

This office is an equal opportunity employer and does not discriminate based on race, religion, disability, age, ethnicity, national origin, sex, gender, LGBTQ identification, family status, or military status. Women, people of color, and other members of traditionally underrepresented communities are strongly encouraged to apply.

Due to a high volume of applicants, you will likely only be contacted if you are selected for an interview. If you have any questions, please reach out to Nirmal Singletary at nirmal.singletary@mail.house.gov.

MEM-040-26

LEGISLATIVE INTERNSHIP: The Office of Representative Chrissy Houlahan (D-PA-06) is accepting applications for Summer 2026 legislative interns in our West Chester, Reading, and Washington, D.C. offices. This internship will run from mid-May through August.

Both full and part time internships are available, and we offer stipends to applicants, with accommodations for Pell-eligible applicants. Our internship program has returned to in-person work with flexible telework options should interns need to work from home.

Ideal applicants are self-starters who bring a customer service mindset and a passion for community service. Applicants must be intellectually curious, willing to spend a lot of time on the phone and write well.

Responsibilities range from helping constituents, to doing research and drafting memos for our legislative staff, to staffing the Congresswoman in hearings or meetings. We offer interns the opportunity to see Congress up close and from the inside. Prior volunteer, leadership, and work experience are a plus. Ties to PA-06 are also a plus.

Please submit applications through the [“Legislative Internship”](#) form our website, Houlahan.house.gov.

Due to a high volume of applicants, you will likely only be contacted if you are selected for an interview. This office is an equal opportunity employer and does not discriminate based on race, religion, disability, age, ethnicity, national origin, sex, gender, LGBTQ identification, family status, or military status. Women, people of color, and other



members of traditionally underrepresented communities are strongly encouraged to apply.

MEM-035-26

The Washington, D.C. office of Congresswoman Gwen Moore (WI-04) is seeking **interns** for the upcoming Summer 2026 term.

Responsibilities include answering phones, attending hearings and briefings, drafting and editing constituent correspondence letters, writing memos, conducting research for the legislative staff, and otherwise providing support for the day-to-day activities of the office. Interns are paid via a monthly stipend.

The Office of Congresswoman Moore is an equal opportunity employer. We do not discriminate based on race, ethnicity, gender, sexual orientation, religion, national origin, age, or socioeconomic status. All are welcome and encouraged to apply. Interested applicants should send a resume, cover letter, and two short writing samples to WI04DC.Internships@mail.house.gov. Additionally, applicants should indicate their availability on an hourly, daily, and monthly basis during the Summer term.

MEM-032-26

Congressman Mike Levin (CA-49) seeks **press and legislative interns** for his Washington, D.C., office for the Summer 2026 term.

These internships provide an opportunity for undergraduate students, graduate students, and recent graduates to learn more about the workings of a Congressional office and the legislative process. Interns should have a general understanding of the U.S. political system, value open communication, be eager to grow, and bring a can-do attitude. Internships last approximately three to four months and are intended to be an educational experience. Internships are offered for either academic credit or a stipend. Internship applicants must be high school graduates. Current students and recent graduates will be given first priority for the internship program.

Legislative intern responsibilities include:

- Attending committee hearings and congressional briefings,
- Conducting policy research and drafting legislative materials,
- Authoring constituent correspondence on a range of policy issues,
- Answering phones and processing mail,
- Leading constituents on tours of the Capitol,
- Working on other administrative and legislative tasks, as directed.



Press intern responsibilities include:

- Assisting the Communications Director and Digital Manager/Press Secretary in drafting and editing social media content, digital graphics, and other digital materials,
- Drafting press releases, newsletters, remarks, and talking points,
- Compiling daily press clips and maintaining press lists,
- Answering phones and processing mail,
- Leading constituents on tours of the Capitol,
- Working on other administrative and communications-related tasks, as directed.

Press interns should have strong social media skills and basic familiarity with graphic design and video editing. Submission of a sample graphic or similar communications work with your application is strongly encouraged.

To apply for an internship with Representative Levin, please email a cover letter, resume, three references, and a brief writing sample all in one pdf file, with the file name including internship class, year, last name, and first name (i.e. Summer2026.Doe.Jane.pdf) to CA49.DCInternships@mail.house.gov by March 15. Please specify whether you are applying for the press internship or the legislative internship. Applicants with strong ties to the 49th District are given preference.

This office is an equal opportunity employer; we do not discriminate on the basis of race, color, religion, sex, national origin, age, disability, gender identity or expression, or sexual orientation. We deeply value the diversity of our employees and encourage candidates from diverse backgrounds to apply.

MEM-029-26

The Office of Congresswoman Marcy Kaptur (OH-09) is seeking motivated college students, recent graduates, and graduate students for the Summer 2026 **Internship Program** in her Washington, D.C., office.

Intern responsibilities vary daily but typically include assisting with constituent services, sorting mail, answering phones, conducting legislative research, attending hearings and briefings, and providing general administrative support to staff.

The ideal candidate will have strong written and oral communication skills, an interest in public service and the legislative process, and the ability to thrive in a fast-paced environment. Applicants should be organized, dependable, and eager to learn. Ties to Ohio are strongly preferred but not required.

To Apply:



Office of Talent and Development
CAO | U.S. HOUSE OF REPRESENTATIVES

Interested candidates should submit a single PDF containing the following materials:

- A current résumé
- A one-page cover letter outlining your interest in the position
- A short written response (300–500 words) to the following prompt:
- What does public service mean to you? You may share a personal experience, describe values you live by, or reflect on a moment that has shaped your interest in public service.

Please send completed applications in a SINGLE PDF to angela.maloney@mail.house.gov with the subject line: Spring 2026 Internship Application – [Your Name]

Application Deadline: March 2, 2026, at 12:00 pm EST

This internship offers a unique opportunity to gain firsthand experience in a congressional office, develop professional skills, and contribute to the work of Congresswoman Kaptur and her team.

The Office of Congresswoman Kaptur is an equal-opportunity employer and does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity or expression, national origin, disability, military status, age, marital status, or parental status.

MEM-028-26

The Office of Congresswoman Sarah McBride (D-DE) seeks a paid and highly-motivated Communications Intern for **Summer 2026 (June-August) based in the Washington, D.C. office.**

The Communications Intern works closely with a collaborative and creative Communications team to support a robust communications and digital strategy. The Communications Intern will also support other general office operations as assigned.

Primary educational opportunities and responsibilities will include:

- Creating timely, engaging, and creative social media content highlighting Member's legislative work, constituent advocacy wins, and community events;
- Producing high-quality graphics and videos via editing software;
- Drafting press releases, quotes, and other written materials;
- Maintaining internal clips lists;
- Compiling daily news clips;
- Media monitoring and researching; and
- Supporting the communications, legislative, and scheduling teams with other duties as assigned, including:



- Answering phones;
- Researching legislation for staff; and
- Attend briefings and hearings.

The ideal candidate must be able to work in a fast-paced environment, have keen attention to detail, deadlines, and social media best practices and trends as well as previous experience in communications and digital creation. Candidates should highlight any experience in the following platforms in their application:

- Adobe Creative Suite, including Premiere Pro, Lightroom, and Photoshop
- Canva
- TVEyes
- Snapstream

The office is an equal opportunity employer and does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity and expression, national origin, age, disability, military status, marital or parental status. Women, people of color, and other members of traditionally underrepresented communities are strongly encouraged to apply.

Please send a cover letter, resume, writing sample (2 pages maximum) and 2-3 graphic or video samples in a single PDF to press.mcbride@mail.house.gov with the subject line “**Communications Intern Summer 2026 - Last Name.**” Applications close March 11, 2026.

MEM-021-26

Congresswoman Michelle Fischbach (MN-07) is seeking motivated, detail-oriented individuals to serve as **full-time or part-time interns** in her **Moorhead, Minnesota and/or Willmar, MN district office**. This internship offers a valuable opportunity to gain hands-on experience in public service and constituent relations while learning about the day-to-day operations of a congressional office.

Responsibilities may include:

- Assisting staff with constituent services and casework
- Answering phones and responding to constituent inquiries
- Greeting visitors and helping manage front office operations
- Conducting research on policy and local issues
- Assisting with correspondence, data entry, and administrative tasks
- Supporting outreach efforts and special projects as assigned

Qualifications:

- Strong written and verbal communication skills
- Professional demeanor and attention to detail
- Ability to work independently and as part of a team



- Interest in public service, government, or public policy
- Proficiency in Microsoft Office preferred
- Minnesota residency or connection to the 7th District is a plus

Internship Details:

- Paid Internship
- Open to current students, recent graduates, or other qualified individuals
- Full-time or part-time availability considered
- Internship is based in the Moorhead or Willmar district office
- Duration and start date are flexible

How to Apply:

Interested applicants should submit a resume and brief cover letter outlining their interest and availability to Ava.Schroeder@mail.house.gov

Congresswoman Fischbach's office is an equal opportunity employer and encourages all interested applicants to apply.

MEM-017-26

Summer 2026 Committee on House Administration Internship

The Committee on House Administration Republican Office seeks energetic and self-motivated individuals with an interest in government and public policy, to apply for its **paid, full-time internship program.**

The Committee on House Administration maintains jurisdiction of federal election policy and manages the day-to-day operations of the House of Representatives with oversight of several offices within the Capitol Complex, including the Chief Administrative Officer, Architect of the Capitol, Clerk of the House, House Inspector General, Sergeant at Arms, U.S. Capitol Police, and other legislative branch entities like the Library of Congress, Government Publishing Office, and the Smithsonian Institution. Working closely with Committee staff, interns will have the opportunity to gain first-hand knowledge of the inner-workings of a congressional committee and learn about the day-to-day administrative operations of the House of Representatives. Interns are responsible for assisting Committee staff with official proceedings (hearings/markups), oversight, research, assisting with phones, and providing support to all Committee staff.

Responsibilities:

Interns are responsible for both administrative and legislative duties. Administrative tasks include answering phones, greeting visitors, sorting mail, entering data, and drafting correspondence. Legislative support includes performing research, drafting public statements, prepping materials for hearings, attending hearings and briefings, reaching out to agencies and other congressional offices, and a host of various special projects.

Please send a resume, cover letter, and availability to CHAInternGOP@mail.house.gov



MEM-007-26

Congresswoman Dina Titus (NV-01) seeks highly motivated **Legislative Interns** in her D.C. office for Summer 2026.

Interns in our D.C. office will have the opportunity to witness the legislative process and the inner workings of Capitol Hill first-hand. Responsibilities include but are not limited to answering constituent phone calls, attending policy briefings and meetings, providing tours of the United States Capitol, and conducting legislative research to support the needs of the Congresswoman's staff. The internship will run from May through August, from 9:00am—6:00pm when Congress is in session and from 9:00am—5:00pm when Congress is not in session. This is a full-time internship.

The ideal candidate possesses excellent oral and written communication skills, prioritizes professionalism, is a dedicated team player, and has a friendly persona. Ties to Nevada's First District are a plus but not required. The office of Congresswoman Dina Titus is an equal opportunity employer and does not discriminate on the basis of race, color, religion, sex, sexual orientation, gender identity and expression, national origin, disability, military status, age, marital status, or parental status.

How to Apply:

Interested applicants should use the link below to fill out the form and include a cover letter, resume, and short (1-2 page) writing sample. Applications will be accepted until **Monday, March 2, 2026**, on a rolling basis.

[Application Form](#)

