

Internship Openings

Week of September 15, 2025

MEM-295-25

Congressman Michael Rulli (R-OH) is seeking **interns** for his Washington, D.C. office for the upcoming semester. This internship offers students an opportunity to gain firsthand experience working in a Republican congressional office and learn about the legislative process in the U.S. House of Representatives.

Responsibilities include:

- Answering phones and greeting visitors
- Assisting with constituent correspondence and casework
- Conducting U.S. Capitol tours
- Attending briefings and hearings
- Assisting legislative staff with research and memos
- Supporting communications and administrative tasks
- Qualifications:
- Strong written and verbal communication skills
- Professionalism and attention to detail
- Ability to work in a fast-paced environment
- Interest in public policy, government, or related fields
- Ohio ties are preferred but not required



Details:

Location: Washington, D.C. – Cannon House Office Building

Schedule: Full-time and part-time positions available (flexible with academic calendars)

Compensation: Internships are unpaid; academic credit may be arranged through your university

Application Materials: Resume and Cover Letter

How to Apply:

Please send your resume and cover letter to brooklyn.souza@mail.house.gov with the subject line: Internship Application – [Your Name].

MEM-292-25

The Office of Congressman Wesley Hunt (TX-38) is currently seeking candidates for the **Fall 2025 District Office Internship**. Internships are full or part-time and in-person at our Houston, TX, or Tomball, TX offices. Ties to the District are preferred but not required. The fall internship program runs from September through December. The internship is flexible in the number of hours per week, but a minimum of 15-20 hours per week is mandatory. Intern hours are five days a week from 9:30 AM to 4:00 PM CT.

Duties

The district office internship will allow participants to experience a fast-paced environment within the district. District intern's responsibilities will include answering phones, conducting research, assisting with events throughout the district, and various other tasks. Interns will learn about the crucial work a district office does.

Qualified applicant requirements

Ideal candidates will be hard workers, detail-oriented, efficient multitaskers, and comfortable interacting and speaking with the public. Successful internship candidates should:

- Be at least 18 years of age.
- Be working towards a bachelor's or master's degree.
- Demonstrate an interest in politics and public service.
- Possess highly competent time management skills.
- Possess effective teamwork, professionalism, flexibility, and communication both written and verbal skills.
- Have the ability to complete assignments with limited guidance.

How to apply



Interested candidates should submit a cover letter describing why they're interested in working as an intern in a congressional office. Experience that applies to being an intern in the district office should also be included. Our office also requires a resume that highlights relevant experience related to the position.

Interested applicants should:

1. Fill out an application at the following link: <https://hunt.house.gov/services/internships>
2. At the end of the form upload both the cover letter and resume

Please be advised that only applicants selected for interviews will be contacted.

No drop-ins please.

MEM-278-25

Job Description:

*The House Committee on Oversight and Government Reform Democratic Staff seeks a motivated and reliable **Video Production Intern** this fall. Interns will be responsible for helping with clipping streams of sessions, editing and captioning videos, helping with shoots, scripting content and other and administrative tasks as assigned. Successful candidates will possess extreme familiarity with Adobe Premiere Pro. Additional experiences with Adobe After Effects and Photoshop are a plus.*

Ability to work in a fast-paced, rapid response environment is a must. Candidates will be expected to work in-person in Washington, DC, with opportunities for remote work during Congressional recesses. Full-time and part-time candidates with diverse backgrounds and experiences are strongly encouraged to apply. To apply, please send a resume, portfolio, and your availability this fall to oversightpress@mail.house.gov.

