**Self evaluation form (final; graded)**

Team #:

Your name:

**Part 1: Quantitative assessment (check one box for each item)**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Cooperative learning skills** | Never | Sometimes | Often | Always |
| Arrives on time and remains with team during activities |  |  |  |  |
| Demonstrates a good balance of active listening and participation |  |  |  |  |
| Asks useful or probing questions |  |  |  |  |
| Shares information and personal understanding |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Self-directed learning** | Never | Sometimes | Often | Always |
| Is well-prepared for team activities |  |  |  |  |
| Shows appropriate depth of knowledge |  |  |  |  |
| Identifies limits of personal knowledge |  |  |  |  |
| Is clear when explaining things to others |  |  |  |  |

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Interpersonal skills** | Never | Sometimes | Often | Always |
| Gives useful feedback to others |  |  |  |  |
| Accepts useful feedback from others |  |  |  |  |
| Is able to listen and understand what others are saying |  |  |  |  |
| Shows respect for the opinions and feelings of others |  |  |  |  |

**Part 2: Qualitative assessment (1–3 sentences each)**

1) What is the single most valuable contribution you make to your team?

2) What is the single most important way you could alter your behavior to more effectively help your team?