

Tell us how your health condition or disability affects you (PIP 2)

Title

████

First Name

████

Last Name

████

National Insurance number

██████████

Date of birth

██████████

Tell us about your health

What health condition or disability do you have?

Name of your first condition or disability:

Asthma

Approximate start date:

13 years ago

About this condition or disability:

Montelukast - 10mg PM Fexofenadine - 180mg AM Fostair 200:6 x2 twice per day AM + PM
Salbutamol - as needed Salbutamol causes tremors and tachycardia

Do you have another condition or disability?

Yes

What health condition or disability do you have?

Name of condition or disability:

Migraines

Approximate start date:

21 months ago

About this condition or disability:

Topiramate - 50mg in the morning and 25mg in the evening I have tried both zolmitriptan and sumatriptan to no effect

Do you have another condition or disability?

Yes

What health condition or disability do you have?

Name of condition or disability:

EUPD

Approximate start date:

27 months

About this condition or disability:

Aripiprazole - 30 mg Lamotrigine - 25 mg in the morning 50 mg in the evening Bupropion - 150

mg I have a tremor from the medication. I have stayed in a crisis house to manage acute manifestations of my symptoms. I have been referred for DBT.

Do you have another condition or disability?

Yes

What health condition or disability do you have?

Name of condition or disability:

Asthma

Approximate start date:

13 years ago

About this condition or disability:

Montelukast - 10mg in the evening Symbicort 400/12 x 2 twice a day Fexofenadine - 180mg
Was treated under the Royal Brompton Hospital as my asthma was very difficult to manage.

Do you have another condition or disability?

No

Are there any health professionals that you would like to tell us about?

Yes

Health professional details

Name

[REDACTED]

Profession:

GP

Phone number including dialling code:

[REDACTED]

Their address

[REDACTED]

[REDACTED]

When did you last speak to them?

25.10.22

Are there any other health professionals that you would like to tell us about?

Yes

Health professional details

Name

Dr [REDACTED]

Profession:

Psychiatrist

Phone number including dialling code:

[REDACTED]

Their address

[REDACTED]



When did you last speak to them?

11.25.10

Are there any other health professionals that you would like to tell us about?

No

Tell us about your daily living activities

Does your condition affect you preparing food, or ever prevent you from doing so?

Yes

Tell us about the difficulties you have with preparing food and how you manage them

I am pretty much always too fatigued to make the food that I actually want to make, it takes too much effort to think of all the steps, to read the recipe to carry it out. I also get very overwhelmed by the kitchen, where everything is, whether it's where it's meant to be and things like that. As I live with other people, this is obviously a problem. Further, once or twice a week, usually near the end, I'll have to sit on the floor whenever I am not actively tending to the stove or doing something like this due to dizziness and joint pain.

Does your condition affect you eating and drinking?

Yes

Do you use a feeding tube or similar device to eat or drink?

no

Tell us about the difficulties you have with eating and drinking and how you manage them

I often forget to eat and I definitely do not drink enough water or any kind of liquids but specifically water. I also find it difficult to eat as my medication causes me to have a hard time losing or maintaining my weight so I find eating very distressing so even when I do remember I try and avoid it as much as I can.

Does your condition affect you managing your treatments?

Yes

Tell us about the difficulties you have with monitoring changes in your health condition or disability and taking medication, and how you manage them

I forget to take my medication all the time, or if I don't forget I am just too depressed or paranoid to take it. The same with going to the pharmacy to pick up my medication or booking appointments to get the medication in the first place. I also frequently (more than once a month typically) use my medication to overdose.

Tell us about any therapies you take at home that need the help of another person

I don't have any take home therapies

Does your condition affect you washing and bathing?

Yes

Tell us about the difficulties you have with washing and bathing and how you manage them

I just do not often enough at all. I am way too depressed and unmotivated to do it. If its not depression and I am in one of my elated states then I am too distracted and think its a waste of time. I manage maybe one every two weeks or so? I do not brush my teeth like at all, genuinely cannot remember the last time.

Does your condition affect you using the toilet or managing incontinence?

No

Does your condition affect you dressing or undressing?

No

Does your condition affect you talking, listening and understanding?

Yes

Tell us about the difficulties you have with talking, listening and understanding and how you manage them

In an environment when theres a lot going on or if someone is even a little bit far away I have a hard time processing what they're actually saying. I also have a very hard time with idioms and metaphorical expressions. Also, I have a tendency to assume that everyone has alterior motives to harm me so it can make it hard for me to believe what people are saying to me. My speech can become quite unorganised at times I'll go from topic to topic with no real connections and it won't super make sense.

Does your condition affect your ability to read?

No

Does your condition affect you mixing with other people?

Yes

Tell us about the difficulties you have with mixing with other people and how you manage them

I am incredibly anxious about meeting new people as I have a very hard time with how to interact in surface level conversations. Further, I cannot maintain relationships for any extended period of time, my relationships are intense and unstable and end up exploding and leaving all parties deeply unhappy with the outcome. Because of this I avoid making friends and talking to people because getting hurt in this way is really destabilising for my mental health.

Does you condition affect you managing money?

Yes

Tell us about the difficulties you have with managing your money and how you manage them

Generally I am able to make ends meet but often struggle severely due to impulse purchases and often rely on the aid of other people near the end of the year when my money runs out.

Tell us about your mobility activities

Does your condition affect you planning and following journeys?

No

Does your condition affect you moving around?

Yes

How far can you walk using any aids or appliances you need?

It varies

Could you please tell us why?

Often my mobility is fine, but sometimes randomly but often after a day or two of intense activity my joint pain will be so intense I am not able to leave the house. I'll mostly stay in bed all day on those days and try and move as little as possible.

Tell us more about the difficulties you have with moving around and how you manage them

Usually my mobility is fine and I don't use any mobility aids, but occasionally - sometimes randomly sometimes due to a day or two of intense activity - I will get extreme joint pain that makes it very difficult for me to move about. Also, I will get very dizzy and fall down when I get up.

Tell us about anything else

Is there anything else you would like to tell us about?

Yes

Additional information:

I have a hard time leaving the house due to hallucinations and delusions and I have frequent overdoses and suicide attempts. I also deal with a lot of fatigue and cycling between excessive sleepiness and insomnia which makes it very difficult for me to go out and do things I need to do.

Declaration:

Agreed

End of questionnaire

Submitted: 01-11-2022