MRN:



**NHS Trust** 

Department of FNT

NHS No:

25-Oct-2022

Clinic date: Date:

Ref:

MRN:

25-Oct-2022



**Dear Doctor** 

Re:

I saw this gentleman today at the Hospital. I note that he was recently seen in sleep clinic and referred for CPAP. I note that his sleep study showed an AHI of 10.6 and ODI. of 7.2. He continues with right nasal obstruction. He had a septoplasty in 2006. He has been wearing a mouth guard for around 17 years and feels that this has moved his teeth and jaws and affected his bite. I note that there has been some improvement in his sleep when sleeping on his side. I note that previous examination showed fullness of his tongue base and he is in fact aware of this during the day. I note that he is allergic to house dust mite and cats. He has a history of anxiety and depression.

Anterior rhinoscopy today again revealed a significantly deviated septum narrowing his right nasal airway.

I have taken the liberty of referring him to my maxillofacial colleagues concerning his teeth and bite. I have discussed the option of revision septoplasty and have listed him for the procedure. I have also referred him to my colleague for an opinion concerning his tongue base. He has an interest in this area.

With regards your sincerely

Yours sincerely

Dictated and electronically approved by

**Consultant ENT Surgeon** 



