

**Statement of Fitness for Work**  
**For social security or Statutory Sick Pay**

Patient's name

I assessed your case on:

and, because of the following condition(s):

I advise you that: ☒ you are not fit for work.  
☐ you may be fit for work taking account of the following advice:

If available, and with your employer's agreement, you may benefit from:

- |  |  |
|--|--|
| <input type="checkbox"/> a phased return to work | <input type="checkbox"/> amended duties        |
| <input type="checkbox"/> altered hours           | <input type="checkbox"/> workplace adaptations |

Comments, including functional effects of your condition(s):

This will be the case for

or from  to

I will/will not need to assess your fitness for work again at the end of this period.  
(Please delete as applicable)

Doctor's signature

Date of statement

Doctor's address



Unique ID: Med 3 04/10- BABD5A50-C026-11E5-A012-27F2F4049D43

**For the patient - what to do now**

Please read the notes below then fill in your details and, if you are claiming social security benefits, sign and date the declaration. If you cannot fill in your details yourself, ask someone else to do it for you.

**What your doctor's advice means**

**Not fit for work:**

Your doctor will advise this when they believe that your health condition means you should refrain from work for the stated period of time.

**May be fit for work taking account of the following advice:**

Your doctor will recommend this when they believe that you may be able to return to work with some support from your employer. Sometimes it may not be possible for your employer to act on the doctor's advice and you will not be able to return to work until you have further recovered. You do not need to get a further Statement from your doctor to confirm this.

**If you are employed**

If you are not fit for work, or your employer cannot support your return to work, your employer should consider paying Statutory Sick Pay (SSP) based on the information provided. If SSP cannot be paid, or your SSP is ending, your employer will give you form SSP1 to claim social security benefits. If you are self-employed, you may be able to claim social security benefits because of your health condition.

**Social security benefit claimants**

If you are claiming social security benefits because of your health condition, send this form to your Jobcentre Plus office. If you are claiming social security benefits for any other reason, you should contact a Personal Adviser to discuss the advice on the form. If you do any work you must inform Jobcentre Plus of your change of circumstances.

If you want to make a new claim to social security benefits you can:

- download a claim form at [www.direct.gov.uk/benefits](http://www.direct.gov.uk/benefits), or
- phone 0800 055 6688 (8am to 6pm Monday to Friday). Textphone users call 0800 023 4888.

**Your details - Please use BLOCK CAPITALS**

Surname

Other names

Address

Date of birth

National Insurance (NI) number

**Declaration - for social security benefit claimants only**

I agree that my doctor may give the Department for Work and Pensions or a healthcare professional acting on its behalf information which is needed to process my claim for benefit and any request for it to be looked at again.

Signature

Date

If you have signed this form for someone else, please tick here: ☐