

# Spherical solutions for stars

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General Relativity I Presentations  
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# Introduction

- model stars using spherical symmetry
- Schwarzschild metric
- T–O–V equation
- applications



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## Spherical stars

### └ Introduction

- I will model stars using GR assuming spherical symmetry
- I will derive the Schwarzschild metric and T–O–V equation
- finally I will relate these equations to modeling specific types of stars

#### Introduction

- model stars using spherical symmetry
- Schwarzschild metric
- T–O–V equation
- applications

# Spherically symmetric coordinates

- First we need to derive our coordinate system



# Two-sphere in flat spacetime

## General metric

$$ds^2 = -dt^2 + dr^2 + r^2(d\theta^2 + \sin^2 \theta d\phi^2)$$

## Metric on 2-sphere

$$dl^2 = r^2(d\theta^2 + \sin^2 \theta d\phi^2) \equiv r^2 d\Omega^2$$



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Spherical stars

└ Spherically symmetric coordinates

└ Two-sphere in flat spacetime

- we start with the simplest spherically symmetric coordinates
- 2-sphere in Minkowski space

Two-sphere in flat spacetime

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Schutz (2009, p. 256)

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## Two-sphere in curved spacetime

## Metric on 2-sphere

$$dl^2 = f(r', t) d\Omega^2$$

Relation to  $r$ 

$$f(r', t) \equiv r^2$$



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## Spherical stars

## └ Spherically symmetric coordinates

## └ Two-sphere in curved spacetime

- generalize to 2-sphere in arbitrary curved spherically symmetric spacetime
- inclusion of curvature makes  $r^2$  some function of  $r'$  and  $t$

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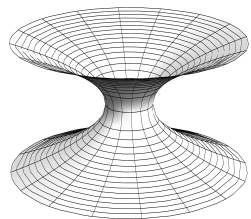
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# Meaning of $r$



Mark Hannam

- *not* proper distance from center
- “curvature” or “area” coordinate
  - radius of curvature and area
- $r = \text{const}, t = \text{const}$ 
  - $A = 4\pi r^2$
  - $C = 2\pi r$

Figure:

Surface with circular symmetry but no coordinate  $r = 0$ .

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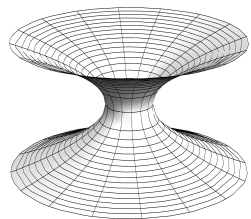
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Schutz (2009, p. 257)

- $r$  is not necessary the “distance from the center”
- it is merely a coordinate
- for instance, we may have a spacetime where the center is missing
  - example: wormhole spacetime
- surface of constant  $(r, t)$  is a two-sphere of area  $A$  and circumference  $C$



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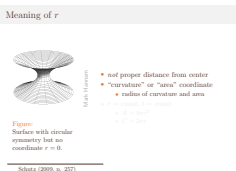
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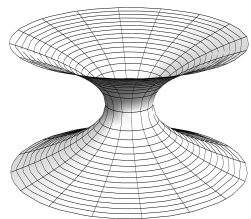
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# Spherically symmetric spacetime

## General metric

$$ds^2 = g_{00} dt^2 + 2g_{0r} dr dt + g_{rr} dr^2 + r^2 d\Omega^2$$

$g_{00}$ ,  $g_{0r}$ , and  $g_{rr}$  functions of  $t$  and  $r$



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## Spherical stars

### └ Spherically symmetric coordinates

### └ Spherically symmetric spacetime

- now consider not only surface of 2-sphere, but whole spacetime
- now we have some unknown  $g_{00}$ ,  $g_{rr}$ , and cross term  $g_{0r}$
- cross terms  $g_{0i}$  for  $i \in \{\theta, \phi\}$  are zero from symmetry
- need more constraints to say anything particular about them

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# Static spacetimes

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Spherical stars  
└ Static spacetimes

Static spacetimes

- now I will impose the static constraint



# Motivation

- leads to simple derivation of Schwarzschild metric
- unique solution to spherically symmetric, asymptotically flat Einstein vacuum field equations (Birkhoff's theorem)

Schutz (2009, p. 263) and Misner, Thorne, and Wheeler (1973, p. 843)



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 └ Static spacetimes  
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- we choose the constraint of a static spacetime because
  - it allows us to easily derive the Schwarzschild metric
  - according to Birkhoff's theorem, this metric is the unique solution to the Einstein vacuum field equations for spherically symmetric, asymptotically flat spacetimes
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# Definition

A spacetime is static if we can find a time coordinate  $t$  for which

- (i) the metric independent of  $t$

$$g_{\alpha\beta,t} = 0$$

- (ii) the geometry unchanged by time reversal

$$t \rightarrow -t$$



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- now I define “static”
- first condition is that the metric is independent of time
  - by itself, this condition is called “stationary”
- second condition is that metric unaffected by time reversal
- e.g. rotating stars are stationary but not static

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## Time reversal

$$\Lambda : (t, x, y, z) \rightarrow (-t, x, y, z)$$

$$g_{\bar{\alpha}\bar{\beta}} = \Lambda^{\alpha}_{\bar{\alpha}} \Lambda^{\beta}_{\bar{\beta}} g_{\alpha\beta} = g_{\alpha\beta}$$

## Transformation

$$\Lambda^0_{\bar{0}} = x^0_{,\bar{0}} = -x^0_{,0} = -1$$

$$\Lambda^i_{\bar{i}} = x^i_{,\bar{i}} = x^i_{,i} = 1$$

## Metric

$$g_{\bar{0}\bar{0}} = (\Lambda^0_{\bar{0}})^2 g_{00} = g_{00}$$

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- now I use the static constraint to simplify the metric
- transformation
  - (0,0) term is  $dt/d(-t)$
  - spatial terms are 1 if transformed to themselves
  - cross-terms are all zero, as coordinates independent of each other
- transformed metric
  - (0,0) term is unchanged, as  $-1$  is squared
  - (r,r) term is unchanged, as transformation is 1
  - (0,r) term is negated, but must still be equal, so it's zero
    - no cross terms

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# The metric

## Simplified metric

$$ds^2 = g_{00} dt^2 + g_{rr} dr^2 + r^2 d\Omega^2$$

## Replacement

$$g_{00} \rightarrow -e^{2\Phi}, \quad g_{rr} \rightarrow e^{2\Lambda}, \quad \text{provided } g_{00} < 0 < g_{rr}$$

## Static spherically symmetric metric

$$ds^2 = -e^{2\Phi} dt^2 + e^{2\Lambda} dr^2 + r^2 d\Omega^2$$

$$\lim_{r \rightarrow \infty} \Phi(r) = \lim_{r \rightarrow \infty} \Lambda(r) = 0$$

## Spherical stars

- Static spacetimes
  - The metric

- now we simplify the metric, since the cross term is zero
- we assume  $g_{00}$  to be negative, and  $g_{rr}$  to be positive
  - signature is  $(-, +, +, +)$
  - holds inside stars but not black holes
- limits at infinity tell us that spacetime is *asymptotically flat*
  - $\Phi = \Lambda = 0 \implies e^{2\Phi} = e^{2\Lambda} = 1$  and  $\mathbf{g} = \eta$

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## Einstein Tensor

## General Einstein tensor

$$G_{\alpha\beta} = R_{\alpha\beta} - \frac{1}{2}g_{\alpha\beta}R$$

## Einstein tensor components

$$G_{00} = \frac{1}{r^2}e^{2\Phi} \frac{d}{dr} [r(1 - e^{-2\Lambda})]$$

$$G_{rr} = -\frac{1}{r^2}e^{2\Lambda}(1 - e^{-2\Lambda}) + \frac{2}{r}\Phi'$$

$$G_{\theta\theta} = r^2 e^{-2\Lambda} [\Phi'' + (\Phi')^2 + \Phi'/r - \Phi'\Lambda' - \Lambda'/r]$$

$$G_{\phi\phi} = \sin^2 \theta G_{\theta\theta}$$

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Spherical stars  
└ Static spacetimes

└ Einstein Tensor

- now we can use the metric to derive the Riemann tensor
- from that the Einstein tensor
- the derivation is involved, so we will just take them as is
- we're going to use some of these components later on
- $x' \equiv dx/dr$

Einstein Tensor

General Einstein tensor

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# Static perfect fluid

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Spherical stars  
└ Static perfect fluid

Static perfect fluid

- stars are fluids – for simplicity we assume perfect
- thus we will impose additional constraints accordingly



# Four-velocity

## Constraints

$$U^i = 0 \text{ (static)} \quad \vec{U} \cdot \vec{U} = -1 \text{ (conservation law)}$$

## Solving for $U^0$

$$g_{00}U^0U^0 = -1 \implies U^0 = (-g_{00})^{-1/2} = e^{-\Phi}$$

## Solving for $U_0$

$$U_0 = g_{00}U^0 = -e^{\Phi}$$

2015-12-14

Spherical stars  
 └ Static perfect fluid  
   └ Four-velocity

- static fluid, so in MCRF three-velocity components all zero
- we find the only non-zero term,  $U^0$ , by relating to the dot product
- lower it with the metric, to use in next part

$$\begin{aligned} g_{00}U^0U^0 &= -1 \implies (U^0)^2 = (-g_{00})^{-1} \\ &\implies U^0 = (-g_{00})^{-1/2} \\ &\implies U^0 = (e^{2\Phi})^{-1/2} = e^{-\Phi} \end{aligned}$$

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Schutz (2009, p. 260)

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Schutz (2009, p. 260)

# Stress-energy tensor

## Stress-energy tensor for perfect fluid

$$T_{\alpha\beta} = (\rho + p)U_{\alpha}U_{\beta} + pg_{\alpha\beta}$$

## Components of $T_{\alpha\beta}$

$$T_{00} = \rho c^2$$

$T_{\alpha\beta}$  is diagonal

$$T_{0i} = (\rho + p)U_0U_i + pg_{0i} = 0$$

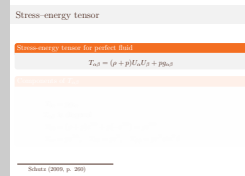
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## Equation of state

## Local thermodynamic equilibrium

$$p = p(\rho, S) \approx p(\rho)$$

- pressure related to energy density and specific entropy
- we often deal with negligibly small entropies



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Spherical stars  
└ Static perfect fluid

└ Equation of state

- in a static fluid we have local thermodynamic equilibrium
- pressure a function of density and specific entropy
- specific entropy assumed negligibly small

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$$p = p(\rho, S) \approx p(\rho)$$

- pressure related to energy density and specific entropy
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# Equations of motion

## Conservation of 4-momentum

$$T^{\alpha\beta}_{;\beta} = 0$$

- symmetries make only non-trivial solution  $\alpha = r$

## Equation of motion

$$(\rho + p) \frac{d\Phi}{dr} = -\frac{d\rho}{dr}$$

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- first equation follows from conservation of 4-momentum
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# Mass function

## Einstein field equations

$$G_{00} = 8\pi T_{00} \implies \frac{1}{r^2} e^{2\Phi} \frac{d}{dr} [r(1 - e^{-2\Lambda})] = 8\pi \rho e^{2\Phi}$$

$$m(r)$$

$$m(r) \equiv \frac{1}{2} r (1 - e^{-2\Lambda}) \quad \text{or} \quad g_{rr} = e^{2\Lambda} \equiv \left(1 - \frac{2m(r)}{r}\right)^{-1}$$

## Relation to energy density

$$\frac{dm(r)}{dr} = 4\pi r^2 \rho$$

2015-12-14

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└ Mass function

- inspect  $(0, 0)$  component of Einstein equations
- define the mass function,  $m(r)$
- in Newtonian limit,  $m(r)$  is mass within radius  $r$

$$m(r) = 4\pi \int_0^r (r')^2 \rho(r') dr'$$

- doesn't work in GR, because total energy is not localizable

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$$\Phi(r)$$

$$\frac{d\Phi(r)}{dr} = \frac{m(r) + 4\pi r^3 p}{r[r - 2m(r)]}$$



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Spherical stars  
└ Static perfect fluid

$$\lrcorner \Phi(r)$$

- inspect  $(r, r)$  component of Einstein equations
- gives us an expression for  $\Phi(r)$

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Schutz (2009, pp. 260–262)

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Spherical stars  
└ Static perfect fluid

$$\lrcorner \Phi(r)$$

- inspect  $(r, r)$  component of Einstein equations
- gives us an expression for  $\Phi(r)$

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# Exterior Geometry

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Spherical stars  
└ Exterior Geometry

Exterior Geometry

- until now, we've not considered whether we were inside or outside star
- properties inside different than outside (obviously)
- we're going to inspect both cases, starting with outside





## Schwarzschild metric I

## Condition

$$\rho = p = 0$$

## Consequences

$$\frac{dm(r)}{dr} = 4\pi r^2 \rho = 0$$

$$m(r) \equiv M$$

$$2\pi r^2 \frac{d\Phi}{dr} = \frac{dm(r)}{dr} = 4\pi r^2 \rho = 0$$

$$\frac{d\Phi}{dr} = 0 \quad \Rightarrow \quad \Phi(r) = \frac{1}{2} \ln \left( \frac{r-2M}{r} \right)$$

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Spherical stars  
└ Exterior Geometry

└ Schwarzschild metric I

- the external conditions just state we are in a vacuum
  - breaks down when matter surrounds star
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Schutz (2009, pp. 262–263)

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## Schwarzschild metric II

## First two metric components

$$g_{rr} = e^{2\Lambda} = \left(1 - \frac{2M}{r}\right)^{-1} \quad g_{00} = -e^{2\Phi} = -\left(1 - \frac{2M}{r}\right)$$

## Schwarzschild metric

$$ds^2 = -\left(1 - \frac{2M}{r}\right) dt^2 + \left(1 - \frac{2M}{r}\right)^{-1} dr^2 + r^2 d\Omega^2$$

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└ Exterior Geometry

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## Far-field metric

## Condition

$$r \gg M$$

## Schwarzschild metric

$$ds^2 = - \left(1 - \frac{2M}{r}\right) dt^2 + \left(1 - \frac{2M}{r}\right)^{-1} dr^2 + r^2 d\Omega^2$$

## Far-field Schwarzschild metric (Cartesian)

$$ds^2 \approx - \left(1 - \frac{2M}{R}\right) dt^2 + \left(1 + \frac{2M}{R}\right) (dx^2 + dy^2 + dz^2)$$

$$R^2 \equiv x^2 + y^2 + z^2$$

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Spherical stars  
└ Exterior Geometry

└ Far-field metric

- far-field metric of a star (far away)
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# Birkhoff's Theorem

If the geometry of a given region of spacetime is:

- ① spherically symmetric
- ② a solution to the Einstein field equations in vacuum

then that geometry is necessarily a subset of the Schwarzschild geometry.

(Proof given in Misner, Thorne, and Wheeler (1973, pp. 843–844))



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Spherical stars  
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- the Schwarzschild metric generalizes to all spherically symmetric spacetimes in a vacuum
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# Interior structure

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Spherical stars  
└ Interior structure

Interior structure

- now we look at the remaining, and most interesting regime
  - inside the star
- our assumptions from outside the star no longer hold



# Tolman–Oppenheimer–Volkov (T–O–V) equation

## Condition

$$\rho \neq 0 \quad p \neq 0$$

## Recall

$$(\rho + p) \frac{d\Phi}{dr} = -\frac{dp}{dr}$$

$$\frac{d\Phi}{dr} = \frac{m(r) + 4\pi r^3 p}{r[r - 2m(r)]}$$

## T–O–V equation

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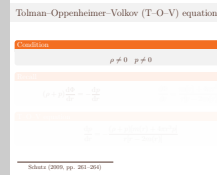
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## Spherical stars

### └ Interior structure

### └ Tolman–Oppenheimer–Volkov (T–O–V) equation

- inside a star, we cannot assume density and pressure are zero
- revisit two earlier equations
- substitute one into the other
- arrive at the T–O–V equation



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## System of coupled differential equations

## T–O–V equation

$$\frac{dp}{dr} = -\frac{(\rho + p)[m(r) + 4\pi r^3 p]}{r[r - 2m(r)]}$$

## Mass function

$$\frac{dm(r)}{dr} = 4\pi r^2 \rho$$

## Equation of state

$$p = p(\rho)$$



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## Spherical stars

## └ Interior structure

## └ System of coupled differential equations

- T–O–V equation coupled with  $dm/dr$  and  $p(\rho)$ 
  - 3 equations
  - 3 unknowns ( $m$ ,  $\rho$ ,  $p$ )
  - $\Phi(r)$  only intermediate variable
- can integrate to find  $m(r)$ ,  $\rho(r)$ , and  $p(r)$

## T–O–V equation

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# Newtonian hydrostatic equilibrium

## Newtonian limit

$$p \ll \rho; \quad 4\pi r^3 p \ll m; \quad m \ll r$$

## Equation of hydrostatic equilibrium

$$\frac{dp}{dr} = -\frac{(\rho + p)[m(r) + 4\pi r^3 p]}{r[r - 2m(r)]} = -\frac{\rho m(r)}{r^2}$$

Schutz (2009, pp. 265–266) and Hansen and Kawaler (1994, p. 3)



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## Spherical stars

### └ Interior structure

### └ Newtonian hydrostatic equilibrium

- in the Newtonian limit we get these constraints
- which allow us to cancel terms in the T–O–V equation
- and arrive at the familiar equation of HSE

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$$\frac{dp}{dr} = -\frac{(\rho + p)(m(r) + 4\pi r^3 p)}{r[r - 2m(r)]} \approx -\frac{\rho m(r)}{r^2}$$



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## Constant density solution I

## Constraint

$$\rho \equiv \rho_0$$

## Mass function

$$m(r) = \frac{4}{3}\pi\rho_0 \begin{cases} r^3, & r \leq R, \\ R^3, & r \geq R. \end{cases}$$

Schutz (2009, pp. 266-267)



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Constant density solution I

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- because it is the simplest case, we are going to investigate a star of uniform density,  $\rho(r) \equiv \rho_0$ 
  - this is unphysical
  - for instance, the speed of sound in such a star is infinite
  - neutron star density is *almost* uniform
  - also leads us to a result which holds for all stellar densities
- obtaining the mass function from the differential equation shown earlier is easy
  - equal to the density times the volume of the sphere enclosed by radius  $r$  inside
  - equal to the density times the volume of the entire star ( $r = R$ ) when outside
  - continuous at the boundary

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## Constant density solution II

## T-O-V equation

$$\frac{dp}{dr} = -\frac{(\rho + p)(m + 4\pi r^3 p)}{r(r - 2m)} = -\frac{4}{3}\pi r \frac{(\rho_0 + p)(\rho_0 + 3p)}{1 - \frac{8}{3}r^2 \rho_0}$$

Integrated from center to internal radius  $r$ 

$$\frac{\rho_0 + 3p}{\rho_0 + p} = \frac{\rho_0 + 3p_c}{\rho_0 + p_c} \sqrt{1 - 2m/r}$$

Spherical stars  
└ Interior structure

## └ Constant density solution II

- recall the T-O-V equation, which describes the interior of the star
- we can substitute  $m(r)$  for  $r \leq R$ , to simplify it as shown
- this gives us a separable differential equation
- we integrate the differential equation from the center ( $r = 0, p = p_c$ ) to some radius ( $r = r, p = p$ )
- to simplify the expression again, we've re-written it in terms of  $m(r)$
- now we have a relation between  $\rho_0, p$ , and  $m(r)$  at a given  $r$

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## Constant density solution III

Radius  $R$ 

$$R^2 = \frac{3}{8\pi\rho_0} \left[ 1 - \left( \frac{\rho + p_c}{\rho + 3p_c} \right)^2 \right]$$

Central pressure  $p_c$ 

$$p_c = \rho_0 \frac{1 - \sqrt{1 - 2M/R}}{3\sqrt{1 - 2M/R} - 1}$$

Limit on  $M/R$ 

$$M/R \rightarrow 4/9 \implies p_c \rightarrow \infty$$

Schutz (2009, pp. 266-267, 269)



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## Spherical stars

## └ Interior structure

## └ Constant density solution III

- at the surface,  $r = R$  and  $p = 0$
- can solve the previous equation for  $R$
- from this, we can solve for  $p_c$ 
  - this gives us an expression for the central pressure necessary
- we can see that this blows up when  $M/R = 4/9$

$$3\sqrt{1 - 8/9} - 1 = 3\sqrt{1/9} - 1 = 1 - 0 = 0$$

- radius cannot be smaller than  $(9/4)M$ 
  - less than the  $2M$  needed for a black hole
- Buchdahl's theorem states that this is true in general for all stars
  - not just  $\rho(r) \equiv \rho_0$

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# Buchdahl's theorem

- even for non-constant density,  $M/R < 4/9$
- intuitive explanation:

assume there is a maximum sustainable density,  $(M/R)_{\text{max}}$

then any object with a greater mass would have a greater density

and would collapse to a black hole



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Spherical stars  
└ Interior structure

└ Buchdahl's theorem

- restate  $M/R < 4/9$  from Buchdahl's theorem
- give Carroll's intuitive explanation
  - if we assume there is a maximum sustainable density in nature
  - and we consider an object which fills a sphere with radius  $R$
  - then the most massive possible object within that volume would have a uniform density
  - all other objects would need to have a lower density

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Carroll (2004, pp. 234)



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## Realistic stars

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Spherical stars  
└ Realistic stars

Realistic stars

- now we're going to have a brief overview of real stars





# White dwarfs

- end-of-life for low mass stars
- held up by electron degeneracy pressure
- Newtonian structure accurate to 1%

$$\frac{dp}{dr} = -\frac{\rho m}{r^2}$$

- relativistic effects important on stability and pulsation for

$$10^8 \text{ g cm}^{-3} \lesssim \rho_c \lesssim 10^{8.4} \text{ g cm}^{-3}$$

## Spherical stars

### Realistic stars

### White dwarfs

- end-of-life form of lower mass stars like our Sun is as a white dwarf
- core left over after a star loses its outer shell as a planetary nebula
- nuclear fusion has halted, and only pressure of degenerate electron gas supports them
  - Pauli exclusion principle
- structure can be described by the equation of HSE to high accuracy
- relativistic effects come into play for central densities:
  - over  $10^8 \text{ g cm}^{-3}$
  - up until the maximum

- end-of-life for low mass stars
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- Newtonian structure accurate to 1%

$$\frac{dp}{dr} = -\frac{\rho m}{r^2}$$

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 $10^8 \text{ g cm}^{-3} \lesssim \rho_c \lesssim 10^{8.4} \text{ g cm}^{-3}$

# Neutron stars

- mass condensed further than white dwarf
- created in supernovae, or collapse of white dwarf
- protons and electrons combine to form neutrons and emitted neutrinos
- held up by neutron degeneracy pressure
- matter incredibly complex and possess many unknown properties

---

Schutz (2009, pp. 274–275)



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Spherical stars  
└ Realistic stars

└ Neutron stars

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Schutz (2009, pp. 274–275)

- when a star condenses beyond a white dwarf, it may become a neutron star
- occurs in the aftermath of a supernova, or collapse of white dwarf
- compression beyond neutron star would form a black hole
- kinetic energy of electrons high
  - allows energy release when combined with a proton
  - energy carried away by neutrino, and neutron left behind

# Rotating stars

## Metric

$$ds^2 = -e^{2\nu} dt + e^{2\psi} (d\phi - \omega dt)^2 + e^{2\mu} (dr^2 + r^2 d\theta^2),$$

where  $\nu$ ,  $\psi$ ,  $\omega$ , and  $\mu$  are functions of  $r$  and  $\theta$

- can still assume perfect fluid to high accuracy



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Spherical stars  
└ Realistic stars

└ Rotating stars

- much more complicated when we allow for rotation
- metric no longer static
  - addition of cross terms between  $t$  and  $\phi$
  - metric dependence on  $\theta$  in addition to  $r$

Rotating stars

Metric

$$ds^2 = -e^{2\nu} dt + e^{2\psi} (d\phi - \omega dt)^2 + e^{2\mu} (dr^2 + r^2 d\theta^2),$$

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 Stergioulas (2003, p. 8)

# Pulsars

- rapidly rotating neutron stars
- magnetic field produces electromagnetic radiation
- pulses of radio waves observed with the right orientation

---

Misner, Thorne, and Wheeler (1973, p. 628)



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Spherical stars  
 └ Realistic stars  
   └ Pulsars

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Misner, Thorne, and Wheeler (1973, p. 628)

- pulsars are rapidly rotating neutron stars
- they have a strong magnetic field which causes emission of light
- magnetic poles may be offset from axis of rotation
- if observed from right angle, see pulses of radio light, like lighthouse

## References



- You made it to the end!



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# Bonus slides



# Equations of motion

$$\begin{aligned}
 T^{\alpha\beta}_{;\beta} &= 0, \quad T^{\alpha\beta} = (\rho + p)U^\alpha U^\beta + pg^{\alpha\beta} \\
 T^{r\beta}_{;\beta} &= (\rho + p)U^\beta U^r_{;\beta} + g^{rr}p_{,r} = 0 \\
 &= (\rho + p)U^\beta U^\lambda \Gamma^r_{\lambda\beta} + e^{-2\Lambda}p_{,r} = 0 \\
 &= (\rho + p)(U^0)^2 \Gamma^r_{00} + e^{-2\Lambda}p_{,r} = 0 \\
 &= (\rho + p)(e^{-2\Phi})(e^{-2\Lambda}e^{2\Phi}\Phi_{,r}) + e^{-2\Lambda}p_{,r} = 0 \\
 -\frac{dp}{dr} &= (\rho + p)\frac{d\Phi}{dr}
 \end{aligned}$$



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Spherical stars  
└ Bonus slides

└ Equations of motion

Equations of motion

$$\begin{aligned}
 T^{\alpha\beta}_{;\beta} &= 0, \quad T^{\alpha\beta} = (\rho + p)U^\alpha U^\beta + pg^{\alpha\beta} \\
 T^{r\beta}_{;\beta} &= (\rho + p)U^\beta U^r_{;\beta} + g^{rr}p_{,r} = 0 \\
 &= (\rho + p)(U^0)^2 \Gamma^r_{00} + e^{-2\Lambda}p_{,r} = 0 \\
 &= (\rho + p)(e^{-2\Phi})(e^{-2\Lambda}e^{2\Phi}\Phi_{,r}) + e^{-2\Lambda}p_{,r} = 0 \\
 -\frac{dp}{dr} &= (\rho + p)\frac{d\Phi}{dr}
 \end{aligned}$$

Schutz (2009, pp. 101, 261)