Study	Experimental Total	Mean	SD	Control Total	Mean	SD	Diferencia de medias [IC 95%]	MD	95%–CI	Weight (common)	Weight (random)
Bahadur 2021 (1g Metformina + 1.4g Inositol)	36	23.34	3.1400	36	23.36	4.0800		−0.02	[−1.70; 1.66]	21.9%	22.7%
Agrawal 2019 (1.5g Metformina + 1.8g Inositol)	60	25.77	3.4800	60	25.45	3.2200		0.32	[−0.88; 1.52]	42.9%	38.9%
Thakur 2020 (1g Metformina + 1.1g Inositol)	21	25.56	3.0800	22	25.15	2.7800		0.41	[−1.35; 2.17]	20.0%	21.1%
Ibrahim 2023 (1g Metformina + 4g Inositol)	15	34.26	7.2400	17	31.87	4.6200		2.39	[−1.88; 6.66]	3.4%	4.1%
Nazirudeen 2023 (1g Metformina + 2.2g Inositol)	27	32.66	3.9600	26	29.70	4.5200		2.96	[0.67; 5.25]	11.8%	13.2%
Modelo de efectos fijos	**159**			**161**				**0.64**	**[−0.14; 1.43]**	**100.0%**	.
Modelo de efectos aleatorios								**0.69**	**[−0.68; 2.07]**	.	**100.0%**
Intervalo de predicción									**[−0.91; 2.29]**		

Heterogeneity: $I^2 = 27.5\%$, $\tau^2 = 0.1339$, $p = 0.2385$

Favorece combinación   Favorece monoterapia

Diferencia de medias en IMC