| Study | Experim Events | | Co Events | ontrol Total | Riesgo Relativo [IC 95%] | RR | 95%-CI | Weight (common) | Weight (random) |
|--|-------------------|----|--------------|-----------------|--------------------------|---------------|---|--------------------|--------------------|
| Thakur 2020 (1g Metformina + 1.1g Inositol) | 15 | 22 | 14 | 21 | | 1.02 | [0.67; 1.55] | 36.9% | 34.7% |
| Bahadur 2021 (1g Metformina + 1.4g Inositol) | 22 | 36 | 13 | 36 | | — 1.69 | [1.02; 2.81] | 33.5% | 32.0% |
| Nazirudeen 2023 (1g Metformina + 2.2g Inositol) | 32 | 32 | 11 | 32 | | 2.83 | [1.78; 4.50] | 29.6% | 33.3% |
| Modelo de efectos fijos Modelo de efectos aleatorios Intervalo de predicción Heterogeneity: $I^2 = 80.5\%$, $\tau^2 = 0.2129$, $p = 0.0060$ | | 90 | | 89 | 5 1 2 | 1.78 1.69 | [1.36; 2.33] [0.47; 6.03] [0.16; 17.96] | 100.0% | 100.0% |

Favorece monoterapia Favorece combinación Riesgo Relativo de Regularización Menstrual