| | | Experimental | | Contr | | Control | | | | Weight | Weight |
|--|-------|--------------|---------|-------|-------|----------|--|--------|---------------|----------|----------|
| Study | Total | Mean | SD | Total | Mean | SD | Diferencia de medias [IC 95%] | MD | 95%-CI | (common) | (random) |
| Bahadur 2021 (1g Metformina + 1.4g Inositol) | 36 | 84.58 | 5.6300 | 36 | 87.50 | 8.2500 < | | -2.92 | [-6.18; 0.34] | 24.8% | 26.2% |
| Agrawal 2019 (1.5g Metformina + 1.8g Inositol) | 60 | 81.72 | 7.4700 | 60 | 83.35 | 7.8000 | - | -1.62 | [-4.36; 1.11] | 35.4% | 32.6% |
| Thakur 2020 (1g Metformina + 1.1g Inositol) | 21 | 89.23 | 4.6600 | 22 | 88.16 | 4.8700 | | 1.07 | [-1.78; 3.92] | 32.5% | 31.0% |
| Ibrahim 2023 (1g Metformina + 4g Inositol) | 15 | 99.59 | 10.7400 | 17 | 97.67 | 5.4300 | - t | → 1.92 | [-4.10; 7.94] | 7.3% | 10.2% |
| Modelo de efectos fijos | 132 | | | 135 | | | | -0.81 | [-2.44; 0.81] | 100.0% | |
| Modelo de efectos aleatorios | | | | | | | | -0.77 | [-4.07; 2.54] | | 100.0% |
| Intervalo de predicción | | | | | | < | | | [-5.87; 4.33] | | |
| Heterogeneity: $I^2 = 32.0\%$, $\tau^2 = 1.4588$, $p = 0.2202$ | | | | | | | | | | | |
| | | | | | | | -4 -2 0 2 4 | | | | |

Favorece combinación Favorece monoterapia Diferencia de medias en Glucosa en Ayunas (mg/dL)