Study	Experimental			Control			Diferencia de medias [IC 95%]	MD	95%–CI	Weight (common)	Weight (random)
	Total	Mean	SD	Total	Mean	SD					
Ibrahim 2023 (1g Metformina + 4g Inositol)	15	1.98	1.2600	17	2.30	1.1500		−0.32	[−1.16; 0.52]	3.6%	5.5%
Nazirudeen 2023 (1g Metformina + 2.2g Inositol)	27	2.95	1.9100	26	3.19	1.4600		−0.24	[−1.15; 0.67]	3.0%	4.7%
Agrawal 2019 (1.5g Metformina + 1.8g Inositol)	60	1.46	0.5100	60	1.62	0.5900		−0.16	[−0.36; 0.04]	65.2%	55.0%
Bahadur 2021 (1g Metformina + 1.4g Inositol)	36	3.08	2.0500	36	3.23	1.7300		−0.15	[−1.03; 0.73]	3.3%	5.1%
Thakur 2020 (1g Metformina + 1.1g Inositol)	21	2.56	0.5400	22	2.42	0.5300		0.14	[−0.18; 0.46]	24.8%	29.7%
Modelo de efectos fijos	**159**			**161**				**−0.09**	**[−0.25; 0.07]**	**100.0%**	**.**
Modelo de efectos aleatorios								**−0.08**	**[−0.29; 0.13]**	**.**	**100.0%**
Intervalo de predicción									**[−0.47; 0.31]**		

Heterogeneity: $I^2 = 0.0\%$, $\tau^2 = 0.0092$, $p = 0.5788$

−1 −0.5 0 0.5 1

Favorece combinación   Favorece monoterapia

Diferencia de medias en HOMA−IR