	Experimental			Control							Weight	Weight
Study	Total	Mean	SD	Total	Mean	SD	Diferencia de me	edias [IC 95%]	MD	95%-CI	(common)	(random)
Ibrahim 2023 (1g Metformina + 4g Inositol)	15	8.01	4.7500	17	9.55	4.6500	*		-1.54	[-4.81; 1.73]	4.8%	4.8%
Agrawal 2019 (1.5g Metformina + 1.8g Inositol)	60	7.29	2.5700	60	7.85	2.6500		_		[-1.49; 0.37]	59.2%	59.2%
Thakur 2020 (1g Metformina + 1.1g Inositol)	21	10.75	2.2700	22	11.19	2.1600			-0.44	[-1.77; 0.89]	29.4%	29.4%
Nazirudeen 2023 (1g Metformina + 2.2g Inositol)	27	13.10	6.4094	26	13.49	7.9704	- * 		→ -0.39	[-4.29; 3.51]	3.4%	3.4%
Bahadur 2021 (1g Metformina + 1.4g Inositol)	36	14.68	9.1600	36	15.04	8.1900	← ;*		→ -0.36	[-4.37; 3.65]	3.2%	3.2%
Modelo de efectos fijos	159			161					-0.56	[-1.28; 0.16]	100.0%	
Modelo de efectos aleatorios									-0.56	[-0.88; -0.24]		100.0%
Intervalo de predicción								_		[-1.58; 0.46]		
Heterogeneity: $I^2 = 0.0\%$, $\tau^2 = 0$, $p = 0.9829$									٦			
						-	-3 -2 -1 0	1 2	3			

Favorece combinación Favorece monoterapia Diferencia de medias en Insulina en Ayunas (μIU/mL)