Study	Experimental		Control		Riesgo Relativo [IC 95%]	OR	95%–CI	Weight (common)	Weight (random)
	Events	Total	Events	Total					
Thakur 2020 (1g Metformina + 1.1g Inositol)	15	22	14	21		1.07	[0.30; 3.84]	46.6%	36.2%
Bahadur 2021 (1g Metformina + 1.4g Inositol)	22	36	13	36		2.78	[1.07; 7.22]	51.7%	37.8%
Nazirudeen 2023 (1g Metformina + 2.2g Inositol)	32	32	11	32		121.52	[6.80; 2172.13]	1.8%	26.0%
Modelo de efectos fijos		90		89		4.10	[2.17; 7.73]	100.0%	.
Modelo de efectos aleatorios						5.26	[0.02; 1734.22]	.	100.0%
Intervalo de predicción							[0.00; 140010.83]		

Heterogeneity: $I^2 = 77.0\%$, $\tau^2 = 4.0055$, $p = 0.0129$

0.5   1   2   10

Favorece monoterapia   Favorece combinación

Odds Ratio de Regularización Menstrual