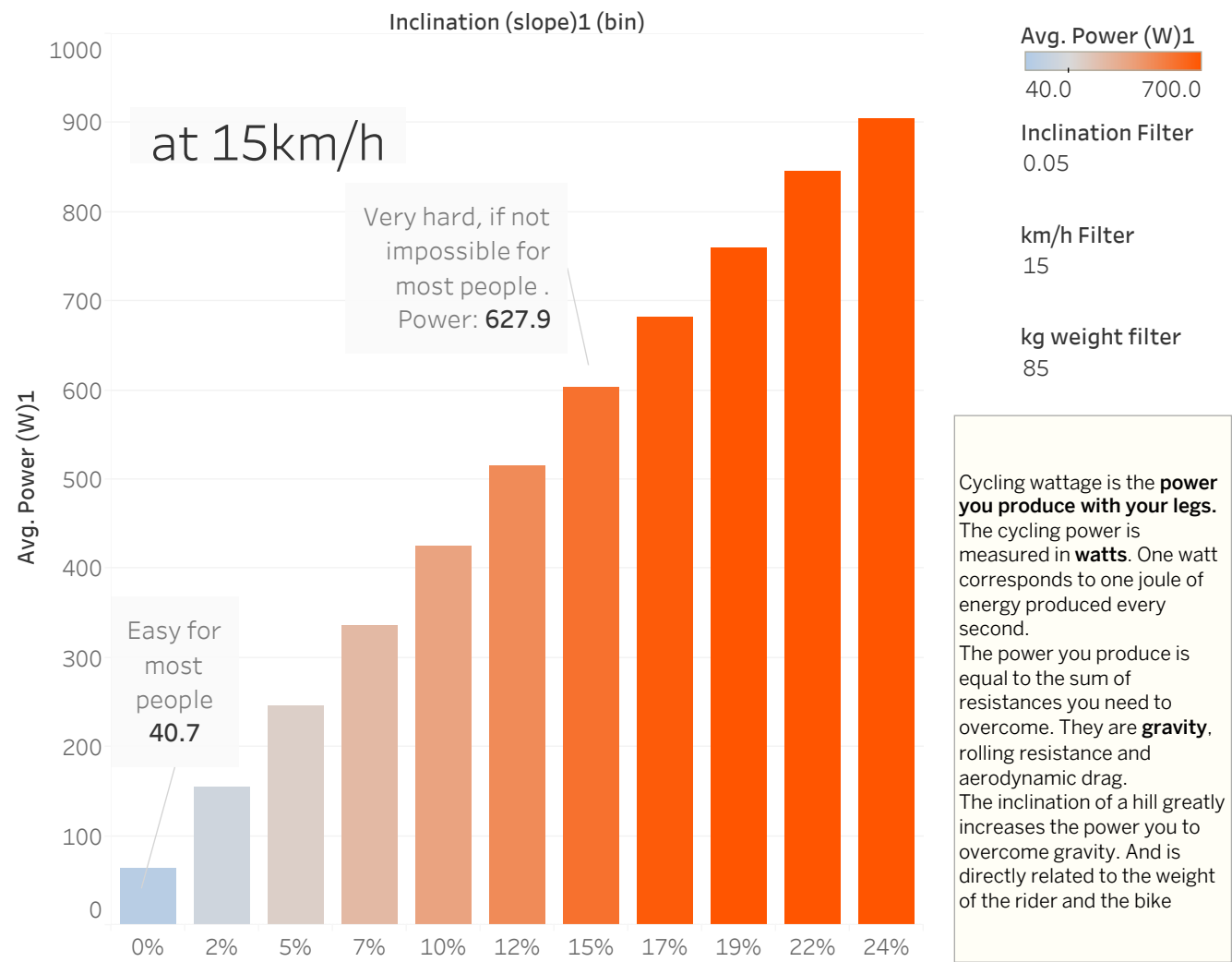


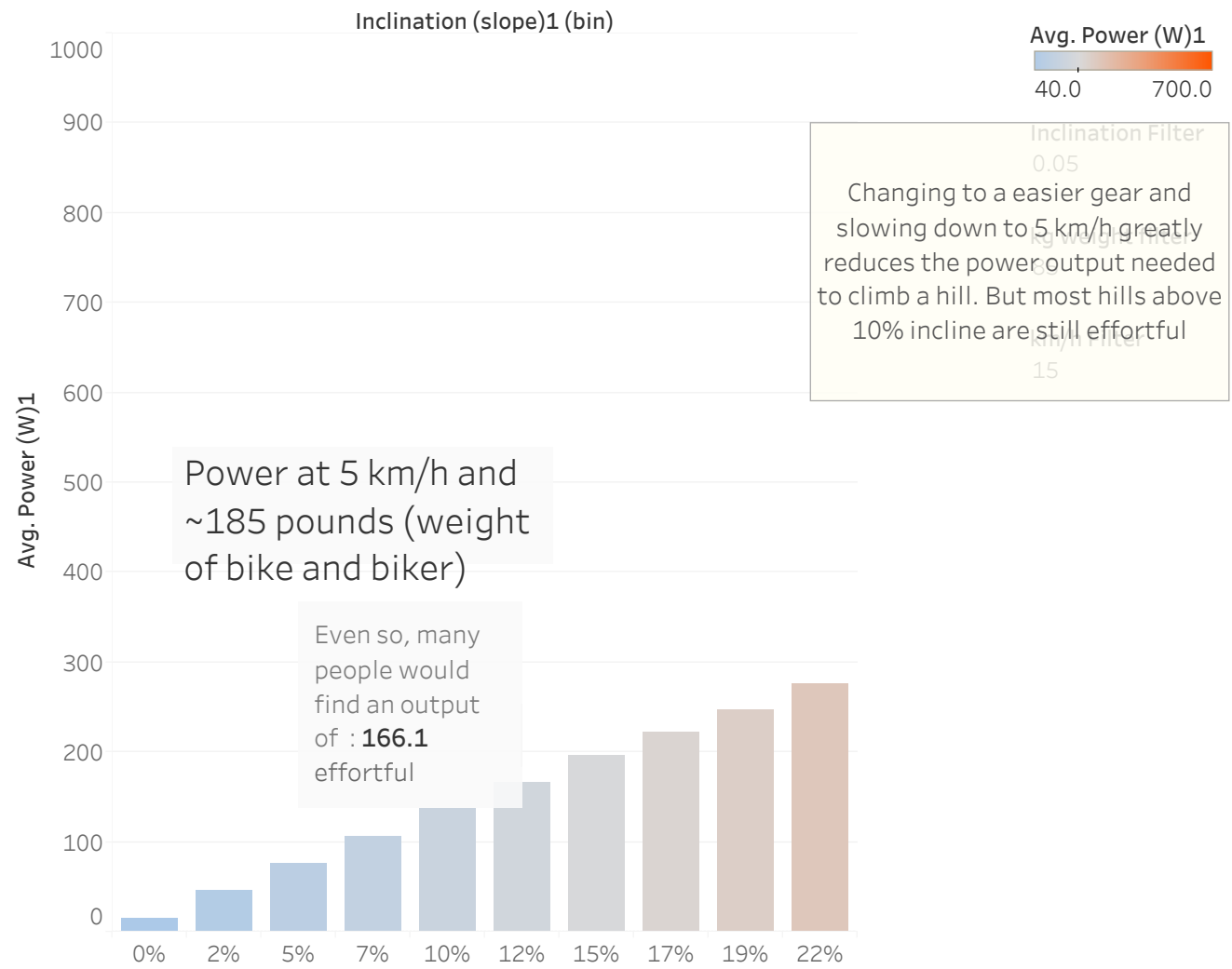
Sweatless Bikeways

Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go..
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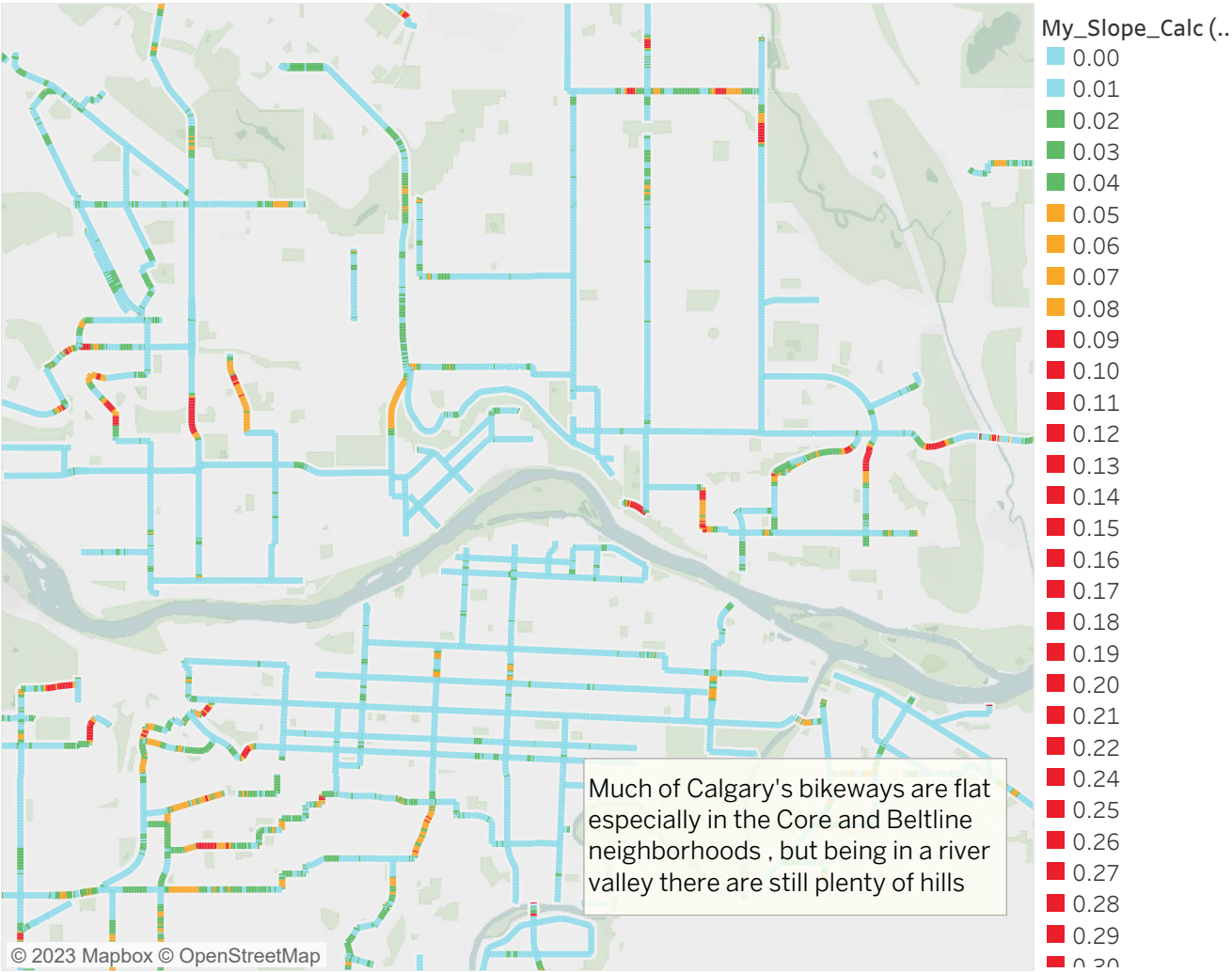
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Sweatless Bikeways

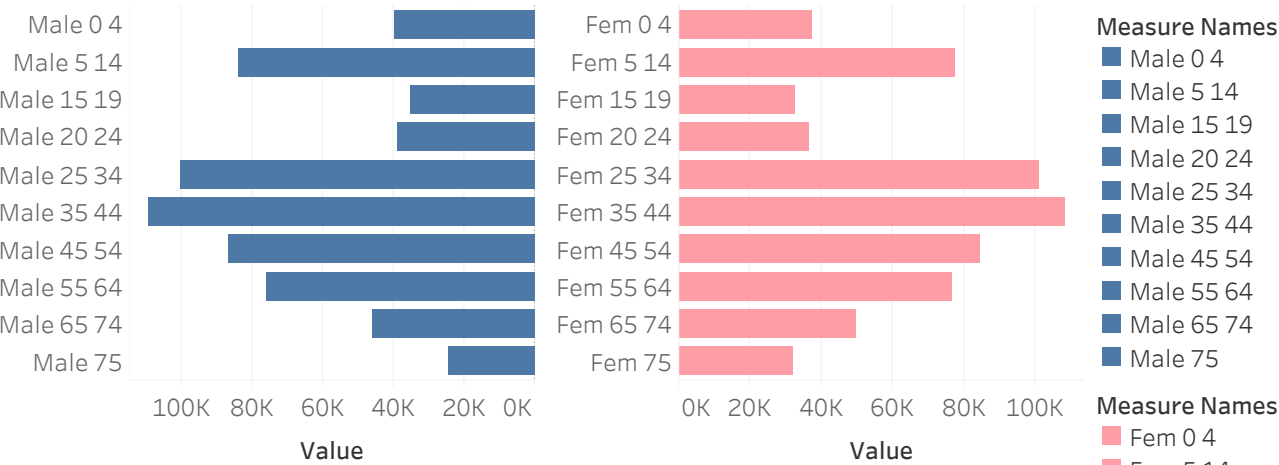
Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go..
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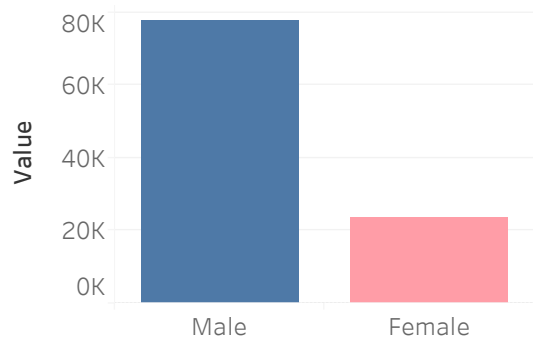
Sweatless Bikeways

Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go without s..
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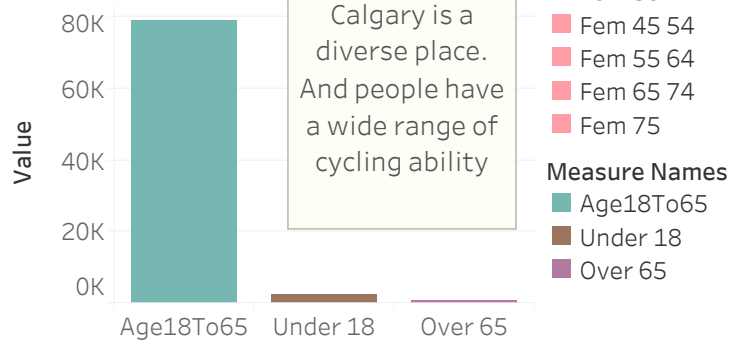
Calgary is more diverse than it's cycling population



2013-2016 Cyclist Count by gender

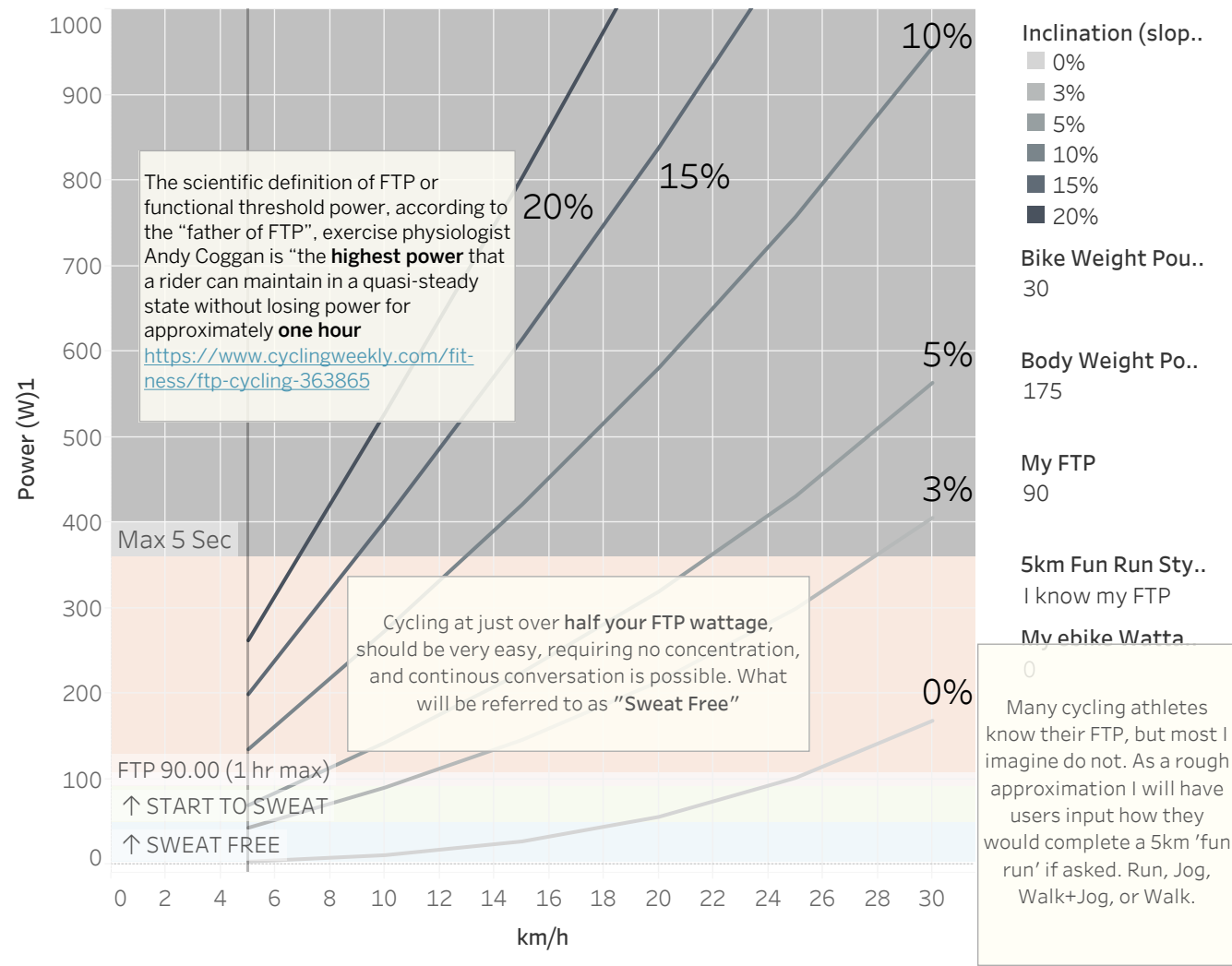


2013-2016 Cyclist Count by Age



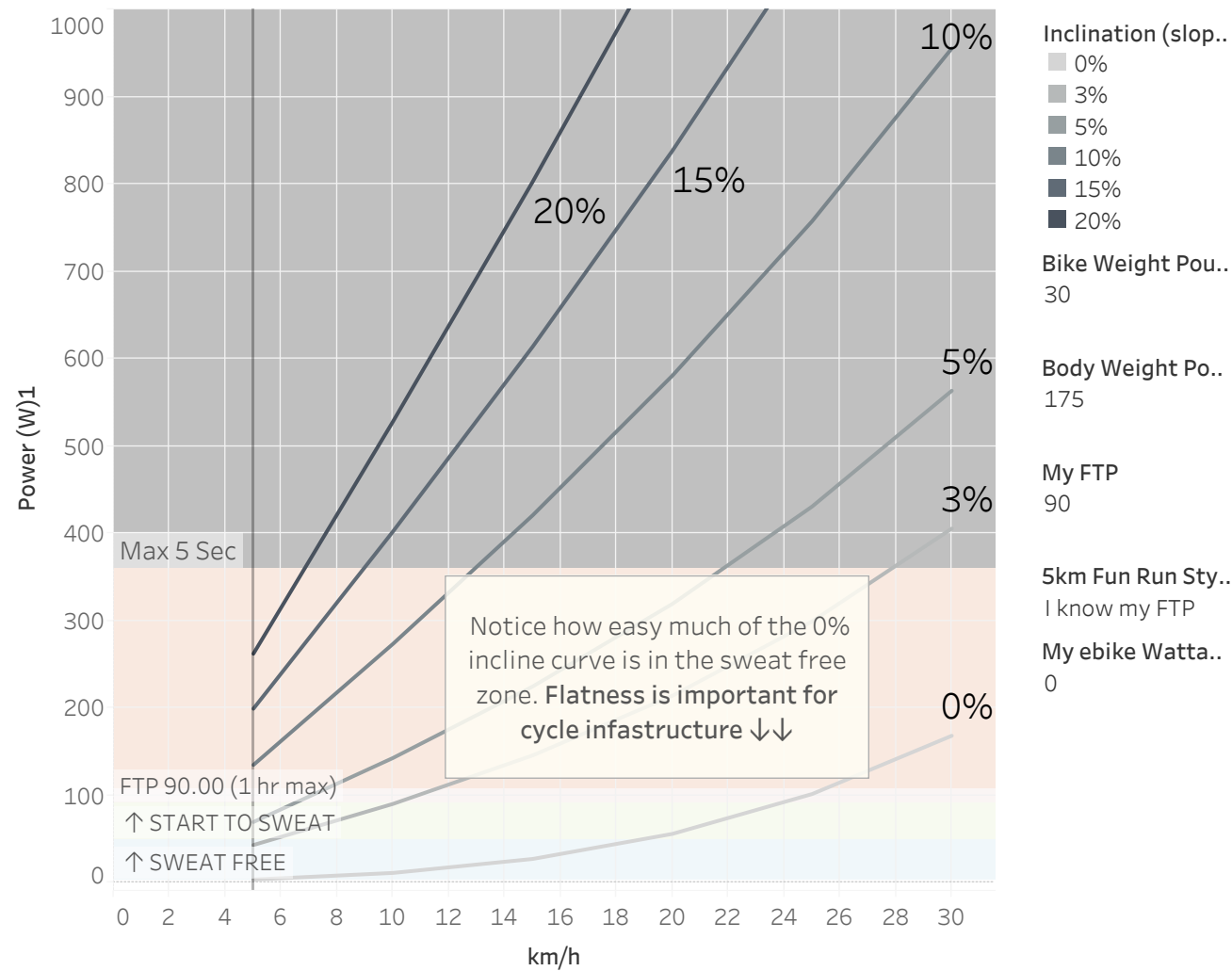
Sweatless Bikeways

Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go without swea..
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Sweatless Bikeways

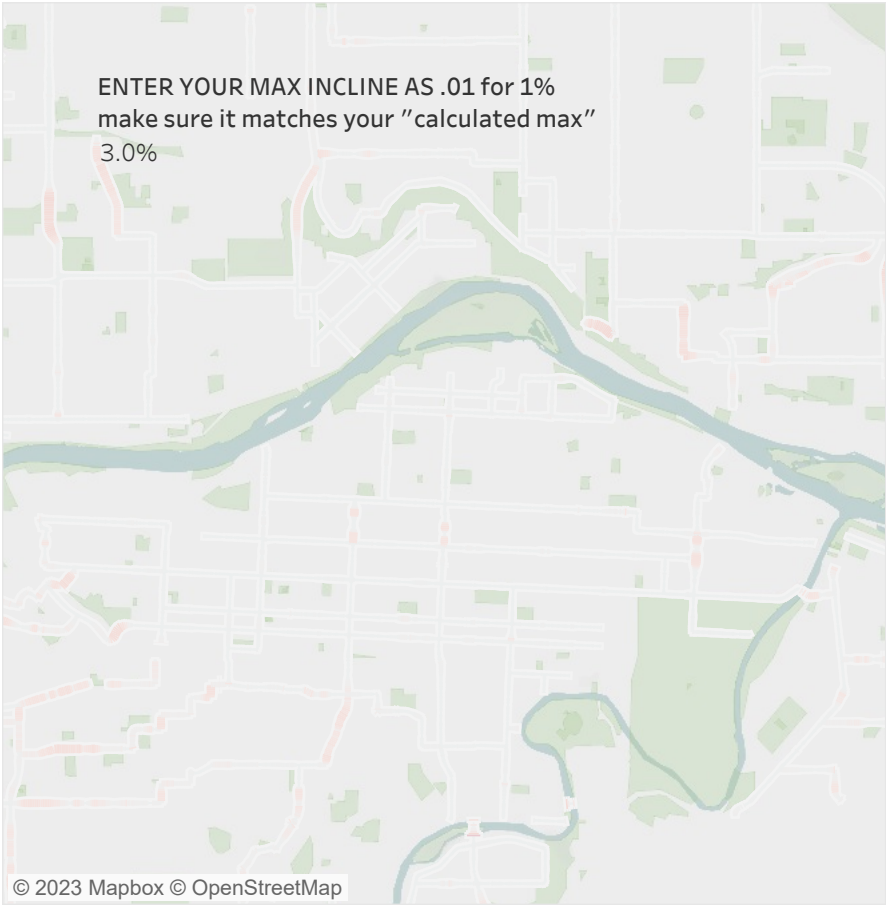
Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go without swea..
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Sweatless Bikeways

Hills are Hard	Good advice: gear down go ..	Hills are common in Ca..	Calgary is more diverse ..	What is my FTP?	What hill can I climb sweatle..	Where can I go without swea..
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"Sweat Free" Bikeways if you can easily climb a 3.0% incline at 5 km/h



UserFTP	90.0
User "Sweat Free" Watt..	49.5
User Max 5min effort	108.0
Parameter Max Incline	0.03

My FTP
90

5km Fun Run Style
I know my FTP

Bike Weight Pounds
30

Body Weight Pounds
200

Over "Sweat Free" inclination (red)
-0.0750 0.2697

IF THIS IS RED TYPE IN YOUR MAX INC BELOW
☒ True

Calculated Max I..	3.0%
Parameter Max I..	3.0%

My ebike Wattage
0