# PHYSIOLOGY CAREERS

#### Wednesday January 17, 2018

Martin Amphitheatre room 504, McIntyre Medical Bldg.

"Helping Talent Make the Most of Their Job Search"

Patents?

Clinical

Research?

Industry?

**Biotech?** 

Scientific

Writing?

#### 6:00 PM

Welcome/Overview

#### 6:10 PM

#### Valerie Walker

**Business Council of Canada** 

#### 6:40 PM

#### Nour Malek

IC Axon

#### 7:10 PM

#### Diane Colizza

**Novartis Pharmaceuticals** 

#### 7:40 PM

#### Carmen Lampron

McGill University

#### 8:10 PM

CaPS Presentation

#### 8:30 PM

Refreshments, Networking Game, CAPS table

Registration required through myFuture.
Keyword search "Physiology" in the Events section.



Information: chairasst.phyiology@mcgill.ca







#### Valerie Walker

Vice President of Talent and Skills, Business Council of Canada

Valerie is Vice President of Talent and Skills at the Business Council of Canada, a not-for-profit organization composed of the CEOs of 150 leading Canadian companies. Founded in 1976, the Business Council engages in an active program of research, consultation, and advocacy on economic and social issues of national importance.

In her role at the Council, Valerie provides leadership and direction to the Business/Higher Education Roundtable (BHER). Made up of the heads of Canadian companies, universities and colleges, BHER works to support young Canadians as they transition from education to the workplace, strengthen research collaboration between industry and institutions, and help Canadian employers as they adapt to the economy of the future.

Beyond this work, Val consults and advises government officials, academics and private sector leaders on changing trends in training and skill development and speaks regularly on innovation and talent. Prior to joining the Council, Val was the Director of Policy at Mitacs. She holds a PhD from McGill University and is an alumna of the Government of Canada's Recruitment of Policy Leaders Program.





#### **Nour Malek**

Medical Writer at IC Axon

Nour graduated from McGill in June 2012 with a liberal in Physiology, a minor in Chemistry, and a minor in English: Drama Concentration. She then went on to her PhD in Physiology and graduted in June 2017. Her thesis research looked at neuron responses when multiple visual stimuli were competing.

Upon completing her PhD, she started working as a Medical Writer at IC Axon. As a Medical Writer, she assembles learning systems mostly for pharmaceutical industries. Each learning system serves as a toolkit to "break down the science" for pharmaceutical representatives to convey the mechanisms of action and efficacy of medical treatments. The learning toolkit provides details about the anatomy and physiology as well as the disease state a treatment targets, and how the treatment differs from those already present in the field.

She has no doubt that what she learned as a Physiology student at McGill—whether in the classroom, as a teaching assistant, or during research for her thesis—equipped her to successfully undertake the career she has now.





#### **Diane Colizza**

Global Head, POP and Grants Governance, Novartis Pharmaceuticals

Diane graduated in Physiology and then completed an MBA at McGill University. She acquired 30 years' experience at 5 Pharmaceutical companies, starting as a sales representative at Leo Laboratories and then transitioning to Clinical Research Associate, Clinical Study Manager and other roles in Clinical Development at Glaxo, Astra Zeneca and Novartis over for the last 25 years. She joined Novartis Canada in 2006 as Clinical Project Manager, and in 2011 became Group Head Local Clinical Research Organization.

Her participation in Novartis Global Governance activities started in 2014 whilst she was still in her Novartis Canada position. In January 2016, she became a member of the Global Governance team in the Chief Medical Office as Director, Medical Standards Governance. In 2017, she joined the Patient Oriented Programs and Grants Governance team as Global Head, Patient Oriented Programs, ad interim.





#### **Carmen Lampron**

Director - Project for the Life Sciences Complex, McGill Deputy Building Director - Life Sciences Buildings, McGill

Dr. Lampron completed her Ph.D. degree at the Université de Montréal in molecular biology. She pursued post-doctoral studies in Strasbourg, France, where she learned gene knockout technology in the laboratory of Prof. Pierre Chambon, a world expert in the fields of gene structure and transcriptional control of gene expression. Upon her return to Montreal she continued her training in the laboratory of Dr. Jean-Pierre Julien at the Montreal General Hospital Research Institute, where she generated mouse model for the study of the neurodegenerative disease Amyotrophic Lateral Sclerosis (ALS).

From 1999 to 2000 she worked at McGill University in a start up company interested in the study of protein tyrosine phosphatases and kinases and their role in human diseases such as cancer. The company was subsequently acquired by a Vancouver based company, called Kinetek Pharmaceuticals Inc., and Dr. Lampron became drug discovery project manager for a research contract between Kinetek Pharmaceuticals Inc. and McGill University. At the beginning of 2003 she was recruited for the Life Sciences Complex Project as the researchers representative. She has been deeply involved from the conception to the construction of the building and is now Director of the Life Sciences Project as well as Deputy Building Director of the new buildings.



# Career Resources



CaPS helps student realize their goals through career development programs, job search support, employer events, and by providing guidance for post-graduate studies.

Take advantage of their services, programs, resources, and professional advice. For details and contact information, please visit their main webpage at <a href="www.mcgill.ca/caps">www.mcgill.ca/caps</a>.

www.mcgill.ca/caps







caps.myfuture.mcgill.ca



Equip yourself for the workplace.

www.mcgill.ca/skillsets



ascb.org/career-development





# Career Resources



Assess your skills and plan a career path.

https://myidp.sciencecareers.org/



Hone your communication skills and work with other scientists.

**Share Your Know-How** 



Build a profile of skills and network with professionals

www.linkedin.com/uas/login



Women in Bio-Greater Montreal <a href="http://www.womeninbio.org/wib-chapters/greater-montreal">http://www.womeninbio.org/wib-chapters/greater-montreal</a>



# Career Resources



Practice interviewing for a job <a href="https://mcgill.interviewstream.com/Account/Login">https://mcgill.interviewstream.com/Account/Login</a>

## McGill CaPS Resources Hub

Career resouces, tools, listings, etc.

Find a job search engine here
<a href="http://mcgillcaps.ca/directory/wpbdp\_cate">http://mcgillcaps.ca/directory/wpbdp\_cate</a>
<a href="mailto:gory/job-search-engine/">gory/job-search-engine/</a>



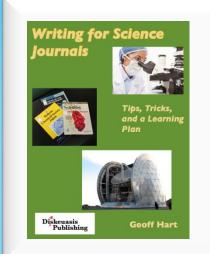
Find non-academic careers here <a href="https://versatilephd.com">https://versatilephd.com</a>



The "Get Hired" Toolkit
<a href="https://www.learnhowtobecome.org/career-resource-center/">https://www.learnhowtobecome.org/career-resource-center/</a>



# Career Resources Books

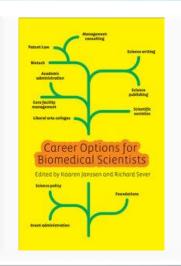


# As a special offer to McGill students,

Geoff is offering a **23% discount** (USD) off the book's regular cover price. (Includes PDF and EPUB versions in a .zip file)

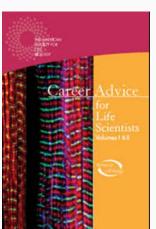
Can be used on any device

**Link to Puchase** 



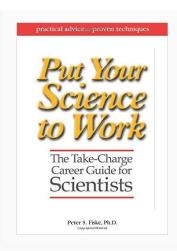
Career Options for Biomedical Scientists (ISBN 978-1-936113-72-9)

20% Discount and Free Shipping



#### Free Download:

Career Advice for Life Scientists ascb.org/career-publications



Put Your Science to Work

Purchase on Amazon



# Career Articles



Employers' perceptions hamper job prospects for PhD grads

Graduates themselves are often unsure of where to look for opportunities outside academe – By Becky Rynor



**Inside and Outside the Academy:**Valuing and Preparing PhDs for Careers

McGill Students can access this research for free because the university has a Conference Board subscription



Academia or Industry? Finding the Right Fit

By Elisabeth Pain



Advances in Physiology Education•

Career counseling: 101+ things you can do with a degree in biology

By Kathleen M. Eyster

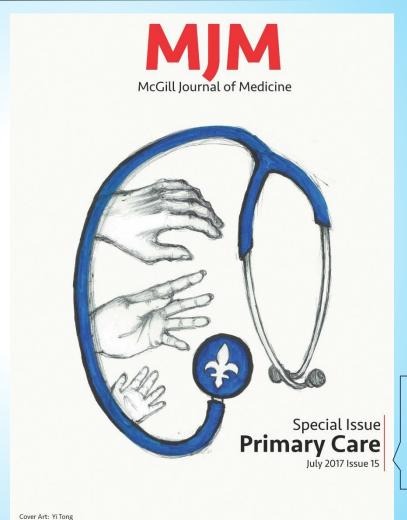


#### Call for Submissions

The McGill Journal of Medicine is a peer reviewed journal run by medical and graduate students at McGill University. Publication of articles occur on a rolling basis.

#### Article types include:

- undergraduate theses
- case reports and series
- review articles
- original research



Find our special issue on our website!











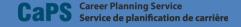
# CAREER PLANNING SERVICES (CAPS)

PRESENTED BY LINA & AMIR, CAREER LEADERSHIP PROGRAM

Visit us at: mcgill.ca/caps







# MCGILL CAREER PLANNING SERVICE Why We Exist

The McGill Career Planning Service provides individual counselling, workshops, programs, events, and resources that will help students and postdocs to:

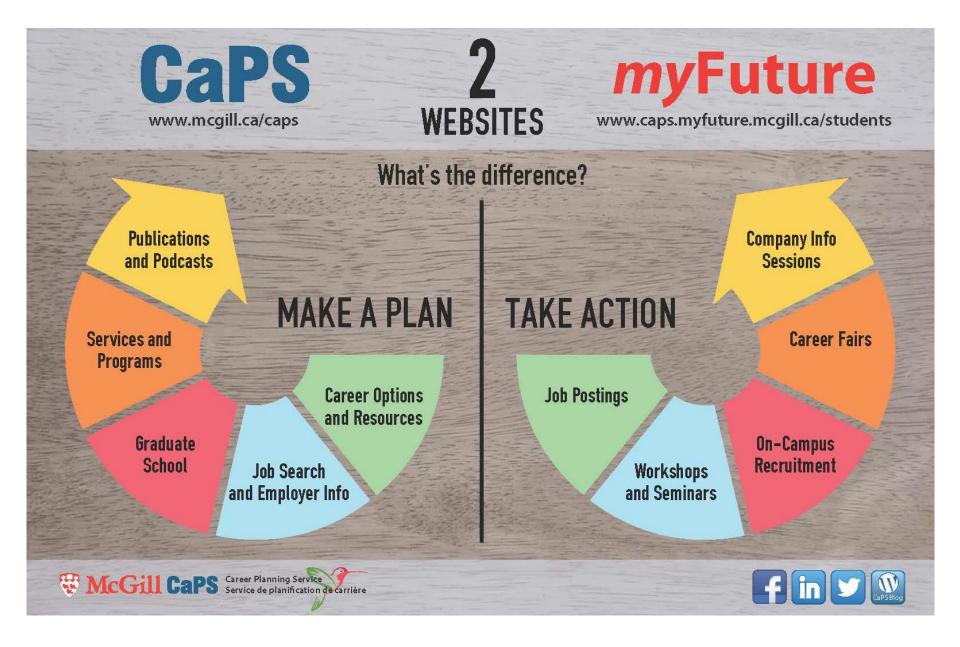
Identify personal goals through self-assessment that includes reflection on their personality, interests, values, and skills.

Expand awareness of future possibilities through educational events and resources.

Plan appropriate professional development and experiential learning experiences that will complement their academic accomplishments and prepare them for success.

Reflect on their experiences and training throughout their degree, in order to a) further self-awareness and refine goals, and b) learn how to communicate their skills, motivation, and fit to employers in their desired field.







## **MYFUTURE**

### Future is a job search tool for:

- Full-time, part-time and summer jobs during your studies and after you graduate
- Internships

### In addition you can:

- Upload documents such as cover letters or CVs
- View employer profiles
- Register for events, workshops and information sessions



## CAREER DEVELOPMENT WORKSHOPS

Workshops are offered throughout the academic year on over 20 topics such as:

- CV Writing
- Cover Letter Practice
- Interview Techniques
- Networking
- LinkedIn

For a full list of workshops and registration, visit <a href="myFuture">myFuture</a> and click on "Events"



## C.V. DROP-IN

C.V. Drop-In Provides:

Registration is on a "first come, first served" basis and opens at 9am day. Come in person to the CaPS office to register for that same day drop-in session. You cannot register by phone or email.

- One-on-one session with a Career Advisor or trained student volunteer (15 minute slots)
- Receive feedback and suggestions on how to tailor your C.V. to an employer

Mon: 2:30-3:30

Tues: 1:30-2:30

Wed: 2:00-3:00

Thurs: 10:00-11:00

Fri: 11:00-12:00

## CAREER ADVISING DROP-IN

Students can speak with a Career Advisor without an appointment (15 minute slots):

- Explore Career Options
- Set Future Goals
- Review Cover Letter/C.V.

Mon: 10:00-11:00

Tues: 3:00-4:00

Wed: 3:00-4:00

Thurs: 11:00-12:00

Fri: 2:00-3:00



## MOCK INTERVIEWS & CAREER ADVISING

If you need someone to help you prepare for:

- an interview
- assist you in your career choices
- or simply to hear some reassuring words

Make a 30-minute appointment with a Career Advisor in person or by phone. CaPS is here to make your job search and career planning less stressful!

http://www.mcgill.ca/caps/students/services/advising



## MENTOR PROGRAM

- Connects current McGill students with Alumni in their field of interest.
- Provides students with the opportunity to learn and discuss Mentors' personal insights, knowledge and experiences.
- For more information and to sign-up, visit:
   <a href="http://www.mcgill.ca/caps/students/services/mentor">http://www.mcgill.ca/caps/students/services/mentor</a>



# PROGRAM FOR THE ADVANCEMENT OF CAREER EXPLORATION (P.A.C.E.)

- Designed to help undergraduates make decisions about their field of study and/or career options.
- Four workshops that include vocational testing and a complete self-assessment.
- Better understand your personality type, identify your skills, interests and values, and how they relate to various occupations
- Become aware of available resources and be able to create a realistic action plan with measurable goals



## CAREER RESOURCE CENTRE

It's here for you! The resource center offers a wide array of resources whether you are looking for information on:

- o careers in a specific area of study
- scholarship information
- tips on networking
- contact information in the industries, specifics on a program of study
- or job listings

Get in touch with Lisa Lin, Career Resource Consultant, by emailing <a href="mailto:caps.library@mcgill.ca">caps.library@mcgill.ca</a> or calling 514-398-3304 x00950



## RESOURCES

# Programs & Resources

- Career Leadership Program
- McGill Mentor Program
- Resource Centre with a library of 2500+ books, subscriptions, and multimedia resources
- myFuture —our online career management system with access to job postings, employer database, workshop and event listing, and special resources
- Go to www.mcgill.ca/caps for much much more!





## VISIT US!

Online:

http://caps.mcgill.ca

o In person:

Brown Student Services 3600 McTavish, Suite 2200





# THANK YOU

QUESTIONS?





mcgill.ca/skills21 skills21@mcgill.ca

- A customizable skills development program for McGill undergraduates
- Over 50 free workshops in 5 streams offered throughout campus
- Structures, promotes, and tracks student participation





# SKILLSETS Unlock Your Potential

mcgill.ca/skillsets/skillsets@mcgill.ca

### Learn how to...

Expand your expertise.

Solve problems.

Lead projects.

Communicate.

Work with others.

Be well.

Plan your career.





# SURVIVAL SKILLS for SCIENTISTS

Three minutes. One slide. Your ideas.

3 MINUTE THESIS

## **Leadership Series**



**Financial Skills** 



