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### **INTRODUCTION**

# Who doesn't like being liked?

Nobody, of course. But when we prioritize being liked ahead of other things, we start behaving in strange ways.

In this lesson, you will learn:

- Why seeking approval is detrimental (even to getting approval!)
- How to identify the behaviors associated with approval-seeking
- How to think differently to become more effective

# WHAT IS THE NEED FOR APPROVAL?

Let's explore this.
Watch the video below to learn more about the need for approval.

**Key Points** 

- When you have a need for approval you value the beliefs, opinions and needs of others potentially even above your own.
- Receiving disapproval becomes a painful experience.
- It's your perception of what another person's opinion of you MIGHT be.

**Key Points** 

# WHERE DOES IT COME FROM?

Even the cavemen did this.	
Watch the video below to learn more about where the need for approval comes from.	

- Tribalism-even the cavemen did this
- Physical pain and social pain occur in the same part of the brain
- Sometimes the fear of disapproval is greater than the need for approval

# **PRACTICALLY EVERYONE DOES IT**

Sales attracts people with certain personality traits.
Watch the video below to learn more about the prevalence of the need for approval among sellers.

**Key Points** 

- Most salespeople don't set out to become sales people. But there is definitely a "type" of person that is drawn to the role.
- Sales force evaluations show us that salespeople often have a strong need for approval.
  They get into sales because they enjoy creating relationships with others, communicating, being surrounded by people and enjoy being appreciated and liked.

# WHY DOES IT MATTER?

S	So what?
W	Vatch the video below to learn more about how the need for approval can impact your sale.

Salespeople who need to be liked are 148% less effective, they are 147% less likely to reach the decision maker, and their probability of closing is 151% smaller.

# **HOW DO I COMBAT THE NEED FOR APPROVAL?**

В	eing liked is not a bad thing.
Wa	atch the video below to learn more about how you can combat the need for approval.

**Key Points** 

- Being liked is not a bad thing. A salesperson can be likable without NEEDING to be liked
- Relationships and trust are different
  - o Most sellers think they need to build the relationship first and then the trust will come
  - The opposite is true. Trust is built first and then a relationship can be built.
  - Set good goals ahead of time. If you don't have a solid goal, the need to be liked may overwhelm everything else.

### **SUMMARY**

### **Congratulations!**

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