

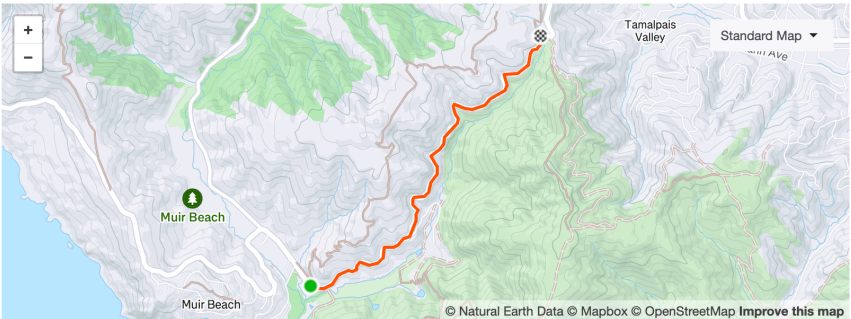
Hwy 1 climb from Muir Beach★

[Explore Segments](#) [ooo](#)

Ride Segment Marin Headlands (GGNRA), California

Distance 1.91mi Elevation Gain 694ft Avg Grade 6.0% Lowest Elev 20ft Highest Elev 631ft Elev Difference 611ft Climb Category 3

142,858 Attempts By 23,157 People | Starred by 1,107 People



Your Stats

Double D Nice
All-Time PR - 10:24 Jul 6, 2013
Segment Efforts - 33

Set a Goal for this segment [>](#)

Fastest Times

- Chris Baird
CR - 6:33 Jun 5, 2020
- Chris Baird
KOM - 6:33 Jun 5, 2020
- Courtney Nelson
QOM - 8:04 Feb 25, 2021

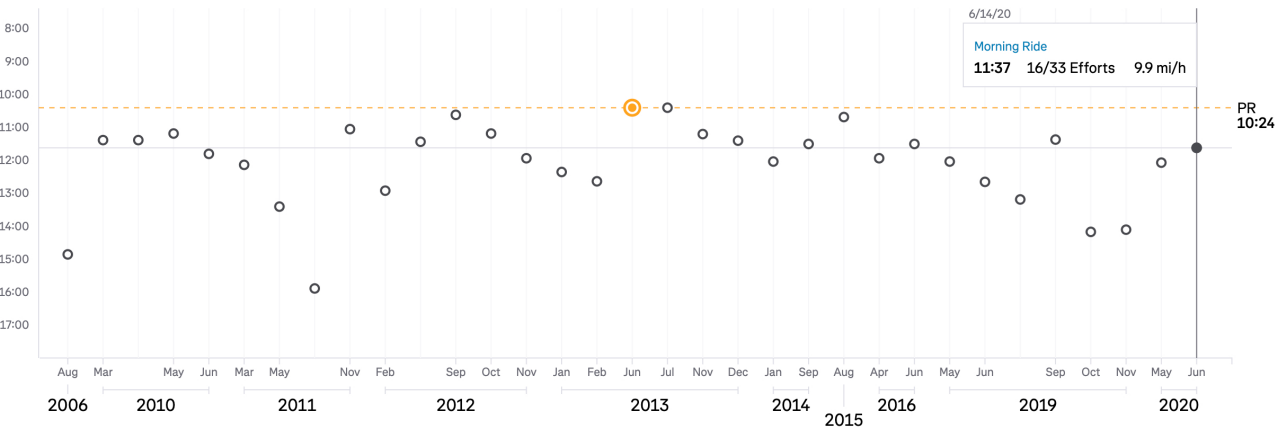
Compare Efforts [>](#)

Most Efforts

Sarah Sung
Local Legend - 13 efforts

View Local Legend Stats [>](#)

Your Recent Efforts



Leaderboards

- All Time
- This Year
- My Results
- People I'm Following
- My Clubs
- Franco Cycle Club
- M2 Revolution
- Mission Cycling Travel
- Mission Cycling
- Rapha Cycling Club

Mission Cycling

MY CURRENT PLACE		MY BEST TIME		All-Time ▾			All ▾
34 / 129		10:24					
Rank	Name	Date	Speed	HR	Power	VAM	Time
	Trevor Gilmore	Jun 7, 2020	14.5 mi/h	173 bpm	402 W ⚡	1,411.2	7:55
2	C P	Jul 23, 2016	14.1 mi/h	-	340 W ⚡	1,368.0	8:10
3	Bruce Prescott	Jun 9, 2018	13.3 mi/h	103 bpm	374 W	1,294.1	8:38
3	Nick Kreeger	Oct 21, 2012	13.3 mi/h	-	336 W ⚡	1,294.1	8:38

(RCC)

Bespoke Cycles

Pablove Sports

Ornot

Bruno Bruno Bruno

Competitive Cyclist

Kitsbow

Maglia Rosa NYC

Cafe du Cycliste | International

Napa Valley Marathon and Half Marathon

Band of Climbers

By Age Group

45 to 54

See All

By Weight Class

150 to 164 lbs

See All

5	Chris Hanrath	Nov 7, 2012	13.0 mi/h	175 bpm	312 W ↻	1,269.5	8:48
6	Alan Schacter	Mar 18, 2013	13.0 mi/h	157 bpm	-	1,264.8	8:50
7	James Woodcock 🇳🇵 🇬🇧	Oct 4, 2015	12.7 mi/h	161 bpm	321 W	1,232.2	9:04
8	Robert Halton	Jul 23, 2014	12.6 mi/h	171 bpm	345 W ↻	1,229.9	9:05
9	Don Mango	Aug 12, 2014	12.6 mi/h	165 bpm	346 W ↻	1,223.2	9:08
10	Brian Bailey	Sep 28, 2019	12.5 mi/h	177 bpm	333 W ↻	1,216.6	9:11
11	Wayne Rickenbacker	Jul 4, 2012	12.5 mi/h	-	350 W	1,214.3	9:12
12	Keith Buckingham	Apr 23, 2013	12.4 mi/h	176 bpm	300 W ↻	1,210.0	9:14
13	Youenn _	Mar 31, 2019	12.2 mi/h	-	251 W	1,188.5	9:24
14	J Hudson	Jan 19, 2012	12.1 mi/h	158 bpm	315 W ↻	1,178.1	9:29
15	Alec Holmes	Jun 15, 2013	12.1 mi/h	-	267 W	1,176.0	9:30
15	Buck Lucas	Sep 3, 2015	12.1 mi/h	-	356 W	1,176.0	9:30
17	Yann Kerhervé	Jun 9, 2018	12.0 mi/h	-	312 W	1,169.8	9:33
18	Mike Betts	Jul 2, 2013	11.9 mi/h	176 bpm	270 W ↻	1,157.7	9:39
19	Rick O	Aug 19, 2018	11.9 mi/h	-	294 W ↻	1,153.7	9:41
20	G ™	Jun 6, 2015	11.8 mi/h	151 bpm	269 W ↻	1,149.8	9:43
21	Miguel Díaz	Sep 16, 2012	11.8 mi/h	-	298 W	1,145.8	9:45
22	Brendan Harney	Jun 1, 2013	11.8 mi/h	183 bpm	298 W	1,143.9	9:46
23	Tommaso De Vecchi	May 18, 2014	11.7 mi/h	161 bpm	305 W	1,141.9	9:47
24	Brian Rogers	May 13, 2017	11.5 mi/h	188 bpm	308 W	1,120.9	9:58
25	Quintin Mecke	Oct 1, 2015	11.4 mi/h	-	299 W	1,109.8	10:04

Your Recent Activities

No recent activities found

Upload an activity

Strava Stories

With athlete profiles, training tips and advice, and the latest product updates, Strava Stories is the place to discover the latest content from Strava.

