

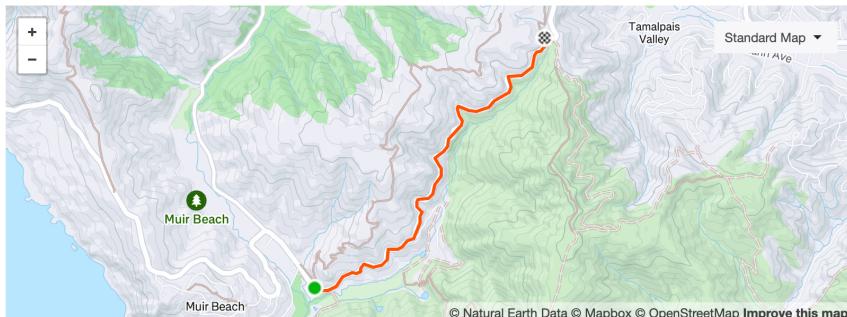


Hwy 1 climb from Muir Beach★

Ride Segment Marin Headlands (GGNRA), California

Distance	Elevation Gain	Avg Grade	Lowest Elev	Highest Elev	Elev Difference	Climb Category
1.91mi	694ft	6.0%	20ft	631ft	611ft	3

142,858 Attempts By 23,157 People | Starred by 1,107 People



Your Stats



Double D Nice
All-Time PR - 10:24 Jul 6, 2013
Segment Efforts - 33

[Set a Goal for this segment](#)

Fastest Times



Chris Baird
CR - 6:33 Jun 5, 2020



Chris Baird
KOM - 6:33 Jun 5, 2020



Courtney Nelson
QOM - 8:04 Feb 25, 2021

[Compare Efforts](#)

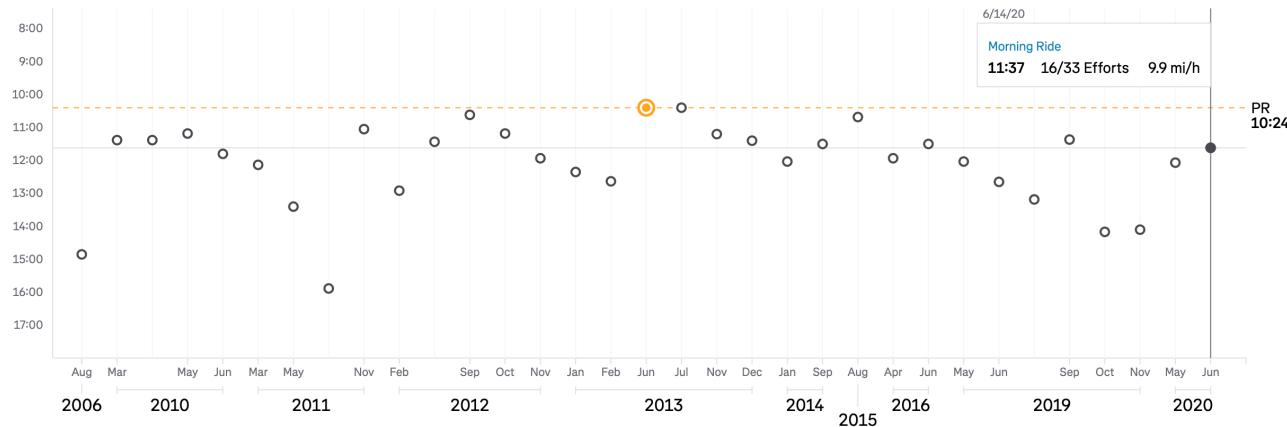
Most Efforts



Sarah Sung
Local Legend - 13 efforts

[View Local Legend Stats](#)

Your Recent Efforts



Leaderboards

All Time
This Year
My Results
People I'm Following
My Clubs
Franco Cycle Club
M2 Revolution
Mission Cycling Travel
Mission Cycling
Rapha Cycling Club

Mission Cycling

MY CURRENT PLACE		MY BEST TIME		All-Time ▾		All ▾	
Rank	Name	Date	Speed	HR	Power	VAM	Time
34 / 129	Trevor Gilmore	Jun 7, 2020	14.5 mi/h	173 bpm	402 W ↘	1,411.2	7:55
2	C P	Jul 23, 2016	14.1 mi/h	-	340 W ↘	1,368.0	8:10
3	Bruce Prescott	Jun 9, 2018	13.3 mi/h	103 bpm	374 W	1,294.1	8:38
3	Nick Kreeger	Oct 21, 2012	13.3 mi/h	-	336 W ↘	1,294.1	8:38

(RCC)									
Bespoke Cycles	5	Chris Hanrath	Nov 7, 2012	13.0 mi/h	175 bpm	312 W ⚡	1,269.5	8:48	
Pablove Sports	6	Alan Schacter	Mar 18, 2013	13.0 mi/h	157 bpm	-	1,264.8	8:50	
Ornot	7	James Woodcock 🇬🇧	Oct 4, 2015	12.7 mi/h	161 bpm	321 W	1,232.2	9:04	
Bruno Bruno Bruno	8	Robert Halton	Jul 23, 2014	12.6 mi/h	171 bpm	345 W ⚡	1,229.9	9:05	
Competitive Cyclist	9	Don Mango	Aug 12, 2014	12.6 mi/h	165 bpm	346 W ⚡	1,223.2	9:08	
Kitsbow	10	Brian Bailey	Sep 28, 2019	12.5 mi/h	177 bpm	333 W ⚡	1,216.6	9:11	
Maglia Rosa NYC	11	Wayne Rickenbacker	Jul 4, 2012	12.5 mi/h	-	350 W	1,214.3	9:12	
Cafe du Cycliste International	12	Keith Buckingham	Apr 23, 2013	12.4 mi/h	176 bpm	300 W ⚡	1,210.0	9:14	
Napa Valley Marathon and Half Marathon	13	Youenn _	Mar 31, 2019	12.2 mi/h	-	251 W	1,188.5	9:24	
Band of Climbers	14	J Hudson	Jan 19, 2012	12.1 mi/h	158 bpm	315 W ⚡	1,178.1	9:29	
By Age Group	15	Alec Holmes	Jun 15, 2013	12.1 mi/h	-	267 W	1,176.0	9:30	
45 to 54	15	Buck Lucas	Sep 3, 2015	12.1 mi/h	-	356 W	1,176.0	9:30	
See All ↴	17	Yann Kerhervé	Jun 9, 2018	12.0 mi/h	-	312 W	1,169.8	9:33	
By Weight Class	18	Mike Betts	Jul 2, 2013	11.9 mi/h	176 bpm	270 W ⚡	1,157.7	9:39	
150 to 164 lbs	19	Rick O	Aug 19, 2018	11.9 mi/h	-	294 W ⚡	1,153.7	9:41	
See All ↴	20	G ™	Jun 6, 2015	11.8 mi/h	151 bpm	269 W ⚡	1,149.8	9:43	
	21	Miguel Díaz	Sep 16, 2012	11.8 mi/h	-	298 W	1,145.8	9:45	
	22	Brendan Harney	Jun 1, 2013	11.8 mi/h	183 bpm	298 W	1,143.9	9:46	
	23	Tommaso De Vecchi	May 18, 2014	11.7 mi/h	161 bpm	305 W	1,141.9	9:47	
	24	Brian Rogers	May 13, 2017	11.5 mi/h	188 bpm	308 W	1,120.9	9:58	
	25	Quintin Mecke	Oct 1, 2015	11.4 mi/h	-	299 W	1,109.8	10:04	

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No recent activities found

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