

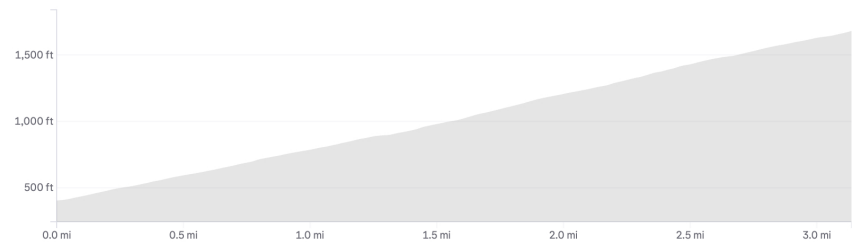
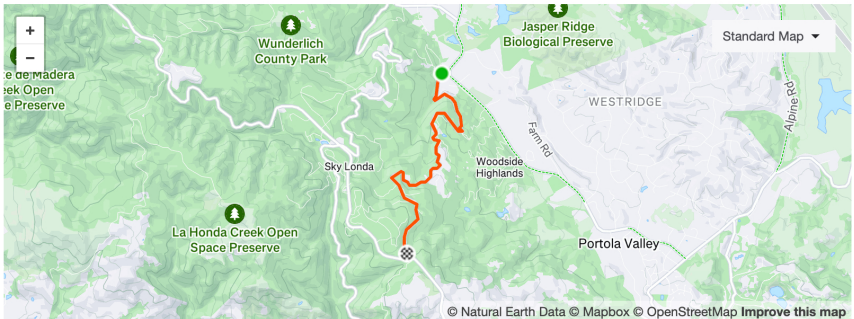
# Old La Honda (Bridge to Mailboxes)★

Explore Segments | 000

Verified Ride Segment Woodside, California

Distance 3.13mi Elevation Gain 1,275ft Avg Grade 7.8% Lowest Elev 405ft Highest Elev 1,680ft Elev Difference 1,275ft Climb Category 2

476,972 Attempts By 38,719 People | Starred by 7,169 People



### Your Stats

Double D Niçe All-Time PR - 22:09 Jun 28, 2014 Segment Efforts - 20

Set a Goal for this segment

### Fastest Times

- Gavin Sherry CR - 13:09 Mar 14, 2025
- Gavin Sherry KOM - 13:09 Mar 14, 2025
- Leah Thomas QOM - 15:03 Jul 15, 2020

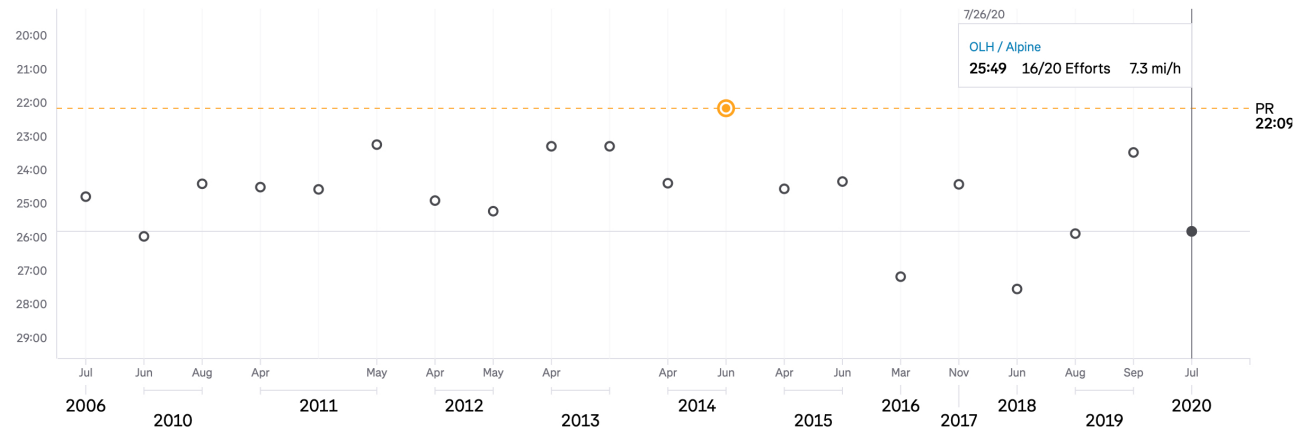
Compare Efforts

### Most Efforts

john hua Local Legend - 70 efforts

View Local Legend Stats

## Your Recent Efforts



## Leaderboards

- All Time
- This Year
- My Results
- People I'm Following
- My Clubs
- Franco Cycle Club
- M2 Revolution
- Mission Cycling Travel
- Mission Cycling
- Rapha Cycling Club

### Mission Cycling

MY CURRENT PLACE		MY BEST TIME		All-Time ▾			All ▾	
45 / 113		22:09						
Rank	Name	Date	Speed	HR	Power	VAM	Time	
1	Nick Kreeger	Apr 18, 2015	11.2 mi/h	-	357 W ⚡	1,391.0	16:46	
2	C P	Mar 7, 2015	10.8 mi/h	182 bpm	349 W ⚡	1,337.8	17:26	
3	Joe Mulvaney	Jun 18, 2011	10.7 mi/h	183 bpm	306 W	1,331.4	17:31	
4	Trevor Gilmore	Apr 12, 2014	10.3 mi/h	-	332 W	1,272.1	18:20	

(RCC)

Bespoke Cycles

Pablove Sports

Ornot

Bruno Bruno Bruno

Competitive Cyclist

Kitsbow

Maglia Rosa NYC

Cafe du Cycliste | International

Napa Valley Marathon and Half Marathon

Band of Climbers

By Age Group

45 to 54

See All

By Weight Class

150 to 164 lbs

See All

5	Chris Hanrath	Apr 27, 2013	10.1 mi/h	178 bpm	305 W ↗	1,257.3	18:33
5	Brendan Harney	Aug 21, 2012	10.1 mi/h	185 bpm	314 W	1,257.3	18:33
7	Don Mango	Apr 18, 2015	10.0 mi/h	112 bpm	355 W ↗	1,242.7	18:46
8	G ™	Apr 27, 2013	9.8 mi/h	172 bpm	291 W ↗	1,211.5	19:15
9	Tommaso De Vecchi	Apr 18, 2015	9.7 mi/h	160 bpm	311 W ↗	1,200.1	19:26
10	Alan Schacter	May 9, 2012	9.7 mi/h	-	316 W	1,197.0	19:29
11	Mike Betts	Jul 20, 2013	9.6 mi/h	183 bpm	255 W	1,195.0	19:31
12	D. Jason Wilkins	Apr 26, 2015	9.5 mi/h	152 bpm	295 W	1,182.9	19:43
13	Yann Kerhervé	Apr 18, 2015	9.5 mi/h	189 bpm	300 W	1,181.9	19:44
14	Bruce Prescott	Apr 15, 2017	9.5 mi/h	-	323 W	1,179.9	19:46
15	Robert Halton	Jul 2, 2013	9.5 mi/h	177 bpm	328 W ↗	1,172.9	19:53
16	Buck Lucas	Sep 14, 2019	9.4 mi/h	-	306 W ↗	1,167.1	19:59
17	Jason Thorpe	Apr 12, 2014	9.4 mi/h	180 bpm	371 W ↗	1,162.2	20:04
17	Matt Stewart	Aug 12, 2017	9.4 mi/h	162 bpm	289 W	1,162.2	20:04
19	J Hudson	Dec 10, 2011	9.4 mi/h	156 bpm	292 W ↗	1,159.3	20:07
20	Keith Buckingham	Apr 27, 2013	9.2 mi/h	169 bpm	278 W ↗	1,145.1	20:22
21	Alec Castellanos	Jan 28, 2012	9.2 mi/h	172 bpm	268 W	1,135.8	20:32
22	Scott Davis	Jul 14, 2012	9.1 mi/h	-	263 W	1,132.1	20:36
23	Doug Bauer	May 26, 2012	9.1 mi/h	171 bpm	250 W	1,130.3	20:38
24	Steven Tran	Jul 2, 2016	9.1 mi/h	177 bpm	286 W ↗	1,126.7	20:42
25	Simon Lamason	Apr 18, 2015	9.0 mi/h	173 bpm	325 W ↗	1,118.6	20:51

### Your Recent Activities

No recent activities found

Upload an activity

### Strava Stories

With athlete profiles, training tips and advice, and the latest product updates, Strava Stories is the place to discover the latest content from Strava.

