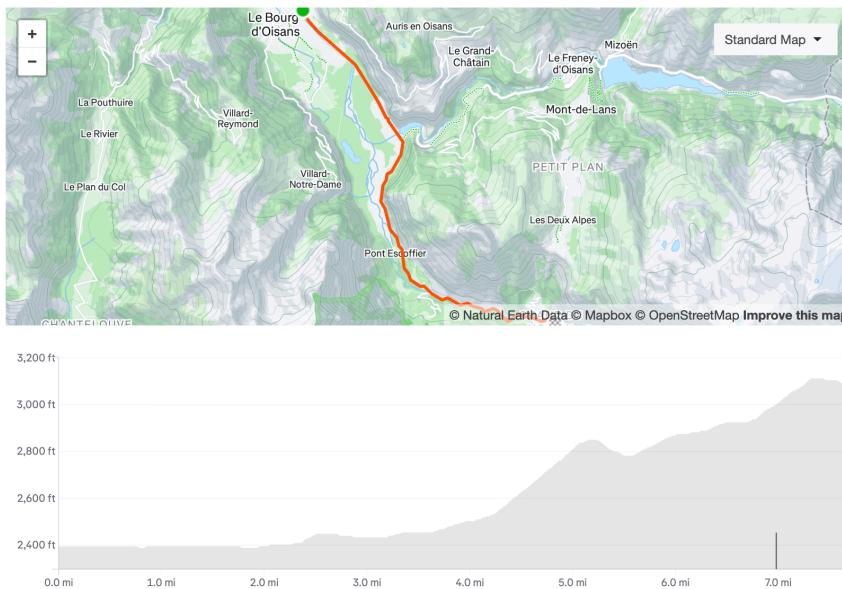


Bourg d'Oisans > Bourg d'Arud

Ride Segment Le Bourg-d'Oisans, France

Distance Elevation Gain Avg Grade Lowest Elev Highest Elev Elev Difference
7.73mi **813ft** **1.6%** **2,388ft** **3,112ft** **724ft**

25,234 Attempts By 16,312 People | Starred by 3 People



Your Stats

Double D Ni  e
All-Time PR - 28:29 Jul 14, 2012
Segment Efforts - 15
Excluded Efforts - 1

Set a Goal for this segment >

Fastest Times

Romain Garcin
CR - 22:56 Jul 16, 2017

Romain Garcin
KOM - 22:56 Jul 16, 2017

Amber Kraak
QOM - 24:59 Aug 24, 2020

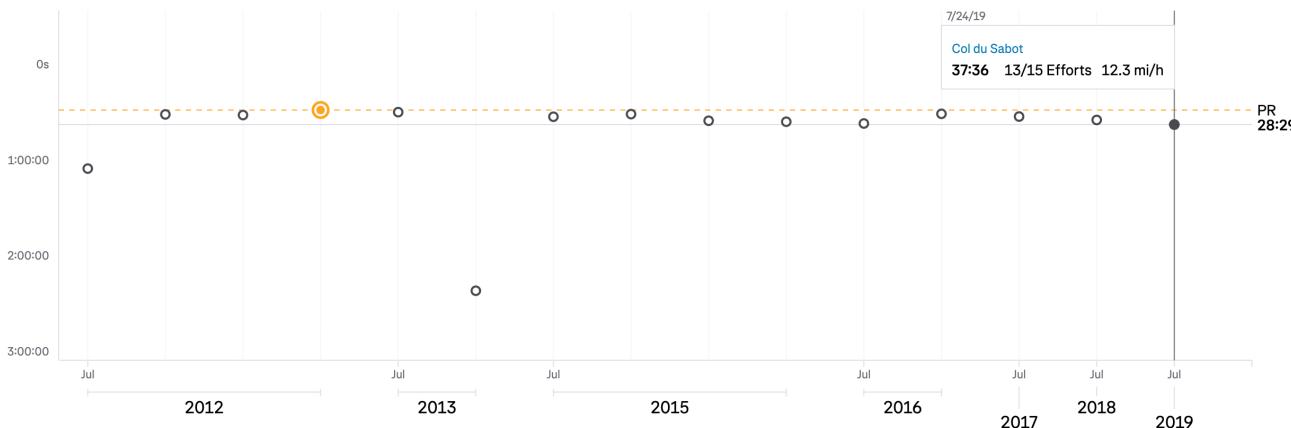
Compare Efforts >

Most Efforts

Philippe Jumeaux
Local Legend - 2 efforts

View Local Legend Stats >

Your Recent Efforts



Leaderboards

All Time
This Year
My Results
People I'm Following
My Clubs
Franco Cycle Club
M2 Revolution
Mission Cycling Travel
Mission Cycling
Rapha Cycling Club

Mission Cycling

MY CURRENT PLACE	MY BEST TIME	All-Time		All		
7 / 39	28:29					
Rank	Name	Date	Speed	HR	Power	Time
1	Nick Kreeger	Jul 19, 2015	19.1 mi/h	-	279 W	24:18
2	Buck Lucas	Jul 27, 2015	17.5 mi/h	-	286 W	26:28
3	Quintin Mecke	Jul 18, 2017	16.8 mi/h	-	237 W	27:40
4	Derek Crovo	Jul 16, 2014	16.6 mi/h	181 bpm	229 W	27:57

(RCC)
Bespoke Cycles
Pablove Sports
Ornot
Bruno Bruno Bruno
Competitive Cyclist
Kitsbow
Maglia Rosa NYC
Cafe du Cycliste International
Napa Valley Marathon and Half Marathon
Band of Climbers
By Age Group
45 to 54
See All 
By Weight Class
150 to 164 lbs
See All 

5	Matt Stewart	Jul 17, 2017	16.4 mi/h	147 bpm	228 W	28:18
6	Brian Bailey	Jul 25, 2019	16.3 mi/h	153 bpm	220 W ↗	28:25
7	Double D Ni��e	Jul 14, 2012	16.3 mi/h	150 bpm	220 W	28:29
8	Yann Kerherv��	Jul 24, 2015	16.3 mi/h	152 bpm	218 W	28:32
9	Kevin LaKritz	Jul 14, 2013	16.0 mi/h	-	217 W	28:59
10	Eric Newberg	Jul 11, 2016	16.0 mi/h	142 bpm	210 W	29:01
11	Alec Castellanos	Jul 16, 2014	15.5 mi/h	-	198 W	29:56
12	Greg Lawrence	Jul 11, 2016	15.4 mi/h	150 bpm	201 W	30:12
13	Sean Chon	Jul 12, 2012	15.2 mi/h	160 bpm	209 W	30:27
14	Kent Mok	Jul 19, 2015	15.1 mi/h	-	-	30:40
14	Jeff Dickison	Jul 19, 2015	15.1 mi/h	143 bpm	179 W ↗	30:40
16	Jason Lakis	Jul 14, 2016	15.1 mi/h	156 bpm	194 W	30:48
17	Robert Halton	Jul 21, 2015	15.0 mi/h	-	211 W ↗	30:51
18	Ryan Kay	Jul 17, 2017	15.0 mi/h	151 bpm	193 W	30:56
19	Total BS	Jul 17, 2018	14.8 mi/h	-	276 W	31:22
20	Stephen Touset	Jul 23, 2015	14.7 mi/h	146 bpm	207 W ↗	31:29
21	Julian F R A N C O	Jul 16, 2014	14.7 mi/h	156 bpm	187 W ↗	31:33
22	G ��	Jul 16, 2014	14.7 mi/h	131 bpm	168 W ↗	31:34
23	sara liebert	Jul 19, 2018	14.4 mi/h	-	124 W ↗	32:12
24	D Smiddy	Jul 17, 2018	14.4 mi/h	-	190 W	32:13
25	Mark Kahn	Jul 14, 2012	14.1 mi/h	157 bpm	165 W	32:56

Your Recent Activities

No recent activities found

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