So you think you don't need an IRB, do you? that's cute that's real cute Is it "research"? IRB not required yes Does it involve human subjects? yes (The "Common Rule") Is it funded by the US government? no Is it done at an institution that yes takes any US government funding? no it's Do you work at an IRB required complicated institution that takes US government funding? (Even if you're doing it at home in your free time.) yes no $\sqrt{}$ yes yes Do you want to publish it? no Are there any subjects in New York or Maryland or Virginia? no Are you Does it involve investigating if it can drugs, or medical yes-"affect the structure devices? or any function of the body"? yes no no Are you investigating if it can Are you Does it involve food do anything it's not investigating if it can yesor dietary already FDA yes-> "diagnose, cure, supplements? approved to do? mitigate, treat, or prevent disease"? no no no (FDA regulations) dynomight.net V IRB probably not required, I think?