Title ___ home Workout Program ___   Scene ___

Frame 1 (Title Screen)

Title Here
(will come up with later)

[Start]

title
Screen

Frame 2 (Login Screen)

username

password

Login
screen

Frame 3 (Main Screen)

exercise List	Resume workout (Start workout)	user profile
exercise Categories		workout history
quick 15 minute workouts		buy equipment

main
Screen

Frame 4 (User Profile)

Name ___
Age ___
Gender ___
activity Level ___

user profile

Frame 5 (Buy Equipment Page)

| item | Price | user ratings | website |
| | | | |

Buy equipment
Page

Frame 6 (Exercise List)

Exercise   PR

exercise List

Frame 7 (Resume Workout Page)

Day ___
out of 14   Todays Exercises

Duration
Calories
to Burn

START

Resume Workout
Page

Frame 8 (Workout History)

Date : ___
Exercise : ___

Date : ___
Exercise : ___

Date : ___

workout history

Frame 9 (Exercise Categories)

arms	glutes
chest	legs
back	cardio

exercise Categories
and catalog

Page ___

Scene ___

Title ___